

Save My Life

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When facing a dire situation and urgently needing help, finding reliable resources can be life-saving. This guide offers crucial information on accessing emergency services, understanding crisis intervention strategies, and discovering vital survival tips to navigate critical moments and secure immediate assistance.

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To the Friend Who Did Not Save My Life

With a foreword by Maggie Nelson, an introduction from Frieze editor Andrew Durbin and afterword from Edmund White 'Unforgettable, heartbreaking' New York Times 'Brilliant' - Dazed 'As brutal as it is elegant' - Neil Bartlett 'Electrifying' - Colm Tóibín 'Dazzling' - Katherine Angel After being diagnosed with AIDS, Hervé Guibert wrote this devastating, darkly humorous and personal novel, chronicling three months in the penultimate year of the narrator's life. In the wake of his friend Muzil's death, he goes from one quack doctor to another, from holidays to test centres, and charts the highs and lows of trying to cheat death. On publication in 1990, the novel scandalized French media, which quickly identified Muzil as Guibert's close friend Michel Foucault. The book became a bestseller, and Guibert a celebrity. The book has since attained a cult following for its tender, fragmented and beautifully written accounts of illness, friendship, sex, art and everyday life. It catapulted Guibert into notoriety and sealed his reputation as a writer of shocking precision and power.

Last Night a DJ Saved My Life

"A riveting look at record spinning from its beginnings to the present day . . . A grander and more fascinating story than one would think." —Time Out London This is the first comprehensive history of the disc jockey, a cult classic now updated with five new chapters and over a hundred pages of additional material. It's the definitive account of DJ culture, from the first record played over airwaves to house, hip-hop, techno, and beyond. From the early development of recorded and transmitted sound, DJs have been shaping the way we listen to music and the record industry. This book tracks down the inside story on some of music's most memorable moments. Focusing on the club DJ, the book gets first-hand accounts of the births of disco, hip-hop, house, and techno. Visiting legendary clubs like the Peppermint Lounge, Cheetah, the Loft, Sound Factory, and Ministry of Sound, and with interviews with legendary DJs, Last Night a DJ Saved My Life is a lively and entertaining account of musical history and some of the most legendary parties of the century. "Brewster and Broughton's ardent history is one of barriers and sonic booms, spanning almost 100 years, including nods to pioneers Christopher Stone, Martin Block, Douglas 'Jocko' Henderson, Bob 'Wolfman Jack' Smith and Alan 'Moondog' Freed." —Publishers Weekly

How Walking Saved My Life

This book will show you how the simple, often under-rated activity of walking can transform your life. I stumbled into walking when I was at University in Scotland, encouraged by a best friend whose family had always walked. I loved the feeling of freedom that it gave me and the chance to explore all the wonderful countryside around me, but I never thought that it would ever play such an important part in my life. It has, in fact, saved my life on a few occasions. In 1999 I was training to do a walk along the Great Wall of China for a charity where I was Head of Education. I was also being bullied and it was my regular walk training escapes to the Lake District that put things into perspective and helped me see what was really important. Then in 2005, we had to abandon a family holiday in Spain due to an acute back problem I sustained turning on a sun-lounger. I felt there was a message in this disaster regarding me not looking after myself, so once home I started walking. Not only did the back issue sort itself but I discovered many of the great benefits that walking brings and lost weight, toned up, was constantly in a much better mood, more positive and glowing and others noticed. However, the greatest impact came in 2014 when the power of walking and the nature in which I love to walk, played a major role in my recovery from burnout and adrenal fatigue. Still today it is walking that keeps me on track, connected and putting me first. It doesn't matter whether you walk short or long distances. Whether you walk alone or with others. It doesn't matter where you walk, be it urban, rural or in wild mysterious places. What matters is that at any level most of us can do this and we can reap the many benefits both physically and mentally.

Martin Heidegger Saved My Life

In *Martin Heidegger Saved My Life*, Grant Farred combines autobiography with philosophical rumination to offer this unusual meditation on American racism. In the fall of 2013 while raking leaves outside his home, Farred experienced a racist encounter: a white woman stopped to ask him, "Would you like another job?" Farred responded, "Only if you can match my Cornell faculty salary." The moment, however, stuck with him. The black man had gravitated to, of all people, Martin Heidegger, specifically Heidegger's pronouncement, "Only when man speaks, does he think—and not the other way around," in order to unpack this encounter. In this essay, Farred grapples with why it is that Heidegger—well known as a Nazi—resonates so deeply with him during this encounter instead of other, more predictable figures such as Malcolm X, W. E. B. DuBois, or Frantz Fanon. *Forerunners* is a thought-in-process series of breakthrough digital works. Written between fresh ideas and finished books, *Forerunners* draws on scholarly work initiated in notable blogs, social media, conference plenaries, journal articles, and the synergy of academic exchange. This is gray literature publishing: where intense thinking, change, and speculation take place in scholarship.

I Did It to Save My Life

"Ethnographically rich, these accounts come to life in beautiful prose. These are inspiring and at times heartbreaking stories of how people living in such difficult and dangerous circumstances find ways to survive, love and take care of each other. This will be a valuable contribution as well as a welcome counter to the more popular images of warzones as places of total immorality."—Catherine Besteman, author of *Transforming Cape Town*

Books that Saved My Life

A profound, funny and uplifting collection of reminiscences about a life in books, now available in a smaller, competitively priced format.

The War that Saved My Life

An exceptionally moving story of triumph against all odds, set during World War II. Nine-year-old Ada has never left her one-room flat. Her mother is too humiliated by Ada's twisted foot to let her outside. So when her little brother Jamie is shipped out of London to escape the war, Ada doesn't waste a minute—she sneaks out to join him. So begins a new adventure for Ada, and for Miss Susan Smith, the woman who is forced to take in the two children. As Ada teaches herself to ride a pony, learns to read, and watches for German spies, she begins to trust Susan—and Susan begins to love Ada and Jamie. But in the end, will their bond be enough to hold them together through wartime? Or will Ada and her brother fall back into the cruel hands of their mother? This masterful work of historical fiction is equal parts adventure and a moving tale of family and identity—a classic in the making. Kimberly Brubaker Bradley has written several historical novels for children and young adults, including the bestselling Newbery Honor Book *The War that Saved My Life*. She lives on a farm in Tennessee with her

husband and two young children. 'Achingly lovely...Nuanced and emotionally acute, this vivid tale from the wartime home front will have readers ages 10-14 wincing at Ada's stumbles and rejoicing to the point of tears in her victories.' Wall Street Journal 'Ada's voice is brisk and honest; her dawning realizations are made all the more poignant for their simplicity... Things come to an explosive head, metaphorically and literally. Ignorance and abuse are brought to light, as are the healing powers of care, respect and love. Set against a backdrop of war and sacrifice, Ada's personal fight for freedom and ultimate triumph are cause for celebration.' STARRED review Kirkus 'Proving that her courage and compassion carry far more power than her disability, Ada earns self-respect, emerges a hero, and learns the meaning of home.' STARRED review Publishers Weekly 'Bradley presents this episode in Britain's history in a form that young readers will appreciate, learn from and enjoy: a moral tale wrapped up in an adventure story...A moving and uplifting read.' BookMooch 'A beautifully written and very moving book, bound to be an instant classic...A beautiful story of hope and family.' Booktopia 'Heartwarming...A delightful WWII story with a totally winning protagonist.' Paper Fury 'Comforting in its familiarity...Ada's voice is honest and authentic and true...It's a lovely little novel to curl up with on a rainy day, that took me back to the novels I read and loved as a child.' Steph Bowe 'Ada's transformation from an angry young woman into a confident lady is imaginatively drawn.' Australian Women's Weekly 'A moving and captivating story.' Best Middle Fiction Books of 2016, Readings 'A stunning story that will pluck you into its events and carry you along to its brilliant ending as if you were a feather on a strong, steady breeze.' School Magazine 'A touching story that can be read by all ages, The War that Saved My Life is deserving of the awards it has won and been nominated for. It is a book that shows a different side to the war, and will hopefully become a much-loved classic in years to come.' Book Muse

How Animals Saved My Life: Being the Supervet

THE MASSIVE NUMBER 1 SUNDAY TIMES BESTSELLER It has been 30 years since Noel Fitzpatrick graduated as a veterinary surgeon, and that 22-year-old from Ballyfin, Ireland, is now one of the leading veterinary surgeons in the world. The journey to that point has seen Noel treat thousands of animals - many of whom were thought to be beyond help - animals that have changed his life, and the lives of those around them, for the better. If the No.1 Sunday Times bestseller *Listening to the Animals* was about Noel's path to becoming The Supervet, then *How Animals Saved My Life* is about what it's like to actually be The Supervet. Noel shares the moving and often funny stories of the animals he's treated and the unique 'animal people' he has met along the way. He reflects on the valuable lessons of Integrity, Care, Love and Hope that they have taught him - lessons that have sustained him through the unbelievable highs and crushing lows of a profession where lives are quite literally at stake. As Noel explores what makes us connect with animals so deeply, we meet Peanut, the world's first cat with two front bionic limbs; eight-year-old therapy dachshund Olive; Odin, a gorgeous five-year-old Doberman, who would prove to be one of Noel's most challenging cases - and of course his beloved companions Ricochet, the Maine Coon, and Keira, the scruffy Border terrier who is always by his side.

Death and the Elephant

My life had been going nowhere. Until I was diagnosed with cancer. 12 June 1995. On his twenty-eighth birthday, Raz Shaw was a directionless gambling addict doing a telesales job that was eating up every trace of what soul he had left. The next day he would be diagnosed with stage 4 sclerosing mediastinal non-Hodgkin's lymphoma of the large cell type. As he tells it, cancer saved his life. He was given the all-clear in March 1996, and stopped gambling for good that April. After a year away recuperating, he turned his back on the highly paid job that had devoured him and re-assimilated himself into the world of theatre that had once made him feel so alive. It took him a long time to realise quite how much these recoveries were bound up with one another - now he is ready to tell his story. *Death and the Elephant* is a memoir of living through and beyond illness and addiction. Blessed with the ability to find humour even in life's darkest moments, Raz charts his struggles with irreverence and unflinching perspective. This is his story, but it's also a universal one - an honest, funny, sometimes raw, and often inappropriate glimpse into the mind of a young man dealing with a life-threatening illness in the only way he knows how: by laughing in its face.

How to Save a Life

Everyone knows how to live, be who they are, find their place. But I'm still waiting. Jill's life lost all meaning when her dad died. Friends, boyfriends, college - nothing matters any more. Then her mother drops a bombshell. She's going to adopt a baby. Mandy is desperate for her life to change. Seventeen,

pregnant and leaving home, she is sure of only one thing – her baby must never have a life like hers, whatever it takes. Heart-achingly beautiful, *How to Save a Life* is about finding love, truth and your place in the world... all where you least expect it.

The Book I Wrote That Saved My Life

The first person who breaks your heart will always teach you the importance of love. 1. People come and go and only a handful of them are willing to stay. So it is best to give them your promises. 2. You have to go through pain every once in a while. That's how it works. Pain is inevitable. Pain is relative. Pain brings people closer together. So it is best to give the people you love your sorrow. They will make flowers out of them. Believe it. And 3. Somewhere down the line a revelation will hit you like a comet and when it does you will think of the first time you got your heart broken. And the second and maybe even the third. And you will finally realize the importance of it all. And you will thank them for the experiences. And you will finally bring down your walls and learn how to move on. How to forgive. How to properly heal. And you will do all of these marvelous things but also, you will never forget the way they once made you feel. You will never forget the slow burn that brokenness brings. And you will remind yourself of it every now and then... and you will do so to remember the importance of letting go and etc. To remember why you should never search for love in the same place you lost it. Why you should never search for love in the same place where it left you broken. That's the importance of love. Of going through it-to have it and cherish it... but also, to not fall victim to the same people and tragedies that made you feel even more alone. To not fall victim to all things that covered up the sun. Those lessons are valuable, therefore, it is best to learn as much as you can and love as much as you're willing to get hurt. Stay strong.

The Brave

Perfect for fans of *Rain Reign*, this middle-grade novel *The Brave* is about a boy with an OCD issue and his move to a reservation to live with his biological mother. Collin can't help himself—he has a unique condition that finds him counting every letter spoken to him. It's a quirk that makes him a prime target for bullies, and a continual frustration to the adults around him, including his father. When Collin asked to leave yet another school, his dad decides to send him to live in Minnesota with the mother he's never met. She is Ojibwe, and lives on a reservation. Collin arrives in Duluth with his loyal dog, Seven, and quickly finds his mom and his new home to be warm, welcoming, and accepting of his condition. Collin's quirk is matched by that of his neighbor, Orenda, a girl who lives mostly in her treehouse and believes she is turning into a butterfly. With Orenda's help, Collin works hard to overcome his challenges. His real test comes when he must step up for his new friend and trust his new family.

The Day You Saved My Life

FROM THE SUNDAY TIMES BESTSELLING AUTHOR OF *OUR HOUSE AND THOSE PEOPLE* 'I honestly didn't see the twist coming. Perfect.' - Jojo Moyes _____ Even an act of heroism has consequences On a perfect summer's day in Paris, tourists on the river watch in shock as a small boy falls into the Seine and disappears below the surface. As his mother stands frozen, a stranger takes a breath and leaps . . . _____ 'A master of her craft' Rosamund Lupton
PRAISE FOR LOUISE CANDLISH 'A great writer' Fiona Barton 'A masterfully plotted, compulsive page-turner' Guardian 'Louise Candlish is one very clever writer' Sarah Vaughan 'Beautifully modulated and terrifically suspenseful' Washington Post

Education Saved My Life

This book is guaranteed to take parents, students, and educators on an emotional roller coaster ride. Discover how a poverty-stricken, teen mother and wife beat the odds and escaped poverty through education.

The Law of Attraction Saved My Life & It Can Save Yours

Have you heard of the Law of Attraction? Have you attempted to get it to work, but been unsuccessful? Have you been successful with it, but feel like you should be able to do more with it? Even if you have never heard of the Law of Attraction, I believe that I have found a vital strategy in making this Universal Law work for me, instead of me working hard to make it work at all. Inside this book, you will also find the story of my life, and how the Law of Attraction affected it through every year, through every

problem, and through every event. In this book, you will find real life events that coincide with the Law of Attraction and how the Law affected every outcome of it. My desire is to pass on what I have learned so far, so that you may learn how to make this Universal Law work for you as well, or at least gain a better understanding on how the Law affects your life. I struggled through half of my life thinking that what was in front of me was all that existed. I spent half of my life believing that the past had everything to do with what my future held and what I could accomplish in it. I spent half of my life living in total and complete fear! Then I discovered that both the past and the future are nothing more than a story that we make up in our minds. Yes, life is definitely a journey, and I would like to invite you to join me in taking a look at mine so far. Who knows, it may just change your perception.

How Starbucks Saved My Life

At age sixty, Michael Gates Gill had it all, a mansion in the suburbs, a loving family, a six-figure salary and a top job at an ad agency. Then, he lost it all. He was downsized at work, an affair ended his twenty-year marriage. He was diagnosed with a slow-growing brain tumour. Gill had no money, no health insurance and no prospects. Then he met Crystal, a Starbucks manager from the other side of town and began a dramatic transformation from a person with ingrained prejudices and class superiority to a humbler, happier person whose world had been cracked wide open.

Ideas to Save Your Life

A profound, uplifting and accessible introduction to key philosophical ideas and their relevance to everyday life.

Crochet Saved My Life

"In this book, you will get to know me through my story of depression and healing. And you will get to know other women as well. You will meet Aurore who crochets to stay in touch with reality as she deals with ongoing psychiatric hallucinations. You will meet Laurie who made a new life with crochet after years of a life filled with abuse. You will meet Tammy whose crochet helps her with the ups and downs of living with Chronic Lyme Disease. You will meet Liza who crochets through the anxiety of having temporary bouts of blindness caused by an undiagnosed health condition. Here are some of the things you will hear them say: "When I crochet I don't think about how my body is now broken; I think about how I can create something beautiful and useful with my hook and either yarn or thread."--Vicki --"Crochet helps me put my pain on the back burner for a while. It takes my focus away from how I'm feeling and puts it in a more productive place" - Shelli. The two dozen women whose stories are shared in this book are the women who hook to heal."--Page 4 of cover.

Save-My-Life School

"This is a memoir based on a blog written by a paramedic who was the first responder to a gruesome murder. She suffered from PTSD, depression, overdosing, attempted suicide and addiction. She chronicles her mental health journey in this true story."--

How to Save a Life

Joel's heart stops as the rest of the world welcomes the start of a new century. What happens next will change the course of three people's lives forever . . . It's nearly midnight on the eve of the millennium when eighteen-year-old Joel's heart stops. A school friend, Kerry, performs CPR for almost twenty exhausting minutes, ultimately saving Joel's life, while her best friend Tim freezes, unable to help. That moment of life and death changes the course of all three lives over the next two decades: each time Kerry, Joel and Tim believe they've found love, discovered their vocation, or simply moved on, their lives collide again. Structured around the four simple steps involved in CPR, Eva Carter's *How to Save a Life* is both a love story and an exploration of what it means to be brave – because bravery isn't just about life or death decisions; it's also about how to keep on living afterwards . . .

The Save of My Life

A riveting look behind the mask of an NHL goalie, *The Save of My Life* offers understanding and hope to anyone living with mental illness. By the time he was twenty-two years old, goaltender Corey Hirsch had realized his childhood dream of playing in the NHL, won an Olympic medal and drunk from the Stanley Cup. While he excelled on the ice, out of the net Hirsch was plagued by persistent dark thoughts

and ceaseless anxiety. On days when he could barely get out of bed, he was able to push aside the endless loop of dark thoughts running inside his brain long enough to win a game. But as soon as he got back home, the agonizing cycle started all over again. And it continued, until finally he was able to confide in a team trainer who helped him get the professional treatment he needed. Diagnosed with obsessive-compulsive disorder, Hirsch was able to embark on the rocky road to recovery. As one of the first professional athletes to talk openly about mental health, Hirsch wrote about his OCD for the Players' Tribune. His piece remains one of their most-read articles ever. As Hirsch says, "I am not insane. I am not a bad person. I am not weak. I have an illness, and there is a treatment."

The Stranger In My Life

The true story of a woman who loses four days of her life in March 1976 and, in 2010, following 34 years of terrifying nightmares she decides to find out why. With the help of an experienced psychologist she relives the events of 34 years ago and in doing so discovers what happened to her business partner, Fred Handford. Following treatment the nightmares she has suffered since the day he disappeared - 19 March 1976 - stop completely and the truth is finally revealed. www.thestrangerinmylife.co.uk

My Cat Saved My Life

This is a true story of the author's friendship with Alice, a cat, and how she helped him through a difficult time in his life, bringing him to a new level of looking at both life and death. My Cat Saved My Life explores the relationship between cat and man: the ways in which she gave him a clearer understanding of existence; taught him, in fact, how to live, how to achieve a spiritual awakening to the world, and the place of humans in it. Phillip Schreibman rescued a sickly stray kitten when he was struggling with both his parents' deaths. The emotions he experienced had driven him into a deep depression, which had begun to fracture his relationships, disconnect him from the everyday world, and impair his work as a composer. Alice soon began to insinuate herself into all aspects of Schreibman's daily routine. He began a personal journey to discover the cat's "strategy of life". Their ensuing adventures and the exploration of the bond that grew between them make a remarkable tale of how one species can teach another -- with respect, compassion, and love.

Body Piercing Saved My Life

Body Piercing Saved My Life is the first in-depth journalistic investigation into a subculture so large that it's erroneous to even call it a subculture: Christian rock. Christian rock culture is booming, not only with bands but with extreme teen Bibles, skateboarding ministries, Christian tattoo parlors, paintball parks, coffeehouses, and nightclubs, encouraging kids to form their own communities apart from the mainstream. Profiling such successful Christian rock bands as P.O.D., Switchfoot, Creed, Evanescence, and Sixpence None the Richer, as well as the phenomenally successful Seattle Christian record label Tooth & Nail, enormous Christian rock festivals, and more, Spin journalist Andrew Beaujon lifts the veil on a thriving scene that operates beneath the secular world's radar. Revealing, sympathetic, and groundbreaking, Body Piercing Saved My Life (named for a popular Christian rock T-shirt depicting Christ's wounds) is a fascinating look into the hearts and minds of an enormous, and growing, youth culture.

I Did It to Save My Life

"Ethnographically rich, these accounts come to life in beautiful prose. These are inspiring and at times heartbreaking stories of how people living in such difficult and dangerous circumstances find ways to survive, love and take care of each other. This will be a valuable contribution as well as a welcome counter to the more popular images of warzones as places of total immorality."—Catherine Besteman, author of Transforming Cape Town

Hitler Saved My Life

In Hitler Saved My Life, advertising legend Jim Riswold brilliantly combines incisive and funny essays with gorgeous and hilarious visuals to chronicle his battle with cancer and details how a post-diagnosis career transformation into a 'fake artist' helped stave off death. And that fake art, inhabited by tyrants like Mao, Hitler and Mussolini, has provoked a great deal of controversy. But as one critic noted, Riswold's work 'teaches us how to deal with monsters, be it a Hitler or a deadly disease.'

The Woman who, Saved my Life.

This is a story about doctors and how one of them helps her friend when she was in trouble.

This Song Will Save Your Life

All her life, Elise Dembowski has been an outsider. Starting a new school, she dreams of fitting in at last - but when her best attempts at popularity fail, she almost gives up. In a cry for help, she self-harms, and when news of that gets around school, things get even worse for Elise. But then she stumbles upon a secret warehouse party. There, at night, Elise can be a different person, making real friends, falling in love for the first time, and finding her true passion - DJing. But when her real and secret lives collide, she has to make a decision once and for all: just who is the real Elise? An irresistible novel about hope, heartbreak and the power of music to bring people together.

Save My Life

Save My Life Is A Reading Work Book, That Expresses The Feelings Of A Child About The Pain And Abandonment They Feel Emotionally Growing Up... The Book Is About Children Literally Asking Everyone Around Them For Help... Save My Life Is An Emotional Expression From A Child Whose Voice Is Sometimes Diminished... The Book Expresses The Pain Children Sometimes Feel When They're Abandoned, Alone, Different And Trying To Find Themselves... The Workbook Section Gives Children An Opportunity To Deal With Their Different Emotions Through Defined Words... There Is Also Room In The Book For Children To Journal Their Journey And Progression... This Is A Book That Will Allow Parents To Participate In The Discovery Of Their Child... It's Suggested That The Child Read The Book And Then Give It To Their Parents So The Parent Can Have A Broader Scope Of Their Child's Emotional State Without...

Black History Saved My Life

Black History Saved My Life: How My Viral Hate Crime Led to an Awakening is the compelling autobiography of Ernest Crim III, an educator, speaker and activist, who recorded and was the target, along with his wife, of one of the most widely publicized hate crimes in the Trump-era. More than 25 million people saw the vile attack as it circulated social media in the summer of 2016. Many were compelled with the restraint the recorder, Ernest Crim III, showed while enduring a barrage of N-words and spit. However, very few know the story of a man whose constant battles with racism as a child and adult, in the 90s and 2000s, leading up to this moment equipped him with the resolve to pursue the case diligently. We all encounter trials and tribulations in life. The question is: What are yours preparing you for? How will these trials prepare you for your purpose? Black History Saved Ernest's Life. What's going to save yours?

Dog That Saved My Life

Five incredible true stories of canine bravery in wartime.

The Life You Can Save

Argues that for the first time in history we're in a position to end extreme poverty throughout the world, both because of our unprecedented wealth and advances in technology, therefore we can no longer consider ourselves good people unless we give more to the poor. Reprint.

Smoke in the Sun

Now in paperback, the heartstopping finale to the New York Times bestseller *Flame in the Mist*-- from the bestselling author of *The Wrath and the Dawn*. After Okami is captured in the Jukai forest, Mariko has no choice--to rescue him, she must return to Inako and face the dangers that have been waiting for her in the Heian Castle. She tricks her brother, Kenshin, and betrothed, Raiden, into thinking she was being held by the Black Clan against her will, playing the part of the dutiful bride-to-be to infiltrate the emperor's ranks and uncover the truth behind the betrayal that almost left her dead. With the wedding plans already underway, Mariko pretends to be consumed with her upcoming nuptials, all the while using her royal standing to peel back the layers of lies and deception surrounding the imperial court. But each secret she unfurls gives way to the next, ensnaring Mariko and Okami in a political scheme that threatens their honor, their love and the very safety of the empire.

Listening to the Animals: Becoming The Supervet

THE NO.1 SUNDAY TIMES BESTSELLER. A powerful, heart-warming and inspiring memoir from the UK's most famous and beloved vet, Professor Noel Fitzpatrick - star of the Channel 4 series *The Supervet*. Growing up on the family farm in Ballyfin, Ireland, Noel's childhood was spent tending to the cattle and sheep, the hay and silage, the tractors and land, his beloved sheepdog Pirate providing solace from the bullies that plagued him at school. It was this bond with Pirate, and a fateful night spent desperately trying to save a newborn lamb, that inspired Noel to enter the world of veterinary science - and set him on the path to becoming *The Supervet*. Now, in this long-awaited memoir, Noel recounts this often-surprising journey that sees him leaving behind a farm animal practice in rural Ireland to set up Fitzpatrick Referrals in Surrey, one of the most advanced small animal specialist centres in the world. We meet the animals that paved the way, from calving cows and corralling bullocks to talkative parrots and bionic cats and dogs. Noel has listened to the many lessons that the animals in his care have taught him, and especially the times he has shared with his beloved Keira, the scruffy Border Terrier who has been by Noel's side as he's dealt with the unbelievable highs and crushing lows of his extraordinary career. As heart-warming and life-affirming as the TV show with which he made his name, *Listening to the Animals* is a story of love, hope and compassion, and about rejoicing in the bond between humans and animals that makes us the very best we can be.

How to Save a Life

The bestselling authors of *The Good Widow* deliver a modern, suspenseful twist on *Groundhog Day* that asks the question: How far are you willing to go to save the life of someone you love? Dom is having a very bad day--one he literally can't escape. When Dom bumps into Mia, his ex-fiancée whom he hasn't seen in almost a decade, he believes they've been given a second chance and asks her out. When Mia dies tragically on their date, Dom makes a desperate wish: to be given the chance to save her life. And when he wakes the next morning to the shock that she's alive, he thinks his wish may have been granted. But day after day, no matter what he changes about their time together, she still meets a terrible fate. Dom frantically searches for answers to save his beloved Mia and rekindle their former love. But the further he digs, the more obsessed he becomes, making him realize that slowing down time may be the only way to see things clearly. As he's forced to confront the truth about himself and those he's closest to, Dom vows that he'll watch Mia die a thousand times if it means he can save her once.

The Woman who Saved My Life

Sameer is a six-year-old college student, jaspreet is a six-year-old woman. When jaspreet and Sameer meet on the edge of a cliff, they had one thing in mind, to end their lives. Could the two of them, both determined to commit suicide, end up saving each other? Himanshu goel's latest book is an emotional roller coaster ride. Written in the novel in verse format, the book is dedicated to the value of each human life penned in his unique poetry style.

To Save a Life

Book only - based on the screenplay of the theatrical movie. Includes additional scenes not shown in the film. Addresses real-life challenges of teens and their choices. Communicates the concept that we are never more like Jesus than when we are reaching out to the lonely and hurting. Powerful novel that makes a heart impact.

Poetry Will Save Your Life

"An unconventional and inventive coming-of-age memoir organized around forty-three remarkable poems by poets such as Robert Frost, Emily Dickinson, Wallace Stevens and Sylvia Plath ... For Jill Bialosky, certain poems stand out like signposts at pivotal moments in a life: the death of a father, adolescence, first love, leaving home, the suicide of a sister, marriage, the birth of a child, the day in New York City the Twin Towers fell ... she illuminates the ways in which particular poems offered insight, compassion, and connection, and shows how poetry can be a blueprint for living"--

A Small Dog Saved My Life

BIOGRAPHY & AUTOBIOGRAPHY. A story of survival, transformation and love. In a beautiful and powerful memoir which mixes honest, personal revelation with literature, history, and inspirational self-help, Bel Mooney tells the story of her rescue dog, Bonnie, who in turn rescued Bel when her world fell apart with the all-too public break-up of her 35-year marriage. A story of survival, and also one of love. This is an account of six years in Bel's life, from when she first acquired Bonnie from a rescue home, through Bel's years of personal heartbreak and disappointment, and on to the happiness which she has now found in a new marriage and a new life, with the Maltese at her side all the way.

Don't Unplug

Chris Dancy, the world's most connected person, inspires readers with practical advice to live a happier and healthier life using technology In 2002, Chris Dancy was overweight, unemployed, and addicted to technology. He chain-smoked cigarettes, popped pills, and was angry and depressed. But when he discovered that his mother kept a record of almost every detail of his childhood, an idea began to form. Could knowing the status of every aspect of his body and how his lifestyle affected his health help him learn to take care of himself? By harnessing the story of his life, could he learn to harness his own bad habits? With a little tech know-how combined with a healthy dose of reality, every app, sensor, and data point in Dancy's life was turned upside down and examined. Now he's sharing what he knows. That knowledge includes the fact that changing the color of his credit card helps him to use it less often, and that nostalgia is a trigger for gratitude for him. A modern-day story of rebirth and redemption, Chris' wisdom and insight will show readers how to improve their lives by paying attention to the relationship between how we move, what we eat, who we spend time with, and how it all makes us feel. But Chris has done all the hard work: Don't Unplug shows us how we too can transform our lives.