

Soul Detox Clean Living In A Contaminated World Craig Groeschel

[#soul detox](#) [#clean living](#) [#craig groeschel book](#) [#spiritual purity](#) [#overcoming negative influences](#)

In 'Soul Detox: Clean Living In A Contaminated World,' Craig Groeschel provides essential guidance for navigating spiritual and mental challenges. Discover how to detox your soul, embrace clean living, and maintain purity amidst a world filled with negative influences. This transformative book offers practical strategies for cultivating resilience and protecting your inner peace.

Educators may refer to them when designing or updating course structures.

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Soul Detox

As standards of conduct continue to erode in our shock-proof world, we must fight the soul pollution threatening our health, our faith, and our witness to others. Without even knowing it, people willingly inhale second-hand toxins poisoning their relationship with God and stunting their spiritual growth. Soul Detox examines the toxins that assault us daily including: toxic influences, toxic emotions, and toxic behaviors. By examining the toxins that assault us daily, this book offers the ultimate spiritual intervention with ways to remain clean, pure, and focused on the standard of God's holiness

Soul Detox Participant's Guide

In this five-session small group bible study (DVD/digital video sold separately), pastor and best-selling author Craig Groeschel sheds light on relationships, thoughts, and behaviors that quietly compromise our well-being. Using concise teaching and honest humor, Groeschel provides a source of inspiration and encouragements for a faith-filled lifestyle that will keep you free of spiritual toxins. More than an educated, insightful look at the negative aspects of our day-to-day culture, this grace-based experience will challenge you out of complacency into a life of clean, pure, and focused living based on the standard of God's holiness. This participant's guide provides individual and group activities, between-session personal studies, and additional background material that enhances the experience of the video sessions. The Soul Detox curriculum can be used in a variety of ways – as a whole church campaign (adult congregation), adult Sunday school, small group study, or individual Bible study. Sessions include: Lethal Language: Experiencing the Power of Life-Giving Words (11:30) Scare Pollution: Unlocking the Chokehold of Fear (11:30) Radioactive Relationships: Loving Unhealthy People without Getting Sick (12:00) Septic Thoughts: Overcoming Our False Beliefs (13:00) Germ Warfare: Cleansing Our Lives of Cultural Toxins (12:00) Designed for use with the Soul Detox Video Study (sold separately).

The Christian Atheist

The Christian Atheist, by recovering Christian Atheist Craig Groeschel, is an honest, hard-hitting and eye-opening look into the ways people believe in God but live as if he doesn't exist. From his own lapses in faith as a young man to the painful self-admission he had to make as an established pastor, Groeschel's own journey will immerse you and challenge you into a deeper, Christ-filled life.

Altar Ego

You are NOT who you think you are. In fact, according to bestselling author Craig Groeschel in Altar Ego, you need to take your idea of your own identity, lay it down on the altar, and sacrifice it. Give it to God. Offer it up. Why? Because you are who GOD says you are. And until you've sacrificed your broken concept of your identity, you won't become who you are meant to be. When we place our false labels and self-deception on the altar of God's truth, we discover who we really are as his sons and daughters. Instead of an outward-driven, approval-based ego, we learn to live with an "altar" ego, God's vision of who we are becoming. Discover how to trade in your broken ego and unleash your altar ego to become a living sacrifice. Once we know our true identity and are growing in our Christ-like character, then we can behave accordingly, with bold behavior, bold prayers, bold words, and bold obedience. Altar Ego reveals who God says you are, and then calls you to live up to it.

Firsthand

Stop copying someone else's religion. Start living out a faith that's all your own. A "firsthand" faith is never what somebody tells you it should be, even if that person is a parent, friend, or pastor. "Firsthand" means you went after it for yourself and now it's all yours. That kind of faith changes everything, but most people only find it by facing tough questions. Like: • If God is real, why does he feel far away? • Can I ever get past the dos and don'ts of church? • Why should I even try to follow God when I fail so often? • How do I experience a relationship with Christ that's more than surface level? • Is it possible to have authentic faith when I have so many doubts? • How can I connect with others who take firsthand faith seriously? In these pages, Ryan and Josh Shook talk candidly about growing up in church only to realize that "how things are supposed to be" had stopped working for them. They set out to find what makes a young person's faith stick—or not. Each chapter is designed to spark a discussion, and comes complete with personal inventories, Bible teaching, small-group discussion questions, and links to original video. Now includes bonus "Looking Back from Here" Q&A with the authors

Divine Direction

Master the decisions that will make your life everything God wants it to be. Every day we make choices. And those choices accumulate and eventually become our life story. What would your life look like if you became an expert at making those choices? In this inspiring guidebook, New York Times bestselling author Craig Groeschel shows how the choices that are in your power, if aligned with biblical principles, will lead to a life you've never imagined. Divine Direction will help you seek wisdom through seven principles. You'll consider: One thing to stop that's hindering you How to start a new habit to re-direct your path Where you should stay committed And when you should go even if it's easier to stay The book also includes criteria that will help you feel confident in the right choice, and encourages you with principles for trusting God with your decisions. What story do you want to tell about yourself? God is dedicated to the wonderful plan he's laid out for you. The achievable and powerful steps in Divine Direction take you there one step at a time, big or small. Spanish edition also available.

The Teaming Church

Learn the secrets about creating a successful team culture.

Hope in the Dark

Can God be good when life is not? Rediscover faith in the character, power, and presence of God. Even in the questions. Even in the hurt. "I want to believe, I want to have hope, but . . ." Pastor and bestselling author Craig Groeschel hears these words often and has asked them himself. We want to know God, feel his presence, and trust that he hears our prayers, but in the midst of great pain, we may wonder if he really cares about us. Even when we have both hope and hurt, sometimes it's the hurt that shouts the loudest. In Hope in the Dark, Groeschel explores the story of the father who brought his demon-possessed son to Jesus, saying, "I believe! Help my unbelief!" In the man's sincere plea, Jesus heard the tension in the man's battle-scarred heart. He healed not only the boy but the father too,

driving out the hopelessness that had overtaken him. He can do the same for us today. As Groeschel shares his pain surrounding the health challenges of his daughter, he acknowledges the questions we may ask in our own deepest pain: "Where was God when I was being abused?" "Why was my child born with a disability?" "Why did the cancer come back?" "Why are all my friends married and I'm alone?" He invites us to wrestle with such questions as we ask God to honor our faith and heal our unbelief. Because in the middle of your profound pain, you long for authentic words of understanding and hope. You long to know that even in overwhelming reality, you can still believe that God is good. Hope in the Dark is also available in Spanish, *Esperanza en la Oscuridad*.

Fight

Author and pastor Craig Groeschel helps you uncover who you really are—a man created in the image of God with a warrior's heart—and how to fight the good fight for what's right. You will find the strength to fight the battles you know you need to fight—the ones that determine the state of your heart, the quality of your marriage, and the spiritual health of your family. Craig will also look at examples from the Bible, including our good buddy Samson. Yep, the dude with the rippling biceps and hippie hair and a thing for Delilah. You may be surprised how much we have in common with this guy. By looking at his life, you'll learn how to defeat the demons that make strong men weak. You'll become who God made you to be: A man who knows how to fight for what's right. And don't you dare show up for this fight unarmed. Learn how to fight with faith, with prayer, and with the Word of God. It's time to fight like a man. For God's Sake, FIGHT.

The Blessed Church

"In The Blessed Church the biblical principles that lead to true success in the body of Christ are carefully explained." —Dr. Tony Evans, senior pastor at Oak Cliff Bible Fellowship "What you will gain from reading this book is not only inspiration but also principles that will work in any church (or business) that wants to fully maximize its potential." —Perry Noble, pastor of NewSpring Church In The Blessed Church, Pastor Morris of Gateway Church explores how a church can be fast-growing and spiritually-enriching—and still healthy. With the powerful stories, candor, and humor he's known for, Morris shows how every component of your church—including mission, government, teaching, worship, small groups, giving, and outreach—can receive God's richest blessings. Written for both church leaders and laypeople, The Blessed Church explores the vision and other qualities that make church "work"—regardless of size—in the twenty-first century. Includes: Blessed Church Action Plan A Guide to Effective Church Leadership Retreats "The Blessed Church is a must-read for anyone wanting to know how to build a church that God will bless." —Jimmy Evans, senior elder of Trinity Fellowship Church and CEO of MarriageToday "Our world desperately needs healthy, vibrant churches...If you want a growing vitality in your church, you will profit from every page of The Blessed Church." —Chris Hodges, senior pastor, Church of the Highlands

Who Do You Think You Are?

WHO ARE YOU? WHAT DEFINES YOU? WHAT IS YOUR IDENTITY? How you answer those questions affects every aspect of your life: personal, public, and spiritual. So it's vital to get the answer right. Pastor and best-selling author Mark Driscoll believes false identity is at the heart of many struggles—and that you can overcome them by having your true identity in Christ. In *Who Do You Think You Are?*, Driscoll explores the question, "What does it mean to be 'in Christ'?" In the process he dissects the false-identity epidemic and, more important, provides the only solution—Jesus. "This book will give you an unshakeable, biblical understanding of who you are in Christ. When you know who you are, you'll know what to do." —Craig Groeschel, Senior Pastor of LifeChurch.tv and author of *Soul Detox*, *Clean Living in a Contaminated World* "I spent years in ministry for Christ without understanding my identity in Christ. I know now that I was not alone. When, by the grace of God, we understand who we are in Christ, everything else can crumble and we will still be standing. I highly commend this book to you." —Sheila Walsh, speaker and author of *God Loves Broken People*

Trophy Child

Written for every mom who helps too much with homework just to impress the teacher and every dad who takes credit for his daughter's soccer success, *Trophy Child* will give parents the encouragement they need to nurture their kids into who God created them to be. Our culture's obsession with achievement often leads parents to form expectations for their kids based on the world's standards, not

on the Bible. As a result, their kids feel they never measure up. Trophy Child will help modern Christian parents create a home where children find success in following their heavenly Father's leading for them—and readers know the joy of seeing their children embrace their full potential as children of God.

Linear Systems, Fourier Transforms, and Optics

A complete and balanced account of communication theory, providing an understanding of both Fourier analysis (and the concepts associated with linear systems) and the characterization of such systems by mathematical operators. Presents applications of the theories to the diffraction of optical wave-fields and the analysis of image-forming systems. Emphasizes a strong mathematical foundation and includes an in-depth consideration of the phenomena of diffraction. Combines all theories to describe the image-forming process in terms of a linear filtering operation for both coherent and incoherent imaging. Chapters provide carefully designed sets of problems. Also includes extensive tables of properties and pairs of Fourier transforms and Hankle Transforms.

The Change Agent

Sentenced to sixty-five years in a Texas prison, Damon West once had it all. He came from a great family, in a home full of God, love, support, and opportunities to reach any goal. A natural born leader, an athlete with good looks and charm, he appeared to be the all-American kid pursuing his dreams. Underneath this facade, however, was an addict in the early stages of disease. After suffering childhood sexual abuse by a babysitter at the age of nine, Damon began putting chemicals into his body to alter the way he felt. Once he was introduced to methamphetamines, however, he became instantly hooked—and the lives of so many innocent people would forever be changed by the choices he made in order to feed his insatiable meth habit. After a fateful discussion during his incarceration with a seasoned convict, Damon had a spiritual awakening. He learned that, like a coffee bean changing with the application of heat and pressure, he was capable of changing the environment around him. Armed with a program of recovery, a renewed faith, and a miraculous second chance at life, Damon emerged from over seven years of prison a changed man. His story of redemption continues to inspire audiences today.

Pursued

Christian faith isn't blind obedience to a set of rules and regulations; it is entering into a relationship with a God who pursues us—not to punish, but to love. As the leader of Central Christian Church in the self-proclaimed "Sin City, U.S.A.," Jud Wilhite has seen it all, and he knows that no matter how far someone has strayed from God, God always remains in passionate pursuit. Using the biblical prophet Hosea's marriage, commanded by God, to an unfaithful prostitute as a metaphor for God's unwavering love, PURSUED compellingly illustrates God's plan for every person—to be freed to become his or her own unique self through intimate togetherness with the living, loving God.

Follow Me

2014 "Christian Retailing's Best" award finalist! What did Jesus really mean when he said, "Follow Me"? In this new book, David Platt, author of the New York Times bestselling book, *Radical: Taking Back Your Faith from the American Dream*, contends that multitudes of people around the world culturally think they are Christians yet biblically are not followers of Christ. Scores of men, women, and children have been told that becoming a follower of Jesus simply involves believing certain truths or saying certain words. As a result, churches today are filled with people who believe they are Christians . . . but aren't. We want to be disciples as long as doing so does not intrude on our lifestyles, our preferences, our comforts, and even our religion. Revealing a biblical picture of what it means to truly be a Christian, *Follow Me* explores the gravity of what we must forsake in this world, as well as the indescribable joy and deep satisfaction to be found when we live for Christ. The call to follow Jesus is not simply an invitation to pray a prayer; it's a summons to lose your life—and to find new life in him. This book will show you what such life actually looks like.

Dangerous Prayers

Be inspired to pray boldly, pray powerfully, pray with passion, and trade ineffective prayers and lukewarm faith for raw, daring prayers that will transform your daily life. Do you ever wonder if God answers your prayers? Do you wish you could see the evidence that prayer changes lives? Do you long for more than

playing it safe in your faith? Join New York Times bestselling author Craig Groeschel as he helps you discover the power of authentically communicating with God, breaking out of the restrictive spiritual safety bubble, and expanding your ideas about what's possible with God. The Bible tells us that prayer has the power to move God's heart, but some prayers move him more than others. He wants more for us than a tepid faith and half-hearted routines at the dinner table. God called you to a life of courage, not comfort. In *Dangerous Prayers*, Groeschel will show you how to pray the prayers that search your soul, break your habits, and send you out to pursue the calling God has for you. But be warned: If you're fine with settling for what's easy, or if you're okay with staying on the sidelines, this book isn't for you. You'll be challenged. You'll be tested. You'll be moved to take a long, hard look at your heart. But you'll be inspired, too. *Dangerous Prayers* will give you the encouragement and tools you need to: Transform the patterns around your daily prayer life Truly embrace and believe in the power of intentional prayer Start to pray daring, faith-filled, God-honoring, life-changing, world-transforming prayers You'll discover the secret to overcoming fears of loss, rejection, failure, and the unknown, and you'll welcome the blessings God has for you on the other side. But best of all, you'll gain the courage it takes to pray dangerous prayers.

Unleash!

Why is it that we trust Jesus with our salvation but never fully trust him with our lives? God longs to unleash his full measure of power in our lives to fill us with passion and purpose. But too often the things of our past—fear, anger, bitterness, worry and doubt—hold us back. Rather than focusing on the reality of who Christ is and what he has done for us, we allow ourselves to be identified by all the things we aren't. But we are not who our past says we are, and we are not who the enemy says we are. We are who God and his Word say that we are. Pastor Perry Noble challenges all followers of Christ to make a bold move by fully embracing the exciting adventure God has called us to. Are you ready to unleash all the life he has created you to live? Join Perry on this journey as he digs into the major barriers holding people back and shows how Jesus calls and equips his followers to experience a life most of us never dreamed possible.

Vertical Church

An emergency call, and I rush from my coziness into the dark community where the police have requested a chaplain. Arriving in minutes, I find the family imploding with grief having just discovered their son hanging in the garage. In a moment of unshakable pain, he jumped off the ladder and into eternity. And I will never shake the look in their eyes when I asked why he hadn't called a church. "Why would he do that?" Across town, a pool of tears on my kitchen table as an out of town guest feels the weight of his infidelity, despairing that his famished soul finds no refuge and that he has to board a plane to feel fellowship. "Has your church tried to help you?" And the Christian leader confesses he hasn't been to church in years. Infighting, backbiting, heartbreaking, frustrating ... church. Though exceptions do exist, the reality is that church in America is failing one life at a time. Somewhere between pathetically predictable and shamefully entertaining, sadly sentimental and rarely authentic, church has become worst of all ... godless. *Vertical Church* points to a new day where God is the seeker, and we are the ones found. In *Vertical Church* God shows up, and that changes everything. If you want to experience God as you never have before and witness His hand at work, if you want to wake up to the first thought, "Thank God it's Sunday," if you're ready to feel your heart beat faster as you drive to your place of worship ... then devour and digest the lessons of *Vertical Church*.

Klepto

Julie Braverman is the coolest person Julie Prodsky has ever met. During their freshman year (1981–1982) at the High School of Performing Arts in New York City, the previously unexplored world of flirting, freedom, and fashion is revealed to Julie P. through the eyes of her new best friend. Learning the secret to Julie B.'s collection of Fiorucci jeans—shoplifting — only makes Julie P. admire her more. Before long Julie P. has her own closet full of stolen clothing, and a new boyfriend. Then Julie P.'s conscience catches up with her. She wants to stop shoplifting, but Julie B. doesn't. Without stealing, can this friendship survive?

Don't Shoot Yourself in the Foot

Self-defeating behavior plagues many people, making it impossible for them to be as successful as they could be. Using questionnaires and exercises to help turn one's career and personality around,

this guide shows readers 27 self-sabotaging characteristics, ways to conquer self-defeating behavior, nine rules for defining success, and much more.

Don't Give Up

The parent with the wayward child. The couple whose marriage is in jeopardy. The man who is out of work. The woman stuck in crushing debt. The patient with a bad diagnosis. The student who can't get a fair shake. People hanging by a thread, losing faith and short on strength. What do they all need to hear? Don't give up. Our lives are minefields of challenges that take their toll on our courage, our conviction, and even our faith. But God whispers to the weary, Don't give up. Drawing from inspiring biblical stories and first-person testimonies of perseverance, bestselling author and pastor Kyle Idleman encourages readers to cast their concerns on God, trust in his love and timing, pray for patience and strength, and seek out support in the family of God.

Biblical Cryptozoology Revealed Cryptids of The Bible

This book gives a biblical perspective to Cryptozoology. There is creatures in the Bible that are described in detail that fall in the category of being cryptids that are described in other cryptozoology books that have been written so far.

Momentum

Many people spend their lives struggling to move past the things that hold them back, stuck fighting the same challenges for years. But God has an incredible life designed for each of us, and he has given us the keys to move forward into that life. In Momentum, John Siebeling identifies and unpacks five principles found in the Lord's Prayer that will help every person move forward in life: Honor: putting God at the center of your life Renew: allowing God to change you from the inside out Release: positioning yourself for God's blessing Forgive: living in God's forgiveness and giving it to others Pursue: aligning yourself with God's plan for your life Readers will feel energized and empowered by this positive, practical look at how to get un-stuck and experience a fulfilling and successful life.

Winning the War in Your Mind

MORE THAN 500,000 COPIES SOLD! Are your thoughts out of control--just like your life? Do you long to break free from the spiral of destructive thinking? Let God's truth become your battle plan to win the war in your mind! We've all tried to think our way out of bad habits and unhealthy thought patterns, only to find ourselves stuck with an out-of-control mind and off-track daily life. Pastor and New York Times bestselling author Craig Groeschel understands deeply this daily battle against self-doubt and negative thinking, and in this powerful new book he reveals the strategies he's discovered to change your mind and your life for the long-term. Drawing upon Scripture and the latest findings of brain science, Groeschel lays out practical strategies that will free you from the grip of harmful, destructive thinking and enable you to live the life of joy and peace that God intends you to live. Winning the War in Your Mind will help you: Learn how your brain works and see how to rewire it Identify the lies your enemy wants you to believe Recognize and short-circuit your mental triggers for destructive thinking See how prayer and praise will transform your mind Develop practices that allow God's thoughts to become your thoughts God has something better for your life than your old ways of thinking. It's time to change your mind so God can change your life.

From This Day Forward

A must-read for pre-married as well as long-married couples, Craig and Amy Groeschel explore the time-tested wisdom able to guide you and your spouse into the marriage you've always wanted. Everyone dreams of a fairytale marriage--the perfect spouse, the perfect home, the perfect family. But reality tells us that these expectations don't hold up very long. Many studies indicate that close to fifty percent of marriages don't make it. With those odds, is it even possible to have a good marriage--let alone a great one? New York Times bestselling author and pastor Craig Groeschel insists you can . . . but not if you approach it like everyone else does. Perfect for single adults, engaged couples, and married couples alike, Craig and his wife, Amy, show you how to conquer the odds and find the joy, passion, and strength of a marriage built by God. Craig and Amy open their hearts, share personal experiences, and walk you through five powerful commitments you can make to fail-proof your marriage: Seek God Fight fair Have fun Stay pure Never give up If you earnestly choose to do all five of these things, you will

discover a richer, deeper, more authentic marriage. Starting right now--from this day forward. Spanish edition also available, as well as a video study and study guide.

The 30-Day Faith Detox

A Reset Button for Your Body, Mind, and Spirit In our fallen world, invisible toxins like doubt, disappointment, and discouragement can contaminate even the strongest of faiths, leaving behind symptoms that affect our entire being--body, mind, and spirit. Using a one-month detox structure, spiritual wellness expert and certified nutritional counselor Laura Harris Smith uncovers 30 universal faith-toxins that affect us all. Each day you will discover Scripture, prayers, and faith declarations to cleanse yourself spiritually and emotionally with truth and a biblical perspective. In addition, she includes a simple, corresponding nutritional cleanse using detoxifying foods from your own kitchen. Prayer by prayer, thought by thought, day by day, refresh and refuel your faith and bring healing to the whole temple--spirit, mind, and body.

Longing for God

Do you long for the closeness with God that you've tasted in fleeting moments? You can begin to fill that longing by developing your capacity to receive and respond to God's love. In this rich resource Richard Foster and Gayle Beebe introduce you to people from the past who have known God deeply and model the seven paths to intimacy with God from Christian history.

The Hole in Our Holiness

The hole in our holiness is that we don't care much about holiness. Or, at the very least, we don't understand it. And we all have our reasons too: Maybe the pursuit of holiness seems legalistic. Maybe it feels like one more thing to worry about in your already overwhelming life. Maybe the emphasis on effort in the Christian life appears unspiritual. Or maybe you've been trying really hard to be holy and it's just not working! Whatever the case, the problem is clear: too few Christians look like Christ and too many don't seem all that concerned about it. This is a book for those of us who are ready to take holiness seriously, ready to be more like Jesus, ready to live in light of the grace that produces godliness. This is a book about God's power to help us grow in personal holiness and to enjoy the process of transformation.

The Gift of Sex

Are you hoping to reignite the passion in your relationship? Join Clifford and Joyce Penner as they share the time-tested secrets to finding fulfillment in your marriage. Clifford, a licensed clinical psychologist, and Joyce, a registered nurse and clinical nurse specialist, have been married for forty years--and they know firsthand that there are countless barriers that can get in the way of experiencing love and commitment, from anger or a lack of respect to external tension. But these obstacles don't have to last forever. In *The Gift of Sex*, the Penners give you the tools you need to move past those barriers and embrace marriage as God intended it. This revised and updated version of *The Gift of Sex* features a new introduction, new illustrations, a section on addictions and the Internet, and a timely discussion on sexually transmitted diseases and their consequences. It also asks and answers key questions about biblical marriage, including: How does sex fit into God's design for marriage? Why did God create men and women to think about sex differently? How can I light the spark in my relationship again? Whether you're newlyweds or you've been married for decades, *The Gift of Sex* is a timeless guide to discovering the sexual fulfillment that you and your spouse deserve.

Soul Care

Soul Care explores seven principles that can lead to lasting transformation and freedom for all who struggle with a broken, damaged, and sin-stained soul. Brokenness grasps for the soul of humanity. We are broken body, soul, and spirit, and we need the healing touch of Jesus. *Soul Care* explores seven principles that are profound healing tools of God: securing your identity, repentance, breaking family sin patterns, forgiving others, healing wounds, overcoming fears, and deliverance. Dr. Rob Reimer challenges readers to engage in an interactive, roll-up-your-sleeves and get messy process -- a journey of self-reflection, Holy Spirit inspiration, deep wrestling, and surrender. It is a process of discovering yourself in true community and discovering God as He pierces through the layers of your heart. Life change is hard. But these principles, when packaged together and lived out, can lead to

lasting transformation, freedom, and a healthy soul. Soul Care encourages you to gather a small group of comrades in arms, read and process together, open your souls to one another, access the presence and power of God together, and journey together into the freedom and fullness of Christ.

Living Lean

Personal trainer and dynamic fitness personality Larry North presents his all-inclusive program, a sensible and motivational plan for getting in shape without brutal workouts or strict dieting. 100 photos.

In the Middle of the Mess

How do you turn your struggles into strengths? Beloved Bible teacher Sheila Walsh teaches readers how the daily spiritual practices of confession, meditation on God's Word, and prayer result in fresh freedom in Christ. In her long-awaited book, Sheila Walsh equips women with a practical method for connecting with God's strength in the midst of struggle. From daily frustrations that can feel like overwhelming obstacles to hard challenges that turn into rock-bottom crises, women will find the means to equip themselves for standing strong with God. Using the spiritual applications of confession, prayer, and meditation on Scripture to form a daily connection to Jesus, women will learn how to experience new joy as a child of God who is fully known, fully loved, and fully accepted. In *In the Middle of the Mess*, Walsh reveals the hardened defenses that kept her from allowing God into her deepest hurts and shares how entering into a safe place with God and practicing this daily connection with him have saved her from the devil's prowling attacks. Though we will never be completely "fixed" on earth, we are continually held by Jesus, whatever our circumstances. Sheila Walsh acts as our guardian in *In the Middle of the Mess* as she shows us we're not alone in our struggles, guides us through a courageous journey of self-discovery, and reminds us where to find hope, comfort, and strength in tough times.

You Can Change

Many books are written by experts. This book isn't one of them,' admits Tim Chester. 'It was written out of my own struggle to change. My long battle with particular issues set me searching the Bible as well as writings from the past. This book shares the amazing truths I discovered that now give me hope.' 'For years I wondered if I'd ever overcome certain sins. And while I can't claim to have conquered sin - for no one ever can do - here are discoveries that have led to change in my life and in the lives of others.' You may be: a new Christian, struggling to change the habits of your former way of life an older Christian, feeling you've plateaued: you grew quickly when you first believed but now your Christian life is much of a muchness a Christian who's fallen into sin in a big way, wondering how you'll ever get back on track Other books describe how we should live, but this book outlines how we can change. It's about hope: the hope we have in Jesus, hope for forgiveness, and hope for real and lasting change. God promises liberating grace and transforming power to his people.

Dementia the Memory Thief

Tony Perry is a retired sheriff of Camden County, North Carolina, where he currently resides. He tells the true story of his family dealing with dementia, his workplace, and how God is mixed in with showing love and careful consideration of others who need structure in dealing with this incurable disease. He was and now again a caregiver—first, his dad, and now, his wife. Follow his journey and let God love and guide you through this amazing true story.

Spiritual Secrets To Weight Loss

DI/The easy-to-use 50-day format of "Spiritual Secrets to Weight Loss" emphasizes both the physical and spiritual aspects of weight loss and encourages positive health habits and long-term lifestyle changes./div

Irresistible Faith

"I love everything that Scott Sauls writes." -- Christine Caine What if Christians became the best advertisement for Jesus? Jesus said his followers would be a light to the world and a city on a hill--a warmly inviting, neighbor-loving, grace- and truth-filled destination for all. He envisioned his followers as life-giving neighbors, bosses, employees, and friends, the kind of people who return insults with kindness and persecution with prayers. Rooted in biblical convictions, they would extend love, empathy, and care to one another as well as to those who don't share their beliefs. Over time their movement

would become irresistible to every nation, tribe, and tongue. Irresistible Faith is a blueprint for pursuing this vision in our current moment, of redeemed individuals and a renewed community working for a restored world. This is a way of being that gives a tired, cynical world good reason to pause and reconsider Christianity--and to start wishing it was true. "I miss the kind of church Scott describes in this book, and I don't think I am alone." -- Donald Miller, author of *Blue Like Jazz* and *Building a StoryBrand* "An important call to resist the urge to lobby and position ourselves, but rather to be driven by gospel-powered love." -- Raechel Myers, founder and CEO of *She Reads Truth* "An antidote to much that is wrong with our Western, American version of Christianity." -- Gabe and Rebekah Lyons, authors and founders of *Q*

Everything You Need

Do you feel unprepared to be a difference maker in the world? In *Everything You Need*, New York Times bestselling author and beloved Bible teacher Dr. David Jeremiah equips you with eight critical tools from God's Word to empower you to live confidently, act boldly, and never stumble. Are you searching for greater confidence, purpose, and peace in your life? Are the distractions and pressures of this world weighing you down? If you're overwhelmed, there's help at your fingertips—help that will give you everything you need to walk life's journey with resilience and strength. In *Everything You Need*, bestselling author and Bible teacher Dr. David Jeremiah uses 2 Peter 1:3–11 to show you the path to spiritual and personal transformation through some of the critical tools the Lord provides—diligence, virtue, knowledge, self-control, perseverance, godliness, kindness, and love—to help you live boldly and confidently. Dr. Jeremiah also highlights the extraordinary resources God has already provided for your growth: His divine power and precious promises. *Everything You Need* contains: Specific ways to take your divine gifts and develop eight remarkable character qualities Inspiring stories and practical truth to help you walk and work with confidence as a member of God's kingdom Knowledge to strengthen you to soar above your circumstances and make the most of every opportunity It's time to unpack all that God has provided and take your next step toward a life of confidence in His promises. You already have everything you need!

Community Bible Study Conversation Guide

Community. It's a word we often hear, but what does it really mean? And why is it so important to your spiritual life? Because you can't grow spiritually unless you're connected relationally. God designed us that way. He wants to use other people to grow us and he wants to use us to grow other people. In this 8-session video-based study (DVD/digital video sold separately), specifically designed for launching new small groups well, you'll explore how building deep relationships with the people in your small group and serving in the larger community around you will grow your faith. You'll learn why your unique story matters... to God and to the people you do life with. Community is a great way for small groups to grow together and for churches to connect new people in their congregation. This conversation guide is a necessary tool walking you through each session with group starters, leader's notes, discussion questions, and weekly reading. Sessions include: Show Up Pursue God Join In Be Real Part 1 Be Real Part 2 Be Real Part 3 Be the Church Be Together Designed for use with Community Video Study (sold separately).

The Tongue, a Creative Force

Teaches that when faith is conceived in the human spirit by the hearing of God's Word and then spoken through the mouth of the believer, it becomes a spiritual force that releases the ability of God within the believer.