

Walks And Climbs In The Pyrenees Walks Climbs And Multi Day Tours Mountain Walking Cicerone Guidebooks

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Explore the breathtaking beauty of the Pyrenees with comprehensive Cicerone guidebooks, perfect for adventurers seeking thrilling walks, challenging climbs, and memorable multi-day tours. These essential resources cover everything from leisurely mountain walking trails to demanding expeditions, ensuring an unforgettable experience in this iconic range.

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Walks and Climbs in the Pyrenees

This guide is an introduction to one of Europe's finest mountain ranges. It suggests 170 walks, multi-day tours and moderate ascents of some of the principal summits of the Central or High Pyrenees, and includes the Pyrenean High Route

Walks and Climbs in the Pyrenees

Essential guidebook of walks and climbs in the Pyrenees, one of Europe's finest mountain ranges. The guide includes 170 day walks, multi-day walks, climbing routes and mountaineering ascents, and covers all valleys and peaks on both sides of the border with France and Spain, with through routes and peaks to bag. The guidebook divides the range into 21 sections, including Andorra, the Ordesa National Park, the Carlit Massif, Gavarnie and the Cirque du Lescun to name a few. Each area includes practical information on travel, accommodation and mountain refuges, as well sketch mapping. Between short, half-hour walks, to 12-day treks and 25 summits, this guidebook will help any walker, climber or trekker experience the best of the Pyrenees. There are exquisite valleys and passes to wander and summits of 3000m and more within the reach of most hill walkers. The landscape is full of diversity and contrast, with Alpine-style peaks, small glaciers, deep gorges and more than 1000 mountain lakes.

The Pyrenean Haute Route

Guidebook to trekking the Pyrenean Haute Route, which zigzags across the Franco-Spanish border, staying close to the main ridge in the highest and most spectacular Central Pyrenees. It covers 750km with over 40km of ascent, so is suitable for experienced mountain walkers only. The largely unwaymarked route is presented in 44 stages.

Walking in the Alps

The second edition of this classic guidebook by Kev Reynolds on walking and trekking in the Alps. This book is a definitive guide to the many thousands of possible routes, with a geographical span that ranges from the Maritime Alps of southern France to the Julians of Slovenia, from Italy's Gran Paradiso to the little-known Tünnitzer Alps of eastern Austria, and from the ice-bound giants of the Bernese Oberland to the green rolling Kitzbüheler Alps and the bizarre towers of the Dolomites of South Tirol, showing the amazing diversity of this wonderful mountain chain. There are walks to suit every taste: gentle and undemanding, long and tough, and everything in between. Written by Britain's most respected authority on the Alps, this is a fully updated edition of this important book.

Shorter Treks in the Pyrenees

A guidebook to seven circular treks exploring the Pyrenees of France and Spain. The treks are designed with accommodation in mountain refuges or mountain villages at the end of each stage, though there are plenty of options to camp for those who prefer to backpack. Detailed descriptions for each stage of the route are accompanied by sketch maps and elevation profiles. Route 1: Tour of the Basque Country - This route takes you over the steep rolling hills (in both France and Spain) at the western end of the Pyrenees. Accommodation is mainly in Basque villages with steep climbs leading to long walks along easy grassy ridges. Route 2: Pic du Midi d'Ossau - This route takes in the magnificent limestone scenery at the western end of the High Pyrenees by combining the popular Tour du Pic du Midi d'Ossau, in France, with the best sections of the quieter La Senda de Camille on the Spanish side of the border. Route 3: Tour de Vignemale and La Alta Ruta de Los Perdidos - This is the most demanding trek in the guide with easy scrambling over steep passes. The magnificent trek through the alpine terrain around Vignemale and Monte Perdido includes six of the honeypots of the Pyrenees; Cauterets, Vignemale, Gavarnie, Pineta, Ordesa and the Picos del Infierno. Route 4: Reserve Naturelle de Neouvielle - The shortest trek in this guide takes you through the popular Reserve Naturelle de Neouvielle and the surrounding mountains in the French Parc National des Pyrenees. It visits many lakes and tarns in magnificent granite scenery and there is the opportunity to climb several peaks, including Pic du Midi de Bigorre and Pic de Bastan. The trek is based around the GR10 and one of its variations, the GR10C. Route 5: Carros de Foc - The Carros de Foc is an understandably popular trek in the magnificent Parc Nacional d'Aigüestortes i Estany de Sant Maurici, in the Spanish part of Catalonia. This is another granite massif dotted with hundreds of lakes and tarns. The huts are close together so there is a great deal of flexibility in planning, with most walkers taking 5-7 days for the trek. Route 6: Tour des Montagnes d'Aix and the Tour des Perics - The Ariège is a relatively unknown area at the eastern end of the High Pyrenees. This tour combines the magnificent alpine mountains of the Tour des Montagnes d'Aix on either flank of the Vallée de l'Ariège with the Tour des Perics in the gentler scenic mountains of the Cerdagne in the French part of Catalonia. Route 7: The icons of Catalonia: Puigmal and Canigou - Our final tour goes through both the Spanish and French parts of Catalonia at the eastern end of the Pyrenees, taking in ascents of the two most climbed peaks in the Pyrenees; Puigmal and Canigou. Despite rising to almost 3000m the mountain ridges are gentler than in the High Pyrenees, more reminiscent of the Scottish Highlands, although the valleys still have an alpine feel. Much of the time is spent on spectacular high-level traverses of steep mountain slopes.

The Rough Guide to the Pyrenees

The Rough Guide to the Pyrenees is the only guidebook available to the entire region, covering both the French and Spanish sides of this spectacular region, from the Atlantic to the Mediterranean. A full-colour section introduces the author's pick of the attractions, from relaxing in the picturesque spa towns to watching the Tour de France wind up the mountains. There are detailed listings of the best places to eat, drink and stay, from boutique hotels in Biarritz to the most remote mountain refuges. For the outdoor enthusiast there are exhaustive accounts of the walking and climbing routes available and information on the host of other activities available, including skiing, paragliding, rafting, cycling and horse riding. There is also expansive coverage of all the cultural highlights including the prehistoric cave art at Ariège and an accessible history of the region from prehistory to the current day.

Walking in the Valais

This guide describes 111 day walks and 10 multi-day, long-distance treks, exploring this whole area and suitable for a wide range of abilities. The network of walking trails in this popular region is excellent but the infrastructure is unbeatable, with excellent public transport and a wide range of good-quality accommodation from simple mountain huts to grand hotels in bases such as Saas Fee, Zermatt and

Arolla. The Pennine Alps in the Valais region of Switzerland contain more 4000m peaks than anywhere else in Western Europe and some of the greats: the Matterhorn, Monte Rosa, Dent Blanche and Grand Combin, all surrounded by idyllic valleys and hillsides dotted with chalets, hay barns and hardy little alpine flowers as well as pristine snowfields and glaciers. Walks are arranged valley by valley and accompanied by full information about the valley bases, mountain huts, access and facilities as well as practical information for walkers new to trekking or walking in Switzerland.

The Swiss Alps

This comprehensive book is an excellent planning resource for those who wish to venture into the Swiss Alps. Whether you are planning a walk, scramble, climb or ski tour this larger format guide describes each mountain area throughout Switzerland - the peaks, passes, valleys and bases - to help readers identify the best destinations for their chosen mountain activity. Dozens of individual valleys are described, together with the mountains that wall them, with recommendations given for their finest walks, treks and climbs. Working eastwards across the country, this guide is divided into seven chapters: Chablais Alps, Pennine Alp, Lepontine and Adula Alps, Bernina, Bregaglia and Albula Alps, Bernese Alps, Central Swiss Alps and the Silvretta and Ratikon Alps, each devoted to a specific range or group of connecting ranges. However, this is not a route guide and detailed descriptions are not provided. The aim of the book is to inspire as well as inform; to show first-time visitors just what the Swiss Alps have to offer and provide a new perspective for those who have been before.

Mountain Walking in Southern Catalunya

This first English-language guide describes the best mountain and coastal walking near Tortosa, Southern Catalunya, Spain, in the Parc Natural dels Ports, on the Cardó and Montsia massifs and along the coast, all easily accessible from Barcelona, Valencia and Reus. 30 idyllic winter walking routes for walkers of all experience and abilities are included through this area of remarkable natural beauty and diversity. The immense limestone crags, ridges and pinnacles of the Parc Natural dels Ports overlook the broad orange and olive groves beside the River Ebro, giving a high drama to the landscape. Closer to the Mediterranean, there is good walking on the massifs of Cardó and Montsia and a long-distance footpath along the coast. Mysteriously, the region is practically unknown outside the region. The wild limestone landscapes, from herb-covered hillsides to high pine forest, dotted with Templar castles and picturesque hill villages, remain untouched by mass tourism. All walks are graded for route-finding, scrambling required and exposure, and non-technical, suitable for any experienced hillwalker, and listed in a summary table at the back for easy selection, along with a Catalan glossary of mountain terms and lots of other local information.

Ben Nevis and Glen Coe

This guidebook details 100 walking routes around Ben Nevis and Glen Coe, centred in 10 areas including Fort William and Glen Nevis, the Aonachs, the Mamores, Kinlochleven, Glen Coe, Glen Etive, Black Mount and Ben Cruachan. Routes are graded according to difficulty, and range between short, easy strolls and long, challenging walks with overnight bothy stays. The region's 44 Munro summits are covered, including 2 easy scrambles and the formidable traverse of Aonach Eagach's iconic jagged ridge. Alongside step-by-step route descriptions and mapping, the guide presents practical advice on transport, access, safety and where to stay plus background information on the area's fascinating geology. Many of the routes reflect the author's belief that the best rewards often lie off the popular tourist trails. Yet the highlights are all there: Buachaille Etive Mor, Aonach Eagach, the Mamores, the Grey Corries, Bidean nam Bian, Ben Starav, Carn Mor Dearg and of course, the mighty Ben Nevis. The book - like Glen Coe itself - encourages exploration and includes a helpful 'summit summary' to show different options and assist with route-planning.

The Pyrenees

A resource book covering the finest walks, treks and climbs in the High Pyrenees for 400km between France and Spain, from the Cirque de Lescun, on the edge of the Basque country in the west, to the Carlit massif and the Cerdagne to the east of Andorra. The book is divided into five regional chapters: the Western Valleys; Cirques and Canyons; the Central Pyrenees; Enchanted Mountains; and Andorra and the Eastern High Pyrenees. Intended as a resource book for those planning a range of mountain activities in the Pyrenees, the guide describes each area valley by valley, and provides information on access and accommodation, as well as recommended maps and guidebooks. Unlike a conventional

walking book, detailed route descriptions are not included; the guide does, however, direct the reader to the finest walks, treks and climbs in the area and provide an outline of specially selected routes. An extensive introduction gives all the practical advice and information needed for planning a trip. It offers a background to the mountains and their exploration, and provides a snapshot of the range with sections that help the reader focus on specific areas of activity, and suggests where best to exercise that activity.

Scotland

This comprehensive book is an excellent planning resource for those who wish to venture into the Scottish mountains. Whether you are planning a walk, scramble, climb or ski tour this larger format guide has all the information the independent mountain lover needs. The guide covers all the mountainous areas of Scotland from south to north, divided into seven regions. Each regional chapter covers individual glens important for mountain-goers, groups of hills that form coherent massifs and individual hills of significance. However, this is not a route guide and detailed descriptions are not provided. The aim of the book is to inspire and entertain as well as inform; to show first-time visitors just what the Scottish mountains have to offer and provide a new perspective for those who have been before. In the descriptions author Chris Townsend has given his opinions as to the relative qualities of the walks, glens, lochs, mountains and the landscape in general and highlighted those he thinks are the best the area has to offer. Includes: Descriptions of all the Scottish mountains, area-by-area from south to north, to help you identify the best locations for hill walking, mountaineering, climbing and ski touring Classic ascents and walks described, from scrambles up Ben Nevis to ski tours in the Cairngorms A planning tool for long-distance treks

Walking and Trekking in the Sierra Nevada

This guidebook offers a selection of 38 routes from simple day walks, high mountain scrambles to very demanding multi-day treks in the striking Sierra Nevada, the highest mountain range in mainland Spain. Easily accessible from Granada and Malaga, it is a world of soaring, snow-clad peaks and deep valleys, far removed from the crowded beaches of the Costa del Sol just two hours away. The routes are spread across the national park, with attractive towns and villages such as Trevelez, Lanjaron, Hoya de la Mora and Cumbres Verdes serving as potential bases for a walking holiday. From more leisurely outings in the Cumbres Verde area to ascents of mainland Spain's highest summit, Mulhacen, there are routes to suit a range of abilities, although most require a reasonable degree of fitness, navigational skill and experience of high mountain terrain. Whilst some of the routes are day or half-day walks, others take advantage of the region's network of mountain shelters or offer an opportunity to wild camp. Also included are three longer traverses: 'Los Tres Picos' (the Spanish Three Peaks - Veleta, Mulhacen and Alcazaba), 'Los Tres Miles' Integral (a multi-day trek covering all the major 3000m peaks in the range) and an overview of the 302km Sulayr GR240. The walks can be enjoyed most of the year, however conditions may prove too hot at the peak of summer and extra care and equipment will be required in snow or ice: the descriptions assume summer conditions, but include additional notes for winter walking. The guide also includes advice on transport, bases and safety, a tick-list of the 3000m peaks and a Spanish-English glossary.

The Pyrenean Haute Route

Detailed guide to 800km trek along the Franco-Spanish border, from Hendaye to Banyuls-sur-Mer. The unwaymarked route is described in 45 days, with 500 GPS waymarks, information on villages, mountain huts, guesthouses, hotels and campsites and variant routes to avoid difficult sections. Also ascents of ten classic Pyrenean summits beside the route.

100 Hut Walks in the Alps

This popular guidebook by expert Kev Reynolds describes 100 day walks focusing on the mountain huts of the Alps. With walks in France, Switzerland, Italy, Austria and Slovenia, there are routes to suit every taste - from gentle and undemanding to long and tough, as well as all varieties of difficulty in between. What they have in common is a visit to a hut, each with its own character. Some walks are perfect for lunch at a hut before a return to the valley base, others involve an overnight stay at a hut. In a few cases, a short hut-to-hut tour is suggested. The routes are grouped by country and by specific Alpine district. Most of the routes avoid any climbing of a technical nature, beyond the odd scramble aided by

a fixed rope. Notes on hut etiquette, what to take and an English-French-German-Italian glossary are also included to help trekkers get the most out of their time in the Alps.

Walking in the Bavarian Alps

A comprehensive guidebook detailing walks in Germany's Bavarian Alps. Lying along the German-Austrian border in a thin sliver of land roughly 300km long, this area contains some of the most spectacular walking and beautiful scenery that Germany has to offer. 70 graded walks explore mountain landscapes, wild mountain gorges and alpine meadows as well as the region's picturesque villages, opulent baroque churches and fairy-tale castles like Neuschwanstein. There is also the northernmost glacier in the Alps (Blau eis), Germany's largest ice cave (Schellenberg) and its highest mountain, the Zugspitze, all visited on walks described in this guide. The walks are divided into six mountain areas, grouped around base towns to make planning a walking holiday as easy as possible. Bases include Oberstdorf, Garmisch-Partenkirchen, Mittenwald, Marquartstein, Inzell, Oberammergau and Ramsau among others. The walks are mainly between 3 and 8 hours in duration, though some longer walks are included staying at mountain huts. The guidebook gives an outline of two multi-day tours and suggestions for shorter valley walks of less than 3hrs are also included. The Bavarian Alps make an ideal destination for an easy-to-organise and affordable walking holiday.

Trekking in the Alps

An inspirational larger format guidebook to 20 summer treks in the Alps across Italy, Austria, Switzerland, France and Slovenia, including the classics such as the Tour of Mont Blanc and lesser-known routes like the Traverse of the Slovenian Alps. Perfect for planning, the treks included are: Tour of Mont Blanc, Tour of the Matterhorn, Tour of Monte Rosa, Walker's Haute Route, Tour of the Jungfrau Region, Tour of the Vanoise and Dolomites AV 1 & 2; (longer trans-Alpine routes) GR5 (Lake Geneva to Nice), Eastern Alps E5, Italian Alps GTA and the Traverse of the Slovenian Alps; and (for the Alpine adventurer) Alpine Pass Route, Tour of the Oisans, Tour of the Queyras, Tour of Mont Ruan, Stubai High Route, Zillertal High Route, Gran Paradiso AV2 and the Ratikon Hoehenweg. Outline schedules for each trek allow you compare the routes and become inspired to take up the challenge. Basic day-by-day route descriptions for each route are illustrated with maps and profiles, helping you choose the best routes to walk.

Walking in Austria

A comprehensive guidebook detailing walking routes in Austria. The 101 walks reflect the diversity of this popular region and cover Austria's magnificent Alps - including the Rätikon, Silvretta, Stubai and Zillertal - as well as the Dachsteingebirge, Hohe Tauern and the Karawanken. Graded according to difficulty and ranging from short walks of a few kilometres to day hikes and multi-day hut-to-hut tours, from the classic to the lesser-known, there is something to suit every level of ability and ambition. A full description of each route is accompanied by clear sketch maps. This book has all the information you need to make the most of an active walking holiday in Austria, including information on public transport, accommodation, gear required and safety issues, full details of over 100 mountain huts and a German-English glossary. Austria is one of Europe's most walker-friendly countries. Its 40,000km of well-maintained and waymarked trails pass more than a thousand Austrian mountain huts and countless attractive villages, hospitable hotels, inns and restaurants. It also boasts an extensive, integrated public transport system that is particularly useful for walkers.

Spain's Sendero Historico: The GR1

The GR1 (Sendero Historico) is a long traverse of northern Spain from west to east over 1250km of remote country and mountain walking. The waymarked route runs through the Pyrenean foothills from Puerto de Tarna at the western end to near L'Escala on the Mediterranean coast. Arguably one of Spain's best long-distance paths, it follows gently graded paths, making a long but easy walk suitable for a reasonably fit walker. The complete trail requires around 53 days to complete end to end, but the guidebook splits the route into 7 sections, each with a start or endpoint that can be easily reached by train or bus, allowing walkers to explore the route in manageable chunks. The guidebook also describes how to extend the route to Finisterre and the Atlantic using GR routes. Providing all the information you will need, the guide combines practical information about planning your own itinerary, when to go, cuisine and terrain with general information about the varied geology and history of the area. Route

description is accompanied by contoured mapping and stage and section summary information, as well as detailed information about any accommodation available en route.

Trekking the Tour of Mont Blanc

This guidebook contains in-depth route description and mapping for both the classic 11 day anti-clockwise circuit and an alternative 10 day clockwise TMB circuit. This well-signed but demanding 170km route, starting from Les Houches or Champex, is suitable for fit walkers. The guidebook comes with a map booklet containing official 1:25,000 IGN mapping for the TMB route, and urban maps for the major centres of Chamonix, Courmayeur, Les Contamines, Les Houches and Champex. Complete with a French-English glossary, comprehensive notes about accommodation, facilities and transport, this guide provides all the information needed for planning and completing your trek. The Tour of Mont Blanc is one of the world's classic treks. Visiting France, Italy and Switzerland, the TMB passes through some of Europe's most spectacular mountain scenery, with views of the peaks and glaciers of the magnificent Mont Blanc massif.

The Mountains of Andorra

Guide to 60 walking routes in little-known Andorra. The guidebook includes numerous paths with scrambles, summits, via ferratas and a week-long Andorra circuit. Covers Arinsal, Sispony, Arcalis and Angonella, Valls Sorteny and Rialb, Montcaup, Ordino, Casamanya, Valls del Riu, Ransol, D'Incles, Circ de Pessons, Cortals and Vall del Madruï.

The GR10 Trail

A guidebook to walking the GR10, the Sentier des Pyrénées, a 955km trek across the French Pyrénées from Hendaye on the Atlantic Coast to the Mediterranean coast at Banyuls-sur-Mer. The trek is split into 55 daily stages, with information on planning, transport, accommodation and facilities

The GR5 Trail

An essential guidebook for walking the GR5, one of the world's most spectacular long-distance trails. The GR5 makes its way through the Alps from the shores of Lac Léman at Geneva to the Mediterranean at Nice. A route of 674km (420 miles), it can be trekked in a month, or split over a series of summer trips. The GR5 is well within the reach of fit and moderately experienced walkers and backpackers. There is good signposting and waymarking, and accommodation, food and drink are all available at regular intervals. The paths and tracks are generally well graded, while steep climbs are tackled on zigzag paths, so the overall gradient is not so severe. Every summer, thousands of walkers embark on this trek. This guidebook also describes some scenic variant routes, including the stunning GR55 through the Vanoise National Park and the delightful GR52 that crosses the Mercantour National Park. Full descriptions and maps are provided for these alternatives. The book includes daily stages, timings, ascents and descents, full-colour mapping and gradient profiles, alongside information about facilities and services along the route. The result is an ideal companion to planning and completing your trek. Two further Cicerone guidebooks cover the remaining sections of the GR5; 'The GR5 Trail - Vosges and Jura', and 'The GR5 Trail - Benelux and Lorraine' which together cover the route from Lac Léman to the Hoek Van Holland.

The Mountain Hut Book

This book is a celebration of mountain huts, showcasing the sheer variety and sometimes quirky nature of these buildings that allow walkers, trekkers and climbers to access remote corners of the mountains. Packed with entertaining stories that bring the places and people to life, it contains descriptions of the author's favourite huts in the Alps, along with suggestions for hut-to-hut tours of 3-13 days duration, including the Tour of Mont Blanc. It also traces the history of huts and how they have evolved from the most primitive of shelters to the often purpose-built, eco-friendly buildings of today. For the uninitiated, it unravels some of the mystery of huts and explains how to use them and what facilities to expect. Above all, it illustrates the way in which mountain huts can be truly sociable places, where like-minded people can spend a night or two in the most magical of locations and share a love of wild places.

Trekking in the Vanoise

A guide to the Tour of the Vanoise, a 150km hut-to-hut trek in the French mountains between Mont Blanc and the Ecrins, described in 11 day stages from Modane. Also included are the Tour des Glaciers de la Vanoise together with suggestions for other multi-day treks in the national park.

Mountain Walking in Snowdonia

This guidebook describes 40 day walks exploring Snowdonia. It showcases some of the best mountain walks in the area, with routes up Snowdon and Tryfan alongside other classic peaks like Y Garn, Cadair Idris and the Glyders. Routes are graded easy to strenuous and include airy and pulse-quickenning scrambles such as Crib Goch and Bristly Ridge as well as the Snowdon Horseshoe, the Nantlle Ridge and a 2-day traverse of all 15 of Snowdon's peaks over 3000ft. Walks range in distance from 4 miles (6km) to 16 miles (26km). Clear route descriptions are accompanied by OS mapping, and for each walk there is key information about distance, grade, ascent, terrain, access and parking. With useful advice on where to stay and when to go, and an English-Welsh glossary, this book is an invaluable guide to discovering both the popular and less well-trodden corners of Snowdonia. Snowdonia can justifiably lay claim to some of the finest mountain walking in Britain, from the bristling, jagged ridges of Snowdon to the huge grassy mounds of the Carneddau and the stone-girt fortresses of the Glyderau. These are big mountains with big personalities, with glowering crags and deep rocky cwms. Whether you are based in Bala, Beddgelert, Llanberis, Betws-y-Coed, Dolgellau or Capel Curig, you'll find walks in this guidebook to suit you.

Walking in the Engadine - Switzerland

Walking in the Engadine contains detailed route descriptions for 100 day walk routes that vary from 4 to 16km long in length. The routes cover a variety of terrain from luscious meadows and craggy mountains to glaciers and snowpeaks. Most of the walks described in this guidebook have been chosen with a particular viewpoint, lake, alp hamlet, hut or pass as the destination, while the principal objective of each walk is to enjoy a day's exercise among stimulating scenery. There's something for every walker's taste: gentle valley rambles for a family outing; craggy mid-mountain walks for the more adventurous; high-level routes that lead across glacier, snowfield and rugged passes for the experienced mountain trekker. Tucked away in the south-east corner of Switzerland, the Engadine is a region of lakes and mountains, home of the country's only national park, guardian of the Romansch language and location for some of the most sublime villages in all the Alps.

Ecrins National Park

Guidebook to walking in the ...crins national park, France. The Massif des ...crins is one of the most spectacular regions in all the Alps. Most of the area is a national park, with summits over 3000m high. Well-marked trails and a network of alpine huts make the Ecrins accessible to walkers.

A Walk in the Clouds

Alpine expert Kev Reynolds has spent fifty years exploring mountain landscapes and thirty writing about his experiences. Here he shares some of the high points of a full life as a wanderer and writer. Kev is the leading international authority on many mountain ranges, including the Pyrenees, many regions of the Alps and the Nepal Himalaya. As the author of numerous guides he has inspired many thousands of trekkers to follow in his footsteps. As a lecturer he regularly evokes the mood and majesty of the mountains to spellbound audiences. In this book Kev tells how he set off, aged 21, to explore the Atlas Mountains of Morocco - and never looked back. He abandoned his desk-bound local government job to pursue a life in the mountains, living and working in Britain, Austria and Switzerland before finding his true metier as a writer. These 75 stories capture the joy he has taken in exploring the Atlas Mountains, Pyrenees, Alps, Himalaya and 'Other Wild Places' again and again, meeting the local people and the mountain guides, experiencing the local food, faiths and lifestyle and watching the sun rise and set against some of the world's highest peaks from summit bivvies.

Walks in the South Downs National Park

Guidebook to 40 day walks in the South Downs National Park. The walks, which are designed to suit all abilities, are dotted all over the National Park and range from 4 miles (7.5km) to 11 miles (17.5km). Each walk is circular, and where possible begins and ends at a place accessible by public transport. With some of the most iconic landscapes in southern England, including the white chalk cliffs of Beachy

Head and the Seven Sisters, and such well-loved landmarks as Ditchling Beacon and atmospheric ancient monuments like the Cissbury Ring, walking in the park proves a delightful experience mile after mile. Step-by-step route descriptions are accompanied by 1:50,000 OS mapping. Also included is information on the plants and wildlife of the Downs, as well as handy practical tips on accommodation, car parking and public transport.

Mountaineering in the Pyrenees

'Mountaineering in the Pyrenees' features 25 classic mountain routes and link-ups that will delight any mountaineer who enjoys getting off the beaten track. Author and mountain guide Francois Laurens has drawn upon his encyclopaedic knowledge of the Pyrenees, and recommendations from other mountaineers, to put together a diverse selection of climbs - many of them accessible from spring to autumn - along the entire Pyrenean chain, from the Mediterranean up to the Basque country.

Trekking in the Silvretta and Rätikon Alps

This guidebook describes 3 Alpine treks, between 5 and 8 days long, as well as 12 full or half day hut-to-hut routes. The three treks suitable for moderately experienced trekkers, but requiring no specialist equipment, are the Tour of the Silvretta, the Prattigauer Hohenweg and the Ratikon Hohenweg, two of which can be combined to provide a fortnight of high-altitude hiking among such peaks as Piz Buin, Piz Linard, Dreiländerspitz, Schesaplana, Sulzfluh and Drusenfluh and over some classic Alpine passes. The Silvretta and Ratikon ranges straddle the borders of Switzerland, Austria and Liechtenstein. Also included are descriptions of nearby climbable peaks for those with excess energy and favourable conditions, and for those who prefer to plan their own tours a directory of all the mountain huts in the area, providing all the information you could possibly need. Written by Alpine expert Kev Reynolds, this book includes tips on gear, planning, language and further reading, to fully enjoy your time in the Alps.

Camino de Santiago: Camino Frances

Guide to walking the Camino Frances through northern Spain, the most popular version of the Camino de Santiago pilgrimage or Way of St James, covering the 784km from St-Jean-Pied-de-Port to Santiago de Compostela. The guidebook is everything you need to plan your camino. It describes the route in 36 stages and lists 500 pilgrim lodgings along the camino, including public and private albergues, with a description of facilities available at each, allowing the route to be customised to suit your own itinerary. The accompanying map book is ideal for day-to-day use, with maps for the entire route showing the locations of accommodation and services, as well as over 100 useful town and village maps. Divided into 6 sections, the guidebook includes an additional section from Santiago de Compostela to Finisterre and Muxia on the Galician coast. Each section is broken down into detailed stages with easily customisable start and finish points due to the amount of accommodation available en route. This two-part guidebook and map book provide an abundance of advice on planning and preparation, sample itineraries and detailed information that allows complete customisation of the Camino, making this an ideal guidebook for all pilgrims walking the Camino Frances.

Annapurna

Seen from the lakeside town of Pokhara in central Nepal, a tremendous wall of snow and ice-capped mountains dominates the northern horizon; the Annapurna Himal. With no less than twelve summits topping 7000 metres (23,000ft) soaring above a foreground of intricately terraced foothills, this one of the most beautiful and ethnically diverse landscapes on earth. Around this island block goes the route of the classic Annapurna Circuit -- one of the great walks of the world. Into the heart of these mountains another trekker's trail leads to the Annapurna Sanctuary.

Mountaineering in the Moroccan High Atlas

The first English-language guide to winter mountaineering right across the Moroccan High Atlas of North Africa from Taroudant in the south-west to Midelt in the north-east, all accessible from Marrakech. Covers routes on 40 peaks over 3000m, including Jbel Toubkal, Ighil Mgoun, Jbel Tinergwet. For experienced winter walkers and mountaineers.

The Alpine Pass Route, Switzerland

With stunning coastlines and impressive craggy mountains, Corsica is an island with diverse landscapes for day walkers of all abilities to enjoy. Across 25 day walks, this guidebook explores sandy beaches, forested river valleys, and waterfalls, as well as high mountain passes to lookouts and glacial lakes. This guidebook is a brilliant introduction to walking on Corsica, and offers plenty of information on food, plant life, and history. Bases include coastal towns of Bastia, Bonifacio, Porto Vecchio, and Ajaccio, as well as mountain villages of Corte, Evisa and Zonza. Each walk features detailed mapping alongside comprehensive route description. All the walks are graded for difficulty and range from easy-going low-level walks on good tracks or paths, to challenging and exposed high-level routes for experienced walkers. The guidebook also includes lots of practical information including a list of useful contacts, accommodation listing, and a glossary of French/Corsican terms. Whether you choose a coastal stroll to enjoy wildflowers and a swim in the Mediterranean Sea, or a mountain walk with dizzying views across craggy peaks, this guidebook offers something for walkers of all abilities looking to discover the many delights of Corsica.

Walking on Corsica

Tackle the rugged Pyrenees, Picos de Europa or Sierra Nevada, or tread history along the epic Camino de Santiago pilgrim trail, Europe's most famous hike. Or find yourself sampling Spain's diverse natural and cultural beauty in misty Galicia, the forgotten mountains of the Basque Country, and Alpujarran Muslim villages. From gentle coastal rambles to multi-day scrambles, this guide has hikes for every ability level throughout Spain, as well as Mallorca and Andorra.

Hiking in Spain

A guidebook to the classic Chamonix to Zermatt trek from Mont Blanc to the Matterhorn. The 225km Walker's Haute Route through the French and Swiss Alps crosses 11 passes, gains more than 14,000m in height and is a strong contender for the title of Most Beautiful Walk in Europe. The high-level route is described in 14 day stages, with optional variants, and is suitable for walkers with a good level of fitness and some previous alpine trekking experience. Alongside clear route descriptions and mapping for each stage of the trek, there is essential practical information on travel to Chamonix and return from Zermatt, as well as advice on accommodation in alpine villages and mountain refuges, trekking safety, equipment, itinerary planning and preparation. Taking 2 weeks to complete, this challenging but rewarding trek encompasses views of the greatest collection of 4000m peaks in the Alps - Mont Blanc, the Grand Combin, Dent Blanche, Weisshorn and the Matterhorn - and visits some of the most spectacular valleys, including the Val d'Hérens, Val d'Anniviers and the Mattertal.

Trekking Chamonix to Zermatt

Northern Italy's famous Alta Via long-distance walking routes are spread across the Dolomites, running roughly north to south and reaching as far as the Austrian border. There are six of these routes, and they increase in difficulty: Alta Via 1 has few exposed sections and is suitable for novice alpine trekkers; AV2 is much more challenging, only suitable for experienced alpine trekkers with a good head for heights, while AVs 3-6 have extended via ferrata sections and considerable exposure. AVs 1 and 2 are described in detail in this guidebook. The 120km AV1 is described over 11 day stages; AV.

Trekking in the Dolomites