

The Twelve Senses Introduction To Anthroposophy B

[#twelve senses](#) [#anthroposophy introduction](#) [#rudolf steiner senses](#) [#spiritual perception](#) [#human senses explained](#)

Explore a unique perspective on human consciousness with 'The Twelve Senses,' offering a comprehensive introduction to Anthroposophy. This foundational text delves into Rudolf Steiner's profound insights, expanding our understanding of perception beyond the conventional five senses.

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The Twelve Senses

The senses both nourish our experience as "wellsprings" and act as windows on the world. But overstimulation may undermine healthy sense experiences. The Twelve Senses gives a lively way of both experiencing and understanding the human senses. Albert Soesman explores not merely the usual five senses, but twelve senses. These are the senses of touch, life, self-movement, balance, smell, taste, vision, temperature, hearing, language, the conceptual, and the ego senses. The development, expression, and functioning of each sense is described. The senses are discussed in physical, soul, and spiritual/social groups, contrasted as polarities, distinguished as "inner" or "outer," and each sense is related to the signs of the zodiac. The author's imaginative approach to the senses will be useful as an accessible study guide for teachers, doctors, therapists, counsellors, psychologists, and scientists.

Our Twelve Senses

An introduction to anthroposophy and spiritual psychology based on Rudolf Steiner's studies of the senses.

The Twelve Senses

Rudolf Steiner's spiritual philosophy is the inspiration for many successful initiatives in the world today, from the international Steiner Waldorf school movement to biodynamic agriculture and its increasingly popular produce. Steiner developed his philosophy in dozens of books and many thousands of lectures. His teaching contains dozens of new concepts and ideas, and as a result he had often to create his own vocabulary. In this practical volume - a companion to his Anthroposophy, A Concise Introduction - Henk van Oort gives concise definitions of many terms and concepts in Steiner's worldview, from the most commonplace to the more obscure. Anthroposophy A-Z can be used as a reference guide, but also as a gateway into Rudolf Steiner's manifold world of spiritual ideas and concepts. Anthroposophy can be seen to be a new language - a language that can lead to the world of the spirit. It was with this awareness that Henk van Oort took the initiative to write this glossary. Ultimately, he has written the sort of inspiring handbook that he wished had existed when he first became acquainted with anthroposophy over 40 years ago. HENK VAN OORT, born in 1943, trained as a primary teacher before taking a Masters degree in English at the Amsterdam University. He has taught for 40 years in primary and secondary education, including class teaching in a Steiner school, teaching English, and running educational courses and seminars for teachers and parents. His interest in literature and poetry has led to his appearance at storytelling and poetry seminars, and his introductory courses to anthroposophy have proved to be highly successful. Based in Bergen N.H. in the Netherlands, Henk van Oort is married and the father of three grown-up children. He is the author of Anthroposophy, A Concise Introduction.

Although many of the practical activities that arise from Rudolf Steiner's work are well publicized, the philosophy that stands behind them remains largely hidden. Thousands of parents send their children to Rudolf Steiner (Waldorf) schools around the world, while biodynamic farming (the Demeter label) and anthroposophical medicine are gaining increasing recognition. Yet despite all this and much other visible work, few are aware of the richness of Rudolf Steiner's world view, anthroposophy. Steiner's original contribution to human knowledge was based on his ability to conduct 'spiritual research', the investigation of metaphysical dimensions of existence. With his scientific and philosophical training, he brought a new systematic discipline to the field, allowing for conscious methods and comprehensive results. Francis Edmunds' introduction - here revised and updated - covers the fundamental areas of Steiner's philosophy, beginning with a brief outline of his life. Edmunds describes anthroposophy as a 'way to higher knowledge', and outlines the threefold nature of the human being. He delves into the secrets of human evolution and history, the basic elements of child development, and many further aspects of Steiner's vast teaching. This is a warm and clear introduction to anthroposophy which will prove of value to anybody wishing to understand Steiner's work. FRANCIS EDMUNDS began his studies as a medical student, but the driving force in his life was a quest for insight into the nature of the human being. This journey led him to anthroposophy and his vocation as a teacher. In 1962 he founded Emerson College, an adult educational establishment based on Rudolf Steiner's work. He travelled and lectured extensively around the world, and authored the perennially popular *An Introduction to Steiner Education*. Francis Edmunds died in 1989.

An Introduction to Anthroposophy

'There is a physical world, which we all accept as real, but there is also a spiritual world, which interpenetrates this material world and is its cause and foundation. Between these two worlds exists a threshold that can be felt, seen clairvoyantly, traversed and passed through by anyone with a real desire to do so... At this threshold there is a guardian, whose task is to stop humans from passing across it unprepared...' – From the Introduction Based on first-hand knowledge, Are Thoresen offers insights into the meaning of the threshold to the spiritual world. He describes his own experiences in encountering this threshold and going beyond it. But there are many thresholds to the spiritual world, he says, and many ways to pass them – as there are many aspects to the 'guardian of the threshold' and versions of the so-called 'animals at the threshold'. The worlds beyond, too, have a variety of different constructions – or, as the Bible says: 'In my Father's house are many mansions'. The author describes the methods and techniques for opening the spiritual sense organs required to cross the threshold, and clarifies the differences between Imagination (seeing spiritual 'pictures'), Inspiration (understanding those pictures) and Intuition (living 'inside' the spiritual reality). Structuring the book on his own biography, Thoresen conveys many of the lessons he has learnt through decades of familiarity with the invisible dimensions. However, he warns that there is only one good reason to attempt to cross the threshold, and that is to serve God and humanity in the name of love. If we do it out of curiosity, or to enhance our personal development, it would be better not to try.

Experiences from the Threshold and Beyond

This lecture is part of the collection "Nature's Open Secret" by Rudolf Steiner. Steiner (1861-1925) was an Austrian philosopher, social reformer, architect, and esotericist. He gained initial recognition as a literary critic and cultural philosopher. At the beginning of the 20th century, he founded a spiritual movement, Anthroposophy. He is considered the father of Waldorf education, biodynamic agriculture, anthroposophical medicine and spiritual science. At the young age of twenty-one, Rudolf Steiner was chosen to edit Goethe's scientific writings for the principle Goethe edition of his time. Goethe's literary genius was universally acknowledged; it was Steiner's task to understand and comment on Goethe's scientific achievements. Steiner recognized the significance of Goethe's work with nature and his epistemology, and here began Steiner's own training in epistemology and spiritual science. Steiner's introductions to Goethe's works re-vision the meaning of knowledge and how we attain it. Goethe had discovered how thinking could be applied to organic nature and that this experience requires not just rational concepts but a whole new way of perceiving. In an age when science and technology have been linked to great catastrophes, many are looking for new ways to interact with nature. With a fundamental declaration of the interpenetration of our consciousness and the world around us, Steiner shows how Goethe's approach points the way to a more compassionate and intimate involvement with nature. The entire Collected Works of Rudolf Steiner are available from SteinerBooks.

On the Subjectivity of Sensory Perceptions: Works 13 of 16

Given his energetic involvement in practical initiatives and extensive lecturing, Rudolf Steiner had little time to write books. Of those he did write - belonging almost entirely to the earlier years of his work - four titles form an indispensable introduction to his later teaching: Knowledge of the Higher Worlds, Occult Science, The Philosophy of Freedom and Theosophy. Theosophy focuses on a psychology based not on the usual duality of body and mind, but on the more ancient division of body, soul and spirit. Steiner describes in detail the functions and organs of these three aspects of the human being, and the objective realms to which they belong. Just as the body derives from and belongs to the material world, so do the human soul and spirit belong to their own specific realms. These are the dimensions through which all human beings travel in the life after death, and in which - after passing the 'midnight hour' - we prepare to seek our destiny, or karma, in a new life. Theosophy features one of the most comprehensive and condensed of all Steiner's accounts of these realms, and of the experiences which our immortal being undergoes in passing through them. The book ends with a chapter on the modern 'path of knowledge', in which Steiner describes the exercises through which every person may develop the latent powers of perception which are necessary for a knowledge of metaphysical worlds.

Theosophy

The New Essential Steiner is an illuminating, completely new introduction to the philosophy and essential writings of Rudolf Steiner, introduced and edited by Robert McDermott, who also edited the now-classic Essential Steiner. This new volume offers selections from a wide variety of Steiner's published works, presenting a broad, accessible overview of Anthroposophy. In his introduction, McDermott recounts Steiner's life and work, from his childhood and education to his work as a natural scientist, philosopher, scholar, educator, artist, interpreter of culture, and seer. He places Steiner in relation to major traditions of thought and explores the genesis and development of Anthroposophy. Although Rudolf Steiner is considered by many to be the greatest spiritual seer and philosophical thinker of the twentieth century and is credited with major cultural contributions such as the worldwide Waldorf school movement and the ever-growing biodynamic agricultural movement, he nevertheless remains relatively unknown to both academics and the public. The purpose of this volume is to redress that situation by introducing Steiner's work to a broader audience and making his name more universally recognized. The New Essential Steiner includes selections from Steiner's writings, which are grouped into chapters that demonstrate the breadth of his thinking and spiritual accomplishments.

New Essential Steiner

In many ways, Rudolf Steiner is the forgotten genius of recent times. A powerful thinker, who developed an intricate spiritual philosophy based on his ability to research and perceive spiritual dimensions, Steiner is perhaps best known today for his legacy to education, medicine and agriculture. But behind these practical manifestations of his ideas lies a profound teaching, which he termed a science of spirit, or anthroposophy. In these wonderfully succinct summaries of Steiner's thought, Roy Wilkinson

introduces us to aspects of this spiritual philosophy. The twelve chapters discuss: Rudolf Steiner, herald of a new age reincarnation and karma The spiritual nature of the human being The development of human consciousness World and human evolution Relationships between the living and the dead Forces of evil A modern path of initiation Life between death and rebirth The spiritual hierarchies Philosophical approach to the spirit The Christ's mission Illustrated.

Rudolf Steiner

A clear, concise explanation of human nature; the worlds of body, soul, and spirit; the laws of reincarnation; and the workings of karma.

Theosophy

'When we consider the plant world in all its greenery, or the stars with their golden glory; when we look at all this without forming any judgement from within ourselves but instead permit the things to reveal themselves to us... then all things are transformed from what they were in the world of the senses into something entirely different – something for which no word exists other than one which is taken from our very life of soul...' – Rudolf Steiner. One of Rudolf Steiner's most fundamental objectives was to show how the spiritual world connects to and penetrates the material world. In doing so, he was pioneering a modern form of Rosicrucianism – countering traditional religious conceptions (that spirit and matter are polar opposites) as well as contemporary materialistic science (that ignores the existence of spiritual phenomena altogether). In this concise series of lectures, Rudolf Steiner shows how the human senses reveal the mysterious world of the will, which is at once a spiritual and physical phenomenon. The senses act as a portal connecting our physical and etheric bodies with what Steiner refers to as worlds of 'all-pervading will' and 'all-pervading wisdom'. He elaborates this theme, giving some unexpected and delightful insights into the senses of hearing and sight, and in particular how we experience colour. Steiner suggests that divine spiritual beings had different intentions for the formation of physical human beings, but that adversary powers caused disruption, leading to a more materialized constitution. He describes disorders in the connections between the human physical, etheric, astral and ego bodies, and the ill effects of one aspect overpowering the others. He gives insight into human glandular secretions, and why we need to eat and digest – also connected to the intervention of adversary beings. Among the many other themes tackled here, Rudolf Steiner describes the transformation of the human senses and organs, giving special consideration to the function of the larynx, which in future times will develop a special kind of reproductive power.

The World of the Senses

Rudolf Steiner's work is recognized today largely due to the prominence of the international Steiner school movement, biodynamic agriculture, anthroposophical (holistic) medicine, and so on. However, the comprehensive spiritual philosophy that stands behind these practical initiatives is not so well known. In this concise presentation, based on years of giving introductory courses on the subject, van Oort presents an overview of key aspects of Steiner's thought. He deals with concepts such as body, soul and spirit, the relationship between man and animal, and the evolution of consciousness. The latter subject opens up panoramic vistas of human development in the form of successive cultural periods extending over thousands of years.

Anthroposophy

While natural science maintains that we have only five senses, Steiner shows that in reality we have twelve. There are the four outer senses related to thinking: the ego sense, the thought sense, the word sense, and the sense of hearing. Then follow the middle four senses related to feeling: warmth, sight, taste, and smell. Finally there are the four inner senses related to will: the sense of balance, the sense of movement, the sense of life, and the sense of touch.

Man As a Being of Sense and Perception

These lectures provide an excellent introduction to some of the leading themes of anthroposophy. Steiner carefully corrects certain misunderstandings that had arisen regarding his spiritual-scientific research and demonstrates how anthroposophy has nothing whatever to do with mysticism or spiritualism; nor is it simply a revival of ancient esoteric teachings. Rather, it is a genuinely modern spiritual teaching for Western humanity that builds upon the achievements of science and develops its exact

methodology further into the investigation of spiritual realities through the awakening of higher organs of perception.

Approaches to Anthroposophy

Written in 1904 (CW 9) Rudolf Steiner wrote *Theosophy* as an introduction to, and as a foundation for, the spiritual-scientific aspect of his life's work. Beginning with clear observations about the nature of our experience, the book develops insights into the qualities and interrelationships of body, soul, and spirit. The various members of the human being researched and outlined by Rudolf Steiner invite the reader to envision a multifaceted, dynamic, living picture of the human being. Questions of the role of material processes, heredity, sensation, feeling, and thinking in human life are explored directly in connection with these human members, which are given not in fixed form but in different permutations that demand flexibility in thinking. In chapter 2, Rudolf Steiner develops a clear line of thought that leads toward a grasp of the reality of karma and reincarnation. He distinguishes between the roles of soul and spirit in the processes of karma, on the one hand, and reincarnation on the other. The role of human biography in understanding an individual's unique place in the world is considered from a new perspective. The third chapter describes the great journey of the human soul and spirit after death and the cosmic connections between our own individual nature and the worlds of soul and spirit. We gain insight into the various regions of the suprasensory worlds and observe how we, as human beings, interact with, evolve, and transform ourselves and one another along the path to our primal spiritual essence, from which we then fashion our future incarnations on earth. The book concludes with indications for a path of inner moral-spiritual schooling. The exercises that Rudolf Steiner provides lead to the development of organs of perception that enable us to gain an independent experience of the realities described in the book. The Chadwick Library Edition represents an endeavor to republish--mostly in new or thoroughly revised English translations--several written works of Rudolf Steiner. The edition is named for the late horticulturist Alan Chadwick, whose life and work has served as inspiration to the small group from which the idea originated. Our extensive experience with special bindings led to the selection--for this "trade edition" of 750 books--of a leather spine binding, cloth sides, and a light slipcase. For the hand-numbered edition (100 books), the binding is full leather with a hand-gilt top of the pages in a fine, stiff, cloth-covered slipcase. The leather is blue calfskin, and the title stamping on the spines is in genuine gold leaf. All of this is being carried out by hand at one of the finest binders, Ruggero Rigoldi. *Theosophy* is a translation of «Theosophie, Einführung in übersinnliche Welterkenntnis und Menschenbestimmung» (GA 9).

Theosophy

3 selected lectures by Rudolf Steiner This is one of those books that can change your life. Radical, thought-provoking, and indeed mind-boggling, it leads to a completely new way of looking at what it means to be human--a spiritual being in a universe that itself is not just physical, but psychic and spiritual as well. These three previously untranslated lectures are a masterly introduction to what Rudolf Steiner means by "Anthroposophy." They explain why Steiner describes this path--which means literally "the wisdom of the human being"--as one that "unites what is spiritual in the human being with what is spiritual in the universe." Steiner begins by describing what happens when we die. He shows the relationship between our physical life on Earth and the etheric, astral, and spiritual life of the cosmos. He also explains how physical lives are completely interwoven with cosmic existence, and how the "miss-ing links" in evolution are spiritual in nature. Steiner then demonstrates what he calls the "dilettantism" and "soullessness" of mainstream psychology. He points out that, since the second half of the nineteenth century, the idea of the soul has been lost and that, consequently, understanding of our inner lives is without a sure foundation. A very different view emerges, however, from a truly spiritual perspective. In the third lecture, Steiner takes as his guide our three states of being--waking, dreaming, and sleeping. He describes in detail what happens in these three states and how each is bound up with our lives as physical, psychic, and spiritual beings. With the profound insights in this book, the world becomes a much larger, richer, and more exciting place to live.

What is Anthroposophy?

Although these nine lectures were given to an audience that had been studying anthroposophy, or spiritual science, for many years, they were nevertheless described by Rudolf Steiner as an 'introductory course'. Given shortly after the Christmas Foundation Meeting, in which Rudolf Steiner refounded and renewed the Anthroposophical Society, these lectures reformulate the content of spiritual science from

a condensed, personal, experiential point of view. What Steiner presented in his fundamental work *Theosophy* in a descriptive, systematic way, is complemented here with great intensity, challenging us to cultivate a living experience of the spiritual nature of ourselves and of the world. This volume is therefore an invaluable companion to the book *Theosophy*. Given the unique nature of these lectures, they are suitable for both the advanced student and the beginner who wishes to embark on an exploration, however tentative, of the vast range of Rudolf Steiner's work.

Anthroposophy and the Inner Life

During Pentecost 1908--seven years after he had given the world his book *Christianity As Mystical Fact* and the first intimation of the consequences of his Christ experience--Rudolf Steiner began his great work of renewing humanity's understanding of the Mystery of Golgotha and its meaning for human and earthly evolution. Accordingly, he turned to the deepest, most spiritual of the Gospels--that of the initiate St. John. In this lecture course, readers will find that the incarnation, death, and resurrection of the Divine Word, or Logos, reveals the mission of the Earth: Love. We learn of the mysteries behind Lazarus' resurrection, the "I AM" sayings, and the seven degrees of initiation. We come to understand that the Gospel of St. John is a continuing spiritual presence--to be recalled, meditated, and permeated with one's own life. In doing so, we realized that our purpose--and that of all humankind--is to become the Virgin Sophia, a receptacle for the Holy Spirit. All of Steiner's work, as Marie Steiner writes in her introduction, was "to pave the way to Christ." Indeed, at the conclusion of these lectures, Rudolf Steiner said: It will come to be understood that Christianity is only beginning its influence and will fulfill its real mission only when it is understood in its true, spiritual form.... The more these lectures are understood in this sense, the better they will be understood as they were intended. This volume is essential if one is to truly understand Rudolf Steiner's understanding of esoteric Christianity and its place in the world today and in the future. Contents: The Doctrine of the Logos Esoteric Christianity The Mission of the Earth The Raising of Lazarus The Seven Degrees of Initiation The "I AM" The Mystery of Golgotha Human Evolution in Its Relation to the Christ Principle The Prophetical Documents of the Origin of Christianity The Effect of the Christ Principle Christian Initiation The Nature of the Virgin Sophia and of the Holy Spirit This volume is a translation of *Das Johannes-Evangelium* (GA 103).

The Gospel of St. John

According to Rudolf Steiner's spiritual science, the greatest spiritual event of our time is the renewal and reawakening of our human suprasensory relationship to the higher spiritual worlds. The force that leads to this development--called by various names in different cultural and religious traditions--is called the "Christ impulse" by Anthroposophy, in accordance with Christian terminology. Because of new, naturally endowed suprasensory faculties, human beings are increasingly able to experience and perceive, through an act of grace, the great spiritual force of the Christ impulse. This experience is said to be a naturally given initiation, and today we increasingly hear of such suprasensory experiences. Today, however, a healthy approach to these "natural" phenomena requires us to comprehend suprasensory experiences with full awareness and clear thinking. This book builds an all-important bridge between the naturally given suprasensory experience and its conscious cognition. As a result, empirical suprasensory research "can investigate the different aspects of Christ's etheric becoming and appearance in a way that, both methodically and experientially, fulfils the justified cognitive and scientific requirements of our age." This new paperback edition adds a new introductory chapter.

The New Experience of the Supersensible

"What was important for Steiner was less the body of his ideas themselves than the transformation they can bring about in the reader by opening the mind to the real nature of the spiritual world. Philosophy, properly regarded, is not the intellectual solution of abstract questions not being asked, but an activity that helps to resolve the questions that arise in the course of life itself. It must therefore itself become organically alive" (from the preface). The object of this study is to outline, as straightforwardly as possible, the whole range of the philosophical work by Rudolf Steiner. These works were far ahead of their time and not widely recognized, remaining virtually unknown to most modern philosophers. Steiner's later works of spiritual science and their practical manifestation in many aspects of life--including education, agriculture, and medicine--are nevertheless gaining increasing interest. In this context, his philosophy, which lays the foundation for all that followed, needs to be widely understood. Because this philosophy describes Steiner's living experiences of the physical and invisible worlds, the author places it in the context of a brief biography to show how Steiner's thinking

developed. Richard Seddon's studies in moral sciences convinced him that Rudolf Steiner's resolution of the main problems of philosophy since Aristotle was correct. After a half century of subsequent work in Anthroposophy, he saw the need for an introductory volume that clearly lays out Steiner's views without the complications that arise in the context of late nineteenth-century philosophy. This book is the result, intended both for students of Anthroposophy who have no knowledge of philosophy, as well as for students of philosophy who have no knowledge of Anthroposophy.

Philosophy as an Approach to the Spirit

This written attempt to create a spiritual anthropology was found among Rudolf Steiner's unpublished works after his death. Although fragmentary, this key work on "Anthroposophy" is of enormous interest and importance. It is work whose time has finally arrived. Here are the first steps toward the development of a true psychology of spirit, using a phenomenological approach to the human senses, the life processes, the I-experience, the human form, and the human relationship to higher spiritual worlds. Steiner struggled to express the concepts related in this book, since many of the terms used in neurology, psychology, and cognitive studies did not yet exist in 1910. Since then there has been much progress, and this translation benefits from more than eighty years of development in the study of the human senses, cognition, and, neurology. Steiner's "Anthroposophy" lies halfway between anthropology and theosophy as a means of studying the human being. On the one hand, anthropology studies the human being through the physical senses using empirical scientific method; theosophy, on the other hand, recognizes the spiritual nature of the human being based on inner experience and attempts to understand human nature within the realm of spirit. Anthroposophy takes the middle way, studying human beings as they present themselves to physical observation while, at the same time, attempting to derive indications of the spiritual foundations of phenomena through a process of "phenomenological intensification." The results of this intensification are extremely important and constitute the first steps toward a truly cognitive psychology. Included are an introduction by neurologist Dr. James Dyson, an anthroposophic doctor; a foreword by Robert Sardello, co-founder and co-director of The School of Spiritual Psychology; and a translator's preface by Detlef Hardorp. While not an easy text, Anthroposophy (A Fragment) is essential for understanding Steiner's view of the human body--especially its formation and function in relation to spirit. Read Bobby Matherne's review of this book

CONTENTS: Introduction by Dr. James A. Dyson Foreword by Robert Sardello Editor/Co-translator Preface Publisher's Foreword to the 1970 German Edition The Character of Anthroposophy The Human Being as a Sensory Organ The World Underlying the Senses The Life Processes Processes in the Inner Human Being I-Experience The World Underlying the Sense Organs The World Underlying the Organs of Life The Higher Spiritual World The Human Form Appendices Bibliography Anthroposophy (A Fragment) is a translation from German of Anthroposophie: Ein Fragment aus dem Jahre 1910 (GA 45).

Anthroposophy

A single lecture taken from the volume Life Beyond Death.

Human Being's Experiences Beyond The Gates of Death

Unlike other works on this theme, Sergei Prokofieff's short book is really more of a personal work than it is an introduction to Anthroposophy. The author presupposes the reader's familiarity with the basic principles of Anthroposophy and focuses on the central Christological insights that make up the core of Rudolf Steiner's philosophy. This book is personal in the sense that it reflects one person's endeavors to build a connection to Anthroposophy. As the author states in his preface, "As soon as we comprehend Anthroposophy as something living, we are concerned not merely with defining it intellectually but, rather, with developing a real relationship to it." He continues, "The content of this book] will probably reveal more about the author and his relationship to Anthroposophy than about Anthroposophy] itself, for its nature is basically beyond description and consequently evades any purely intellectual definition." This is a valuable addition to the body of secondary literature on Anthroposophy from an established and well-respected author on the subject. Contents: Anthroposophy and the Riddle of Man The Anthroposophical Path of Knowledge Ego-Consciousness and the Mystery of Golgotha Rudolf Steiner's Path of Development The Being of the Christ and the Mystery of Man

Anthroposophy

5 lectures at The Hague, November 13-18, 1923 (CW 231) What is our relationship to the planets we see in the night sky? Does the cosmos have any affect on our individual lives? Modern science tells us that we are an insignificant accident in a vast, indifferent universe. Rudolf Steiner maintains that we are intimately enmeshed with the whole cosmos, right down to the very structure of our physical bodies. In these talks, Steiner explores our relationship as individuals to the spiritual cosmos--where we will all become cosmonauts one day. The key to being at home in the universe is to comprehend the significance of our individual, physical lives on Earth and what happens when we leave our physical bodies behind. Steiner describes his view of our journey after death and our subsequent return to Earth and a new life. He describes the "planetary" spheres through which we pass and how they affect our future life. He shows us how our character and actions on Earth affects us after we die, and how those experiences in turn shape our next physical life. This is not just more information to add to our already overloaded store of abstract concepts; Steiner gives imaginative exercises that help us explore our suprasensory, spiritual nature. We can begin right now to act more consciously by recognizing the concrete nature of morality and the real consequences of our present lives. The introduction and comprehensive afterword by Paul Margulies explain and contextualize Steiner's text, revealing a message that is more vital and relevant than ever in our frenzied, materialistic times. This book can help us experience more meaning in life and become more at home as spiritual citizens of the universe. Read Bobby Matherne's review of this book Contents: Introduction by Paul Margulies Lecture 1. "A Speck of Dust?" Lecture 2. "Interweaving Our Destinies" Lecture 3. "Through the Spheres" Lecture 4. "Through Midnight to Birth" Lecture 5. "Earth and the Mystery of Karma" Afterword by Paul Margulies German title: « Der übersinnliche Mensch, anthroposophisch erfaßt. » An earlier English edition was titled Supersensible Man. This edition was thoroughly revised.

What is Anthroposophy?

What is truly real? Rudolf Steiner sheds light on everyday reality through spiritual knowledge, repeatedly urging us to bring anthroposophy into daily human existence. We might consciously experience the difference between consuming a potato as compared to cereals such as rye, for example – or we could grasp ordinary phenomena, such as sleepwalking, through an understanding of the threefold human being. Likewise, we might strive to comprehend how our head is the transformed organism of our previous life. Throughout, Steiner emphasizes that we can achieve spirituality on earth if only we make anthroposophy real. The twelve lectures here were delivered during the portentous year of 1923, in the context of increasing attacks from Steiner's opponents. His architectural masterpiece, the first Goetheanum, had already been destroyed by fire, but he was yet to refound the Anthroposophical Society at the Christmas Conference. In these uncertain times, Steiner speaks of the decline of European culture and the development of materialism as a philosophy, leaving anthroposophy with no exoteric foundation on which to build. But Rudolf Steiner strikes a positive note with an exciting and constructive way forward, providing us with the tools to see the world through three key perspectives of anthroposophy: the physical, the soul and the spiritual dimensions of reality. This previously-unpublished volume is translated by Elizabeth Marshall and includes an introduction, notes and index.

At Home in the Universe

This Is A New Release Of The Original 1922 Edition.

Three Perspectives of Anthroposophy

5 lectures at The Hague, November 13-18, 1923 (CW 231) What is our relationship to the planets we see in the night sky? Does the cosmos have any affect on our individual lives? Modern science tells us that we are an insignificant accident in a vast, indifferent universe. Rudolf Steiner maintains that we are intimately enmeshed with the whole cosmos, right down to the very structure of our physical bodies. In these talks, Steiner explores our relationship as individuals to the spiritual cosmos--where we will all become cosmonauts one day. The key to being at home in the universe is to comprehend the significance of our individual, physical lives on Earth and what happens when we leave our physical bodies behind. Steiner describes his view of our journey after death and our subsequent return to Earth and a new life. He describes the "planetary" spheres through which we pass and how they affect our future life. He shows us how our character and actions on Earth affects us after we die, and how those experiences in turn shape our next physical life. This is not just more information to add to our already overloaded store of abstract concepts; Steiner gives imaginative exercises that help us explore our suprasensory, spiritual nature. We can begin right now to act more consciously

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The Fruits of Anthroposophy

Includes information on anti-Semitism, astral body, aura, Annie Besant, Madame Blavatsky (Helena Petrovna), Christ, Christianity, consciousness, Aleister Crowley, death, dreams, etheric body, biodynamic agriculture, Johann Wolfgang Goethe, Goetheanum, Jews, karma, materialism, reincarnation, soul, women, etc.

At Home in the Universe

A single lecture taken from the volume Life Beyond Death.

Theosophy

These lectures delineate the difference between ordinary and initiate consciousness. Steiner further distinguishes between the initiation of the Christ, who gave the earth its meaning by working from within the physical body, and the initiations of the great initiates who guided humanity by imparting truths gained while outside the body. Steiner goes on to describe the means of initiation needed today and how Lucifer and Ahriman, the opposing forces in earthly existence, play into this process. These profound lectures can help us in understanding the place, purpose, and methods of true inner development.

Rudolf Steiner

A sense of alienation and isolation is part of the experience of every modern man. Social and political life are governed by fear and uncertainty. People are strangers both to one another and to the world. Why are these conditions more acute now than ever before in history? What meaning can be found in our modern crises? In the light of anthroposophy show how the human being's relationship to the world has changed with each historical epoch. In this book, Stewart Easton gives the reader a clear overview of the complex terrain along this path, explaining that anthroposophy is not so much a philosophical system as a "seed" of new consciousness. Through the very act of becoming conscious of one's true relationship to the world, this relationship changes once again. The alienation is gradually bridged; life begins to have purpose; the seed has begun to grow. The many practical fruits of the tree that grows from this seed are described in the second part of this work: a medical science that is truly holistic, an agricultural system that is in harmony with nature and the cosmos, an educational method that nurtures head, heart, and hand toward the freedom that comes from reaching one's full potential, and much more. This book provides an informative and comprehensive introduction to anthroposophy and to Rudolf Steiner (1861-1925), the inaugurator of anthroposophy. Stewart C. Easton received his doctorate in history from Columbia University and taught for many years at the City College of New York. He is the author of several books on western civilization and currently resides in Ireland.

Rudolf Steiner, the Man and His Vision

This book is a good starting point among the hundreds of books written by Rudolf Steiner. He sees a tripartite model of the individual here: body, soul and spirit, cautioning us that these are only approximate terms. This book will give a description of some of the regions of the supersensible world. The reader who is willing to admit the existence of the sensible world only will regard this delineation as a mere unreal production of the imagination. He, however, who looks for paths that lead beyond this world of the senses will soon learn to understand that human life only gains in worth and significance through sight into another world. Such a man will not, as many fear, be estranged from the "real" world through this new power of vision. He learns to know the causes of life, while without it he gropes like a blind man through their effects. Only through the understanding of the supersensible does the sensible "real" acquire meaning.

Life Between Death And a New Incarnation

In his final lectures to the general public, Rudolf Steiner speaks with great clarity and purpose about the inner and outer necessity of the anthroposophical impulse in modern times. Following the fire that destroyed the first Goetheanum building in Dornach, Switzerland, Steiner had focused his efforts on rebuilding and reorganizing the Anthroposophical Society. But he also continued to travel and speak to the public – in Prague, Vienna and Basel – to explain the purpose of the Goetheanum and to elucidate the broader aims of his spiritual work. These lectures, including a semi-public series in Dornach, are gathered here and published in English for the first time, together with an introduction, notes and index. The volume features the following lectures: 'The Purpose of the Goetheanum and the Aims of Anthroposophy'; 'Enhancing Human Powers of Perception to Develop Imagination, Inspiration and Intuition'; 'Human Soul Life and the Development of Imagination, Inspiration and Intuition'; 'Experience and Perception of the Activities of Thinking and Speech'; 'The Physical World and Moral-Spiritual Impulses'; 'Four Stages of Inner Experience'; 'Perceiving the Etheric World'; 'Soul's Eternity in the Light of Anthroposophy'; 'Human Development and Education in the Light of Anthroposophy'; 'Supersensible Perception, Anthroposophy as a Contemporary Need'; 'Anthroposophy and the Ethical and Religious Life'; 'How Do We Gain Knowledge of the Supersensible World?'

Initiation, Eternity and the Passing Moment

Matthew Barton collects excerpts from Steiner's many talks and writings on the festival of Whitsun ("White Sunday"). Known in America as Pentecost, the forty-ninth day following Easter Sunday commemorates the descent of the Holy Spirit on the disciples. The book also includes Steiner's discussions of the Ascension of Jesus Christ forty days after his Resurrection. Whitsun and Ascension: An Introductory Reader features Barton's editorial introduction, afterword, commentary, and notes. Chapters: Rising to the Clouds, Tethered to Earth Suffering's Open Door All One to Alone to One in All Human Freedom and the Word

Man and World in the Light of Anthroposophy

12 lectures, Hamburg, May 18-31, 1908 (CW 103) "It was Steiner's intention in these lectures to establish the ways in which this Gospel and its author, Lazarus-John, the one Christ called the beloved disciple, provided one of the surest paths to an understanding of the profound relationship of Christ to each human person and to Earth.... He leads his audience, and us readers, to an understanding of Lazarus-John unknown even to the other three primary evangelists --Matthew, Mark, and Luke --who wrote their Gospels several decades before Lazarus-John." -- Robert McDermott (from the introduction) In these twelve profound lectures, Rudolf Steiner uncovers and reclaims the essential truths of Christianity, illuminating the Gospel of John in all its majesty, power, and far-reaching significance. Foremost among the revelations to be found here is the identity of the writer of John's Gospel --the risen Lazarus, the disciple whom the Lord loved. Lazarus-John, the first to be initiated by Christ Himself, wrote his Gospel out of the deepest wellsprings of knowledge, implanting within it vital spiritual forces. As Steiner states in the final lecture of this volume, "This Gospel is not a textbook but a force that can work within our souls." It is this force living in the words and rhythms of John's Gospel that purifies the soul, transforming it --in the language of esoteric Christianity --into the Virgin Sophia, receptive to the Holy Spirit. Along this path, we come to recognize that Christianity, far from being a codified system of beliefs, is a living power within the evolution of humanity, a power that is only at the beginning of its activity. What Steiner calls the Mystery of Golgotha --the death and resurrection of Christ --stands as the turning point of time, the event through which the Earth receives its meaning. The effects of this event, and the further activity of Christ as the Spirit of the Earth, will continue to evolve from year to year, century to century, until one day in the distant future, Christianity will fulfill its mission. This cannot happen, however, until Christianity is understood "in its true, spiritual form." This lecture cycle is an essential guide to understanding the true mission of Christianity, a guide to spiritualizing the Earth, transforming the Cosmos of Wisdom into the Cosmos of Love. As with all great books, The Gospel of John not only imparts knowledge --it can also change you. "Our lectures on the Gospel of John will have a double purpose. One will be the deepening of the concepts of anthroposophy themselves and their expansion in many directions, and the other will be to make this great document itself comprehensible by means of the thoughts that will arise in our souls in consequence of these deepened and expanded concepts. I beg you to hold clearly in mind that it is the intention of these lectures to proceed in these two directions. It should not be simply a question of arguments about this Gospel, but rather that by means of the latter we shall penetrate into the deep mysteries of existence. We should hold very clearly in mind how the perspective of anthroposophy must be developed when we are dealing with any of the great historical records handed down to us by the different religions of the world. -- Rudolf Steiner (lecture 1)

This volume is a translation from German of Das Johannes-Evangelium (GA 103). Cover image: The Raising of Lazarus, by William Blake (1757-1827). Pencil, pen, ink, and watercolor on paper, 11.6" x 16". Aberdeen Art Gallery, Scotland.

Theosophy

The Aims of Anthroposophy