# the trading athlete winning the mental game of online trading wiley trading

#online trading psychology #trading mindset #mental game of trading #trading performance #trader emotional control

Unlock the secrets to success in online trading by mastering your mental game. This essential guide transforms you into a true trading athlete, offering powerful strategies to develop a resilient mindset, enhance trading performance, and achieve consistent profitability through superior emotional control and psychological discipline.

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## The Trading Athlete

"The best traders in the world know that being mentally prepared is absolutely essential to compete in today's markets. Without a firm understanding of the psychology of trading, even the best stock picker will fail. The Trading Athlete gives specific instruction on how new and seasoned traders can keep themselves at the top of their mental game."-Tim Bourquin, Cofounder, TraderInterivews.com and The Online Trading Expo "This book is a great training camp for online traders. Doug and Shane will provide the knowledge and motivation to help you become a successful trader."-Jonathan Markowitz, Partner, SMW Trading Co., Inc. Traders, just like athletes, face tremendous pressure, stress, and expectations that would crush the ordinary, unprepared individual. The Trading Athlete utilizes sport psychology strategies to provide you with the knowledge, confidence, and discipline needed to succeed and profit in the sink-or-swim world of online trading. Using real-world examples of athletes and online traders, this book will help you reach the peak of your online trading performance with in-depth analysis of: \*Building confidence in good times and bad \* Handling losses by examining your methods \* Focusing and maintaining concentration \* Playing the game one trade at a time Through sport psychology strategies exemplified by John Elway, Arthur Ashe, and other athletes, you will finally begin to trade and survive in the big leagues.

#### The Mental Game of Trading

A step-by-step system for mastering trading psychology. Think about your most costly and recurring trading mistakes. Chances are that they're related to common errors, such as chasing price, cutting winners short, forcing mediocre trades, and overtrading. You've likely tried to fix these errors by improving your technical skills, and yet they persist. That's because the real source of these mistakes is not technical—they actually stem from greed, fear, anger, or problems with confidence and discipline. If you are like most traders, you probably overlook or misunderstand mental and emotional obstacles.

Or worse, you might think you know how to manage them, but you don't, and end up losing control at the worst possible time. You're leaving too much money on the table, which will either prevent you from being profitable or realizing your potential. While many trading psychology books offer sound advice, they don't show you how to do the necessary work. That's why you haven't solved the problems hurting your performance. With straight talk and practical solutions, Jared Tendler brings a new voice to trading psychology. In The Mental Game of Trading, he busts myths about emotions, greed, and discipline, and shows you how to look past the obvious to identify the real reasons you're struggling. This book is different from anything else on the market. You'll get a step-by-step system for discovering the cause of your problems and eliminating them once and for all. And through real stories of traders from around the world who have successfully used Tendler's system, you'll learn how to tackle your problems, improve your day-to-day performance, and increase your profits. Whether you're an independent or institutional trader, and regardless of whether you trade equities, forex, or cryptocurrencies, you can use this system to improve your decision-making and execution. Finally, you have a way to reach your potential as a trader. Now's the time to make it happen.

## Winning the Trading Game

With Winning the Trading Game, investment expert Noble DraKoln helps you develop and refine the mental discipline and practical skills needed to ensure trading success. This detailed guide will put you in a better position to use technical analysis to identify profitable trades and exit losing trades; maximize the leverage available in futures and Forex, without endangering your capital base; and control risk by utilizing appropriate strategies for each type of opportunity and time frame.

# The Mental Strategies of Top Traders

An honest depiction of the challenges of trading and a clear explanation of what it takes to succeed Trading tends to be a winner-take-all activity where a small number of traders are very successful, while the majority either lose money or generate relatively small profits. In The Mental Strategies of Top Traders, author Ari Kiev identifies and analyzes the characteristics of successful traders and shows you how to cultivate these same characteristics. Successful trading, Kiev asserts, requires an unusual and sometimes contradictory blend of intellectual and psychological abilities, including the willingness to take risks, but in a very controlled manner; the discipline to develop high-conviction trading ideas in the face of unpredictable markets and incomplete information; as well as a strong drive to win, but also accept failure. Here, you'll discover how to achieve all this, and much more. Provides advice and solutions for traders struggling with today's volatile and stressful markets Authoritatively identifies key mental strategies of top traders Written by Ari Kiev, a highly respected figure in the professional trading community Analysis is supported by comments from contemporary traders and portfolio managers, many of whom struggled with the markets of 2008 Designed with the serious trader in mind, this book will put you in a better position to excel in today's tumultuous markets.

## Trade Mindfully

Overcome psychological obstacles to increase trading success Successful traders need to be well-versed and skilled in a wide range of business and economic areas. But now, in addition to effective trading strategies and sound money management techniques, traders need to possess the know-how to handle the mental and emotional challenges of working in a highly volatile environment. Trade Mindfully is a unique resource that applies cutting-edge psychological techniques to trading skills, allowing readers to improve their mental outlooks and maximize the potential of their trading strategies. This book draws upon recent psychological research in behaviorism to teach new approaches that call for better focus, more confidence, and more positive perspectives and outcomes. One of the key concepts covered in the book is mindfulness, a state of mind traditionally touted in the East for its ability to reduce stress and increase perspective, useful qualities for traders looking to rise above emotional obstacles and the poor results they cause. The author also discusses the importance of High Value Trading Actions (HVAs), specific actions that are under a trader's control. With this guide, trading professionals will be able to form solid strategies based on a combination of these notions and practices, leading to higher levels of trading performance. Applies sound psychological practice and evidence-based research to the trading profession Covers the psychological perspectives and mental skills needed to succeed in today's trading world Focuses on key concepts that lead to deliberate practice, specific trading activities, and increased awareness and focus Designed to help traders deal with the emotional challenges that come with uncertainty and risk Trade Mindfully touches on the most essential concepts for anyone intrigued by what trading psychology has to offer, and delivers the best strategies for achieving the right mental skills for peak performance.

## Trading in the Zone

Overcome the obstacles that can prevent you from winning at the trading game A trader's emotional state is vital to being a successful investor. There are many psychological factors that can affect the decisions one makes in the course of a trading day. This book focuses on overcoming issues such as anxiety, fear, and over-ambition so that traders can become more focused and be more successful-in other words, enter the zone-and stay in it as long as possible.

## The Trading Edge

THE TRADING EDGE How to trade Like a Winner "Rickey Cheung work is outstanding. His book is highly recommended not only for the logic of his systematic approach in developing a trading edge but primarily for the approach he presents in becoming a successful trader. His systems have been tracked for over two years now (without benefit of hindsight) and the results speak for themselves: No. 1 in the SP'S systems in current issue." - John Hill, Futures Truth magazine "Rickey Cheung lays out in plain-language a step-by-step detailed trading plan for anyone who has the thirst and discipline to become a truly successful trader. After reviewing literally hundreds of trading systems and methods each year I can say that he has succeeded in producing what seems to be his life's masterpiece. His method and style are inspiringly different, innovative and unique." - James R. Casper, Founder, Olive Tree capital "Rickey Cheung has created a masterpiece that provides a practical and comprehensive perspective of today's market trading. Without the promise of a "Get rich quick scheme.", it is truly a great way to make money. I am currently using most of the RC systems and will be happy to add more as they become available. In my 29 years in this business, I have seen virtually every indicator and trading system available. Nothing, however, compares to the exceptional work of Rickey Cheung. Bravo! - Mike Meisner, Founder & Fund Manager, Phoenix Diversified Investment Corp "In this book, Rickey Cheung demonstrates that to be a successful trader, you must hone the skills of your craft by constantly reviewing the data and your performance to find your edge... He not only explains what this edge is, and how to use it, but he also shows you how he discovered it. It is this later point that I found most interesting." - William H. Gibbs, Former President, University of Phoenix

# Trading to Win

Even the best trading system can prove disastrous if the trader doesn't have the ability to stick to their strategy. Featuring real-life case studies, The Psychology of Trading presents a step-by-step, goal-oriented approach to trading that emphasizes ways to keep emotions in check, overcome self-doubt, and focus clearly on a winning strategy.

## **Enhancing Trader Performance**

Through his own trading experiences and those of individuals he has mentored, Dr. Brett Steenbarger is familiar with the challenges that traders face and the performance and psychological strategies that can meet those challenges. In Enhancing Trader Performance, Steenbarger shows you how to transform talent into trading skill through a structured process of expertise development and reveals how this approach can help you achieve market mastery.

#### One Good Trade

An inside look at what it really takes to become a better trader A proprietary trading firm consists of a group of professionals who trade the capital of the firm. Their income and livelihood is generated solely from their ability to take profits consistently out of the markets. The world of prop trading is mentally and emotionally challenging, but offers substantial rewards to the select few who can master this craft called trading. In One Good Trade: Inside the Highly Competitive World of Proprietary Trading, author Mike Bellafiore shares the principles and techniques that have enabled him to navigate the most challenging of markets over the past twelve years. He explains how he has imparted those techniques to an elite desk of traders at the proprietary trading firm he co-founded. In doing so, he lifts the veil on the inner workings of his firm, shedding light on the challenges of prop trading and insight on why traders succeed or fail. An important contribution to trading literature, the book will help all traders by: Emphasizing the development of skills that are critical to success, such as the fundamentals of One

Good Trade, Reading the Tape, and finding Stocks In Play Outlining the factors that really make the difference between a consistently profitable trader and one who underperforms Sharing entertaining, hysterical, and page turning stories of traders who have excelled or failed and why, many trained by the author, with an essential trading principle wrapped inside Becoming a better trader takes discipline, skill development, and statistically profitable trading strategies, and this book will show you how to develop all three.

#### Trade Like a Pro

Praise for Trade Like a Pro "Noble's commitment to the individual trader is exactly what traders need during these volatile times. He has knowledge that spans across markets and is worldwide. He is a valued contributor to the TraderPlanet.com community, and this book further demonstrates his dedication to educating traders and helping them become more successful." —Lane J. Mendelsohn, Publisher, TraderPlanet.com "In a time when, on a global level, important things are happening to the financial industry, when new profit opportunities as well as risks are revealed, the book Trade Like a Pro offers a complete picture concerning the risk administration techniques." —Teodor Ancuta, President and General Manager, Sibiu Stock Exchange "Trade Like a Pro is a comprehensive presentation of all the basic trading strategies that belongs in every investor's library. Whether your specialty is futures, options, or stocks—or, for that matter, a combination of all three—you will find yourself going back to this valuable reference guide again and again. Everything rings true. Moreover, the author gives you the pros and cons of each respective strategy without imposing his own point of view. Well researched and presented." —George Angell, author of Small Stocks for Big Profits and Winning in the Futures Market "Armed with good intentions, most new traders are unaware of the realities involved. Although there is often the belief among novice traders that profitability will be easy, the evidence strongly suggests otherwise. In his new book, Trade Like a Pro: 15 High-Profit Trading Strategies, Noble DraKoln offers a thoughtful approach to making the transition from unsuccessful retail trader to the arena of the professional, which is imperative for lasting success as a trader." —Ron Rossway, President, Denver Trading Group

# Making Money From CFD Trading

Contracts for difference or 'CFDs' have taken Australian traders by storm. Catherine Davey's first book on the subject, Contracts for Difference: Master the Trading Revolution, was a great success; in this follow-up, she shares her real-life CFD trading experiences over a three-month period in 2005. During this time, she manages to turn \$13000 into \$30000, but her path to success is anything but straight and simple. Making Money from CFD Trading describes not only the reasoning behind and execution of her trading strategies, but also presents an honest, inspiring and often humorous discussion of her emotional journey as a trader. Catherine gives a fascinating insight into the trading experience: struggling to maintain the right psychology, avoiding irrational 'ego trades' and finding emotional balance between depressing losses and big wins. She presents a range of opinions from industry experts and commentators, discussing day-to-day trading issues and sharing controversial market views. This book will give you an understanding of: simple charting techniques that make money the unique aspects of trading CFDs how to exploit the advantages CFD trading has over traditional share trading strategies for establishing and maintaining a winning mental approach. This entertaining and hugely informative book is a must-read for anyone who wants to know more about CFDs and for traders of any financial instrument who want to take their performance to the next level.

#### How to Beat the Market Makers at Their Own Game

The basic skills for becoming a successful trader from a master of the game Written by Fausto Pugliese (founder and CEO of Cyber Trading University) this must-have resource offers a hands-on guide to learning the ins and outs of active trading. How to Beat the Market Makers at Their Own Game gives professionals, as well as those relatively new to investing, a behind-the-scenes look at the inner workings of the marketplace and a comprehensive overview of basic trading techniques. The book explains how to apply the trading strategies of acclaimed trader Fausto Pugliese. Step by step the author covers the most common market maker setups, shows how to identify market maker traps, and most importantly, reveals how to follow the direction of the lead market maker in an individual stock. Throughout the book, Pugliese puts the spotlight on Level II quotes to help investors understand how market makers drive prices and manipulate the market. This handy resource is filled with the tools needed to interpret market maker activity so traders can truly understand the market and trade

accordingly. Offers an accessible guide for developing the investing skills to trade with confidence Filled with the real-world trading experiences and techniques of Fausto Pugliese Covers simple technical patterns that are important in day trading Includes a website with exercises to help master the book's techniques How to Beat the Market Makers at their Own Game will become your well-thumbed resource for learning what it takes to succeed in short-term stock trading.

#### The New Fibonacci Trader

CD-ROM contains: WINPHI software.

#### TraderMind

Become a savvy trader with a "mindful" edge... TraderMind is an essential resource for understanding and applying mindfulness-based approaches that help to enhance an individual trader's overall performance. Based upon extensive research and practical application in the real world of the trading floor, TraderMind includes methods, tactics and techniques to build and enhance awareness and insight, which help manage thoughts and emotions and maximize trading performance. The author demonstrates how to overcome habitual or impulsive trading behaviours, manage energy levels, become more attuned to and responsive to the market, more situationally aware and build patterns of effective trading behaviour. By developing these skills and good behaviours, traders can overcome inherent biases and, ultimately, improve their trading decisions. The techniques outlined in TraderMind can be utilized as core competencies of trading psychology or can be used to complement other behavioural methods and strategies. The TraderMind tool-set does not replace the need for basic trading skills, knowledge, strategy, or key performance enablers such as preparation and performance analysis. Rather, TraderMind is designed to act as a facilitator or multiplier to enhance trader decision-making and improve overall performance. "A thoughtful read with 'bang-for-the buck' practical strategies for time pressed traders." - Linda Raschke, President at LBRGroup, Inc., CTA Also includes the TraderMind 8 Week Training Program.

## **Trading Classic Chart Patterns**

Use popular chart patterns profitably In his follow-up to the well-received Encyclopedia of Chart Patterns, Thomas Bulkowski gives traders a practical game plan to capitalize on established chart patterns. Written for the novice investor but with techniques for the professional, Trading Classic Chart Patterns includes easy-to-use performance tables, vivid case studies, and a scoring system that makes trading chart patterns simple. This comprehensive guide skillfully gives investors straightforward solutions to profitably trading chart patterns. Trading Classic Chart Patterns also serves as a handy reference guide for favorite chart patterns, including broadening tops, head-and-shoulders, rectangles, triangles, and double and triple bottoms. Filled with numerous techniques, strategies, and insights, Trading Classic Chart Patterns fits perfectly into any pattern trader's arsenal. Thomas N. Bulkowski (Keller, TX), an active investor since 1981, is the author of the highly acclaimed Encyclopedia of Chart Patterns (Wiley: 0471295256) as well as numerous articles for Technical Analysis of Stocks & Commodities. Trained as a computer engineer, Bulkowski worked for over a decade at Tandy Corporation. Prior to that, he worked on the Patriot air defense system for Raytheon. New technology and the advent of around the clock trading have opened the floodgates to both foreign and domestic markets. Traders need the wisdom of industry veterans and the vision of innovators in today's volatile financial marketplace. The Wiley Trading series features books by traders who have survived the market's ever changing temperament and have prospered-some by reinventing systems, others by getting back to basics. Whether a novice trader, professional or somewhere in-between, these books will provide the advice and strategies needed to prosper today and well into the future.

## **Trading Without Gambling**

Many people perceive trading as nothing more than a gamble. But there are still people who consistently make money trading. How do they do it? They've learned to separate gambling from trading. And the way they do this, says author Marcel Link, is by developing a proper plan. In Trading Without Gambling, Link shows how to create and use a sound game plan to improve every aspect of trading—including finding trades, timing, knowing how much to trade, where to exit, and how to adjust risk—while leaving very little to gambling.

#### 30 Days to Market Mastery

A solid foundation for those looking to succeed in today's market An excellent book for new traders, 30 Days to Market Mastery outlines an easy-to-understand and easy-to-implement approach to learning how to trade. This book covers the fundamentals of how to structure trades in a disciplined fashion, so as to avoid vague decisions and acting on unclear trading signals. It also provides a number of strategies for entering and exiting the market in a way that maximizes the chances of making money and minimizes the potential for losing money. With this book as their guide, readers will learn the proper organizational, analytical, and behavioral skills that are vital to consistent success in trading. In 30 Days to Market Mastery each trading day contains a single lesson, and each lesson contains a quiz to help the reader master the material.

## **Trading on Target**

"Trading on Target explains the rites of passages that traders pass through in order to develop a high level of mastery. Most aspiring traders stumble or become discouraged at some point in the process. Most don't have a good overview of what success requires and, as result, are unprepared for the challenges. Author and trading coach Adrienne Toghraie identifies the rites of passages, as follows: raising adequate capital; developing market knowledge; developing a trading system; testing the system; managing the business of trading; managing the psychological pitfalls of trading; surviving market losses; surviving market change; and developing an intuitive sense of the markets. Toghraie discusses the rites of passage in the context of real traders she has counseled, and, in so doing, reveals the myriad of obstacles that prevent traders from succeeding. Many traders attempt to take shortcuts and don't do the requisite work; some are addicted to risk-taking; some fail to take responsibility for their own success and blame outside agencies for their problems. Toghraie provides insights into how traders overcame these problems achieved higher levels of performance. She explains how principles of neuro-linguistic programming can be used by traders to manage their mental states for optimal performance. Geared primarily for independent traders, the book provides a realistic and helpful overview of what it takes to succeed in trading"--

## The Logical Trader

An in-depth look at the trading system that anyone can use The Logical Trader presents a highly effective, yet simple trading methodology that any trader anywhere can use to trade almost anything. The "ACD Method" developed and refined by Mark Fisher after many years of successful trading, provides price points at which to buy and sell as determined by the opening range of virtually any stock or commodity. This comprehensive guide details a widely used system that is profitably implemented by many computer and floor traders at major New York exchanges. The author's highly accessible teaching style provides readers of The Logical Trader with a full examination of the theory behind the ACD Method and the examples and real-world trading stories involving it. Mark B. Fisher (New York, NY), an independent trader, is founder of MBF Clearing Corp., the largest clearing firm on the NYMEX. Founded in 1988, MBF Clearing has grown from handling under one percent of the volume on the NYMEX to nearly twenty percent of the trades today. A 1982 summa cum laude graduate from the Wharton School of Business, University of Pennsylvania, Fisher also received his master's degree in finance and accounting from Wharton. New technology and the advent of around the clock trading have opened the floodgates to both foreign and domestic markets. Traders need the wisdom of industry veterans and the vision of innovators in today's volatile financial marketplace. The Wiley Trading series features books by traders who have survived the market's ever changing temperament and have prospered-some by reinventing systems, others by getting back to basics. Whether a novice trader, professional or somewhere in-between, these books will provide the advice and strategies needed to prosper today and well into the future.

#### **High Performance Trading**

High Performance Trading provides proven practical techniques and strategies to help traders of all abilities, experience levels and styles to enhance their trading performance and psychology. Based on practical coaching and training interventions, personal experiences, the latest research and feedback, and advice from leading traders, trading coaches and trading psychologists, this book offers something for everyone who wants to become a better trader. - Discover how to avoid the common pitfalls of trading and how to take the practical steps that can set you up for trading success. - Strengthen your trading discipline as you discover the art of flawless execution. - Develop and hone your mental edge through learning to think like a successful trader. - Programme yourself for trading success with powerful mental

conditioning techniques. - Develop unshakeable focus and concentration and learn how to get into the trading zone. - Understand how to achieve and sustain a core of trading confidence. - Learn how to utilise simple techniques to manage your emotional states. - Build resilience to cope with trading stresses, and pressures and manage losses, setbacks and errors. - Move towards greater consistency and success in your trading performance.

# **High Probability Trading Strategies**

In High Probability Trading Strategies, author and well-known trading educator Robert Miner skillfully outlines every aspect of a practical trading plan—from entry to exit—that he has developed over the course of his distinguished twenty-plus-year career. The result is a complete approach to trading that will allow you to trade confidently in a variety of markets and time frames. Written with the serious trader in mind, this reliable resource details a proven approach to analyzing market behavior, identifying profitable trade setups, and executing and managing trades—from entry to exit.

## The Strategic Electronic Day Trader

This comprehensive guide to electronic day trading reveals how successful traders condition themselves mentally, an important element to their success.

## Winning the Day Trading Game

Take a proven approach to short-term trading. Winning the Day Trading Game offers an insider's view of the trading life and provides proven strategies for profitable trading. Professional trader Tom Busby explains how the strategies that made him so much money early on in his career ultimately failed during the 1987 stock market crash and then reveals how he reinvented himself as a high-percentage day trader. He interweaves personal experiences with technical explanations to outline the cornerstones of his technique. In highlighting his own trading experiences, Busby clearly explains how to beat the market by balancing the impulses of greed and fear, managing risk at all times; and taking responsibility for your trading. Thomas L. Busby (Mobile, AL) has been a professional trader and broker for 25 years, working with Merrill Lynch and Smith Barney. He founded the Day Trading Institute in 1996 and it has grown into one of the most successful trading schools in the world.

## Mechanical Trading Systems

It also provides a detailed examination of the personality traits common to the three basic types of trader - trend-following (long to intermediate term), mean reversion (intermediate-term), and short-term (swing and day traders) - and illustrates how a strict adherence to specific types of trading systems can foster a psychological flexibility that will allow you to succeed in all kinds of trading environments: countertrending, choppy, or trending."--Jacket.

## Options on Futures

Increased marketplace volatility and the expanding size of capital markets have led to an explosion of interest in options on futures. What makes these instruments so attractive is that they allow traders to profit from movements in the markets using little up-front capital and plenty of leverage. At the same time, they provide an excellent hedge against the risks associated with capital market investments. This book demystifies these notoriously difficult-to-understand instruments and provides state-of-the-art strategies and tools for making the most of options on futures. John F. Summa (New Haven, CT) is a CTA and cofounder of OptionsNerd.com, an online service providing market commentary, trading advisories, and assistance with trading system development. Jonathan Lubow (Randolph, NJ) is cofounder and Vice President of Trader's Edge, a futures and options brokerage.

#### Trading Psychology 2.0

Practical trading psychology insight that can be put to work today Trading Psychology 2.0 is a comprehensive guide to applying the science of psychology to the art of trading. Veteran trading psychologist and bestselling author Brett Steenbarger offers critical advice and proven techniques to help interested traders better understand the markets, with practical takeaways that can be implemented immediately. Academic research is presented in an accessible, understandable, engaging way that makes it relevant for practical traders, and examples, illustrations, and case studies bring the ideas and techniques to life. Interactive features keep readers engaged and involved, including a blog offering ever-expanding

content, and a Twitter feed for quick tips. Contributions from market bloggers, authors, and experts bring fresh perspectives to the topic, and Steenbarger draws upon his own experience in psychology and statistical modeling as an active trader to offer insight into the practical aspect of trading psychology. Trading psychology is one of the few topics that are equally relevant to day traders and active investors, market makers and portfolio managers, and traders in different markets around the globe. Many firms hire trading coaches, but this book provides a coach in print, accessible 24/7 no matter what the market is doing. Understand the research at the core of trading psychology Examine the ways in which psychology is applied in real-world trading Implement practical tips immediately to see first-hand results Gain the perspective and insight of veteran traders who apply these techniques daily While markets may differ in scale, scope, and activity, humans remain human, with all the inherent behavioral tendencies. Studying the market from the human perspective gives traders insight into how human behavior drives market behavior. Trading Psychology 2.0 gives traders an edge, with expert guidance and practical advice.

## The PlayBook

Want to become a truly great trader — either for yourself or for a proprietary trading firm? This book will help you get there. This unique approach is the closest thing to signing up for a "trader boot camp" yourself! You'll learn by watching new traders walk through actual trades, explain what they've tried to do, and try to survive brutally tough expert critiques. One trade at a time, The Playbook reveals how professional traders must think in order to succeed "under fire," how they assess their own performance, and how they work relentlessly to improve. Using concrete, actionable setups drawn from his extensive trading and training experience, Bellafiore walks through an extraordinary array of trades, showing readers how to maximize profits and avoid disastrous hidden pitfalls. He covers support plays, bull-and-bear flags, opening drives, important intraday levels, bounce and fade trades, pullbacks, scalps, technical opportunities, consolidation, relative strength, market trades, and more. He also presents indispensable insights on psychology and trader development, based on his work with hundreds of traders on a major commodity exchange and an elite prop firm's trading desk. Packed with color, personality, and realism, this is an exciting guide to real-world trading.

#### Trade to Win

Divided into three comprehensive parts, Trade to Win explains the fundamental elements of author Thomas Busby's proven trading approach—which deals with the significance and use of time, key numbers, and market indicators. Along the way, you'll find strategies for trading stocks, options, futures, and other financial products, and go beyond the numbers to learn about a few of the often overlooked aspects of trading—including risk management, money management, and the impact of emotions on your trading.

## MarketPsych

An investor's guide to understanding the most elusive (yet most important) aspect of successful investing - yourself. Why is it that the investing performance of so many smart people reliably and predictably falls short? The answer is not that they know too little about the markets. In fact, they know too little about themselves. Combining the latest findings from the academic fields of behavioral finance and experimental psychology with the down-and-dirty real-world wisdom of successful investors, Drs. Richard Peterson and Frank Murtha guide both new and experienced investors through the psychological learning process necessary to achieve their financial goals. In an easy and entertaining style that masks the book's scientific rigor, the authors make complex scientific insights readily understandable and actionable, shattering a number of investing myths along the way. You will gain understanding of your true investing motivations, learn to avoid the unseen forces that subvert your performance, and build your investor identity - the foundation for long-lasting investing success. Replete with humorous games, insightful self-assessments, entertaining exercises, and concrete planning tools, this book goes beyond mere education. MarketPsych: How to Manage Fear and Build Your Investor Identity functions as a psychological outfitter for your unique investing journey, providing the tools, training and equipment to help you navigate the right paths, stay on them, and see your journey through to success.

#### The ART of Trading

An expert in the field of finance reveals his proven trading system As a trading coach and financial advisor, Bennett McDowell has used his own proprietary trading system--Applied Reality Trading or

ART to enhance the performance of his clients' portfolios. Now McDowell outlines the unique benefits of his system and makes the case for trading the reality--not the fantasy--of financial markets. Readers will discover the importance of simplicity in a trading approach; how to develop "The Trader's Mindset;" how to use ART(r) technical analysis software; and much more. The ART of Trading will enlighten readers in how to use reality to enrich both their financial portfolio and their own financial psychology.

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## **Turning Losing Forex Trades into Winners**

An effective way to reverse a trade's fortune Almost all trading books focus on "winning" trades. But winning trades can be hard to come by, especially when you're just starting out. Turning Losing FOREX Trades into Winners takes a look at this discipline from a different angle, examining effective methods for dealing with trades that are in a losing position. First, it guides the trader through the various steps of determining if a trade is with or against the overall trend. Then, it explains how to decide when a trade should be closed or left open. While this reliable resource is filled with in-depth insights and expert advice that will help readers gain a better understanding of today's FOREX market, it also contains hundreds of chart examples that will provide step-by-step instructions on how traders can recover from losses.

## **Building Reliable Trading Systems**

An award winning system developer explains how to create, test, and implement a profitable trading system Traders have long been drawn to the idea of translating their strategies and ideas into trading systems. While successful trading systems have been developed, in most cases, they work very well for a period of time in specific markets, but perform less well across all markets in all time frames. Nobody understands this better than author Keith Fitschen—a thought-leader in trading system development—and now, with Trading Strategy Generation + Website, he shares his extensive experience in this field with you. Trading Strategy Generation skillfully explains how to take market insights or trading ideas and develop them into a robust trading system. In it, Fitschen describes the critical steps a trader needs to follow, including: translating the market insight into a rules-based approach; determining entry and exit points; testing against historical data; and integrating money management and position sizing into the system. Written by an award winning system developer who has actively traded his systems for thirty years Introduces new ideas on money management and position sizing for different markets Details exactly what it takes to build, test, and implement a profitable technical trading system A companion Website contains supplementary material, including Excel spreadsheets designed to rate the strength of entry signals and provide money management guidance based on market volatility and portfolio correlations Written with the serious trader in mind, Trading Strategy Generation is an accessible guide to building a system that will generate realistic returns over time.

## **Trading Tools and Tactics**

From the founder of the leading online trading education companyPristine.com, a simple technical method to trade or invest Many trading books present esoteric trading concepts and complicated indicators that may look good on paper when viewing thepast, but prove ineffective in the real world. Trading Tools and Tactics: Reading the Mind of the Marketdoesn't just make investing look easy; it makes trading easy byteaching you not only how to identify price moves, but by helpingyou understand why prices move the way they do. Covers managing trades and setting entries and stops, and helpsyou view how failed trades or chart patterns of the past can becomenew opportunities Describes how to identify and understand supply and demand asit relates to resistance and support, as well as how

to combine andread multiple time frames that offer the best opportunity to takeprofits Details both concepts and practical tools to use for life, notjust the current market Investing is all about finding the right price patterns toprofit from by understanding support, resistance, trends, andvolume?as well as identifying the best time frames to trade. Trading Tools shows you how to do just this.

## The Essentials of Trading

Praise for The ESSENTIALS OF TRADING "This is the book I wish I had when I began a training program for new traders. John's familiarity with trading and traders is evident in this text. His incorporation of exercises and use of examples bring topics to life, maintaining the interest of even the most hyperactive traders." —Brett N. Steenbarger, PhD, author of The Psychology of Trading "The Essentials of Trading masterfully teaches the novice how to conceptualize, implement, and manage the important fundamentals that form the building blocks of successful trading. Because the book and its examples have been classroom tested at both the undergraduate and graduate levels, the pace of presentation is ideal for a full or partial classroom exposure to Internet-based trading. The book is highly recommended as a viable academic teaching tool, and equally so for the developing nonstudent practitioner." —Dr. Gordon H. Dash Jr. Associate Professor of Finance, University of Rhode Island "As the founder of a women's entrepreneurial networking organization, one of the most essential messages I relay to our members is the importance of understanding and managing their own personal and professional finances. John Forman's book is one that I highly recommend to all our members, because of its clear explanations and teaching style that will allow any novice to develop a solid understanding of the world of finance and investment trading." -Sherry Thacker, President and Founder, WENS Inc. "The Essentials of Trading is an excellent introductory book on the subject. It not only provides the critical know-how, it also manages to inspire the reader to take their first tentative steps into the trading arena. A joy to read." —Paul Gould, Managing Director, trade2win.com Global Trading Community "While trading has become more challenging, the tools have improved, and John Forman brings an up-to-date, insightful perspective on what is needed for traders of all backgrounds to absorb. With the bar having been raised for all market participants, The Essentials of Trading brings a fresh look, providing successful examples of the implements necessary to build a trading system and have confidence in your own work." —Joel Marver, Chief Technical Analyst, IFR Division, Thomson Financial

## Winning Edge Trading

An innovative and comprehensive approach to profitable trading in these turbulent times Winning Edge Trading shows how to trade any market for great profits. Using the unique and innovative trading strategies and systems outlined here, you can trade stocks, ETFs, and futures to achieve market-beating returns. Written by system developer Dr. Ned Gandevani, this book provides an antidote to active investors and traders who are frustrated by stagnant and declining markets. Dr. Gandevani shows you how to maximize your profit while minimizing your risk with his innovative and comprehensive approach, and then reveals how to profit from market swings. In addition to providing a simple and easy-to-execute trading system, Dr. Gandevani also explains how you can determine your risk tolerance and choose a compatible system for maximum performance. Details the tools used to trade short or long time frames Explores how the Relative Strength Indicator and Detrended Price Oscillator can help you determine when to enter and exit a trade Discusses psychological issues involved in active trading, including the inability to take a loss, overtrading, trading personality, and system compatibility Winning Edge Trading contains the information you need to become a successful active investor and trader in today's dynamic markets.

## Trading as a Business

Discover what legendary trader Dick Diamond knows about trading that you don't Trading as a Business: The Methods and Rules I've Used To Beat the Markets for 40 Years gives you a behind-the-scenes look at how Dick Diamond has become a successful independent trader for more than four decades. This vital resource reveals Diamond's methods for analyzing the market and knowing the right time to get in and out of trades. With this book in hand, you'll be able to tap into Diamond's strategy of 80/20 trading which offers an 80% chance of making a winning trade. Diamond also includes his six statistics that are critical for determining where the stock market is headed. This book is written for anyone who wants to learn the methods, tools, and techniques that will transform them from an ordinary investor into a trading force in the marketplace. Once you master the trading secrets from Dick Diamond, you will have the ability to make money in a business where you call the shots. Filled with Dick Diamond's

trading secrets for beating the market Includes a wealth of trader strategies including Diamond's 80/20 technique Discover how to identify and take advantage of the market's buy and sell zones Learn what it takes to become an independent trader who makes money over the long-haul Break free of your old trading habits and discover Dick Diamond's tools and techniques for financial freedom.

## Way of the Trade

Praise for Way of the Trade + Online Video Course "Jea Yu's Way of the Trade offers serious traders a comprehensive and compelling approach to short-term trading. Jea writes in a reader-friendly style, connecting market realities with sound trading techniques and risk management strategies. If you are dedicated to succeeding in the trading world, Way of the Trade belongs on your bookshelf." Toni Turner, President, TrendStar Trading Group, Inc.; author of A Beginner's Guide to Day Trading Online and Invest to Win: Earn and Keep Profits in Bull and Bear Markets with the GainsMaster Approach "In his new book, Way of the Trade, Jea Yu does a great job explaining market truths and delivering the tools helpful for profitable trading. There is so much valuable information in this book, but the section on 'The 5 Laws of the Marketplace' alone is worth the price of this book. A must-read for the serious trader!" Bennett A. McDowell, President, TradersCoach.com, and author of The ART® of Trading, A Trader's Money Management System, and Survival Guide for Traders "Jea Yu's powerful new book offers a wide range of tools, strategies, and insights to help traders at all experience levels. Combining his unique market methodology with high-powered tape reading techniques, Yu's well-written narrative presents serious-minded readers with a detailed road map to short-term profits." Alan Farley, Editor/Publisher, Hard Right Edge "Jea is like the Kevin Smith of trading. His knowledge and historical perspective are rivaled only by his passion for the business. From X-Men comics to Bloomberg stock pickers, Jea takes you on a journey through the culture and mind of a Wall Street trader." Jeremy Frommer, CEO, Jerrick Ventures; former CEO of Carlin Financial Group; former Head of Global Prime Services, Royal Bank of Canada "Jea Yu's latest masterpiece, Way of the Trade, illuminates a path of trading success appropriate for new hopeful traders and veterans alike. Way of the Trade encapsulates the strategic wisdom of Sun Tzu with the modern street smarts of a market master. Skillful use of trading examples. along with lessons of individuals who beat seemingly impregnable odds, make Way of the Trade incredibly difficult to put down and impossible not to learn from." Robert Weinstein, TheStreet.com contributor, founder of Paid2Trade.com, and full-time trader

### Trading the Measured Move

A timely guide to profiting in markets dominated by high frequency trading and other computer driven strategies Strategies employing complex computer algorithms, and often utilizing high frequency trading tactics, have placed individual traders at a significant disadvantage in today's financial markets. It's been estimated that high-frequency traders—one form of computerized trading—accounts for more than half of each day's total equity market trades. In this environment, individual traders need to learn new techniques that can help them navigate modern markets and avoid being whipsawed by larger, institutional players. Trading the Measured Move offers a blueprint for profiting from the price waves created by computer-driven algorithmic and high-frequency trading strategies. The core of author David Halsey's approach is a novel application of Fibonnaci retracements, which he uses to set price targets and low-risk entry points. When properly applied, it allows traders to gauge market sentiment, recognize institutional participation at specific support and resistance levels, and differentiate between short-term and long-term trades at various price points in the market. Provides guidance for individual traders who fear they can't compete in today's high-frequency dominated markets Outlines specific trade set ups. including opening gap strategies, breakouts and failed breakout strategies, range trading strategies, and pivot trading strategies Reveals how to escape institutional strategies designed to profit from slower-moving market participants Engaging and informative, Trading the Measured Move will provide you with a new perspective, and new strategies, to successfully navigate today's computer driven financial markets