

My Good Thing

[#My Good Thing](#) [#Positive Aspects](#) [#Favorite Thing](#) [#Personal Joy](#) [#Source of Happiness](#)

Explore the concept of 'My Good Thing,' delving into what brings personal joy and satisfaction. This encompasses identifying and appreciating the positive aspects in life, from small pleasures to significant sources of happiness, fostering a mindset of gratitude and well-being by focusing on the elements that make life meaningful and enjoyable.

The archive includes lecture notes from various fields such as science, business, and technology.

Welcome, and thank you for your visit.

We provide the document My Good Thing you have been searching for.

It is available to download easily and free of charge.

Across digital archives and online libraries, this document is highly demanded.

You are lucky to access it directly from our collection.

Enjoy the full version My Good Thing, available at no cost.

My Good Thing

Art and Jade met as children with eyes only for one another. When 8-year-old Jade moved away, they never saw each other again. Until 20 years later.

Finding My Good Thing

"Finding My Good Thing" provides dating hopefuls, of all ages, knowledge of God's ability to lead you to Holy matrimony through the process of purpose driven dating. Packed with scriptural references, valuable relationship insights, powerful testimonies, easy-to-apply dating Do's and Don'ts and practical wisdom, "Finding My Good Thing" offers a profoundly unique dating perspective that could lead you to the dream spouse God has for you! - Bryan C. Jones

No Good Thing

Mason Jefferson had everything she ever wanted. A luxury home, a stellar career, and a man who knew how to handle her driven nature. The only problem is he's married to her best friend and worship partner and refuses to leave his wife and children to build the life Mason so desperately wanted. Selah David still can't believe she handed over her heart and the last eight years of her life to a man who has no interest in committing to her or God. When drama within the family unfolds when a long-kept secret is revealed in the midst of Selah's storm, an unlikely source of encouragement offers her strength and comfort but at a cost. As faithful members of Atlanta's fastest growing multicultural ministry both women are fighting for deliverance as new temptations and old enemies threaten to overtake them. Mason and Selah combat the fiery trials of Christian singlehood, fornication, trust, and envy. All the while, as Reverend Moses Kings' flock depend on him for direction and a Word straight from Heaven to light their path, the young, charismatic pastor of Salt Covenant Baptist Church quietly struggles with a thorn of his own.

I Am Every Good Thing

An upbeat, empowering, important picture book from the team that created the award-winning *Crown: An Ode to the Fresh Cut*. A perfect gift for any special occasion! I am a nonstop ball of energy. Powerful and full of light. I am a go-getter. A difference maker. A leader. The confident Black narrator of this book is proud of everything that makes him who he is. He's got big plans, and no doubt he'll see them through--as he's creative, adventurous, smart, funny, and a good friend. Sometimes he falls, but he always gets back up. And other times he's afraid, because he's so often misunderstood and called what he is not. So slow down and really look and listen, when somebody tells you--and shows you--who they are. There are superheroes in our midst!

The Great Good Thing

Nothing ever changes inside the storybook kingdom inhabited by twelve-year-old Princess Sylvie, her parents, and many other characters until Sylvie discovers that by allying herself with the Reader she can experience new adventures beyond the confines of the book.

I Never Wanted to Be a Princess-Good Thing! or How I Lost 380 Pounds without Diet or Exercise

In *I Never Wanted to Be a Princess - Good Thing or How I lost 380 Pounds without Diet or Exercise*, the events are true life experiences, including the issues with the chocolate syrup can. It is a love story, in a sense, sometimes sad, sometimes angry, more times humorous, with a little sarcasm and inspiration thrown in for good measure. The intent-to inspire others to keep up the good fight. Punching a forty-pound long bag helps. We all have storms in our lives, and many have had more "him-a-canes" and "her-a-canes" than me, but with perseverance, you can turn the page on a new chapter of your life. Even when things go . . . not so much as planned. My situation is not uncommon but is one of the hardest things I have dealt with. Writing this book has given me the insight and desire to go on and want a better life and "find myself" as they say. By doing so, I have gained a healthier, happier, and more successful life. I managed to get through life's trials and tribulations, even when I ran out of chocolate chips. A sense of humor helps to get through. I prefer jeans and a T-shirt over formal attire but can clean up when needed. I think tomboys have more fun. I can't really judge because I have never been a princess and, most likely, never will be. I begin a diet on Monday and usually quit Monday night or early Tuesday. I rather laugh than cry. I have a deep faith and not going to second-guess that there is a man or woman above that helps us through life with our best interests at heart. I did have a painful weight loss. Tipping the scales broke my heart, but this is not a diet book. Seeing me, you would know I am not a diet expert. From these pages, I hope you are encouraged, get plenty of laughs, and gain a deeper understanding of what it is like to sit on the cold hard toilet seat of life.

He's Just Not Your Type (and That's a Good Thing)

A dating columnist describes her counterintuitive approach to lasting love, sharing stories of women who have found lasting happiness with their "non-types" and providing exercises designed to help readers assess their big-picture goals.

If Only Regrets Were a Good Thing

The main character of the story begins her story at age three and goes to the present day. She has lived through, devastation, molestation, brutality, but applies humor to most of her grief, misery, tragedy, hopelessness, perversion. Faith and Hope are the end result. All of the experiences in the Book are true as she remembers. The Book offers hope, for someone who might think life is too harsh or has been hopeless. She goes through many stages of her life and adds a flash of humor all through the Book and remains an optimist to the end, with a few detours in between!

Too Much of a Good Thing

Two single parents find a chance for a new future in a delightfully uplifting romance by the acclaimed author of *The Real Thing* . . . When recently widowed Joe Murphy meets Shawna Mitchell in an online forum, all he's seeking is advice on keeping his home and his family together. Shawna's compassionate e-mails become his lifeline, and as months pass their correspondence grows deep and warm. Discovering that Shawna lives only blocks away...well, it feels like more than luck. It feels a lot like hope. With three children to raise, Shawna has no interest in getting close to another man, let alone one who's got three kids of his own. And the fact that Joe's white can only complicate matters more. But now, as they navigate family dates and vacations and their own doubts and fears, Joe and Shawna find themselves moving toward a future that's bright, new, and totally unexpected . . . Praise for the writing of J.J. Murray "Hilarious . . . Murray's dialog sparkles and the characters are witty and fun." —Booklist on *She's The One* "Thoughtful and well done." —Library Journal on *Original Love*

It's a Good Thing Children Are a Treasure...They've Broken All My Other Ones

Motherhood is a gift...but sometimes it's hard! Our children warm and captivate our hearts, but they also break stuff. And stretch our patience. And test our resolve. This devotion visits these challenges of momhood while also providing you with what you need most—encouragement. Each devotion meets you right where you are with humor and honesty. Written by moms for moms, this book gives you: •

A year's worth of weekly devotions for busy moms, including simple action steps with every reading. • Encouragement (and laughter!) through personal stories of the triumphs and challenges of momhood. • Biblical insights that will help you better understand God's heart for you as a mom and his heart for your children Broken family heirloom. Homework left at school. Missed curfew. Whatever challenges your day brings as a mom, God is there to carry you through!

Every Good Thing

Chances are you've never experienced severe physical hunger. You might have missed a meal or two, but most of us can't imagine what it is like to go months, or even years, without enough food. But You may know the familiar ache of another kind of hunger: spiritual hunger. The longing for something more, to know God better. Whether it is an occasional craving, a case of spiritual malnutrition, or near starvation-something is definitely missing.

This Good Thing

Book Four in the popular new series! If the sum total of Liv Lachance's self-worth is the collection of all the things she's done, she's coming up short. Three-quarters of a veterinary degree. Two-thirds of a Canadian Triple Crown. With her star racehorse Chique retired, she's feeling adrift, and her father's racing stable, Triple Stripe, is without a Big Horse. She decides it's time to throw herself back into her career as a jockey, even if her impending marriage to fellow rider Nate Miller incites conflict of interest rumblings. But life has other ideas for Liv when a death in the family and illness in the Triple Stripe ranks turn everything upside-down. The saving grace is that Big Horse? He's waiting in plain sight. But as she realizes how far this Big Horse might take her, she's finally learning that her greatest accomplishments are about so much more than winning races. Read the whole Good Things Come Series: Bright, Broken Things (A Prequel, Good Things Come Book 0.5) Good Things Come (Good Things Come Book 1) All The Little Things (Good Things Come Book 2) All Good Things (Good Things Come Book 3) This Good Thing (Good Things Come Book 4) Merry Little Things (Good Things Come Book 5) Reviews for the Good Things Come Series: "Shantz has written a fantastic debut novel set within the behind-the-scenes setting of the (Canadian) racing industry with backdrops of Woodbine and its Queen's Plate, Churchill Downs...and Snowbird destinations like Gulfstream and Payson Park." – Canadian Horse Racing Hall of Fame. "Mixing together hope, heartbreak and romance, a dash of rivalry, and a great deal of excitement, Good Things Come delivers all the goods in terms of top-notch racing fiction. Set in the world of Canadian racing, the story is that of an intense young woman, a troubled young man, and the quirky but talented filly they both love. This is the first book written by an accomplished equine artist and former backside worker who knows her subject well and tells it with a master's hand." - Dr. Tony Ryan Book Award for excellence in Thoroughbred racing literature, finalist 2020. "Good Things Come...delivers sure-footed racing realities, a deliciously slow-burn relationship, and a jock for the ages-all in vivid, evocative prose that belies the book's debut status." - Diana Hurlburt, Readers Up "I'm so happy to have found an author whose knowledge of the world of horse racing is equaled by her ability to craft a really engaging story. What a gift!!" - Amazon Review "Characters are unlike any others I've read about in equestrian fiction before." - Amazon Review "This series is not just good - but GREAT." - Amazon Review Perfect for readers of equestrian fiction such as The Eventing Series by Natalie Keller Reinert, Horse by Geraldine Brooks, The Horsewoman by James Patterson, Riders by Jilly Cooper, The Horse Whisperer by Nicholas Sparks, or books by Sara Gruen (Water for Elephants, Riding Lessons, Flying Changes), Maeve Binchy, Nora Roberts as well as fans of equine non-fiction such as Monty Roberts (The Man Who Listens to Horses), Tik Maynard (In the Middle are the Horsemen), Denny Emerson (How Good Riders Get Good, Know Better to Do Better), Susan Richards (Chosen by a Horse) and lovers of Secretariat, Ruffian, Northern Dancer, American Pharoah and Seabiscuit and Heartland.

A Good Thing

Love is patient...Love is kind... When Love finds you, it's...A GOOD THING Pilar Davenport has it all: beauty, brains and a boss career. Oh yeah, and the man of her dreams. Life is right on schedule until her wedding plans are abruptly put on hold. While Pilar thinks her perfectly planned life is spiraling out of control, it's actually about to fall right into place. From California to Canada, D.C. to Paris, Pilar is on a search for her soul mate. Of course, the journey won't be all rosy, but it won't take long for Pilar to discover anything worth having, is going to take a little work and a whole lot of patience. Just when Pilar settles on being single....she discovers the good thing she's been missing!

I'm a Good Thing

This book is based on a series of stories of unlikely women whom God used to fulfill his plans of redemption. Each narrative raises real women of the Bible, the character Liza helps weave the stories together as she visits with Jesus in her dreams.

One Good Thing about America

It's always hard to start at a new school . . . and even harder if you're in a new country. Back home, nine-year-old Anaïs was the best English student in her class, but here in Crazy America it feels like she doesn't know English at all. Nothing makes sense (chicken fingers?), and the kids at school have some very strange ideas about Africa. Anaïs misses home. She misses their little house under the mango trees, and the family left behind—Papa and grandmother Oma and big brother Olivier. She worries about the fighting that drove her and Mama and little Jean-Claude to leave. So she writes letters to Oma and tells her about Halloween, snow, mac 'n' cheese dinners, and princess sleepovers. She tells her all about the weird things Crazy Americans do, and how she just might be turning into a Crazy American herself. Inspired by the author's work with students learning English, this sweet, often funny middle-grade novel explores differences and common ground across cultures. In contrast to a growing climate of fear and doubt, this story of a refugee child navigating her new life restores hope and reminds us that America is, in fact, a nation of immigrants where we must accept our differences in order to survive—and that's one very good thing.

Faith and the Good Thing

Faith Cross, a beautiful and purely innocent young black woman, is told by her dying mother to go and get herself "a good thing." Thus begins an extraordinary pilgrim's progress that takes Faith from the magic and mysticism of the rural South to the promises and perils of modern-day Chicago. It is an odyssey that propels Faith from the degradation of prostitution, drugs, and drink into a faceless middle-class reality, and finally into a searing tragedy that ironically leads to the discovery of the real Good Thing. National Book Award-winner Charles Johnson's first novel, originally published in 1974, puts the life-affirming soul of the African-American experience at the summit of American storytelling.

The One Good Thing

For as long as Halley Steen has known her husband Nathan, he has carried a handful of stones in his pocket. Each day he uses those stones to remind him to follow the Golden Rule, moving a stone from one pocket to the other with each act of kindness. So it's not unusual that Nathan stops to help a stranger on the side of the highway while on his way to his son's football game one Friday evening. But that one act will change all of their lives forever, when a car hydroplanes off the road, killing Nathan instantly. As Halley and her children Ty and Alice struggle with their grief, Nathan's spiritual legacy lives on. A Facebook page appears, where countless stories about Nathan's selfless acts are shared. But among them is one that stands out, from a woman who says that Nathan saved her life. Neither Halley nor her children have ever heard of Madeline Zuckerman. But soon Halley discovers years of e-mails from this woman to her husband on his computer that refer to "our little girl." How could her husband have kept the secret of this other child for their entire marriage? Why had he lied to her? Was he not the man she thought he was? Only thirteen-year-old Alice maintains unwavering faith in her father. She knows there's an explanation. When she sets out to find Madeline and learn the truth, she will start to unravel the complex story of The One Good Thing Nathan Steen did that had the greatest impact of all.

One Good Thing

From the USA Today bestselling author of *Sunshine Beach*, a story of four women trying to rebuild more than their lives... Before you can fix it up, you might have to tear it down... Embroiled in a battle to regain control of their renovation-turned-reality TV show, *Do Over*, Maddie, Avery, Nikki, and Kyra find themselves holding tight to the frayed ends of their friendship and relationships. Maddie must face the realities of dating a rock star once again topping the charts and dealing with her hapless ex-husband, while Avery is caught up in family drama even as she attempts to transform a tiny cottage into a home for the newly impoverished heiress who helped bankroll their last renovation. Put on bedrest, a hugely pregnant Nikki can't quite believe love can last, or trust in her own maternal instinct. And Kyra, who has secretly put Bella Flora at risk in an attempt to salvage *Do Over*, must decide whether to accept a desperately needed bail out from her son's famous father that comes with far too many strings

attached... But friendship is made for times like these, to keep each other—and their dreams—from crumbling.

The Apocrypha

The dean of Columbia University's medical school explains why our bodies are out of sync with today's environment and how we can correct this to save our health. Over the past 200 years, human life-expectancy has approximately doubled. Yet we face soaring worldwide rates of obesity, diabetes, high blood pressure, mental illness, heart disease, and stroke. In his fascinating new book, Dr. Lee Goldman presents a radical explanation: The key protective traits that once ensured our species' survival are now the leading global causes of illness and death. Our capacity to store food, for example, lures us into overeating, and a clotting system designed to protect us from bleeding to death now directly contributes to heart attacks and strokes. A deeply compelling narrative that puts a new spin on evolutionary biology, *Too Much of a Good Thing* also provides a roadmap for getting back in sync with the modern world.

Too Much of a Good Thing

No one was more surprised than Andrew Klavan when, at the age of fifty, he found himself about to be baptized. *The Great Good Thing* tells the soul-searching story of a man born into an age of disbelief who had to abandon everything he thought he knew in order to find his way to the truth. Best known for his hard-boiled, white-knuckle thrillers and for the movies made from them--among them *True Crime* and *Don't Say a Word*--bestselling author and Edgar Award-winner Klavan was born in a suburban Jewish enclave outside New York City. He left the faith of his childhood behind to live most of his life as an agnostic until he found himself mulling over the hard questions that so many other believers have asked: How can I be certain in my faith? What's the truth, and how can I know it's the truth? How can you think, live, and make choices and judgments day by day if you don't know for sure? In *The Great Good Thing*, Klavan shares that his troubled childhood caused him to live inside the stories in his head and grow up to become an alienated young writer whose disconnection and rage devolved into depression and suicidal breakdown. In those years, Klavan fought to ignore the insistent call of God, a call glimpsed in a childhood Christmas at the home of a beloved babysitter, in a transcendent moment at his daughter's birth, and in a snippet of a baseball game broadcast that moved him from the brink of suicide. But more than anything, the call of God existed in stories--the stories Klavan loved to read and the stories he loved to write. Join Klavan as he discovers the meaning of belief, the importance of asking tough questions, and the power of sharing your story.

The Great Good Thing

I have nothing to offer a woman like Cora. Not what she deserves, yet . . . I want her anyway. I never expected to meet the woman of my dreams in a coffee shop. Especially when she's a famous Hollywood actress and I'm nothing but an overworked, underpaid barista. Only I already have someone special—my son. Providing for him and getting through college are my top priorities. Dating while juggling single fatherhood isn't. Cora Bentley deserves a partner who can offer her the world. But the heart wants what it wants, and mine won't stop beating for hers. I should walk away. It's what's best, even if she won't admit it. But I can't bring myself to do so. Not when she's everything I could ever want. Not when she could be our one good thing.

One Good Thing

This book is a spiritual manual of mind tools designed to move the reader past obstacles to their peace, joy, and especially, self-realization. This technology allows for not only a more fulfilling life but a better world. The audience will be brought to the book in many ways. Some will come from desperation from the circuitous suffering caused by trying to be fulfilled in the world of form, and some will come from curiosities and the spark of desire. The audience level is anyone who is willing to challenge and move beyond previous thinking into newness. They must be willing to entertain abstract thought and have eyes and ears open for love. The main points are that, if we allow for the incorporation of spiritually based tools, we can achieve a peace beyond this world and possibly become a conduit for its extension on earth.

There Is No Escape, but That'S a Good Thing

Many otherwise enlightened people often dismiss etiquette as a trivial subject or—worse yet—as nothing but a disguise for moral hypocrisy or unjust social hierarchies. Such sentiments either mistakenly assume that most manners merely frame the “real issues” of any interpersonal exchange or are the ugly vestiges of outdated, unfair social arrangements. But in *On Manners*, Karen Stohr turns the tables on these easy prejudices, demonstrating that the scope of manners is much broader than most people realize and that manners lead directly to the roots of enduring ethical questions. Stohr suggests that though manners are mostly conventional, they are nevertheless authoritative insofar as they are a primary means by which we express moral attitudes and commitments and carry out important moral goals. Drawing primarily on Aristotle and Kant and with references to a wide range of cultural examples—from Jane Austen’s *Pride and Prejudice* to Larry David’s *Curb Your Enthusiasm*—the author ultimately concludes that good manners are essential to moral character.

The Tenth Good Thing about Barney

Charming, poignant, and sexy, *When You Got a Good Thing* pulled me in with its sweet charm and deft storytelling, and didn't let go until the very last page. It has everything I love in a small-town romance! ~USA Today Best-Selling Author Tawna Fenske She thought she could never go home again. Kennedy Reynolds has spent the past decade traveling the world as a free spirit. She never looks back at the past, the place, or the love she left behind-until her adopted mother's unexpected death forces her home to Eden's Ridge, Tennessee. Deputy Xander Kincaid has never forgotten his first love. He's spent ten long years waiting for the chance to make up for one bone-headed mistake that sent her running. Now that she's finally home, he wants to give her so much more than just an apology. Kennedy finds an unexpected ally in Xander, as she struggles to mend fences with her sisters and to care for the foster child her mother left behind. Falling back into his arms is beyond tempting, but accepting his support is dangerous. He can never know the truth about why she really left. Will Kennedy be able to bury the past and carve out her place in the Ridge, or will her secret destroy her second chance?

On Manners

One Good Thing is the heartwarming, hilarious alternative love story, from the internationally bestselling author of *Confessions of a Forty-Something F###k Up*, Alexandra Potter In life, nothing is certain. Just when you think you have it all figured out, something can happen to change the course of everything . . . Liv Brooks is still in shock. Newly-divorced and facing an uncertain future, she impulsively swaps her London Life for the sweeping hills of the Yorkshire Dales, determined to make a fresh start. But fresh starts are harder than they look and, feeling lost and lonely, she decides to adopt Harry, an old dog from the local shelter, to keep her company. But Liv soon discovers she isn't the only one in need of a new beginning. On their daily walks around the village, they meet Valentine, an old man who suffers from loneliness who sits by the window and Stanley, a little boy who is scared of everyone, hides behind the garden gate and Maya, a teenager who is angry at everyone and everything. But slowly things start to change . . . Utterly relatable, hilarious and heart-breakingly honest, this is a novel about friendship, finding happiness and living the life unexpected. And how, when everything falls apart, all you need is one good thing to turn your life around – and make it worth living again. Praise for Alexandra Potter: 'The new Bridget Jones' – Celia Walden, *Telegraph* 'A funny, feisty tale' – Mike Gayle, author of *Half a World Away* 'Pacy, absorbing, witty and tender' – Karen Swan, author of *The Last Summer*

When You Got a Good Thing

If you were an octopus, you'd have eight legs to put into pants! Follow one little boy through his day as he playfully considers how mealtime, bath time, nap time, and many other activities would be different if he were a bird, a tiger, or any number of baby animals. Julie Markes's first picture book is charmingly illustrated by Maggie Smith.

A Sherburne Romance

Vol. 25 is the report of the commissioner of education for 1880; v. 29, report for 1877.

One Good Thing

It would be difficult to overstate the popularity of Omar Khayyám's *Rubáiyát*. Since it was first published in 1859, it has been translated into 70 languages; appeared in at least 1300 different editions, illustrated by 150 plus artists and set to music by 100 composers. A reviewer in the *Bookman* considered Constable's

1920 Art Deco edition of the Rubáiyát of Omar Khayyám to be one of the most beautiful of the many editions of 'Omar' to have ever been published. The early 20th century was a Golden Age for lavish editions of the poem illustrated by the most accomplished artists of the day. Balfour's stunning Art Deco style, gloriously decadent and risqué as it is, carries a strong echo of Beardsley. His remarkable suite of 38 illustrations epitomizes an era of opulence, extravagance and a new found freedom of expression following the radical social changes caused by the First World War. Books such as these, and particularly the Balfour edition of the Rubáiyát, are extremely rare these days. Balfour's illustrations have scarcely been seen at all since the book was first published. This eBook aims to redress the balance somewhat since it contains the full suite of Balfour's original illustrations facing quatrains from FitzGerald's first version of his translation, exactly as they appeared in the 1920 print edition. There is also a supporting text of biographical notes concerning Omar Khayyám, FitzGerald and Ronald Balfour plus the texts for all five versions of FitzGerald's translations.

Good Thing You're Not an Octopus!

Cerise Merola or CC as affectionately addressed by her friends was a cross between Antie Mame, Gypsy Rose Lee, and a jigger of Tulalla Bankhead.

American Journal of Education and College Review

The #1 New York Times bestselling author of modern classics such as *My Sister's Keeper* and *Small Great Things* weaves a "richly textured and engaging" (The Boston Globe) tale that explores what happens when a young woman's past—a past she didn't even know she had—catches up to her just in time to threaten her future. How do you recover the past when it was never yours to lose? Delia Hopkins has led a charmed life. Raised in rural New Hampshire by her beloved father, she now has a young daughter, a handsome fiancé, and her own search-and-rescue bloodhound, which she uses to find missing persons. But as Delia plans her wedding, she is plagued by flashbacks of a life she can't recall...until a policeman knocks on her door, revealing a secret about herself that irrevocably changes her life. With *Vanishing Acts*, Jodi Picoult explores how life might not always turn out the way we imagined; how the people we love and trust can suddenly change before our very eyes; how vanished memories can evolve into threat. Featuring characters that "resonate with authenticity" (People), *Vanishing Acts* masterfully explores a serious topic with understanding, insight, and compassion.

The Rubáiyát of Omar Khayyám - Balfour Edition

There is no question that J.L. Witterick is a purposeful woman. After financing her education with academic scholarships, she went on to work for one of the most brilliant investors of all time, founded an investment firm, and along the way, wrote a bestselling novel. But when the firm's largest client decided to manage their funds in-house, the business closed, putting Witterick on the other side of success and facing a new reality. Witterick's mantra of, "It's Actually a Good Thing," is a way of thinking that completely transforms her life. In her compilation of inspirational sayings, Witterick shares the unexpected positives that can come from having bad things happen while introducing an innovative thought process that will help anyone facing challenging events to look at life with an entirely new perspective. *It's Actually a Good Thing* shares a successful leader's perspectives on the good and bad while providing practical advice on how we can all put a positive spin on our stumbling blocks in life.

Performance of a Lifetime

Legendary leadership and elite performance expert Robin Sharma introduced The 5am Club concept over twenty years ago, based on a revolutionary morning routine that has helped his clients maximize their productivity, activate their best health and bulletproof their serenity in this age of overwhelming complexity. Now, in this life-changing book, handcrafted by the author over a rigorous four-year period, you will discover the early-rising habit that has helped so many accomplish epic results while upgrading their happiness, helpfulness and feelings of aliveness. Through an enchanting—and often amusing—story about two struggling strangers who meet an eccentric tycoon who becomes their secret mentor, The 5am Club will walk you through: How great geniuses, business titans and the world's wisest people start their mornings to produce astonishing achievements A little-known formula you can use instantly to wake up early feeling inspired, focused and flooded with a fiery drive to get the most out of each day A step-by-step method to protect the quietest hours of daybreak so you have time for exercise, self-renewal and personal growth A neuroscience-based practice proven to help make it

easy to rise while most people are sleeping, giving you precious time for yourself to think, express your creativity and begin the day peacefully instead of being rushed “Insider-only” tactics to defend your gifts, talents and dreams against digital distraction and trivial diversions so you enjoy fortune, influence and a magnificent impact on the world Part manifesto for mastery, part playbook for genius-grade productivity and part companion for a life lived beautifully, The 5am Club is a work that will transform your life. Forever.

Vanishing Acts

This is the response Jennifer gave to her father when he commented on the birds singing in the background during their international phone call. She was on the roof top of her apartment in Syria during the civil war. A place everyone was running away from and a place where she was working as a humanitarian, trying to advocate for love and compassion. If you want to understand how you can overcome fear by choosing love, Jennifer demonstrates in this book, that even in the darkest places, there is kindness, compassion, hope, and the possibility for happiness. She shares stories from her life and her humanitarian work during the Ebola Crisis, in Haiti and Syria. She draws from her work with hundreds of clients as a psychotherapist, to give you practical techniques of how to face your fears, overcome pain and suffering and most importantly how to choose love. Jennifer van Wyck MSM is a psychotherapist, humanitarian, author, inspirational motivational speaker, spiritual teacher, energy worker, and grounded intuitive guide. She has received a Mertrious Service Medal from the Canadian government for her work during the Ebola outbreak, and she continues to devote her life to choosing love over fear.

Quarterly Review of the Methodist Episcopal Church, South

An honest look at the messiness of life when you are forced to live the life you didn't imagine. Salt Water and Honey is a story about pregnancy loss and childlessness that doesn't end with a baby. It's told from the messy middle, allowing space for the tension between faith and loss to remain rather than trying to neaten it up with solutions and reasons. Lizzie has experienced the pain of multiple miscarriages and writes honestly about her struggle and fight to find God in her suffering. She is honest about the low points and the pain, but she also shares her journey as she comes to understand that her true identity is not defined by motherhood but by being a child of God. Lizzie's story provides a safe space to remind people that they're not alone, it's okay to grieve and their story matters. Covering many universal truths such as unanswered prayer, grief, disappointment, vulnerability and faith in crisis this book is actually for anyone who has lost their dream and is struggling to understand that their story still has meaning and purpose even when life looks nothing like they hoped it would.

It's Actually a Good Thing

Learn spiritual truths from the adventures of the animals on Uncle Otto's farm. These stories can be used for children groups and sermon illustrations. Some children may be too old for animal stories, but most adults may just be old enough.

The 5AM Club

The Good Thing About Mortar Shells