

Bipolar Disorder The Latest Assessment And Treatment Strategies

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Explore the cutting-edge advancements in understanding and managing bipolar disorder, delving into the latest assessment methods and comprehensive treatment strategies. This resource offers valuable insights into effective approaches for improving the quality of life for individuals navigating this complex mood disorder.

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Bipolar Disorder: The Latest Assessment and Treatment Strategies

Recently Acquired! Bipolar Disorder joins the series of timesaving books from Compact Clinicals. In clear, concise language, this book provides professionals with up-to-date assessment and treatment information for bipolar disorder. Outstanding...easily accessible, essential information...a very readable synopsis of various evidence-based psychosocial interventions. --Gary Sachs, M.D. The Massachusetts General Hospital Bipolar Clinic and Research Program

Bipolar Disorder Assessment and Treatment

Rev. ed. of: Bipolar disorder: treatment and management / by Trisha Suppes, Paul E. Keck Jr. c2005.

Cognitive Therapy for Bipolar Disorder

A thoroughly updated version of a key practitioner text, this new edition includes a treatment manual of cognitive-behavioural therapy for Bipolar Disorder which incorporates the very latest understanding of the psycho-social aspects of bipolar illness. Updated to reflect treatment packages developed by the authors over the last decade, and the successful completion of a large randomized controlled study which shows the efficacy of CBT for relapse prevention in Bipolar Disorder Demonstrates the positive results of a combined approach of cognitive behavioural therapy and medication Provides readers with a basic knowledge of bipolar disorders and its psycho-social aspects, treatments, and the authors' model for psychological intervention Includes numerous clinical examples and case studies

Bipolar Depression: Molecular Neurobiology, Clinical Diagnosis and Pharmacotherapy

Although our knowledge of mood disorders is expanding, comparatively little is known about bipolar depression in particular. This book offers the most up-to-date information about the diagnosis, treatment, and research surrounding bipolar depression. Early chapters provide diagnostic information and review the course, outcome and genetics of this heritable condition. The book gives a thorough and unique overview of the neurobiology of the disorder, including neuroimaging work. Several chapters delineate the treatment of bipolar depression in special populations such as children and pregnant women. Furthermore, the particular issues of suicide, focusing on the need for assessment during both acute and maintenance treatment, are addressed. Finally, acute and long-term treatment strategies for bipolar depression are discussed, including both traditional and novel therapeutics, as well as non-pharmacological treatments. This volume offers researchers and clinicians key insights into this devastating disorder.

Borderline Personality Disorder: The Latest Assessment and Treatment Strategies

For some 5 to 16 million Americans, borderline personality disorder (BPD) is a pervasive pattern of instability that begins early in life. What are the three subgroups of BPD? How do you differentiate BPD from other disorders? What is the likelihood of recovery? Is group or individual therapy more effective? What environmental, genetic, and biological influences may cause BPD? How do medications impact BPD symptoms? This book will help answer these and many other questions. At-a-glance features include 7 typical characteristics of those with BPD, Differential diagnostic concerns, Treatment strategies for interpersonal, cognitive, dialectical behavior, and group therapy, 13 predisposing factors for suicide, 4 psychometric assessment tools, New self-report and interview instruments, Treatment dialog examples for various theoretical approaches, Comparison table of 6 classes of medications used to treat BPD and 6 key relapse prevention treatment strategies.

Selecting Effective Treatments

A systematic, research-based approach to the diagnosis and treatment of the major mental disorders—updated to reflect the changes in the DSM-5 This thoroughly revised and updated edition of Linda Seligman's classic book, *Selecting Effective Treatments* combines the latest research on evidence-based practices with practical, how-to information on implementation. Filled with numerous illustrative case studies and helpful examples, this Fourth Edition features expanded coverage of: Provides a bridge between the DSM-IV-TR and DSM-5 as mental health practitioners transition between the two Helps mental health practitioners explain their choice of treatment approach to their clients, to their supervisors and colleagues, and to MCOs Covers the changes in criteria in the DSM-5 Discusses trauma and its effect across the lifespan, suicide assessment and prevention, and new treatment approaches, including mindfulness Offers insights into childhood disorders, including autism spectrum disorders, bipolar disorder, ADHD, and attachment disorder Guides professionals in the diagnosis and treatment of depression, borderline personality disorder, the schizophrenia spectrum disorders, and the bipolar disorders With a new discussion of treatment strategies for dual diagnosis, *Selecting Effective Treatments*, Fourth Edition provides a pathway for treatment of mental disorders based on the most recent evidence-based research, while at the same time recognizing that the diagnosis and treatment of mental disorders are part of a dynamic and evolving field that embraces individuality and personalization.

Affective Disorders

An assessment of a variety of treatments for refractory depression, this book reviews all controlled studies as well as the results of open clinical trials. Among the subjects addressed are lithium augmentation, ECT and chronic depressive disorders.

Treatment Strategies for Refractory Depression

Dr Connors has over 40 years experience researching and publishing on ADHD. Anecdotes: Each chapter begins with a fictionalized account that personalizes the disorder.

Attention Deficit Hyperactivity Disorder (in Adults and Children)

The book provides treatment recommendations for bipolar patients, a review of evidence about bipolar disorder, and states research needs

Practice Guideline for the Treatment of Patients with Bipolar Disorder (revision)

This manual attempts to provide simple, adequate and evidence-based information to health care professionals in primary health care especially in low- and middle-income countries to be able to provide pharmacological treatment to persons with mental disorders. The manual contains basic principles of prescribing followed by chapters on medicines used in psychotic disorders; depressive disorders; bipolar disorders; generalized anxiety and sleep disorders; obsessive compulsive disorders and panic attacks; and alcohol and opioid dependence. The annexes provide information on evidence retrieval, assessment and synthesis and the peer view process.

Diagnostic and Statistical Manual of Mental Disorders (DSM-5)

The Bipolar Book covers not only clinical and pathophysiological matters, but also technical aspects of the evidence accumulation for treatment of bipolar disorder.

Pharmacological Treatment of Mental Disorders in Primary Health Care

From leading scientist-practitioners, this pragmatic, accessible book provides a complete framework for individualized assessment and treatment of bipolar disorder. It addresses the complexities of working with individuals with broadly varying histories and clinical presentations, including those who have been recently diagnosed, those who are symptomatically stable, and those who struggle day to day to achieve symptom remission. Extensive case material illustrates proven strategies for conceptualizing patients' needs and working collaboratively to help them adhere to medication treatments, recognize the early warning signs of manic and depressive episodes, build coping skills, and manage specific symptoms. The second edition is a complete revision of the original volume, updated and restructured to be even more user friendly for clinicians.

The Bipolar Book

Bipolar disorder is a chronic and debilitating mental illness affecting a significant proportion of the world's population. It is associated with significant impairments in health-related quality of life and psychosocial functioning, and has significant illness-related morbidity and heightened mortality rates due to medical comorbidities and suicide. The management of this disorder requires a complex combination of pharmacological and psychosocial interventions which can be challenging for clinicians. Written by world experts in the field of bipolar disorder, *The Treatment of Bipolar Disorder: Integrative Clinical Strategies and Future Directions* provides readers with a concise and comprehensive guide to the integrative management of bipolar disorder. This resource contains 31 chapters on the various management choices available, from both established and novel treatment areas, such as psychoeducation, psychotherapeutic interventions, neuromodulatory approaches and novel therapeutic targets. The complexity and diversity of the management choices available makes this a continually evolving field and necessitates forward thinking. By both discussing the current management of bipolar disorder, and the future developments available, this resource provides all clinicians working with patients with bipolar disorder an up-to-date and reflective guide to its management and what the future holds.

Cognitive-Behavioral Therapy for Bipolar Disorder

Bipolar disorders were once considered rare in children and adolescents. A growing body of scientific evidence now suggests that they may be more prevalent in this group than previously believed. At the same time, the practitioner faces significant clinical challenges in both the assessment processes and also the implementation of a treatment plan. A paucity of treatment manuals and pharmacological algorithms providing practical guidance makes the task of the clinician even more difficult, despite the fact that more is known about the assessment, neurobiology and treatment of children and adolescents with bipolar disorder than ever before. Written by three distinguished experts, this book conveys to clinicians all the information currently available in this area. They review both the neuroscience and also the integration of rational, practical, pharmacological and psychosocial interventions. Based on what is known, a sound approach to the assessment of these youngsters can be developed. Similarly, available evidence allows practitioners to ground their treatment protocols solidly on scientific knowledge. Concise and authoritative, *Pediatric Bipolar Disorders* will give the reader a practical approach to both the art and science of providing the best possible clinical care to children and adolescents with the disorder. This book is written primarily for clinical psychiatrists, but will also be of interest to non-specialist doctors and other members of the health care team.

The Treatment of Bipolar Disorder

Bipolar disorder, or manic depression, is characterised by episodes of pathological mood states. The two poles are mania (with a predominant elated or irritable mood) and depression (with feelings of sadness, anxiety, guilt or hopelessness) but mixed states frequently occur. Episodes can last for many months and profoundly affect physical health, relationships and careers. Since diagnosis and management are difficult, this practical guide provides an overview of the disorder and detailed guidelines for treating the illness throughout its stages, from authors internationally renowned for their work in bipolar disorder. Also discussed are disease theories, mechanisms and key clinical trials, as well as chapters devoted to psychosocial treatments, substance misuse and insights from 'lived experience'. In-depth analyses of selected population groups, including youth, the elderly and women, complement

guidelines for clinical approaches in managing bipolar disorder. Comprehensive and detailed, this guide will prove invaluable to clinicians, general practitioners, psychiatrists and psychologists.

Pediatric Bipolar Disorder

Presents a novel, evidence-based psychological intervention to help therapists manage cognitive and functional deficits in bipolar disorder patients.

Practical Management of Bipolar Disorder

Written by Eduard Vieta, a world renowned award winning expert in this field, *Managing Bipolar Disorder in Clinical Practice*, Third Edition, is an up-to-date, concise practical handbook developed with the clinician in mind. Including the most recent clinical guidelines, including the British Association for Psychopharmacology (BAP) and Canadian Network for Mood and Anxiety Treatments (CANMAT) guidelines, this handbook is intended to highlight every major aspect of this serious mental health disorder, including assessment, treatment, long-term management, and recent developments.

Functional Remediation for Bipolar Disorder

A complete and accessible textbook covering current understandings about how mental health issues affect men, and the available treatments.

Managing Bipolar Disorder in Clinical Practice

This readable guide to the assessment and management of patients with bipolar disorder can help physicians keep abreast of dramatic and rapid advances of recent years and integrate them into their practice. *Handbook of Diagnosis and Treatment of Bipolar Disorders* emphasizes recent controlled studies and FDA-approved indications and translates these data into the real world of clinical practice. The contributions of the eleven chapter authors from Stanford University reflect more than a decade of clinical research and treatment undertaken at that institution, including advances in diagnosis and interventions supported by controlled studies. They provide crucial information regarding diagnosis, pharmacotherapy, psychotherapy, and treatment of patients from special populations -- such as children, women, and older adults -- and patients with particular challenging illness course such as rapid cycling. This is the first book to provide quantitative assessment of potential benefit (number needed to treat) and risk (number needed to harm) for all approved treatments for bipolar disorder, providing clinicians with information needed to balance benefits and risks in order to render individualized state-of-the-art, evidence-based care. It describes all FDA-approved indications -- reviewing efficacy, safety, tolerability, pharmacokinetics, illness phase-specific dosing, and drug interactions. A chapter on multiphase treatment strategy explains crucial illness transition points and describes how these have been integrated with knowledge of illness phase in mood disorders. The book then demonstrates the relevance of this approach to therapeutics by providing: An overview of pharmacotherapy that covers the emergence of evidence-based pharmacotherapy and number-needed-to-treat and -harm analyses. Guidelines to managing acute manic and mixed episodes that include evidence-based assessments of lithium, divalproex, carbamazepine, and second-generation antipsychotics. Coverage of acute major depressive episodes in bipolar disorders that outlines four tiers of treatment for this most pervasive illness phase with the fewest approved treatments. Discussion of the longer-term management of bipolar disorders, including reviews of controlled trials of recently approved pharmacotherapies such as lamotrigine, olanzapine, aripiprazole, and adjunctive quetiapine. A review of the use of mood stabilizers and second-generation antipsychotics, often in combinations, as well as the controversial role of adjunctive antidepressants in treating patients with rapid-cycling bipolar disorders. Description of important advances in evidence-based adjunctive psychotherapeutic interventions in bipolar depression, and bipolar maintenance treatment. Comprehensive in scope, yet readily accessible for application to clinical practice, the book includes summary tables, quick-reference lists of clinical pearls, and case studies to make its content more relevant. *Handbook of Diagnosis and Treatment of Bipolar Disorders* is the ideal source for integrating recent research into everyday practice.

Comprehensive Men's Mental Health

Adult ADHD: Diagnostic Assessment and Treatment, Third Edition covers not only diagnostic assessment, but also comorbidity patterns as well as differential diagnosis of ADHD with for example bipolar disorder and borderline personality disorder. The symptom overlap and misdiagnosis of chronic fatigue

syndrome in girls and women with the inattentive subtype of ADHD, ADD is explored. The chronic delayed sleep phase syndrome associated with ADHD based on disturbances in the circadian rhythm, and the possible consequences for general health (obesity, diabetes, cardiovascular diseases and cancer) are discussed. There are sections on ADHD and intelligence, criminality, sexuality, dyslexia and autism. Adult ADHD can be treated effectively but as yet the disorder is not always recognised by professionals and this book aims to help correct this. Diagnostic tools are included, such as the structured Diagnostic Interview for Adult ADHD (DIVA), and an ultra-short and somewhat longer screening tool, all based on the DSM-IV criteria for ADHD. Treatment options cover psychoeducation and motivation and individual and group coaching; long-acting stimulants and other new drugs for treating ADHD; use of melatonin to treat the delayed sleep-phase disorder. Useful information is included on the setting up and organisation of a department for adult ADHD with a multidisciplinary team. References, websites and useful international addresses have all been updated. Adult ADHD: Diagnostic Assessment and Treatment, Third Edition is intended for students, junior doctors/residents, psychologists, psychiatrists, other mental healthcare professionals and interested parties and provides a quick overview of the current state of the science and of the methods used in diagnosis and treatment. Adult ADHD: Diagnostic Assessment and Treatment, Third Edition was originally published by Pearson Assessment and Information BV, The Netherlands.

Handbook of Diagnosis and Treatment of Bipolar Disorders

People with bipolar disorder are particularly vulnerable to anxiety and intrusive mental imagery, which can contribute to mood swings and a heightened risk for relapse. This book presents a novel brief treatment that focuses on working with mental images to reduce distress and enhance mood stability. Grounded in cognitive-behavioral therapy (CBT), the book provides therapists with tested techniques for formulating individualized treatment targets, using metacognitive strategies to reduce the power of images, rescripting problematic images, and building adaptive positive images. User-friendly instructions for assessment and intervention include case examples, sample scripts, and troubleshooting tips. In a large-size format for easy photocopying, the book includes 19 reproducible handouts and session agendas. Purchasers get access to a Web page where they can download and print the reproducible materials.

Adult ADHD

This handy DSM-5(R) Classification provides a ready reference to the DSM-5 classification of disorders, as well as the DSM-5 listings of ICD-9-CM and ICD-10-CM codes for all DSM-5 diagnoses. To be used in tandem with DSM-5(R) or the Desk Reference to the Diagnostic Criteria From DSM-5(R), the DSM-5(R) Classification makes accessing the proper diagnostic codes quick and convenient. With the advent of ICD-10-CM implementation in the United States on October 1, 2015, this resource provides quick access to the following: - The DSM-5(R) classification of disorders, presented in the same sequence as in DSM-5(R), with both ICD-9-CM and ICD-10-CM codes. All subtypes and specifiers for each DSM-5(R) disorder are included.- An alphabetical listing of all DSM-5 diagnoses with their associated ICD-9-CM and ICD-10-CM codes.- Separate numerical listings according to the ICD-9-CM codes and the ICD-10-CM codes for each DSM-5(R) diagnosis.- For all listings, any codable subtypes and specifiers are included with their corresponding ICD-9-CM or ICD-10-CM codes, if applicable. The easy-to-use format will prove indispensable to a diverse audience--for example, clinicians in a variety of fields, including psychiatry, primary care medicine, and psychology; coders working in medical centers and clinics; insurance companies processing benefit claims; individuals conducting utilization or quality assurance reviews of specific cases; and community mental health organizations at the state or county level.

Imagery-Based Cognitive Therapy for Bipolar Disorder and Mood Instability

This Clinical Handbook for the Management of Mood Disorders will equip clinicians with the knowledge to refine their diagnostic skills and implement treatment plans for mood disorders based on the most up-to-date evidence on interventions that work. Covering the widest range of treatments and techniques, it provides clear guidance for the management of all types and subtypes of both minor and major depression. Chapters cover the latest and most innovative treatments, including use of ketamine, deep brain stimulation and transcranial magnetic stimulation, effective integration of pharmacological and psychotherapeutic approaches, as well as providing a thought-provoking look at the future research agenda and the potential for reliable biomarkers. This is the most comprehensive review of depression

available today. Written and edited by leading experts mostly from Columbia University, this is an essential resource for anyone involved in the care and treatment of patients with mood disorders.

DSM-5 Classification

Bipolar Disorders: New Insights for the Healthcare Professional: 2013 Edition is a ScholarlyEditions™ book that delivers timely, authoritative, and comprehensive information about Diagnosis and Screening. The editors have built Bipolar Disorders: New Insights for the Healthcare Professional: 2013 Edition on the vast information databases of ScholarlyNews.™ You can expect the information about Diagnosis and Screening in this book to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of Bipolar Disorders: New Insights for the Healthcare Professional: 2013 Edition has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at <http://www.ScholarlyEditions.com/>.

Clinical Handbook for the Management of Mood Disorders

Bipolar disorder is one of the most common and potentially devastating psychiatric illnesses. This essential text book provides clinicians with an extraordinarily well-balanced and comprehensive overview of rational and research-informed contemporary clinical practice in the assessment and medical management of patients with bipolar disorder. With the advent of a new generation of treatments, there is a resurgence of interest in the pharmacological treatment of bipolar disorders. In Bipolar Disorder, clinicians who are faced with making choices from a variety of treatments are instructed how to.

Bipolar Disorders: New Insights for the Healthcare Professional: 2013 Edition

Although the mainstay of bipolar therapy is drug treatment, psychoeducation is a technique that has proven to be very effective as an add-on to medication, helping to reduce the number of all types of bipolar recurrences and hospitalization. The object is to improve patients' understanding of the disorder and therefore their adherence to pharmacotherapy. Based on the highly successful, evidence-based Barcelona program, this book is a pragmatic, therapists' guide for how to implement psychoeducation for bipolar patients. It gives practical guidance for how to conduct a psychoeducation group, using sessions and cases drawn from the Barcelona Psychoeducation Program. Moreover, it provides the reader with a great amount of practical tips and tricks and specific techniques to maximize the benefits of bipolar psychoeducation. The authors formed the first group to show the efficacy of psychoeducation as a maintenance treatment and have a long history of performing bipolar psychoeducation.

Bipolar Disorder

The Neurobiology of Bipolar Disorder: Road to Novel Therapeutics combines the basic neurobiology of bipolar disorder with discussions of the most recent advances in research, including the interacting pathways implicated in the pathophysiology of bipolar disorder, genetic approaches and the pharmacogenomics of bipolar disorder. The basic foundational understanding of the neurobiology underlying the disorder, along with a comprehensive summary of the most recent advances in research combine to aid advanced students and researchers in their understanding of bipolar disorder management using novel and fast-acting pharmaceutical and neuromodulatory approaches. Aids readers in understanding bipolar disorder in the context of NIMH Research Domain Criteria (RDoC) recommendations. Covers a range of existing and potential pharmacologic and non-pharmacologic treatment options, from lifestyle adjustments to novel therapeutics. Synthesizes a discussion of the cellular and molecular mechanisms underlying symptoms with clinical aspects of bipolar disorder.

Psychoeducation Manual for Bipolar Disorder

Bipolar Disorder Vulnerability: Perspectives from Pediatric and High-Risk Populations synthesizes our current understanding of high-risk and pediatric populations to aid readers in identifying markers of vulnerability for the development of bipolar disorder, with an ultimate goal of the development of drug targets and other therapies for early diagnosis and treatment. The book provides readers with an understanding of biological and environmental factors influencing disease manifestation that will aid them in defining discrete clinical stages and, importantly, establish an empirical basis for the application

of novel therapeutics in a phase of illness during which specific treatments could more effectively alter disease course. Whereas most of the literature available on the pathophysiological mechanisms of bipolar disorder focuses on chronically ill adult individuals, this represents the only book that specifically examines pediatric and high-risk populations. An estimated 30 to 60 percent of adult bipolar disorder patients have their disease onset during childhood, with early-onset cases representing a particularly severe and genetically loaded form of the illness. Highlights diverse translational methodologies, including functional and structural neuroimaging, neuropsychological testing and integrated genomics Examines molecular trajectories in youth with bipolar disorder and unaffected youth at high risk for developing bipolar disorder Explores the interaction between genomic and environmental influences that shape behavior

Neurobiology of Bipolar Disorder

Depression is a debilitating human condition and a common cause of suffering worldwide. This elicits a sense of urgency for mental health professionals to meet this challenge of the treatment of depression. Hypnosis plays a vital role in that treatment and in the efficacy of psychotherapy. This book focuses on the structuring and delivering of hypnotic interventions for major depression, with a substantial use of concepts and techniques from cognitive-behavioral and strategic approaches as a foundation. Current research on depression is used in this book to emphasize the still-growing knowledge of depression. Hypnosis has shown itself to be effective in not only reducing symptoms, but in teaching the skills (such as rationale thinking, effective problem-solving and coping strategies, and positive relationship skills) that can even prevent recurrences. Mental health professionals will find the detailed examples of hypnotic strategies invaluable to their own practice and application of hypnosis in the treatment of depression.

Bipolar Disorder Vulnerability

Depression is the number one cause of maternal death in developed countries and results in adverse health outcomes for both mother and child. It is vital, therefore, that health professionals are ready and able to help those women that suffer from perinatal and postpartum depression (PPD). This book provides a comprehensive approach to treating PPD in an easy-to-use format. It reviews the research and brings together the evidence-base for understanding the causes and for assessing the different treatment options, including those that are safe for use with breastfeeding mothers. It incorporates a new psychoneuroimmunology framework for understanding postpartum depression and includes chapters on: negative birth experiences infant characteristics psychosocial factors antidepressant medication therapies such as cognitive behavioural therapy herbal medicine and alternative therapies suicide and infanticide. Invaluable in treating the mothers who come to you for help, this helpful guide dispels the myths that hinder effective treatment and presents up-to-date information on the impact of maternal depression on the health of the mother, as well as the health and well-being of the infant.

Library Journal

This innovative manual presents a powerful approach for helping people manage bipolar illness and protect against the recurrence of manic or depressive episodes. Interpersonal and social rhythm therapy focuses on stabilizing moods by improving medication adherence, building coping skills and relationship satisfaction, and shoring up the regularity of daily rhythms or routines. Each phase of this flexible, evidence-based treatment is vividly detailed, from screening, assessment, and case conceptualization through acute therapy, maintenance treatment, and periodic booster sessions. Among the special features are reproducible assessment tools and a chapter on how to overcome specific treatment challenges.

Treating Depression With Hypnosis

Ketamine for Treatment-Resistant Depression: Neurobiology and Applications provides a simple, evidence-based overview for neuropsychiatrists and translational researchers on this medication, its mechanisms of actions, eligibility of patients for treatment, and the preparation and implementation of ketamine clinics. Provides efficacy research on ketamine as a treatment for depression Identifies best practices for clinical use, both long-term and acute Discusses the molecular mechanisms and neurobiology of action

Depression in New Mothers

The aim of the American Psychiatric Association Practice Guideline series is to improve patient care. Guidelines provide a comprehensive synthesis of all available information relevant to the clinical topic. Practice guidelines can be vehicles for educating psychiatrists, other medical and mental health professionals, and the general public about appropriate and inappropriate treatments. The series also will identify those areas in which critical information is lacking and in which research could be expected to improve clinical decisions. The Practice Guidelines are also designed to help those charged with overseeing the utilization and reimbursement of psychiatric services to develop more scientifically based and clinically sensitive criteria.

Treating Bipolar Disorder

Psychosomatic diseases are a group of diseases closely related to psychosocial factors but mainly manifested by somatic symptoms, involving respiratory, digestive, endocrine, and other systems. As a result, the lack of consensus on its diagnosis has plagued clinical treatment in internal medicine, surgery, and psychiatry for decades. In recent years, research on the pathogenesis of psychosomatic diseases has made significant progress. For example, Franz Alexander believes that unresolved sub-conscious conflicts are the main cause of psychosomatic disorders. The subconscious psychological conflict is caused by the changes in the functional activities of the autonomic nervous system, acting on the corresponding special organs and patients with susceptible qualities. Similarly, mental and psychological factors affect gastrointestinal sensory and motor functions through the autonomic nervous system, brain-gut axis, and neuroendocrine system. Meanwhile, gastrointestinal symptoms also affect emotions and behaviors through the brain-gut axis. In addition, the Cannon-Bard theory of emotional physiology and Pavlovian theory of higher neural activity types from quantitative research methods to study the relationship between conscious psychological factors, such as emotions, and measurable physiological and biochemical changes. In clinical work, the treatment of psychosomatic diseases has gradually shifted from emphasizing physical treatment to comprehensive treatment principles, that is, taking into account the psychological and behavioral aspects of the physical treatment of the primary disease. The main purpose of physical treatment of the primary disease is to control or relieve symptoms. To consolidate the treatment of psychosomatic diseases and reduce the recurrence of psychosomatic diseases, combining physical therapy with necessary psychotherapy would potentially obtain a more comprehensive curative effect.

Ketamine for Treatment-Resistant Depression

Family-focused psychoeducational treatment (FFT) is among a very small number of psychosocial treatments that have been found to be effective in multiple studies to improve the course of bipolar disorder. This indispensable guide describes how to implement FFT with adult and adolescent patients and their family members. Provided are practical procedures for helping families understand the nature of bipolar disorder, strengthen their communication skills, solve day-to-day problems, and reduce the risk and severity of relapse. The book incorporates state-of-the-art knowledge on the illness and its biological and psychosocial management. More than a dozen reproducible handouts are included.

American Psychiatric Association Practice Guidelines

Intellectual Disability (ID) describes a lifelong condition of heterogeneous aetiology, associated with the impairment of intellectual functioning (IQ 70), significant impairment of adaptive skills, and onset before the age of 18 years. People with ID experience significant physical and mental health problems like associated sensory/motor impairments and epilepsy, some of which are contributed to by underlying primary causes. Psychiatric problems are also three times more common in people with ID in comparison to the general population. The psychiatry of ID is a core part of training to be a psychiatrist yet there are limited resources on this topic aimed at both trainees and practising clinicians alike. Oxford Textbook of the Psychiatry of Intellectual Disability bridges this gap by providing up-to-date evidence-based content on the assessment, diagnosis, and management of psychiatry in people with ID. Featuring 28 chapters written by international experts in the field, the Oxford Textbook of the Psychiatry of Intellectual Disability presents fresh global insight and coverage of the subject. Chapters cover key topics from the developmental aspects of ID, mental disorders in childhood, and behaviour phenotypes, through to physical health, dementia and other disorders associated with ageing. Each chapter provides trustworthy evidence and a wealth of practical advice for clinical situations, including case studies in community and hospital settings, and multiple choice questions for self-evaluation and consolidation of knowledge.

Clinical Application of Psychiatric Assessment and Treatment in Psychosomatic Diseases

"_ This widely used book is packed with indispensable tools for treating the most common clinical problems encountered in outpatient mental health practice. Chapters provide basic information on depression and the six major anxiety disorders; step-by-step instructions for evidence-based assessment and intervention; illustrative case examples; and practical guidance for writing reports and dealing with third-party payers. In a convenient large-size format, the book features 125 reproducible client handouts, homework sheets, and therapist forms for assessment and record keeping. The included CD-ROM enables clinicians to rapidly generate individualized treatment plans, print extra copies of the forms, and find information on frequently prescribed medications. _ New to This Edition*The latest research on each disorder and its treatment.*Innovative techniques that draw on cognitive, behavioral, mindfulness, and acceptance-based approaches.*Two chapters offering expanded descriptions of basic behavioral and cognitive techniques.*47 of the 125 reproducibles are entirely new. _"--Provided by publisher.

Bipolar Disorder

Oxford Textbook of the Psychiatry of Intellectual Disability