

The Secret Of The Soul Using Out Of Body Experien

[#soul secrets](#) [#out of body experience](#) [#astral projection](#) [#spiritual awakening](#) [#consciousness exploration](#)

Unlock the profound mystery of your inner essence through the practice of out-of-body experiences (OBE). This guide delves into the ancient wisdom and modern techniques for conscious astral projection, offering a unique path to explore non-physical realms, expand your consciousness, and truly understand the boundless secrets of the soul.

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The Secret of the Soul

In this remarkable book, William Buhlman, author of the bestselling *Adventures Beyond the Body*, offers the reader a comprehensive guidebook to understanding and exploring the fascinating phenomenon of out-of-body experiences (OBEs). Learn how you can: Explore your true spiritual self and attain profound transformation in your awareness and knowledge of the universe. Gain life-changing benefits as you break free from mental and physical limitations. Contact departed loved ones using OBEs to move beyond the current limited understanding of death. Filled with engrossing stories based on the testimonies of people from all over the world, and offering forty new, easy-to-understand techniques, *The Secret of the Soul* will prepare human beings everywhere for the next major leap in the evolution of consciousness.

Summary of William Buhlman's The Secret of the Soul

Please note: This is a companion version & not the original book. Sample Book Insights: #1 The most amazing out-of-body experience is a meeting with a loved one who has passed on. It can provide startling insight into our spiritual natures and the unseen dimensions around us, and it can verify our own immortality. #2 Out-of-body experiences offer a glimpse of a world far beyond the limits of our bodies. They provide us with abilities and perceptions that extend far beyond the limits of matter. #3 It is common for people who have died to remain close to the physical world for several days after they die. They often visit their loved ones and express their good-byes. #4 When we develop our natural abilities to perceive and explore beyond the limits of our body, we are no longer limited to dreams and visions to communicate with our deceased loved ones. We can now experience personal communication beyond the physical.

Adventures in the Afterlife

Adventures in the Afterlife is a powerful journey of spiritual awakening; a bold quest for answers and enlightenment. The old assumptions of heaven are confronted and an expansive new vision of our continuing life is presented. After being diagnosed with cancer, William Buhlman, author of *Adven-*

tures Beyond the Body, pursued answers to the mysteries of our existence after death. Confronting his mortality, he experienced profound insights into what lies beyond our physical body. Our journey into the next life is the basis for Adventures in the Afterlife. The author chronicles his out-of-body experiences and lucid dreams through the eyes of a fictional character, Frank Brooks. The insights are sometimes surprising, but a clear message is always apparent; we are powerful, spiritual beings and we shape our reality now and in the future. The purpose of this book is to prepare us for the many thought responsive environments we will experience. William Buhlman teaches and lectures worldwide on the subjects of out-of-body experiences and spiritual empowerment. Visit the author at www.astralinfo.org.

Out-of-Body Experiences

Throughout history, people have reported spiritual experiences that we now identify as out-of-body experiences or OBEs. In recent times, modern researchers like Robert Monroe have pioneered the scientific study and practice of OBEs. Increasingly, people are remembering spontaneous OBEs, especially from early childhood. Also, OBEs are a typical feature of near-death experiences and have been described as beautiful, painless, and ecstatic. This is the comprehensive manual for inducing out of body experiences and managing the experience. Peterson not only explores the stages of his own development, but also concludes each chapter with a specific exercise that takes you to the next level. From wiggling out of your body for the first time (the author did a back flip his first time) to traveling through other realms and dealing with your "encounters,"

Soul Speak – The Language of Your Body

In this book you will discover what the messages from the different body systems mean and how you can heal any situation by understanding the message that is being delivered and acting appropriately on that message. This is a secret language that is now being revealed. It is no longer a mystery. Discover for yourself what YOU are trying to say to YOURSELF.

Soul Traveler

Donated.

Adventures Beyond the Body

An introduction to out-of-body travel which describes the author's various astral journeys, and offers step-by-step instructions for embarking on voyages through new dimensions and worlds beyond everyday life.

Unlock the Secret Messages of Your Body!

Your body is a receiving station for secret messages from Spirit. Stop thinking about it, and start listening to it! All your history and negative programming is lodged in the cells of your body. Using this 28-day jump-start health program - based on Denise's original Soul Coaching Program - you'll unweave hidden blockages within your DNA to ini...

Creating the Soul Body

Outlines the principles and mechanics of the soul body, the spiritual vehicle that enables individual consciousness to survive the body's death • Shows that the ancient Vedic, Egyptian, Hebraic, and Pythagorean traditions shared and understood this spiritual practice • Reveals modern science as only now awakening to this ancient sacred science Ancient peoples the world over understood that individual consciousness is rooted in a universal field of consciousness and is therefore eternal, surviving the passing of the physical body. They engaged in spiritual practices to make that transition maximally auspicious. These practices can be described as a kind of alchemy, in which base elements are discarded and higher levels of consciousness are realized. The result is the creation of a vehicle, a soul body, that carries consciousness beyond physical death. These spiritual preparations are symbolized in the Vedic, Egyptian, and Hebraic traditions as a divine stairway or ladder, a step-by-step path of ascent in which the practitioner raises consciousness by degrees until it comes to rest in the bosom of the infinite, thereby becoming "immortal." This spiritual process explains the reincarnation of the Dalai Lama, for example, whose reincarnation is confirmed in infancy through physical and spiritual signs, indicating that the consciousness has been carried from one lifetime to the next. In Creating the Soul Body, Robert Cox maps the spiritual journey of consciousness behind this sacred science of

immortality and reveals the practice of creating a soul body in detail. He also shows that this ancient spiritual science resembles advanced theories of modern science, such as wave and particle theory and the unified field theory, and reveals that modern science is only now awakening to this ancient science of “immortality.”

Astral Projection Made Easy

Mans greatest fear is of death. Because of this, a lot of energy goes into defending ourselves against this reality whether it be through illicit or recreational drugs, business or work. Astral Projection Made Easy is an attempt to eliminate this fear through approaching the whole concept of life beyond and outside the physical body through Near-Death Experiences(NDEs) Lucid Dreaming and the technique of Out-of-Body experiences(OBEs). The author draws from a rich source of information, including her own experiences of astral projection over 20 years. Within this context, she includes Eastern teaching and explores astral projection from a scientific, spiritual and psychic perspective. She includes a chapter on consciousness as well as what precipitates an altered state of consciousness. In order to support her work she includes historical case studies of other writers and contemporary ones as well as her own. There is a section on how to identify an out-of-body experience, what it may feel like, and the very real ‘symptoms’ experienced on a somatic level. More than anything, the Work is engaging, accessible and rich in content. ,

The Untethered Soul

#1 New York Times bestseller What would it be like to free yourself from limitations and soar beyond your boundaries? What can you do each day to discover inner peace and serenity? The Untethered Soul offers simple yet profound answers to these questions. Whether this is your first exploration of inner space, or you’ve devoted your life to the inward journey, this book will transform your relationship with yourself and the world around you. You’ll discover what you can do to put an end to the habitual thoughts and emotions that limit your consciousness. By tapping into traditions of meditation and mindfulness, author and spiritual teacher Michael A. Singer shows how the development of consciousness can enable us all to dwell in the present moment and let go of painful thoughts and memories that keep us from achieving happiness and self-realization. Copublished with the Institute of Noetic Sciences (IONS) The Untethered Soul begins by walking you through your relationship with your thoughts and emotions, helping you uncover the source and fluctuations of your inner energy. It then delves into what you can do to free yourself from the habitual thoughts, emotions, and energy patterns that limit your consciousness. Finally, with perfect clarity, this book opens the door to a life lived in the freedom of your innermost being. The Untethered Soul has already touched the lives of more than a million readers, and is available in a special hardcover gift edition with ribbon bookmark—the perfect gift for yourself, a loved one, or anyone who wants a keepsake edition of this remarkable book. Visit www.untetheredsoul.com for more information.

Remembering the Future

The author proposes a scientific basis for the power of intention in the creation of future realities.

ECKANKAR

The rockets of the twentieth century ushered man into the exciting frontiers of outer space. But what of his inner universe? Unfortunately, it remains a black hole of mystery and speculation. The lightning-fast pace of today leaves us with little time to ask: What on earth am I doing here? Our search for love, wisdom, and freedom has so far been mostly in vain. Then our eyes catch sight of the enchanting words Soul Travel! Dare we hope? Eckankar offers simple, creative exercises that unlock the doors to Soul Travel, the means the great saints have always used to find the secret kingdom of God while still in their physical bodies. The ancient teachings of Eckankar, which Paul Twitchell brought out in 1965, emphasize the value of personal experiences as the most natural way back to God. Discover deep inner reserves of truth you have attained over lifetimes. Whatever your religious background, Eckankar shows how to look and listen within yourself—to expand your consciousness and enjoy spiritual freedom. You will come to know there is so much more to life than what we see. Today, the worlds of God again beckon the restless and weary traveler. All he needs for this journey is a road map and a willing heart. ECKANKAR—The Key to Secret Worlds is the map, but the reader must bring his willingness and curiosity. All aboard for the Astral, Causal, Mental, and Soul Planes. The flight is now boarding. Welcome to Eckankar! *** “People ask, ‘Why is it so important in Eckankar to learn Soul Travel?’ Soul Travel, in

a broad sense, is of much value because it is a link to the expansion of consciousness. The rule of destiny holds that people at some time will begin to awaken to who and what they are. A knowledge of past lives may also open to them by way of dreams or déjà vu. A few catch a glimpse of future events. Note that Soul Travel means moving into the higher realms of God, to places people haven't yet dreamed of. Soul Travel reveals a majesty and security that abounds in the arms of God alone. Soul Travel transcends astral or mind travel, and rote prayer, elevating one into profound spiritual areas. Whenever Soul reaches the far orbits of the inner planes through Soul Travel, the human heart open to God's all-consuming love. It is our very purpose to discover that love. --Sri Harold Klemp, spiritual leader of Eckankar

Awakening to the Fifth Dimension

If you're suffering from chronic illness and persistent symptoms, this book holds a revolutionary solution. Prepare to discover a new dimension of healing. Perhaps you're struggling with a seemingly incurable illness. Or maybe a loved one is showing prolonged symptoms. Whatever your situation, Kimberly Meredith is here to show you a way out of the suffering. Awakening to the Fifth Dimension means tapping into your full potential. It means entering a higher state of consciousness and opening up to unconditional love, forgiveness and acceptance. Full of practical methods, nutrition, case studies and testimonials, Awakening to the Fifth Dimension will empower you to confront your own health struggles and find true, lasting healing. You'll discover: · methods to alleviate mental, emotional and physical ailments · spiritual practices that will lift you into the realm of the Fifth Dimension · stories, exercises, prayers, affirmations, and other information to elevate your mind, body and soul. · a chapter on nutrition, supplements and recipes to support your healing · ways to enter a higher state, including crystals and meditation This book will open a portal into the Fifth Dimension way of thinking and living. Find happiness and freedom with Kimberly's gentle wisdom and guidance.

Beyond the Astral

Beyond the Astral is a collection of short stories inspired by the out-of-body experiences, lucid dreams, and explorations of consciousness that the authors have documented over the past decades. This book is designed to open a path to our unlimited possibilities by revealing the simple but sometimes powerful message found in the mysterious activities of our consciousness. We wish for you to enjoy these stories that speak to the highs and lows of our human adventure. Look carefully, you may see a reflection of your own journey as we relay our experiences to you. Stretch your thoughts and see where your inspiration will take you! For more information visit the authors website.

Astral Dynamics

"Specific instructions on how to dream lucidly and consciously leave one's body. Describes various methods of achieving the out-of-body state and what to do once there"--Provided by publisher.

Out-of-Body Experiences: A Handbook

What is the best, safest method to induce an OBE? Is there a limit to how far away one should go from the body? Is it possible to go out and not be able to get back in the body? Do I need a teacher to learn how to have this experience? Have astral bodies actually been photographed? What are the main fears that hold one back from an OBE? Based on laboratory investigations by a veteran parapsychologist, this unique book suggests that a person's conscious awareness can detach itself from the person's body and travel for an extended period of time. Is it science fact or science fiction? Decide for yourself — with this complete guide to OBEs including: First person accounts Comprehensive history of occurrences through the ages across all cultures The 90 most commonly asked questions about OBEs

Soul Dust

A radically new view of the nature and purpose of consciousness How is consciousness possible? What biological purpose does it serve? And why do we value it so highly? In Soul Dust, the psychologist Nicholas Humphrey, a leading figure in consciousness research, proposes a startling new theory. Consciousness, he argues, is nothing less than a magical-mystery show that we stage for ourselves inside our own heads. This self-made show lights up the world for us and makes us feel special and transcendent. Thus consciousness paves the way for spirituality, and allows us, as human beings, to reap the rewards, and anxieties, of living in what Humphrey calls the "soul niche." Tightly argued,

intellectually gripping, and a joy to read, *Soul Dust* provides answers to the deepest questions. It shows how the problem of consciousness merges with questions that obsess us all—how life should be lived and the fear of death. Resting firmly on neuroscience and evolutionary theory, and drawing a wealth of insights from philosophy and literature, *Soul Dust* is an uncompromising yet life-affirming work—one that never loses sight of the majesty and wonder of consciousness.

Hacking the Out of Body Experience

Where do we go when we die? Everything we know about the afterlife is based on someone else's spiritual experiences: near-death experiences (NDEs) and out-of-body experiences (OBEs) aka astral projection. Most of the information has been distorted by religious agendas, centuries of time, ancient language misinterpretations, cultural differences, and just plain lack of words for what really happened. Wouldn't it be great if you could get your own answers without coming close to death? Now you can. This book will teach you how to temporarily exit your physical body and explore the world beyond. Many books claim to teach you how to induce OBEs, but fail to deliver. Most sell you superstitious nonsense, occult rituals, or new-age mumbo-jumbo. Even the best seem to parrot the same stale techniques that don't work, and usually without any explanation of how they're supposed to work. This book is different. *Hacking the Out of Body Experience* is the best and most complete collection of no-nonsense techniques to induce OBEs. There is no cruft. It's one hundred percent OBE techniques, based on Peterson's 40 years of firsthand experience, solid principles of neuroscience, bio-hacking, and information gleaned from all the experts in the field. Best of all, each technique contains a detailed explanation of the principles behind it and how it works.

Return from Tomorrow

At the age of twenty, George Ritchie died in an Army hospital. Nine minutes later, he returned to life. What happened to him during those minutes was so compelling that it changed his life forever. In *Return from Tomorrow*, Ritchie tells of his transforming encounter with the Son of God, who led him to encounters with other nonphysical beings at the very doorway of eternity. Ritchie's extraordinary experience not only altered his view of eternity, but it has also altered the lives of hundreds of thousands of readers. One of the most startling and hopeful descriptions of the realm beyond, this classic will inspire readers from all walks of life. It includes a brand-new preface from Elizabeth Sherrill.

Start Now!

Start Now! offers an extensive and representative sample of Steiner's spiritual instructions and meditative practices, including meditation instructions; mantric verses; daily, weekly and monthly practices for the development of soul qualities; karmic exercises and meditations for working with the dead, the angelic hierarchies and our guardian angel.

Avenues of the Human Spirit

Avenues of the Human Spirit takes us on a compelling journey through many life-changing experiences towards a greater sense of spiritual fulfillment. Genuine life changing experiences such as perceptions through time, out-of-body experiences and a profound spiritual awakening illustrate how the author reached a philosophy of benevolence and freedom that we too can draw upon in our everyday lives. These *Avenues of the Human Spirit* are the ecstatic changes we can experience beyond our bodies, in deep meditation or removed from the everyday world in nature, but they are also the everyday choices we make that define our world. The author's spiritual awareness has also grown from an understanding of the spectrum of human experience, from the harsher sides of his childhood in working class London to the joys of spiritual exploration. The result of these combined perceptions is what makes *Avenues of the Human Spirit* a unique and life-affirming book.

Soul Flight

A Revolutionary New Perspective on Astral Travel Forget everything you thought you knew about astral projection and the astral realm. This revolutionary how-to guide by esoteric scholar Donald Tyson represents a theoretical breakthrough on the topic, exploring astral experiences from a quantum perspective. Tyson's compelling theory proposes that the astral plane—a fantastic realm just as real as the physical world—is actually a dimension within our minds. "*Soul Flight*" presents a captivating history of astral practice that goes back to prehistoric shamans, medieval witches, Golden Dawn magicians,

Spiritualists, Theosophists, and Christian mystics and saints. It reconsiders mysteries both ancient and modern, offering fascinating and credible new insights into the following unexplained phenomena: Fairy sightings UFO abductions Shamanic journeys Lucid dreaming Near-death experiences Mystical powers of Christian saints and prophets Doppelgangers Secret government experiments such as remote viewing This groundbreaking book features a comprehensive how-to section that presents a variety of techniques and practices for achieving your own astral experiences, such as creating personalized rituals and using astral doorways. "Soul Flight" also reveals everything you need to know about this extraordinary dimension, including the role of astral guides, the importance of psychic self-defense, and etiquette in the astral world.

Mastering Astral Projection

This practical guide to achieving conscious out-of-body experiences is based upon the author's extensive knowledge of astral projection. Presented in an easy-to-follow workbook format, the 13-week program introduces astral project methods and provides daily preparatory exercises. Includes a CD-ROM.

Dreaming the Soul Back Home

In this extraordinary book, shamanic dream teacher Robert Moss shows us how to become shamans of our own souls and healers of our own lives. The greatest contribution of the ancient shamans to modern healing is the understanding that in the course of any life we are liable to suffer soul loss — the loss of parts of our vital energy and identity — and that in order to be whole and well, we must find the means of soul recovery. Moss teaches us that our dreams give us maps we can use to travel to the places where we can find and bring home our lost or stolen soul parts. He shows us how to recover our animal spirits and ride the windhorse of spirit to places of healing and adventure in the larger reality. We discover how we can heal ancestral wounds and open the way for cultural soul recovery. You'll learn how to enter past lives, future lives, and the life experiences of parallel selves and how to bring back lessons and gifts. "It's not just about keeping soul in the body," Moss writes. "It's about growing soul, becoming more than we ever were before, embodying more of the Greater Self." With fierce joy, he incites us to take the creator's leap and bring something new into our world.

How I Learned Soul Travel

Most engrossing account of out-of-body experiences since Monroe's *Journeys Out of the Body*. Detailed instructions to launch you on your own spiritual adventures.

Dialogues with Rebazar Tarzs

In this book is contained some of the great keys to unlocking the very mysteries of God via Out of Body Projection also known as Soul Projection using the ancient methods of the VARDAN Masters, a group of Spiritual Adepts who have always been with mankind since the very beginning of time, ready to show those who love God how to return to the Pure Positive God Worlds or many levels of Heaven beyond Matter, Energy, Space and Time!! Rebazar Tarzs, who is a Tibetan Lama and VARDAN Master is reported to be over 550 years old in the same physical body although he appears in his thirties! These Masters are masters of what is sometimes known as Bi-location or Soul Projection where one projects placing their awareness upon a particular plane of existence and is there in the blink of an eye! In this book are some of the most vivid and detailed descriptions of some of these God Worlds or levels of Heaven. Although impossible to describe many of them accurately, every effort has been attempted to not only do such but to explain the methods used to obtain one's own experiences of them! There is no need to wait until the death of the physical human body to experience the exalted worlds of Heaven. God or what is known in VARDANKAR as the HURAY exists in the here and now and man can bring his consciousness via the VARDAN Audible Life Stream into these lofty heights using the Secret Teachings of VARDANKAR!

When The Walking Defeats You

Deep in the Congo's Garamba National Park in the dead of night, Joseph Kony – the notorious warlord wanted by the International Criminal Court – made a shocking admission. Loosened by home-made wine, exposing a vulnerability he could never show the world, Kony looked George Omona in the eye, 'You need to know that if I had a choice I would not be doing this ... I wish I could be a man of books,

like you.' Three years earlier George was expelled from one of Uganda's best schools, just weeks before he was due to graduate with exemplary grades, destroying his dreams of becoming a teacher. In desperation, his uncle found him a role in Kony's Lord's Resistance Army (LRA). George's education and fluent command of English allowed him to rapidly rise through the ranks, eventually becoming one of Kony's bodyguards, before he finally made his escape. George's story – based on many hours of interviews with acknowledged LRA expert Ledio Cakaj – provides a vivid, personal and fascinating insight into the inner workings of the LRA, and the mind of Kony, its self-appointed prophet.

Astral Travel

Learn how to experience controlled astral projection from the safety of your own home and infinitely expand your awareness of the cosmic realities. This practical guide teaches you how to differentiate between astral travel and conventional dreaming, and how you can learn to control your experiences. Included are complete instructions for astral dreaming, twilight zone astral travel, meditative-state-travel, travel in the spiritual realms, helping and healing with astral travel, and much more. You have already spontaneously astral traveled during sleep. Now, through following the step-by-step instructions in these pages, your trips can be directed instead of random, useful instead of pointless. The places you visit are limited only by your own desires.

Soul Coaching

If you could really hear a message from your soul, what would it be telling you? Soul Coaching is a four-week program dedicated to an in-depth clearing and cleansing of the different aspects of your life: mental, emotional, physical, and spiritual. If not now, when? By following the practical, carefully crafted steps presented here, you'll find that you're able to uncover your authentic self. This book is for you if you want to know: • who you are • why you're here • what your mission is This book is also for you if you are ready to start: • putting your needs before everyone else's • living life at a peaceful, moderate pace • loving yourself By utilizing the energy of the elements of nature: Air, Water, Fire, and Earth, this program allows you to clear away old blockages so that you can truly begin to hear the secret messages of your soul.

My Soul to Take

She doesn't see dead people, but... She senses when someone near her is about to die. And when that happens, a force beyond her control compels her to scream bloody murder. Literally. Kaylee just wants to enjoy having caught the attention of the hottest guy in school. But a normal date is hard to come by when Nash seems to know more about her need to scream than she does. And when classmates start dropping dead for no apparent reason, only Kaylee knows who'll be next...

Soul Machine: The Invention of the Modern Mind

A brilliant and comprehensive history of the creation of the modern Western mind. Soul Machine takes us back to the origins of modernity, a time when a crisis in religious authority and the scientific revolution led to searching questions about the nature of human inner life. This is the story of how a new concept—the mind—emerged as a potential solution, one that was part soul and part machine, but fully neither. In this groundbreaking work, award-winning historian George Makari shows how writers, philosophers, physicians, and anatomists worked to construct notions of the mind as not an ethereal thing, but a natural one. From the ascent of Oliver Cromwell to the fall of Napoleon, seminal thinkers like Hobbes, Locke, Diderot, and Kant worked alongside often-forgotten brain specialists, physiologists, and alienists in the hopes of mapping the inner world. Conducted in a cauldron of political turmoil, these frequently shocking, always embattled efforts would give rise to psychiatry, mind sciences such as phrenology, and radically new visions of the self. Further, they would be crucial to the establishment of secular ethics and political liberalism. Boldly original, wide-ranging, and brilliantly synthetic, Soul Machine gives us a masterful, new account of the making of the modern Western mind.

The Soul Midwives' Handbook

Soul Midwives, a movement begun by Felicity Warner, has changed the face of modern holistic and spiritual palliative care in the UK and abroad. Soul Midwives are holistic and spiritual companions to the dying. They draw on traditional skills, now largely forgotten, applying them to our modern world to ease the passage of those who are dying. Their services are used within people's own homes, in hospices

and in care homes. Anyone with an open and compassionate heart and a desire to help others can train to become a Soul Midwife. This book will guide you through the core principles and techniques of this practice.

Sacred Oils

Discover the wisdom of a 4,000-year-old sacred oil tradition, learn transformational rituals and meditations, and unlock deep healing and incredible insight. Sacred oils are part of a mysterious and ancient art that dates back thousands of years. Their knowledge is passed from master to master - only a handful of people alive hold this knowledge. Among them is Felicity Warner, a healer and myrrhophore. In this book, Felicity will guide you through a healing journey with 20 of the world's most treasured oils, including Elemi, Holy Basil, Palo Santo and Spikenard. She explains how to: · mix, dilute, blend and store the oils · perform sacred rituals of anointment · attune to the frequency of each oil through meditation as a pathway to deeper consciousness · use the oils to cleanse auras and heal the soul, for prophecy and to access past-life information Find wellbeing and peace today as you delve into the amazing world of sacred oils.

A Soul's Journey

Through his teaching, Acharya, an Indian mystic, opens up a whole vision of life in the world that follows this world, a world where anything is possible.

Between Death and Life

Dolores has accumulated information about the Death experience and what lies beyond through 16 years of hypnotic research and past-life therapy. While retrieving past-life experiences, hundreds of subjects reported the same memories when experiencing their death, the spirit realm, and their rebirth. This book also explores: * Guides and guardian angels* Ghosts and poltergeists* Planning your present lifetime and karmic relationships before your birth* The significance of bad lifetimes* Perceptions of God and the Devil* And much more

How to Read the Akashic Records

"The Akashic Records contain everything that every soul has ever thought, said, and done over the course of its existence—as well as all its future possibilities. This valuable information can help you with any aspect of your life journey. And because the Records are also a dimension of consciousness, they are available anytime and everywhere." —Linda Howe The universe is alive—and it has a memory just like you. Known as the Akashic Records, this energetic archive of soul information stands ready to lovingly guide you. Once accessible to rare spiritual masters, now the Records are available to anyone—anytime, anywhere. After a lifelong search for truth, master teacher and healer Linda Howe has developed an infallible method for accessing this reservoir of information: the Pathway Prayer Process. By lifting you to a divine level of consciousness, this sacred prayer opens the doors of the Records, where your "soul blueprint"—everything you need to know about your soul's destiny—awaits you. There you will work with your Masters, Teachers, and Loved Ones to cultivate a rich relationship with the Records, and ultimately learn to unleash your highest potential. Grounded with the success stories of dozens of people whose lives have been touched by the Records, this comprehensive guidebook will help you confidently read the Records for yourself—or another—and find inspiration for your own spiritual path. "Accessing the Akashic Records provides an opportunity to align with your soul and develop your own spiritual authority," teaches Linda Howe. Now with *How to Read the Akashic Records*, you can learn to connect with this divine source for infinite joy, inner peace, and fulfillment. Linda Howe is the founder and director of The Center for Akashic Studies, an organization dedicated to promoting the study of Akashic Records and other applicable spiritual wisdom. Active in the healing arts for more than 20 years, Linda was moved and inspired by the power of the Records within herself and her clients. She began teaching this practice to students in 1996, and since then she has successfully taught thousands of students to accurately read the Akashic Records.

Astral Projection and the Nature of Reality

Astral Projection and the Nature of Reality goes beyond preconceived notions about how to get out of the body and then back in, as well as the dimensions to which the outofbody adventurer can travel. Magnus starts with a brief history of astral projection and then guides the reader through a stepbystep

course for reliable projection. He explains how, once outofbody, we create our own astral world, and he offers techniques for understanding our mind and the nature of reality. Magnus offers detailed exercises and proven techniques for reliably exiting your body; confronting the basic fears that can hold you back; taking advantage of psychic side effects; taming your mind; navigating a world in which you have the ultimate power to create; integrating the lessons you learn from OBEs into your everyday reality; replenishing your energy . . . and much more. Plus, incisive journal entries of his many outofbody adventures will convince you that it can be done and give you the inspiration to go farther than you ever thought possible.

Soul Retrieval

With warmth and compassion, Sandra Ingerman describes the dramatic results of combining soul retrieval with contemporary psychological concepts in this visionary work that revives the ancient shamanic tradition of soul retrieval for healing emotional and physical illness. This revised and updated edition includes a new afterword by the author.

Astral Projection

If you have always wanted to feel better and become more spiritual but have not known where to start, then keep reading... Are you sick and tired of not achieving the spiritual growth you desire-or not having the ability to leave your physical body to travel through the astral realm? Have you tried endless solutions, but nothing seems to work for more than a few weeks? Do you finally want to say goodbye to feeling stuck and having questions and discover something that works for you? If so, then you've come to the right place! You see, spiritual growth and astral travel don't have to be difficult-even if you've tried other solutions that haven't seemed to work, such as hypnosis or other paranormal techniques. In fact, it could be easier than you think. There are many reports of successful astral projections with positive outcomes for the participants demonstrating that out-of-body experiences are real. Here's just a tiny fraction of what you'll discover: Background information on astral projection, what is the attraction, and why do people want to have out-of-body experiences Best methods and techniques, how to perform them, how to jump-start your experience, real-world information that you can do in your daily life to enhance the experience, and what to expect during your preparation and journey Frequently asked questions-you will get as much information as possible to answer any concerns or questions you have What it's like coming back, how to ease your return into the physical world, and what to do once you are back And much, much more! Take a second to imagine how you'll feel once you have successfully traveled through the astral realm and how your family and friends will react when they see how much calmer, more focused, and happier you are. So even if you've been disappointed by fake guarantees and promises that didn't come true-don't worry! You can still learn to have purposeful, positive out-of-body experiences with astral projection. And if you have a burning desire to get started on your spiritual journey to higher consciousness and willful astral projections-then scroll up and click "Add to Cart" now!