

Bereavement Care For Childbearing Women And Their Families

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Bereavement Care for Childbearing Women and their Families

For many bereaved parents, the care provided by health professionals at birth – from midwives to antenatal teachers – has a crucial effect on their response to a loss or death. This interactive workbook is clearly applied to practice and has been designed to help practitioners deliver effective bereavement care. Providing care to grieving parents can be demanding, difficult and stressful, with many feeling ill equipped to provide appropriate help. Equipping the reader with fundamental skills to support childbearing women, partners and families who have experienced childbirth-related bereavement, this book outlines: What bereavement is and the ways in which it can be experienced in relation to pregnancy and birth Sensitive and supportive ways of delivering bad news to childbearing women, partners and families Models of grieving How to identify when a bereaved parent may require additional support from mental health experts Ongoing support available for bereaved women, their partners and families The impact on practitioners and the support they may require How to assess and tailor care to accommodate a range of spiritual and religious beliefs about death. Written by two highly educated, experienced midwifery lecturers, this practical and evidence-based workbook is a valuable resource for all midwives, neonatal nurses and support workers who work with women in the perinatal period. This book is suitable as a text for BSc and MSc courses in Midwifery; BScs courses in Paediatric Nursing; and for neonatal and bereavement counselling courses.

Loss and Bereavement in Childbearing

Bereavement is commonly perceived as a negative event with unpleasant or harmful consequences. Women and their families suffer when the care they receive is inadequate. Midwives suffer when they are unable or do not know how to provide adequate care. All too frequently midwives recognize when things do go wrong but do not know why. This book considers the ways in which the midwife can

recognize and assist the mother and family to embark on a healthy grieving process and covers topics such as miscarriage, termination, perinatal and neonatal loss. The needs of the midwife encountering such situations are also considered

Perinatal Loss

The death of a baby is one of the most painful experiences anyone can imagine. This practical, compassionate text guides professionals in providing the best possible care through the physical and emotional pain of a pregnancy loss from early miscarriage to neonatal death, enabling patients and their families to grieve. Written by two professionals with extensive experience in the field, the book inspires confidence for those confronted with this challenging task. It focuses on common issues that inhibit good care and addresses the traditionally difficult topics. Healthcare staff assisting patients during this time often require support of their own and this is also addressed with constructive, inspirational approaches and ideas for professional training. *Perinatal Loss: a handbook for working with women and their families* offers insights, information and support for managing pregnancy loss for all professionals and students including nurses, sonographers, midwives, doctors (including obstetricians and general practitioners), chaplains and morticians. 'This is an important and warmly welcomed book which thoroughly endorses the key aims of Sands (Stillbirth & Neonatal Death Society). In particular, it demonstrates a forceful commitment to improving care for bereaved families whilst acknowledging the difficult task that staff undertake when caring for them. This handbook encompasses all aspects of perinatal loss, giving due care and attention to the many different circumstances and exploring the thoughts and feelings which are experienced when a baby dies at any gestation.' From the Foreword by Julia Gray

Midwives Coping with Loss and Grief

The experience of stillbirth and other losses in pregnancy at what is usually a time of great joy is tragic for everyone involved, including midwifery professionals. Although research increasingly shows how profound the effects of loss can be, few studies have explored the effects of pregnancy loss - which often leads to other personal and professional traumas such as loss of autonomy or a workplace - on midwives. This in-depth investigation uses a phenomenological approach to capture midwives' experiences of loss and grief in their own words, and encompasses both pregnancy loss and wider professional and personal issues. It then makes recommendations to enhance midwives' resilience and ability to cope appropriately, whilst giving maximum support to their clients. Reflections on the emerging implications for midwifery education and practice further broaden the scope of the analysis. The insights in this book will be of great use to midwifery managers and supervisors. They will also help midwives to nurture themselves, their colleagues and their clients at a time when pressures on the service can leave support lacking. The devastating experience of losing a baby for women and their families is something that, as midwives, we strive to understand in order to provide appropriate practical and emotional support. Doreen and Mavis encourage us to consider how we are affected by the grief of others at a deeply personal level. Ultimately the message in this book is one of hope: through reflection and the sharing of experiences midwives who have been with women whose babies have died can regain their personal strength and learn to re-shape memories in ways that contribute to personal growth and understanding.' - From the Foreword by Nicky Leap

Meeting the Needs of Parents Pregnant and Parenting After Perinatal Loss

Despite research which highlights parents' increased anxiety and risk of attachment issues with the pregnancy that follows a perinatal loss, there is often little understanding that bereaved families may need different care in their subsequent pregnancies. This book explores the lived experience of pregnancy and parenting after a perinatal loss. *Meeting the Needs of Parents Pregnant and Parenting After Perinatal Loss* develops a helpful framework, which integrates continuing bonds and attachment theories, to support prenatal parenting at each stage of pregnancy. Giving insight into how a parent's world view of a pregnancy may have changed following a loss, readers are provided with tools to assist parents on their journey. The book discusses each stage of a pregnancy, as well as labor and the postpartum period, before examining subjects such as multi-fetal pregnancies, reluctant terminations, use of support groups, and the experiences of fathers and other children in the family. The chapters include up-to-date research findings, vignettes from parents reflecting on their own experiences and recommendations for practice. Written for researchers, students and professionals from a range of

health, social welfare and early years education backgrounds, this text outlines what we know about supporting bereaved families encountering the challenges of a subsequent pregnancy.

Why Baby Loss Matters

The loss of a baby, however it occurs, can be heartbreaking and painful and leave parents in need of support as they grieve. While awareness about baby loss is increasing, the suffering and sadness, isolation and loneliness parents feel is often invisible and it can be hard for them to reach out, and for those around them to know how best to support them. *Why Baby Loss Matters* explores what happens when families experience baby loss or the end of a pregnancy, drawing on the first-hand experiences of parents who have navigated life and the fourth trimester without their baby, and the vital work of charities and services which offer support. By examining different approaches to coping with the loss of a baby and keeping memories alive, the book offers insight into the ways that families have found the support and peace that they need to continue living after saying goodbye.

Pregnancy Loss

Providing practical guidance and support for both women who suffer pregnancy loss and also their families, this book covers the emotional and psychological impact, both at the time and later - for example, when the woman conceives again. Each chapter begins with a general discussion of the relevant issue and then goes on to give practical advice. The book is in four parts: the grief of pregnancy loss; types of loss; the response of others; and special circumstances (for example, pregnancy loss followed by infertility).

A Silent Sorrow

A Silent Sorrow has long been considered the "bible" for families seeking emotional and practical support after a pregnancy loss. Well organized, easily accessible, and filled with practical suggestions for each topic it covers, *A Silent Sorrow* is a positive first step for bereaved parents and their families, providing support and guidance to help resolve the grief and enable them to look to the future with hope.

Counselling for Maternal and Newborn Health Care

The main aim of this practical Handbook is to strengthen counselling and communication skills of skilled attendants (SAs) and other health providers, helping them to effectively discuss with women, families and communities the key issues surrounding pregnancy, childbirth, postpartum, postnatal and post-abortion care. *Counselling for Maternal and Newborn Health Care* is divided into three main sections. Part 1 is an introduction which describes the aims and objectives and the general layout of the Handbook. Part 2 describes the counselling process and outlines the six key steps to effective counselling. It explores the counselling context and factors that influence this context including the socio-economic, gender, and cultural environment. A series of guiding principles is introduced and specific counselling skills are outlined. Part 3 focuses on different maternal and newborn health topics, including general care in the home during pregnancy; birth and emergency planning; danger signs in pregnancy; post-abortion care; support during labor; postnatal care of the mother and newborn; family planning counselling; breastfeeding; women with HIV/AIDS; death and bereavement; women and violence; linking with the community. Each Session contains specific aims and objectives, clearly outlining the skills that will be developed and corresponding learning outcomes. Practical activities have been designed to encourage reflection, provoke discussions, build skills and ensure the local relevance of information. There is a review at the end of each session to ensure the SAs have understood the key points before they progress to subsequent sessions.

Pregnancy Loss and the Death of a Baby

This book is an excellent resource for any healthcare professional who is involved in the care of bereaved parents and their families. This book promotes good practice and covers many sensitive and diverse issues.

The Prenatal Bombshell

Finding out your unborn child has been diagnosed with a poor or fatal prenatal diagnosis is devastating news sure to reverberate through your family's life forever. The emotional aspects of such a pregnancy and the practical implications of an adverse diagnosis are difficult to navigate. *The Prenatal Bombshell*

is a warm and understanding companion guide through the journey from diagnosis and beyond once you've decided to either continue or end your precious pregnancy. Issues such as managing the pregnancy, delivery, termination, creating memories, future babies, and the long term impact of such a traumatic experience are all covered in detail. The lived experiences of other women who have gone through this journey are also included to provide hope, support, and guidance through difficult times. The Prenatal Bombshell does not attempt to convince women to make a particular choice about their pregnancy. It supports them from their choice onwards in a way that is honest, informative, and reliable. Filled with stories and testimonies, this is a helpful book to have during, and well beyond, a poor prenatal diagnosis.

The Midwife and the Bereaved Family

A dead baby is a very real happening for some women and midwives. This death may occur in early, middle or late pregnancy, at birth or in the postnatal period. Miscarriage, abortion and stillbirth are the terms used to describe this event in a woman's life. Technology and sophisticated prenatal care have helped to reduce infant morbidity and mortality in Australia. But however good the technology and care may be, when a woman and her family are faced with a dead baby they will ask many questions of both themselves and the caregivers; perhaps not immediately, but they will ask. What midwives need to ask of themselves is 'Do I have the knowledge, the skills and the ability to deal with questions?'

Effect of Bereavement Counselling on Psychological Problems Associated with Pregnancy Loss in Women

Pregnancy is a joyful experience for a woman in child bearing period of life. It is one of the mile stones that is likely to be stressful. However, it is also rewarding for the reason that the woman takes on a new level of responsibility. Women tend to be secretive about their pregnancy in the first trimester because of the fear of pregnancy loss. When they progress in pregnancy and feel the foetal movement, they feel so excited that they want to share it with everyone. They gradually develop an emotional attachment with the unborn child. As pregnancy advances the foetus reaches the maximum growth and prepares to adapt to extra uterine life, the anxiety of the woman about the childbirth process increases. Parents look forward to delivering a healthy baby and dream of a happy and contented future. Such plans and dreams are shattered when the death of the unborn or new born occurs and it is a heart breaking incident for the parents and the family. This painful and traumatic event can occur at any time during pregnancy, childbirth or during the neonatal period. When it happens, the women experience a significant loss of the body's functional adequacy associated with body image and feelings of self-worth.

Bereavement Care for Families

Grief is a family affair. When a loved one dies, the distress reverberates throughout the immediate and extended family. Family therapy has long attended to issues of loss and grief, yet not as the dominant therapeutic paradigm. Bereavement Care for Families changes that: it is a practical resource for the clinician, one that draws upon the evidence supporting family approaches to bereavement care and also provides clinically oriented, strategic guidance on how to incorporate family approaches into other models. Subsequent chapters set forth a detailed, research-based therapeutic model that clinicians can use to facilitate therapy, engage the ambivalent, deal with uncertainty, manage family conflict, develop realistic goals, and more. Any clinician sensitive to the roles family members play in bereavement care need look no further than this groundbreaking text.

Midwifery at a Glance

Midwifery at a Glance offers an easy-to-read yet comprehensive overview of everything a midwifery student needs to know, from conception to care of the newborn. This practical guide provides coverage of normal pregnancy, maternal and foetal physiology, and pre-existing medical conditions and how these affect pregnancy and birth. It also features vital information on the role of the midwife, evidence-based practice, health promotion education, and perinatal mental health, as well as neonatal care and an overview of emergency situations. Midwifery at a Glance: Contains superb full colour illustrations throughout Is written specifically for midwifery students and includes all the concepts found on the midwifery curriculum Demonstrates links with other relevant multidisciplinary healthcare professionals Midwifery at a Glance is the ideal guide, offering educational support for midwifery students in the application of midwifery knowledge into clinical practice.

Loving You From Here

Few experiences can compare to the trauma and pain of losing a baby; and the wall of silence that often surrounds that loss can make grieving even harder. *Loving You From Here* explores the traumatic impact of losing a baby through stillbirth and neonatal death. It features the moving stories of multiple families; some affected recently, some decades ago, but still living with the loss. This book is a practical guide for grieving parents in the grips of tragedy, and those around them who want to be able to offer support. From managing those initial feelings of shock, grief, guilt and anger, this book will also show families how it is possible to grow around that grief and eventually form an enduring bond with their baby. This profound and insightful book will help everyone impacted by the loss of a baby - before, during or after birth - including those who have suffered an early or a late miscarriage and those who have had an ectopic pregnancy, and provides sensitive and reassuring advice on all aspects of loss and bereavement, as well as practical advice on how to find a new normal. This groundbreaking book breaks through the suffocating silence that surrounds the death of a baby and gives a voice to all those affected by baby loss.

Surviving Pregnancy Loss

This updated book is for the one million women who annually suffer a pregnancy loss - whether by a miscarriage, stillbirth, or ectopic pregnancy - and their husbands, relatives, friends, and physicians. *Surviving Pregnancy Loss* includes: first-person accounts of women who have experienced pregnancy loss; a discussion by health care professionals of the physical and emotional consequences of pregnancy loss; an exploration of options for the future - trying again, choosing childlessness, or considering adopting (with all the latest information on agency, international, and private adoptions); sensitive advice on the partner's experience, the reactions of family and friends, dealing with multiple losses, and explaining loss to children; and more. Anyone who has suffered a pregnancy loss is searching for answers, searching for a friend. This book provides both.

Your Guide to Miscarriage and Pregnancy Loss

In *Your Guide to Miscarriage and Pregnancy Loss*, Kate White, M.D., OB/GYN, miscarriage survivor, associate professor of obstetrics and gynecology at the Boston University School of Medicine and Vice Chair of Academics in the OB/GYN department at Boston Medical Center, combines the latest medical research with the information you need when you experience a pregnancy loss. Miscarriage affects almost 1 million women in the United States every year. Yet each person experiencing a pregnancy loss often feels alone and full of questions about the process and the aftermath. Dr. Kate's book provides women and their families with the two things sorely missing from their experience: detailed answers to their questions about miscarriage, and support and guidance through the healing process. *Your Guide to Miscarriage and Pregnancy Loss* takes readers through the journey of miscarriage diagnosis and treatment. It addresses all types of pregnancy loss—like ectopic and molar pregnancies, as well as ones that are often overlooked by the media and other books. Filled with accessible information, frequently asked questions and answers, and methods for coping with grief, the book empowers women undergoing pregnancy loss to take control over their experience. It is an earnest conversation between doctor and reader that provides compassion and guidance, as well as hope for a woman's future pregnancy efforts. "The Miscarriage Guide lays out the paths of all kinds of miscarriages, helping women understand what's happening and how they can move forward toward healing." -- Dr. Beri Ridgeway, Chief of Staff, Former Chair, Department of OB/GYN and the Women's Health Institute, Cleveland Clinic "A delicate and expert mix of medical knowledge, emotional intelligence, and individual clinical guidance." --Dr. Jeffrey Ecker, Chief, Department of OB/GYN Massachusetts General Hospital Professor, Harvard Medical School "By empowering women to control their experience, Dr. Kate creates a space for understanding, healing, and most importantly hope." --Dr. Amy Murtha, Professor and Chair, Department of Obstetrics, Gynecology & Reproductive Sciences, University of California San Francisco "This book answers all of the questions my own patients ask me in the office, as well as the ones they are afraid to ask. A must-have resource." --Dr. Angela Dempsey, Professor of Obstetrics and Gynecology, Associate Dean for Curriculum, Clinical Sciences, Department of OB/GYN, Medical University of South Carolina "Accessible, compassionate help at last. Dr. White gives mothers who've suffered a loss the missing pieces they desperately need. She frees us from myths, presents medical facts, and helps us move forward with a peaceful heart."-- Lorraine Ash, Author, *Life Touches Life*

It's Not Just a Heavy Period; the Miscarriage Handbook

The Miscarriage Handbook, "It's Not Just a Heavy Period," helps women understand what they may experience when they learn their baby has died or are experiencing a miscarriage. This book helps caregivers provide women with the ultimate resource on what to expect, the woman's options for delivering her baby, helps the family understand and choose a final resting place for the physical form of their baby's body, warning signs during miscarriage, after care for the woman, grief and mourning, and memorializing their baby. This book also gives readers ideas for how to tell their friends and family, how others may react including their partner, and a guide for friends and family on how to help and what to say/not say. Tear outs are included which helps the grieving family share their needs with others. The book encompasses all aspects of miscarriage and the grief women may experience.

Pregnancy and Infant Loss: A Guide for Professionals

Losing a baby is said to be one of the most devastating forms of bereavement. This guide has been produced to assist professionals working with bereaved families such as Midwives, Nurses, Counselors and Funeral Professionals, so that they can best assist the families at such a traumatic time.

Bereaved Parents and their Continuing Bonds

For bereaved parents the development of a continuing bond with the child who has died is a key element in their grieving and in how they manage the future. Using her experience of working in a children's hospital as a counsellor with bereaved parents, Catherine Seigal looks at how continuing bonds are formed, what facilitates and sustains them and what can undermine them. She reflects on what she learned about the counsellor's role supporting parents in extremely distressing situations. Using the words and experiences of bereaved parents, and drawing on current theories of continuing bonds, the book is relevant to both professionals and parents. It covers important subjects such as the benefits of a therapeutic group for bereaved parents, the challenges for parents when another child is born, the important role of siblings in keeping the bonds alive and how it is for parents whose child dies before birth or in early infancy. The book uses theory lightly but relevantly and places it into the heart of the lived experience. It offers anyone working with bereaved parents insight into the many and varied ways grief is experienced and expressed and what can be helpful and unhelpful. And it offers bereaved parents the opportunity to share other parents' experiences, to understand a little more about their own feelings and to know they are not alone, providing an original and valuable guide to continuing love after death.

Stillbirth and Miscarriage, a Life-Changing Loss

'Say my baby's name' walks the reader gently and gradually through the journey of loss experienced by the five men and twenty-seven women who courageously shared their stories. We learn about every aspect of the journey - from the moment news of the pregnancy breaks, to the sense of foreboding that something is not quite right, and on towards the devastating loss at different stages of pregnancy and birth. The book will be enlightening for all those interested in learning more about the life-changing loss of a baby. The reader will gain insight into the emotional world of those bereaved of a much-wanted baby and learn that the loss impacts profoundly on parents' mental, emotional, physical and spiritual well-being. Embedded in the chapters are key messages for families, society, health professionals, employers and parents. The purpose of researching this sensitive topic is to give voice to those who 'know' and understand pain through their own lived experience. Therefore, from the outset, through the stages of ethical approval, organizing, setting up and recording 32 interviews, transcribing, analysing and formulating the chapters, the aim was to ensure that the voices of the bereaved mothers and fathers remained central, as the book came to fruition. Personal experience of loss, insights gained through studies in psychology and engaging in therapeutic work with bereaved people over many years have collectively drawn my attention to areas of study that are closely associated with my life and my history. This work is inspired by a personal life journey of growing up 'close to grief'. My brother Patrick was stillborn and the loss weighed heavy on my beloved parents and our close family members.

Brief Interventions with Bereaved Children

Recent years have seen increasing interest in the needs of children facing bereavement, and a corresponding increase in services to support them. This book addresses and explains the theoretical concepts and practical implications behind the idea of brief work with bereaved children and families. Flexible and accessible short term services delivered at the right time underpin the strengths of bereaved children, supporting their recovery rather than pathologising the grief process. In this way

the book also speaks to the current interest in the concept of resilience and working with families' strengths and possibilities, rather than merely identifying their problems. This second edition continues to be a unique book within the growing field of childhood bereavement, and the new chapters added to this edition discuss managing situations with learning disability, supporting very young children and emotional literacy. The book also presents cases from the service user's perspective. It looks at different approaches to intervention, such as the importance of assessment and the value of groupwork, and also covers work with children and families before a death. Brief interventions with bereaved children will appeal to practitioners, educators and service providers managing scarce resources. The editors have more than twenty-five years experience as practitioners within the field, as service providers and educators. The book features chapters from distinguished contributors with backgrounds in healthcare, education, social work and the police, alongside theoretical and practice-based chapters from workers in the field of bereavement care for children.

Women's Experiences of Psychological Trauma during Childbirth

The focus of this book involves a new and emerging area, the field of perinatal or birth-related trauma which is relatively unrecognised. It is quite recent that acknowledgement has been given to the possibility that Birth can be a traumatic experience even when the life/health of the mother and infant are not significantly threatened. The editors and an interdisciplinary group of researchers from maternity care and from the field of child psychology explore connections between birth experiences and family relationships and infant and early childhood development and the emerging field of Intergenerational transmission of trauma. This work will help undergraduates as well as experienced clinicians and allied health care professionals in contact with childbearing and perinatal women and their families to provide them the best care. Birth trauma affects mothers, fathers and children. The impact of a negative or traumatic birth experience can last for years and even a lifetime. Evidence suggests up to 20% of women describe some aspect of their birth as negative or even traumatic. However, others will go on to experience symptoms of intrusion, avoidance or hyper-arousal. Meta-analyses show post-traumatic stress disorder (PTSD) affects 4% of women after birth and up to 18% of women in high risk groups. Rectification of this situation is essential. In 2016, 5.11 million babies were born in Europe, indicating that up to 1.5 million women may have had sub-optimal birth experiences and over 200,000 may have developed PTSD as a result. Developmental research has firmly established that the quality of infant-parent relationships is a critical factor in early and later childhood development, consequently, a family-centred approach to any investigation of birth-related trauma is critical, as trauma can be transmitted within the family system. Given the enormous economic burden it places on women, health systems, and particularly children, relatively small improvements in services to prevent, detect and treat this problem can benefit society significantly. By presenting new and unique insights healthcare professionals will be exposed to emerging research focussed on impacting clinical practice and social policy responses. Contributors to the book utilise case studies / service user perspectives where possible in order to highlight recent developments which in the past has seen women pathologized or symptoms of distress medicalised eg., women's experiences of concealed pregnancy or domestic violence in the perinatal period. This book will be of interest to any maternity care novice (undergraduates) or experienced professionals - midwives, psychologists, obstetricians, neonatologists, those in support roles such as bereavement care, social work and counselling but also those working in the field of parenting and attachment to further explore the issue of transmission of stress and trauma in-utero and during the first year of life.

Handbook of Perinatal and Neonatal Palliative Care

The first resource of its kind, this authoritative handbook holistically addresses the multidimensional aspects of perinatal and neonatal palliative care. Written by an interprofessional team of renowned specialists, it is both a text and an evidencebased reference for all members of the palliative care team. This book helps individual team members forge interdisciplinary approaches to care, assess current programs, improve the quality of care, and tailor new models of care. Encompassing the perspectives of numerous multidisciplinary healthcare providers, the book underscores the unique aspects of perinatal and neonatal palliative care, with a focus on improving quality of life, as well as comfort at the end of life. It describes healthcare for neonates and pregnant mothers, care and support of the family, planning and decision-making, and effective support for grief and bereavement, addressing all palliative and neonatal care settings. Other chapters focus on the prenatal period after diagnosis of the expected baby's life-threatening condition. These include such topics as care of the mother, delivering devastating news, and advance care planning. Each chapter contains photos, figures, and/or tables and case

studies with clinical implications and critical thinking questions. Also included is an extensive listing of relevant palliative care organizations. Paintings and poetry provide an artistic backdrop to the authors' inspiring words. Key Features: Addresses a growing need for specific provider resources in neonatal palliative care Covers the clinical and emotional aspects of palliative care for babies and their families Abundant resources for effective and compassionate family-centered care Case studies with critical thinking questions Accompanying video clips of healthcare and family interactions Supplemental image bank included

Holding on to Love After You've Lost a Baby

A Powerful Resource for Grieving Couples Losing a child is among the most tragic experiences one can face. The crushing grief puts immense strain on the marriage, family relationships, and friendships that few can understand. That's why this book was written. In it Candy McVicar, a grieving mom who leads a ministry for grieving parents, and Dr. Gary Chapman, relationship expert and author of *The 5 Love Languages®*, team up to help couples who are facing the unimaginable. They'll teach you how to: Cope with the complex feelings that come with the grief process Understand your spouse's unique grieving needs and support him/her Use the five love languages through grief There is nothing that can make the pain of losing a child go away, but healing is possible with intentional hearts and the right resources.

Myles' Textbook for Midwives E-Book

Written by midwives for midwives, Myles Textbook for Midwives has been the seminal textbook of midwifery for over 60 years. It offers comprehensive coverage of topics fundamental to 21st midwifery practice. Co-edited for the second time, by internationally renowned midwife educationalists, Professor Jayne E Marshall and Maureen D Raynor from the United Kingdom with a team of contributors from across the midwifery community it retains its clear, accessible writing style. Most chapters provide useful case studies, websites of key organisations and charities for individuals to access further information. Reflective questions at the end of each chapter as well as annotated further reading aid reflective learning and stimulate discussions relating to continuing professional development. The book covers key frameworks that govern midwifery practice, exploring ethical and legal frameworks that are essential to every accountable, autonomous, professional midwife. Includes employer-led models of supervision, vital elements of leadership and clinical governance that supports the provision of high quality maternity services and standards of midwifery practice. The concept of resilience is introduced for the reader to contemplate their personal contribution in creating an environment that is conducive to protecting the wellbeing of themselves and colleagues within the workplace. The text covers the UN 2030 Agenda for Sustainable Development, highlighting the importance of midwives as global citizens with common goals, and together they form a strong global community prepared to challenge social inequalities and take action to help end extreme poverty. Covers designing and implementing high quality midwifery care using evidence, policy and models of care. Highlights why a holistic and evidence-informed approach is necessary to achieve effective care for all. Working examples will help the reader to think critically about their own practice. For this edition several new chapters are introduced covering concealed pregnancy, fear of childbirth (tocophobia), care of the acutely unwell woman and end of life issues including rights of the fetus/neonate and ethical considerations.

Mourning the Dreams

Mourning the Dreams is an accessible and moving account of parents' experiences of grief and recovery after losing an infant during pregnancy, childbirth, or within the first month of life. Drawing from the sociology of emotions, health research and psychology, her own experience, and a range of qualitative methods, Claudia Malacrida finds that bereaved parents not only grieve their child and its unrealized potential, but often find their personal experiences are at odds with social forces and prevailing assumptions about the nature of their loss and how they should react to it. She explores the meanings parents create as they face denial, silence, and other reactions from friends, family, communities, coworkers, the medical community, and even within spousal relationships. She also describes the courage and creativity of parents who create and negotiate meanings that help them grieve, recover, and manage relationships.

The Baby Loss Guide

Written by one of the world's leading baby loss support experts, The Baby Loss Guide is designed to help you navigate this complex issue. Whether you have personally encountered loss, or are supporting people through this harrowing time, this book provides practical and compassionate advice. Zoe and her husband Andy have personally faced the loss of five babies. Out of their experiences came the charity The Mariposa Trust (more often known by its primary division Saying Goodbye), offering support to thousands of grieving parents and relatives around the world each week. In her first bestselling book, *Saying Goodbye*, Zoe wrote a moving account of their experiences and how they found a way through loss. In *The Baby Loss Guide* Zoe provides a supportive and practical guide to walk people through their darkest days of suffering and give them hope for the future. The first half of the book answers the many questions those who encounter loss ask themselves and others, which until now have resulted in people spending hours exploring the internet to gain answers and insight. It is interlaced with personal stories from both men and women who have been there, and tackles the many myths, taboos and assumptions around loss. It also provides clear guidance and advice on how to navigate life following your world imploding, such as: How do I return to work? How do I know if or when I should try again for more children? How do I communicate with my partner about loss? The second half of the book offers 60-days of practical and compassionate support. Whether someone's loss is recent or historic, this support is a precious gift that will help an individual walk the scary path of grief. Zoe's friendly and down to earth approach means she removes the often over used medical terminology, and this makes *The Baby Loss Guide* readable, easy to absorb and a vital source of information and help.

Waiting

Waiting is an honest, in-depth account of one woman's experiences of pregnancy and miscarriage. Author Ellen Judith Reich's journal, kept through her third pregnancy, reflects upon two previous miscarriages. She explores not only the terror that can accompany the prospect of becoming a mother, but the loss of innocence and fear of future loss that haunt any woman who has miscarried. Reich focuses on grief and hope and on learning to cope with change and loss of control. She has recorded her thoughts and expectations about motherhood, children, being in control, and being betrayed by her body. She reveals much by examining the vivid dreams she had during pregnancy and recounting conversations with family, friends, health care professionals, and other grieving parents. This poignant and personal book should be read by every woman contemplating motherhood, particularly career women who, having postponed childbearing to establish their careers, face a greater likelihood of miscarriage and/or infertility. And any woman who has already experienced miscarriage will come away from *Waiting* with a sense of renewed optimism and a feeling of not being so alone with her pain. This insightful book should also be required reading for obstetricians and family practitioners and their staffs and medical students who can glean an enormous amount of information about the emotional aspects of miscarriage and help them to better understand their patients' needs and concerns. Counselors and therapists will also benefit from reading this valuable book.

Perinatal and Pediatric Bereavement in Nursing and Other Health Professions

[This] is a story of love, hope, and healing. There are 18 chapters covering intimate aspects of a young life ending and how those who remain behind can grieve in such a way that they go on living. This book is a collection of clinical wisdom, theoretical knowledge and models of care that can continue to tell the story and change cultures of care. As a palliative care nurse I am honored to write this Foreword and to be included in these pages with the authors who are truly pioneers in perinatal and pediatric bereavement. --Betty Ferrell, PhD, RN, MA, FAAN, FPCN, CHPN From the Foreword This is a definitive, state-of-the-art resource on the vital pieces of perinatal and pediatric palliative care. Culling the most important new evidence-based research and findings from scholars and practitioners worldwide, it links theoretical knowledge and clinical practice to fill a gap in current information. The text is distinguished by its provision of different and even competing perspectives that address the complexities of the tragic human experience of perinatal, neonatal, and pediatric death and the nurses and other healthcare providers who provide care to those involved. Contributors disseminate new theoretical approaches and reexamine current concepts in light of new research. They discuss the theoretical underpinnings of perinatal and pediatric bereavement, examine current thought on the dimensions of loss, deliver evidence-based clinical interventions, and offer the perspective of grieving families regarding their experiences and needs. The book provides both novice and experienced scholars of perinatal and pediatric bereavement with a strong foundation of current knowledge. With clinical interventions derived from research, the book will enhance the expertise of clinicians caring for bereaved women and their families. It Includes case studies, interview excerpts, graphics and review questions to illustrate

key points, and summaries demonstrating how theory is translated to clinical practice and informs research. Chapters provide objectives, references, and suggestions for additional study. The book is also a valuable study aid for students preparing for the Pediatric Loss Certification exam. Key Features: Provides high-level but accessible information from renowned scholars in perinatal and pediatric loss Disseminates the newest theoretical frameworks that can be used to create interventions and develop research Includes case studies demonstrating how theory is applicable to research and practice Facilitates critical thinking with different and even competing perspectives Serves as a valuable resource for Pediatric Loss Certification (NBCHPN) preparation

Mothers Bereaved by Stillbirth, Neonatal Death or Sudden Infant Death Syndrome

First published in 1997, this volume studied families bereaved by perinatal or infant death, including factors both preceding and following the experience and its effect on areas such as marriage, mental health and future conception, based on interviews with 194 women living in south-eastern Queensland, Australia. Tracing the natural history of the first thirty months of their loss, all mothers completed semi-structured interviews and standardized questionnaires at two, eight, fifteen and thirty months following the baby's death. The study aims to explain and explore these effects and to suggest some potential recommendations for the care and support of women who experience stillbirth, neonatal death or SIDS.

Life After Baby Loss

****Winner of Author of The Year at The Butterfly (Baby Loss) Awards**** For all parents and family managing the emotional battlefield of baby loss. When my baby died my whole world changed forever. I was left full of love, yet deeply heartbroken and faced with the task of living without my most precious longed for treasure. Following a fraught journey of trying to conceive again, two subsequent miscarriages, and an anxiety fuelled pregnancy after loss, I was finally able to welcome my baby girl into the world. This is the book I wish I'd been given – it will help you to not only survive the loss of your baby but to celebrate the life they had, no matter how brief. This is my hard won gift to you. Losing a child is one of the most devastating events you can go through and yet, losing your baby – particularly before they are born – remains a taboo and often misunderstood topic. In this very gentle guide, Nicola Gaskin opens up the conversation around baby loss offering raw, honest and deeply empathetic support to all parents. From coping with the initial shock, finding ways to overcome jealousy and anger, surviving birthdays and Mother's Day, through to living with everlasting grief and the fresh round of grief and anxiety that comes with parenting after loss, it will help you to navigate through a huge range of intense and complex emotions. Beautifully written and powerfully illustrated, this book will hold your hand through your darkest and lightest moments: read it to know you are not alone and that all your feelings are absolutely valid.

Hope and Healing After Stillbirth And New Baby Loss

'Offering wisdom and understanding, written with sensitivity, this book has much practical help within its pages for a loss like that feels like few others.' - Sands Whether it happens before or shortly after birth, the loss of a baby brings overwhelming grief and parents often struggle to access the professional help they need. In this book, Professor Kevin Gournay - who himself lost a child to stillbirth - and distinguished midwife Dr Brenda Ashcroft offer understanding of what it means to go through this bereavement, and healing advice on how to make sense of it. They give important information about parents' rights, and cover such difficult topics as post mortems and inquests. The book considers parents' reactions, not least feelings of anger, as well as offering help for, and insight into, the relationship difficulties that often follow the loss of a baby. There is support for anyone who might be experiencing anxiety or depression, advice on how other children in the family might be affected, and possible prevention and treatment for future pregnancies. Sympathetic, expert and warmly supportive of any bereaved parent, this book also provides a guide to good practice for professionals in all relevant fields.

Children Seen and Heard, 1916-2016

* What impact does a child's death have on family relationships? * How might differences in the way mothers and fathers deal with bereavement contribute to increased marital tension? * Why are bereaved siblings so deeply affected by the way their parents grieve? An Intimate Loneliness explores how family members attempt to come to terms with the death of an offspring or brother or sister. Drawing on relevant research and the authors' own experience of working with bereaved parents and

siblings, this book examines the importance of social relationships in helping parents and siblings adjust to their bereavement. The chances of making sense of this most distressing loss are influenced by the resilience of the family's surviving relationships, by the availability of wider support networks and by the cultural resources that inform each's perception of death. This book considers the impact of bereavement on self and family identity. In particular, it examines the role of shared remembering in transforming survivors' relationships with the deceased, and in helping rebuild their own identity with a significantly changed family structure. Problems considered include: the failure of intimate relationships, cultural and gender expectations, the invisibility of fathers' and siblings' grief, sudden and 'difficult' deaths, lack of information, and the sense of isolation felt by some family members. This book will be of value to students on courses in counselling, health care, psychology, social policy, pastoral care and education. It will appeal to sociology students with an interest in death, dying and mortality. It is also aimed at professionally qualified counselling, health and social service workers, at informed voluntary group members, the clergy, teachers and others involved with pastoral care.

An Intimate Loneliness

Sexually transmitted diseases, unintended pregnancies, infertility, and other reproductive problems are a growing concern around the world, especially in developing countries. *Reproductive Health in Developing Countries* describes the magnitude of these problems and what is known about the effectiveness of interventions in the following areas: Infection-free sex. Immediate priorities for combating sexually transmitted and reproductive tract diseases are identified. Intended pregnancies and births. The panel reports on the state of family planning and ways to provide services. Healthy pregnancy and delivery. The book explores the myths and substantive socio-economic problems that underlie maternal deaths. Healthy sexuality. Such issues as sexual violence and the practice of female genital mutilation are discussed in terms of the cultural contexts in which they occur. Addressing the design and delivery of reproductive health services, this volume presents lessons learned from past programs and offers principles for deciding how to spend limited available funds. *Reproductive Health in Developing Countries* will be of special interest to policymakers, health care professionals, and researchers working on reproductive issues in the developing world.

Reproductive Health in Developing Countries

Until now, the church has been unaware of the need for ministry to those suffering from pregnancy loss. At a time when approximately one in four pregnancies ends in loss, the need to understand and provide caring ministry is painfully obvious. *Pastoral Care in Pregnancy Loss* introduces the religious community to the issue of pregnancy loss and describes the ministries that can be helpful to those who experience these tragedies. Effective ministry in pregnancy loss requires that one develop basic life theories in order to prepare for such in-depth care. Thus, the book is more than a "how to" as it explores why there is suffering and why some suffer more than others, how to find grace when God seems far away, how to minister when we don't have answers, and how religious ministry can consistently work with other helping professionals in support of the individual. With the foundation of ministry theory provided by *Pastoral Care in Pregnancy Loss*, you can help your faith community develop strategies for ministry to those suffering from pregnancy loss. Numerous case studies illustrate what is usually done wrong in providing pastoral care in these difficult and delicate situations and explain why those who experience loss may blame themselves, why they may blame God, and why they may not feel able to return to church. Providing helpful insight to hospital pastoral care departments, church libraries, funeral directors, counselors and psychologists, nursing and obstetrics professionals, and seminaries with a marriage and family ministry specialty, this book provides readers with information about: three types of pregnancy loss--miscarriage, still birth, and neonatal loss church outreach the grieving process victims as "consenters" or "experiencers" the spiritual needs of those suffering loss practical ministries crisis support and long-term support. *Pastoral Care in Pregnancy Loss* furthers your understanding of pregnancy loss by enumerating theories on how suffering and loss are viewed by those suffering--either as a time of testing, a time of training, a mystery of God, a sign of punishment and warning, or as having no meaning. The book also shows how pregnancy loss affects five different types of personal relationships and discusses both immediate and long-term concerns of providing pastoral care. From helping the victim find meaning or reason for the loss to providing support in preparing for future pregnancies, this book provides much-needed guidance to an often-neglected ministry.

Pastoral Care in Pregnancy Loss

This book explores theologically the practice of hospital chaplains seeking to meet the spiritual needs of parents bereaved by baby death in-utero. The lived experience of bereaved parents, gathered through a series of in-depth interviews, informs such an exploration. Parents describe the trauma of late miscarriage and stillbirth as still being shrouded by silence, myth and misunderstanding in contemporary society. Up-to-date theoretical understandings of grief are also re-examined in light of parents' stories of living with baby death. This book offers suggestions as to how the actual spiritual needs of parents may be met and their grief sensitively facilitated through the sharing of rituals co-constructed by parents and chaplain which seek to have theological integrity yet be relevant in our postmodern age. In our prevalent culture of caring, where increasingly ongoing professional and personal development are regarded as normative, recommendations are made which may aid reflection on current, or shape future, practice for chaplains, pastors, students and various healthcare professionals.

Marking Short Lives

Every year in the UK over 10,000 babies die before birth or shortly afterwards. For the parents, the grief is hard to bear. In this book, parents who have lost a baby tell their stories. They speak about what happened, how they felt, how they have been helped by others and how they helped themselves. Using letters from and interviews with many bereaved parents, Nancy Kohner and Alix Henley have written a book which offers understanding of what it means to lose a baby and the grief that follows. When a Baby Dies also contains valuable information about why a baby dies, hospital practices, the process of grieving, sources of support, and the care parents need in future pregnancies.

When A Baby Dies