

Gambia Bradt Travel Guides

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Discover the Gambia with the Bradt Travel Guide, your essential companion for exploring this vibrant West African nation. This comprehensive guide provides in-depth information on Gambia's diverse landscapes, rich culture, and abundant wildlife, offering invaluable travel tips and recommendations for an unforgettable experience, whether you're a first-time visitor or a seasoned adventurer seeking authentic insights into the 'Smiling Coast of Africa'.

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The Gambia

This brand new Bradt Guide to The Gambia provides all the background and practical information you need to explore the beaches and interior of Africa's smallest - and arguably most welcoming - country.

The Gambia

A detailed travel guide about the Gambia.

Malawi

This new eighth edition of Bradt's Malawi remains the only standalone practical guidebook to this magical East African destination, long known as the 'warm heart of Africa' (and the first country outside Denmark to have a Carlsberg brewery). Malawi is a small country with a big lake - accounting for around a third of its territory - and a big welcome. Written by Philip Briggs, arguably the world's most experienced guidebook author, this new edition benefits from a thorough country-wide update of all the practical information, with the addition of significant new game park accommodation. Dedicated chapters on background information, health and flora and fauna are complemented by a 19-chapter breakdown of the country and 37 maps, making this an ideal companion for backpackers, over-landers, wildlife spotters, birdwatchers and other outdoor enthusiasts. Included in the guide are the many outstanding adventure opportunities: kayaking on the vast lake amongst dug-out canoes; hikes from tea estates up to the heights Mount Mulanje; and watching the 'big five' animals in wonderful natural surroundings. There's also a resurgent music scene, intriguing monuments built by former colonisers and compelling village culture to discover. With the reintroduction of species including lions - and the recent translocation of large numbers of elephants to Nkhosakota Wildlife Reserve - Malawi is a wildlife destination to savour. From luxury camps to local guesthouses, from rhino trekking to cycle tours and from crafts to cultural tourism, Bradt's Malawi covers every aspect of your trip.

Ghana

This 8th edition of Bradt's Ghana remains the only dedicated guidebook on the market and the most comprehensive source of travel information on the first country in sub-Saharan Africa to gain independence and the world's second-largest producer of chocolate. Covering everything from Ghana's 550km of Atlantic coastline to its remote and sparsely populated northern border with Burkina Faso, this

new edition has been thoroughly updated and is an ideal companion no matter what your interests are. Written by Philip Briggs, arguably the world's most experienced guidebook writer, it covers everything from inexpensive opportunities to see wildlife to cultural and historical aspects such as the slave trading posts. Background, practical and health information are complemented by a dedicated, illustrated chapter on wildlife, 63 maps and 18 chapters split across five regional sections, from Accra and surrounds to the coast, through eastern and central Ghana, right up to the north. The popular Cape Coast and the Ashanti regions are both covered, as is the increasingly high-profile Chale Wote Street Art festival. Friendly, safe and inexpensive, Ghana is an ideal destination for first-time visitors to Africa. It is rich in little-visited national parks, forest reserves, cultural sites and scenic waterfalls and blessed with bleached white beaches and the lush rainforest of the Atlantic coastline. Bradt's Ghana is accompanied by a dedicated, updated website run by the author himself and caters for everyone from birdwatchers to bar-hoppers. Whether you want to cruise the world's largest man-made reservoir, Lake Volta, on a pokey old steamer, hike with elephants in Mole National Park, or party all night in Accra's glittering Osu district, Bradt's Ghana is an indispensable companion.

Mozambique

This new seventh edition of Bradt's Mozambique remains the most established and only standalone guide to this alluring country. Complete with in-depth coverage of transport, wildlife, history, culture and accommodation, plus invaluable practical advice and regional and local maps, this honest handbook will help you plan the perfect visit. Particularly useful is the selection of reputable local tour operators. Mozambique is very much a country of two halves. The tourism-savvy south offers palm-lined tropical beaches, luxury lodges and diving to rank with the best in the world, plus the capital Maputo, a city oozing with Afro-Mediterranean flair. The undeveloped northern mainland, by contrast, is one of Africa's last frontiers, with thrillingly vast game reserves and stunning coastal panoramas that draw intrepid travellers to those hankering after barefoot luxury. With economy-boosting oil and natural gas potential on the horizon, Mozambique is on its way to reclaiming its standing as one of Africa's top destinations. However, despite being one of Africa's fastest developing tourist countries, it still offers the opportunity to experience the 'quintessential Africa'. Having once stood in the ranks with South Africa, over twenty years of post-civil war development and one of Africa's highest growth rates are drawing tourists back to its 2,500km of pristine, palm-fringed coastline. Best visited between May and October, Mozambique is dotted north to south with natural, historical, cultural, and architectural wonders remnant of its varied and notable past history of exploration, trade, and cultural fusion. Highlights include the UNESCO world heritage site, Ilha de Moçambique, a 16th-century Arab and Portuguese trading post, ancient rock art at Chinghamapere Hill, tea plantations and an exploration of Mount Namuli from the highland mountain town of Gurué, while the coast - home to more than 2,000 species of marine fish and five of seven endangered sea turtle species - boasts a plethora of delights, from windsurfing in Pemba and surfing in Tofto to diving and snorkelling off the islands of Bazaruto Archipelago (Bazaruto National Park), not to mention some of the richest coral reefs in the world., home to over 1,200 species and five of seven endangered sea turtles. With in-depth coverage and practical advice for all budgets, the Bradt guide leads the way.

Rwanda

Now into its eighth edition and written by Philip Briggs, the world's leading author of African guidebooks, Bradt's Rwanda has been the go-to guide for visitors to the 'Land of a Thousand Hills' for more than 20 years. Still the only standalone guide in English to this increasingly popular destination, it remains in a class of its own for in-depth information. With fresh research into developments across the country, Bradt's Rwanda includes expanded coverage of Gishwati-Mukura National Park, which opened to tourism in 2021, and up-to-date details of rapidly modernising Kigali, considered Africa's cleanest city. Rwanda continues to change and develop at an unprecedented pace – no country has a higher proportion of female parliamentarians – and there's hardly a more accessible part of Africa. It's no less intriguing for the convenience, however, and Rwanda's superlative natural attractions constantly improve, with growing animal populations, as in Akagera National Park, where Africa's Big Five (rhino, lion, leopard, elephant and buffalo) can be seen. This new edition also includes extensive maps and natural history information, while details of kayak and canoe excursions on Lake Kivu and the Mukungwa River complement advice about staying on tea plantations at Sorwathe or Gisovu. It contains everything you need to know about tracking mountain gorillas in Volcanoes National Park (workplace of primatologist Dian Fossey of Gorillas in the Mist fame) and chimpanzees in Nyungwe National Park (East Africa's largest surviving montane forest, harbouring numerous endemic birds and

primates) and Gishwati-Mukura (which is also the only location for the rare golden monkey outside the Virunga mountains). Also covered are Nyanza, with its hilltop Rukari King's Palace Museum, and the Ethnographic Museum of Rwanda, the top cultural site in Butare (Huye). A chapter on nearby cities and national parks provides key necessary information to take an excursion into neighbouring DRC, including how to see lowland gorillas. As not only the most in-depth guide available in English, but also the guide with the longest history in the country itself, Bradt's Rwanda is the indispensable companion for visitors, including wildlife enthusiasts and Africa aficionados.

The Gambia & Senegal

DEDICATED chapters on birdwatching and music. CUSTOMISED itineraries take you up the coast or down the river. UNIQUE GREEN INDEX highlights the best ecofriendly options Lonely Planet's 4th edition of The Gambia & Senegal will take you from the arid desert lands of the north to the lush tropical forests in the south, and from the capital cities of Dakar and Banjul to the more remote Bassari country. Go lion spotting in the Parc National de Niokolo-Koba or hike around the beautifully conserved Abuko Nature Reserve. Lonely Planet guides are written by experts who get to the heart of every destination they visit. This fully updated edition is packed with accurate, practical and honest advice, designed to give you the information you need to make the most of your trip.

The Rough Guide to The Gambia

This new, thoroughly updated edition of Bradt's Senegal continues to offer far and away the greatest depth of coverage for this increasingly popular part of West Africa. With over 350 pages of detailed description and 40 maps, this remains the definitive source of information to a country that is often described as the whole of West Africa in microcosm. This new edition includes details of the rapidly changing transport situation, notably the opening of the new international airport and the first bridge to span the Gambia River. All regions of the country are covered, including detailed information on access to Senegal's national parks, with detailed maps, itineraries, and practical information on transport, accommodation and eating for each region. Senegal boasts a variety of landscapes and cultures that belie its compact size. Northern desert wilds give way to the rain-soaked Casamance, fringed by hundreds of kilometres of pristine beaches and the fantastically frenetic capital city, Dakar, surrounded by ocean and proudly perched at the westernmost point on the African continent. This smorgasbord of landscapes is all accessible within a day's travel, making Senegal the perfect choice for anyone looking to sink their teeth into West Africa, for the first time or the hundredth. Natural assets aside, Senegal is home to a world of man-made delectations: Dakar's nightclubs throb well into the morning hours and offer a rare chance to dance yourself silly with superstar musicians on their home turf. With one of Africa's most prolific arts scenes, Senegal attracts numerous visitors for its cultural attractions, and this book provides a thorough and accessible introduction to the music, art, film, and literature of this most creative of countries. Beyond the capital, Saint-Louis' charm is an enchanting throwback to the colonial glamour of the 19th century, and sleepy Île de Gorée is a haunting testament to colonial horror, as visitors peer through the door of no return, where thousands destined for the Americas glimpsed their homes for the final time. With all new first-hand research, Bradt's Senegal is the only guide ready to take you to all corners of this enchanting land.

Senegal

Sri Lanka travel guide - holiday advice and tips from Colombo hotels and restaurants to cuisine and homestays, wildlife, national parks (e.g. Yala and Horton Plains), wellness tourism and historic sites. Features Kandy's Temple of the Tooth, Arugam Bay, Dambulla cave temples, Sigirya, Anuradhapura, Polonnaruwa, Galle Fort, Jaffra and beach resorts.

Sri Lanka

National parks game viewing markets pristine tropical beaches and surfing are just some of the highlights of Benin that are readily available Z99 aid of this guide which caters to cultural and historical visitors those tracing their roots in Benin

Benin

Friendly, English-speaking and hassle-free: such qualities make Ghana the ideal destination for first-time visitors to Africa. Highlights range from painted mud houses in the Upper East Region

to bleached white beaches and lush rainforests along the Atlantic coastline. Furthermore, independent-minded travellers can enjoy a country free from the trappings of mass tourism and rich in little-visited national parks, forest reserves, cultural sites and scenic waterfalls. Ghana is on the cusp of a travel renaissance, and this fully updated fourth edition contains all the information you need to explore every corner of this emerging destination with confidence.

Ghana

The Rough Guide to The Gambia is the most comprehensive guide to Africa's most accessible country. This second edition, the result of detailed on-the-ground research, reports on exciting new developments including beautiful eco-retreats and imaginative wildlife conservation projects where visitors can see birds, monkeys and chimps at close range. Detailed maps and plans are complemented by expert and upbeat guidance on the beaches, villages and music, the mangrove creeks and the River Gambia itself. There are first-hand reviews of all the best accommodation, restaurant and bar options in the country, both on and off the beaten track, for everyone from shoestring travellers to luxury tourists. The guide is also full of trademark candid insights into Gambian history, politics, music, language and culture.

The Rough Guide to the Gambia

Becoming a parent need to not put an end to wanderlust. That's the message in this new anthology from Bradt, the latest in a series of collections of real-life tales focusing on different aspects of travel. With contributions from a range of both well-known, professional travel writers and newer writers from the UK and North America, this engaging and entertaining compilation of 37 stories lifts the lid on the perils and joys of travelling with babies, toddlers and teenagers in locations spanning five continents. Contributors include renowned travel writer Dervla Murphy, National Geographic Traveller Editorial Director Maria Pieri, multi-award winning authors Adrian Phillips and Mike Unwin, and nature writers Amy-Jane Beer and Nicola Chester to name just a few. Potentially life-threatening situations, confessions of inept parenting and celebrations of derring-do are all part of the mix. There's plenty of adventurous travel, from trekking with toddlers in the Himalayas to sailing en famille across the Atlantic Ocean and the first circumnavigation of Mauritius by bicycle. Read how one mother threatens to dump her baby on jobsworth airport officials, how a father inadvertently takes his daughters to a brothel, and how one family turned up six hours early for a flight. and still managed to miss it. Join families paddling with crocodiles and getting their jeep stuck on a beach as the tide is coming in, or eleven-month-old Rory as he eats alongside marine iguanas and three-year-old Quin who befriends a family of cockroaches. At times comical, hair-raising or just plain fun, there are also magical moments with wild creatures or in wild places. For anyone who has ever travelled with children, or wondered what it must be like to head out into the unknown with little ones in tow, this is a captivating read.

Kidding Around

The definitive guide for adventurers crossing the continent since its first edition in 1991.

Africa Overland

Now into its eighth edition and written by Philip Briggs, the world's leading author of African guidebooks, Bradt's Rwanda has been the go-to guide for visitors to the 'Land of a Thousand Hills' for more than 20 years. Still the only standalone guide in English to this increasingly popular destination, it remains in a class of its own for in-depth information. With fresh research into developments across the country, Bradt's Rwanda includes expanded coverage of Gishwati-Mukura National Park, which opened to tourism in 2021, and up-to-date details of rapidly modernising Kigali, considered Africa's cleanest city. Rwanda continues to change and develop at an unprecedented pace – no country has a higher proportion of female parliamentarians – and there's hardly a more accessible part of Africa. It's no less intriguing for the convenience, however, and Rwanda's superlative natural attractions constantly improve, with growing animal populations, as in Akagera National Park, where Africa's Big Five (rhino, lion, leopard, elephant and buffalo) can be seen. This new edition also includes extensive maps and natural history information, while details of kayak and canoe excursions on Lake Kivu and the Mukungwa River complement advice about staying on tea plantations at Sorwathe or Gisovu. It contains everything you need to know about tracking mountain gorillas in Volcanoes National Park (workplace of primatologist Dian Fossey of Gorillas in the Mist fame) and chimpanzees in Nyungwe National Park (East Africa's largest surviving montane forest, harbouring numerous endemic birds and

primates) and Gishwati-Mukura (which is also the only location for the rare golden monkey outside the Virunga mountains). Also covered are Nyanza, with its hilltop Rukari King's Palace Museum, and the Ethnographic Museum of Rwanda, the top cultural site in Butare (Huye). A chapter on nearby cities and national parks provides key necessary information to take an excursion into neighbouring DRC, including how to see lowland gorillas. As not only the most in-depth guide available in English, but also the guide with the longest history in the country itself, Bradt's Rwanda is the indispensable companion for visitors, including wildlife enthusiasts and Africa aficionados.

Rwanda

This Bradt guide has become the definitive source of information on this country rich in culture, history, and dramatic scenery.

Ethiopia

Written by an insider and Albania enthusiast, the Bradt guide to Albania takes a fresh look at how and where to explore the heritage of this hidden corner of eastern Europe.

Albania

Travel Guide.

Senegal

Tanzania is one of Africa's greatest safari destinations, home to the legendary Serengeti National Park, Ngorongoro Crater and Mount Kilimanjaro as well as the 'spice island' of Zanzibar and lesser known gems such as the vast Selous Game Reserve and habituated chimpanzees of Gombe Stream. This fully revised edition of the guide covers every accessible national park and reserve, as well as many top non-wildlife attractions and the best accommodation in every price bracket. It includes in-depth coverage of wildlife and natural history, background information on the Maasai and other tribes, archaeological points of interest such as rock art and mediaeval Swahili ruins and an introduction to the Swahili language.

Sierra Leone

A second edition of the first English-language travel guide to Mali, full of practical information and cultural background for the independent traveler.

Tanzania Safari Guide

Ghana is an ideal destination for first-time visitors to Africa; rich in little-visited national parks, forest reserves, cultural sites and scenic waterfalls, blessed with bleached white beaches and lush rain forests of the Atlantic coastline. This stand-alone guide, the only one available, caters for both the budget backpacker and

Mali

This detailed guide entices readers with a combination of history and culture as well as a multitude of activities. For the active traveller, there is extensive coverage of the national parks and wildlife reserves to be found within these two tropical African countries. A special feature of the book is a 32-page colour guide to the region's striking birdlife and stunning beaches. Water-sports, boating, fishing, cycling, and other activities are listed. Restaurants, accommodation and transportation alternatives are considered for all tastes and budgets. Language sections are also included for both countries.

Ghana

Little known to the outside world, Somaliland has much to offer the truly intrepid traveller. This pioneering guidebook introduces one of the world's least chartered travel destinations. Author Philip Briggs covers everything from the low-key capital Hargeisa and mediaeval port of Berbera to peerless rock art sites such as Las Geel, and the scenery and wildlife of the Daallo Escarpment, towering 2,000m high above the pristine reefs of the Gulf of Aden. Somaliland's ruined cities and historical ports date back 5,000 years and have links with ancient Egypt and Axum in northern Ethiopia, as well as the Ottoman and British Empires. This guide offers background and practical information to every

accessible corner of the country with the only real maps in existence of its capital and other large towns, and a section on wildlife.

The Gambia & Senegal

This new, thoroughly updated second edition of the most practical guide to Central Asia's smallest and least understood country brings to life the 'Roof of the World': Tajikistan. Enhanced trekking details and maps are included, along with more detailed practical information than any other guidebook. Travelling to and entering Tajikistan is easier than ever before with improved transport infrastructure and a new airport terminal in the capital, Dushanbe. Accommodation options in the capital have also improved with new high-end hotels now open for business. This new edition includes details of all such changes and improvements. With this guide you can explore the Tajik side of the Wakhan Corridor, complete with fortresses, petroglyphs, and stunning views of the Pamirs and Hindu Kush. Also covered are the Fann Mountains, easily the most accessible - and one of the most beautiful - mountain ranges in Tajikistan, the UNESCO World Heritage Sites of Sarazm and the Tajik National Park, the hot springs of Garm Chashma, and the Tajikistan section (which forms the majority) of the Pamir Highway, arguably the most spectacular drive in the world. Epic mountain landscapes, glacial lakes, and the mighty Amu Darya - the Oxus River of antiquity - encircle ancient Buddhist sites, Silk Road trading posts, medieval shrines, and planned Soviet cities alike. The modern population continues to draw upon its diverse heritage from Persia, China, Afghanistan and Russia, creating a complex and intriguing culture waiting to be discovered. With first-hand descriptions of everything from Sogdian ruins to playing the traditional sport of buz kashi, trekking on the Murghab Plateau and eating shashlik in garden tea houses, Tajikistan's expert authors bring the country alive in Bradt's new and fully updated edition.

Somaliland

The Bradt guide to Svalbard (Spitsbergen), including Franz Josef Land and Jan Mayen, is a unique, standalone guidebook to this evocative Arctic archipelago, a place that is plunged into darkness for four months each year and where there are 4,000 snow scooters for a population of just 2,500. This new sixth edition has been thoroughly updated throughout and offers new material on everything from adventure tours to accommodation, environmental change to restaurants. Also covered are the restoration of Barentsburg and the opening of Svalbard's historic mines to visitors. Newly updated and amended, this edition reflects important recent changes in the archipelago, making it the perfect guide to a quintessential bucket-list destination. Possibly the most remote destination in the developed world, Svalbard is as off the beaten track as you can get in Europe today. A destination where there are more polar bears than people, Svalbard is the planet's most northerly settled land and the top (if not the end) of the world. It was on and around Svalbard that most of David Attenborough's 'Frozen Planet' was filmed. A trip to Svalbard easily lends itself to notching up geographic superlatives (most northerly kebab, most northerly souvenir shop, etc) and adventurous travellers seek out experiences such as husky driving and hikes across the permafrost, charmed by the island law that requires everyone to carry a rifle anywhere outside of Longyearbyen, a constant reminder of Svalbard's 3,000-strong polar bear population. The main tourist period falls in Svalbard's brief summer, from June to August, when it's light around the clock and not very cold. However, increasingly popular for winter sports - especially because the next few years will enjoy unusually high Northern Lights activity - are the so-called 'light winter' months (March-May), when there is both sunlight and snow. The winter season itself (November/December-March) offers many possibilities for outdoor adventure - and the polar night is an experience in itself. Despite winter temperatures that can drop to over 40 below zero, Svalbard's glorious mountains, majestic fjords and sprawling valleys are the perfect setting for adventurous journeys out to the back of beyond, giving visitors a unique vantage point on a unique tourist destination. This brand-new edition of Svalbard provides all of the practical and background information you'll need to explore this wild place, turning the hostile into the hospitable. Bradt's Svalbard is written by Roger Norum, an expert in the region who writes regularly on northern Norway for the press and who teaches Norwegian language and translation at University College London. He is also a Research Fellow at the University of Leeds, where he carries out research on the links between tourism, travel writing and environmental change in the European Arctic.

Tajikistan

From balafon players in the laidback town of Bobo-Dioulasso to masters of horsemanship further north - plus internationally recognised film, jazz, hip hop and craft festivals - landlocked Burkina Faso, in the

heart of west Africa, has something to offer everyone. This new edition of the only English-language guidebook to Burkina Faso leads visitors on camel safaris from desert markets to dramatic waterfalls and spectacular sandstone rock formations, past the extraordinary architecture of 16th-century Mossi, Lobi stone ruins and Koro's hillside caves. Sports fans can even witness the cycling race, Tour du Faso, in this magical country, one of Africa's best-kept secrets.

Svalbard

Birdsong on the banks of the Gambia River, roaring waves along the Atlantic coast, rocking rhythms in bustling Dakar - The Gambia and Senegal offer a variety of experiences like no other. Get into the groove of West Africa with this essential guide. More than 30 detailed maps, including a full-colour country map. Dedicated section covering the music of the region. Special section on Senegambia's 660-plus bird species. Places to stay and eat to suit all budgets. Where to enjoy the region's near-perfect beach climate.

Bradt Travel Guides - Burkina Faso

This third book in the Travelling Solo series, not only covers a single week in The Gambia, but reflections on previous visits. In the first book, Vietnam: Journey of Unexpected Delights, the author, who thought she was joining a tour group, unintentionally found that she was travelling solo. What could have been a lonely and stressful holiday, turned out to be a magical experience, such that she has specifically chosen to travel solo ever since. Like the other two books in the series, this travelogue will not only inspire you to travel solo, but absorb you into the culture and experiences of The Gambia. It is witty, informative, colourful and insightful, both of the region and the solo traveller. It paints a vivid picture of the places visited and the people encountered along the way, in a frank and humorous manner. You will meet Velcro Man and Mr and Mrs Arrogant as the author searches for the elusive White Egret. This is not a travel guide, although it would make a fine travel companion for anyone visiting the region.

The Gambia & Senegal

Why is Juliana always cast as the victim in her films? It's her eyes: 'they widen so nicely in terror'. In movies, she has been stabbed, bludgeoned and, once, impaled upon a decorative sword. Now has Juliana become too suggestible? This book illuminates the secrets of a dangerous marriage.

Namibia

The Gambia is a country in West Africa and is the smallest country on the continent of Africa. It has a short North Atlantic Ocean coastline in the west and is surrounded by Senegal so that it is almost an enclave. The country occupies the navigable length of the Gambia River valley and surrounding hills. The Gambia celebrates its independence day on 18 February. There is also the Muslim festival of Eid which is celebrated by virtually all Gambians and is a 2 to 3 day event where up to 250,000 animals are slaughtered to provide food for the feast. Wink Travel Guides introduce you to the best world travel destinations, in a clear and concise way, illustrated by photos.

The Gambia

Stroll, shop, dine and dance in fashionable Dakar. Reflect and recharge among the pastel-hued streets of tranquil Gorée. Seek out crumbling 19th-century mansions in Saint-Louis. Look out for rare birds in the wetlands of the Parc National des Oiseaux du Djoudj. Paddle upstream in a pirogue at Niokolo-Koba National Park, where lions still run wild. Bordered by the waves of the Atlantic, the deserts of Mauritania and the impenetrable forests of Guinea, Senegal packs in remarkable diversity — it's perfectly possible to trek the green Fouta Djallon foothills, catch some world-class surf and watch a sandstorm blow in from the Sahara within a day's journey of each other. Yet the country's greatest treasure is the hospitality extended everywhere, whether you've come to dance to mbalax beats in Dakar, loll in a hammock somewhere along the Petite Côte or escape to an island lost in the rivers of Casamance. In this, the very first standalone guide to Senegal, Sean Connolly provides you with all of the background information and practical advice you will need in this superlative and surprising nation at Africa's westernmost edge.

Dreams of Rescue

Liberia has once again emerged as the adventurer's choice destination after decades of instability. Founded by freed American slaves in 1822, Africa's oldest republic is now embracing tourism. Whether tracking down the last of the world's pygmy hippos or surfing along stretches of deserted beaches, Liberia will entice curious and adventurous visitors. Bradt's Liberia is a unique title being the only dedicated travel guide to the country. With a detailed section on forest hikes, including first-hand advice, and chapters on history and culture, it is the definitive guide for backpackers and business travellers alike. Author Anne Kennedy is a communications consultant who currently lives and works in West Africa.

Gambia - Wink Travel Guide

Unexplored Equatorial Guinea finally gets a guidebook! This one-time Spanish colony is one of the smallest countries in continental Africa, both in terms of size and population, and is ranked by the United Nations among the ten least visited countries in the world. From the oil-rich capital of Malabo on the volcanic island of Bioko, set out to explore the jungle interior via the Spanish colonial outpost of Bata, where you'll find pristine national parks teeming with wildlife, incredible white-sand beaches and a wealth of small, traditional communities. Travel here may not always be straightforward, but the rewards are worth it for such a unique experience in the heart of tropical Africa's only Spanish-speaking nation. This is the only in-depth English language guide to Equatorial Guinea, one of the last truly unexplored corners of sub-Saharan Africa. With first-hand descriptions of all seven provinces (including the islands and the mainland), accommodation, maps and itineraries, plus practical details, guides to security and getting a visa, this is all the information you need whether visiting Bioko on business or trekking Río Muni in search of gorillas.

Senegal

A guide for visitors to Malawi. It provide readers with advice on planning their itinerary, wildlife and bird species identification, conservation areas, national parks and a history of the country.

Liberia

Previous ed.: published as by Lindsay Bennett. 2009.

The Gambia and Senegal

Equatorial Guinea