Surviving Suicide Ebook Anna Kay Akana

#surviving suicide #anna kay akana #suicide prevention ebook #mental health support #grief and loss

Discover 'Surviving Suicide,' Anna Kay Akana's essential ebook offering compassionate guidance and practical strategies for navigating the complexities of grief and finding hope after experiencing suicide. This powerful resource serves as a crucial aid for mental health support and suicide prevention, providing comfort and understanding to those affected.

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Just Carry On Breathing

Did you ever wonder why someone would commit suicide? Have you been touched by a suicide in some manner? Did you ever wonder how everyone missed all the warning signs? Only a person that has lived though this harrowing event can explain why they did it. Suicide is not logical and difficult to understand. It is a hush, hush topic that no one feels comfortable talking about. Very few people live through a serious suicide attempt and can actually talk about it or want to share the darkest moment of their life. Ben is different. He had the courage to write and share his story to the world within three months of his attempt to take his life. Within the pages, you will find out why Ben took deliberate action to end his life by pulling the trigger in his living room after making a phone call. This book breaks all the rules and the social stigma around depression and suicide and will give you an inside personal view on what it is like to battle depression and anxiety. We will talk about it candidly in a way that is easy to understand. We will have to warn you that some parts of the book are disturbing. It reads like a fiction novel, but the story is 100% true, raw, and very personal. Ben was the happy-go-lucky, normal guy to the outside world, but inside he was a broken man teetering on the edge of the precipice. He pulled the trigger. He regretted it. He died. He was revived. He died again. He was revived the second time. After the attempt, when he awoke in the hospital, he recalled a burning desire to make things right again. This book is Ben's attempt to make things right. He wants to help people who are struggling, who are at the breaking point. This amazing story will give you a new perspective or may even change your life. - You will have a greater insight into depression and you will be better able to help someone who is struggling with this disease. - You will gain more compassion and understanding for people who are struggling, not just with depression, but with other life struggles. - You will be more confident to intervene and take action if you know someone who is threatening suicide or is heading down the rabbit hole. - You will develop a greater awareness of the evil twins, "depression sand anxiety." If you are a depressed individual, you may see yourself in the story and you will know that you are not alone in your fight. Ben's story will help you to see what others do not understand. Consider Ben to be your friend and supporter. He will share all of his thoughts and insights. For anyone battling depression and even negative thoughts, healing and recovery is not an overnight process. We are not alone in this world for a reason, although for someone who is battling depression, it can feel like you are alone in

your fight. When someone gets so low, it is hard for them to get up by themselves, so you will need to be there, if possible, and extend that helping hand. This book will also provide some valuable tips on how to talk to someone who may be suicidal. Take action today by downloading this book. There is no doubt that you will benefit by reading a personal account of Ben's story. Enjoy this read and then take action to reach out and help someone who may be struggling. You never know who is hurting inside and who is at the end of their rope... literally.

Live to Tell

From Internet sensation Anna Akana comes a candid and poignant collection of essays about love, loss, and chasing adulthood. In 2007, Anna Akana lost her teen sister, Kristina, to suicide. In the months that followed, she realized that the one thing helping her process her grief and begin to heal was comedy. So she began making YouTube videos as a form of creative expression and as a way to connect with others. Ten years later, Anna has more than a million subscribers who watch her smart, honest vlogs on her YouTube channel. Her most popular videos, including "How to Put On Your Face" and "Why Girls Should Ask Guys Out," are comical and provocative, but they all share a deeper message: Your worth is determined by you and you alone. You must learn to love yourself. In So Much I Want to Tell You, Anna opens up about her own struggles with poor self-esteem and reveals both the highs and lows of coming-of-age. She offers fresh, funny, hard-won advice for young women on everything from self-care to money to sex, and she is refreshingly straightforward about the realities of dating, female friendship, and the hustle required to make your dreams come true. This is Anna's story, but, as she says, it belongs just as much to Kristina and to every other girl who must learn that growing up can be hard to do. Witty and real, Anna breaks things down in a way only a big sister can. Praise for So Much I Want to Tell You "This book is filled with the kind of honesty, vulnerability, and determination that makes Anna such a captivating person. One warning: You'll want to hug her a lot while reading this."—Natalie Tran. actress and comedian "As a woman working in entertainment, Anna Akana is accustomed to feeling vulnerable. Which means that she's used to being brave. This book is a tribute to the duality of bravery and fear as told through Anna's experiences to date."—Hannah Hart, New York Times bestselling author of Buffering: Unshared Tales of a Life Fully Loaded "Frank advice on how to live a productive, happy life . . . written in tribute to a 'fearless, talented, and bold' sister."—Kirkus Reviews

So Much I Want to Tell You

Unlock the full potential of your brain, learn faster, and achieve your goals with this instant New York Times and #1 Wall Street Journal bestseller from Jim Kwik, the world's #1 brain coach. This ultimate brain training book is packed with practical techniques to help you level-up your mental performance and transform your life. "There's no genius pill, but Jim gives you the process for unlocking your best brain and brightest future. Just like you want a healthy body, you want a flexible, strong, energized, and fit brain. That's what Jim does for a living—he is the personal trainer for the mind." — Mark Hyman, M.D., Head of Strategy and Innovation, Cleveland Clinic Center for Functional Medicine, author of 12 New York Times best-selling books For over 25 years, Jim Kwik has worked closely with successful men and women who are at the top in their fields as actors, athletes, CEOs, and business leaders from all walks of life to unlock their true potential. In Limitless, he reveals the science-based practices and field-tested tips to accelerate self-learning, communication, memory, focus, recall, and speed reading, to create amazing results. Limitless is the ultimate transformation book and gives people the ability to accomplish more--more productivity, more transformation, more personal success and business achievement--by changing their Mindset, Motivation, and Methods. These "3 M's" live in the pages of Limitless along with practical techniques that unlock the superpowers of your brain and change your habits. Learn how to: FLIP YOUR MINDSET Identify and challenge the assumptions, habits, and procrastinations that limit you and expand the boundaries of what you believe is possible. IGNITE YOUR MOTIVATION By uncovering your passions, purposes, and sources of energy, you can stay focused and clear on your goals. Uncovering what motivates you is the key that opens up limitless mental capacity. This is where Passion + Purpose + Energy meet to move you closer to your goals, while staying focused and clear. MASTER THE METHOD Accelerate learning, improve memory, and enhance brain performance Jim Kwik applies the latest neuroscience for accelerated learning, and will help you finish a book 3x faster through speed reading (and remember every part of it), learn a new language in record time, and master new skills with ease. "What you'll get within these pages is a series of tools that will help you cast off your perceived restrictions. You're going to learn how to unlimit your brain. You're going to learn how to unlimit your drive. You're going to learn how to unlimit your memory, your focus, and your habits. If I am your mentor in your hero's journey, then this book is your map to master your mind, motivation,

and methods to learn how to learn. And once you've done that, you will be limitless." –Jim Kwik Packed with tips and techniques to improve memory, focus, recall, and speed reading, this brain training book is the perfect gift for anyone looking to transform their life."

Limitless

As a full classroom text or reference, The St. Martin's Handbook has everything -- from argument to research to writing for the Web -- for the way writing is taught today. Through her own classroom teaching, her travels nationwide to hear the voices and experiences of other teachers, and her research into how technologies change the way writing is done, Andrea Lunsford's unflagging commitment to students comes through in every part of the handbook.

Reviewing Basic Grammar

In Her Dreams is a concrete depiction of the rich African cul- ture. The story is all about a young girl's quest for success. From humble African beginnings in Abonnema, she, through the help of her middle class family and erudition, travels to Eu- rope, to become a successful career woman. Though affluent, she is not fulfilled as she's at a loss on the choice of a soul mate; her African lover or the European. The story continues...

Gavotte in B Minor

Do you feel daily pressure to keep pushing yourself even when you're stressed and exhausted? It's time to leave Superwoman in the movies, where she belongs, and say hello to being a Super Woman—the best, most productive and balanced version of the hero you already are. For years—maybe your entire life—you've been told that success means having it all and doing it all. But working more and harder is holding you back, not moving you forward. In Becoming Super Woman, New York Times bestselling author Nicole Lapin redefines what it means to be a woman who "has it all"—and shows you how to find lasting success by your own definition, on your own terms. Nicole candidly shares her own story of career burnout and an emergency hospitalization that prompted her to take her mental health seriously for the first time ever. Along the way, she discovered that not only was this priority shift not a defeat, it was the key to unlocking even greater achievements. In her third and most personal book yet, Nicole lays out an actionable, 12-step plan to guide you in taking control and becoming the hero of your own story, with the skills it takes to be a real Super Woman—skills we should (but often don't) learn growing up, from productivity hacks to boundary setting. She makes the case that the real secret to success doesn't hinge on the hustle or degrees you have but in "putting on your own oxygen mask before helping others." In fact, self-care is the biggest asset or liability in our careers—when it's on-point it can help us soar, and when it's neglected it can bring us down faster than anything else. Entertaining, honest, and life-changing, Becoming Super Woman shows you how to banish burnout, ward off a breakdown, and achieve true balance ... finally.

The St. Martin's Handbook

The New York Times best-selling creator of the Tapping Solution offers a three-week program of practical self-inquiry and hands-on work designed to unlock your life's full potential. Have you ever had the feeling your life just isn't working? That no matter how much you push and direct, or sit back and let go, the square peg you're holding just won't fit into the round hole that is your life? What if, instead, the roadblocks went away? What if you could experience more ease and flow in your life, banish self-doubt, fear, and anxiety, and live your greatest life? Can you imagine what that would look like--and more important, what it would feel like? Now Tapping Solution creator and New York Times best-selling author Nick Ortner helps you not only imagine it but make it a reality. The Tapping Solution for Manifesting Your Greatest Self guides you through a 21-day process of self-discovery and self-development using the simple, proven practice called Tapping (also known as Emotional Freedom Techniques). Each of the 21 stages includes a Daily Challenge and a Tapping Meditation to help the changes you're making take root. And you can work through the program at your own pace--doing one stage every day, every three days, every week, or whatever you like--with exclusive e-mail reminders from Nick to support you throughout the process. Drawing on wisdom sources from Aristotle to Dr. Seuss, along with Nick's own deep well of insight and stories from his daily life, this book is terrific fun to read. It's also a powerful tool for transformation. "We're going to work together to let your light shine brighter than ever before," Nick writes, "to create the life experiences you most deserve and desire." Ready? Then let's get tapping!

In Her Dreams

A healthy brain is the key to living longer and looking younger. In Use Your Brain to Change Your Age, clinical neuroscientist and bestselling author Dr Daniel G. Amen shares simple steps to boost your brain, helping you to look, feel and think younger. Based on the approach that has helped thousands of people at the Amen Clinics and the most up-to-date research collected from over 70,000 brain scans, Dr Amen's breakthrough programme leads you through ten simple anti-aging steps that will also dramatically decrease the risk for Alzheimer's disease. You will learn how to: - Boost your memory, mood, attention and energy - Decrease your risk of Alzheimer's and other forms of dementia - Reduce the outward signs of aging and make your skin more beautiful - Promote the healing of brain damage due to injury, strokes, substance abuse and toxic exposure - Dramatically increase your chances of living longer and looking younger

Becoming Super Woman

Over three consecutive Olympic games, Ohno has come to symbolize the very best of the competitive spirit--remaining equally gracious in victory and defeat, always striving to improve his performance, and appreciating the value of the hard work of training as much as any reward it might bring.

The Tapping Solution for Manifesting Your Greatest Self

Perfect for fans of John Green's Turtles All the Way Down and Nina LaCour's We Are Okay, this is the poignant and uplifting story of Maeve, who is dealing with anxiety while falling in love with a girl who is not afraid of anything. Think positive. Don't worry; be happy. Keep calm and carry on. Maeve has heard it all before. She's been struggling with severe anxiety for a long time, and as much as she wishes it was something she could just talk herself out of, it's not. She constantly imagines the worst, composes obituaries in her head, and is always ready for things to fall apart. To add to her troubles, her mom—the only one who really gets what Maeve goes through—is leaving for six months, so Maeve will be sent to live with her dad in Vancouver. Vancouver brings a slew of new worries, but Maeve finds brief moments of calm (as well as even more worries) with Salix, a local girl who doesn't seem to worry about anything. Between her dad's wavering sobriety, her very pregnant stepmom insisting on a home birth, and her bumbling courtship with Salix, this summer brings more catastrophes than even Maeve could have foreseen. Will she be able to navigate through all the chaos to be there for the people she loves? An ALA Rainbow Book List selection A Bank Street Best Book of the Year "With Maeve, Mac delivers a character who's heartwarmingly real and sympathetic, and her story provides a much needed mirror for anxious queer girls everywhere."—Kirkus, Starred review "This is a good companion book for other anxiety-riddled stories, such as The Shattering by Karen Healey, and Finding Audrey by Sophie Kinsella."—Booklist "This hopeful offering will resonate with young people for their own lives, even if the journey is hard and takes time and patience...[a] compelling portrait of a teen's experiences with anxiety and challenging family dynamics."--SLJ "Mac carefully makes clear that Maeve is plenty able to find joy other places than the perfect girl and that she's working at dealing with her own problems; the romance is therefore lovely and cozy and free from overtones of dependency. The descriptions of anxiety are true and powerful, and romance buffs will likely revel in a book celebrating deep connection."—The Bulletin "Mac is good at showing how a dread-filled mind works... [An] affecting story."—Publishers Weekly

Tile & Till

Trauma. Divine timing. And an offer she can't refuse. Sasha's only focus is surviving from one day to the next-until a handsome stranger proposes a deal. A fake engagement. More money than Sasha could ever imagine. And a dark, secret lifestyle unlike anything she's ever experienced.

Use Your Brain to Change Your Age

Drawing on their extensive experience training instructors in all disciplines to incorporate writing in their courses, Gottschalk and Hjortshoj provide time-saving strategies and practical guidance in this brief, well-written reference. Accommodating a wide range of teaching styles and class sizes, Elements offers reliable advice about how to design effective writing assignments and how to respond to and evaluate student writing in any course.

Zero Regrets

Charles Fishman takes us into the heart of the biggest company on earth, ever, to show how the ýWal-Mart effectý shapes lives everywhere, whether for cleaners in America, bicycle-makers in China or salmon farmers in Chile. Now Wal-Martýs influence is so great it can determine everything from working practices to market forces themselves, Fishman asks: how did a shop manage to do all this? And what will the ultimate cost of low prices be?

10 Things I Can See From Here

"For nonwriters, it is a glimpse into the trials and satisfactions of a life spent with words. For writers, it is a warm, rambling, conversation with a stimulating and extraordinarily talented colleague." — Chicago Tribune From Pulitzer Prize-winning Annie Dillard, a collection that illuminates the dedication and daring that characterizes a writer's life. In these short essays, Annie Dillard—the author of Pilgrim at Tinker Creek and An American Childhood—illuminates the dedication, absurdity, and daring that characterize the existence of a writer. A moving account of Dillard's own experiences while writing her works, The Writing Life offers deep insight into one of the most mysterious professions.

Dominant Desires

"I didn't read this book, I devoured it. Arranged marriage is one of my favorite tropes and RK Lilley completely blew it out of the water. Arranged is angsty, sexy, and heartbreaking. Immediately adding it to my future re-read list. Banks is my new favorite alpha bully." Claire Contreras, New York Times Bestselling Author "Fatally beautiful. Gut-tightening intensity. Off the charts sexual chemistry and a love story unlike any other. You will devour this tale by RK Lilley and only want more." Audrey Carlan, #1 NYT Bestselling Author "Classic RK Lilley with all the angst, steam, and edginess she does so damn well. I loved it!" Kylie Scott, NYT & USA Today Bestselling Author "Some books are simply better than others. This is one of those books. Calder Banks Castelo is a jerk of epic proportions. Jerk-a-licious perfection. Banks and Noura together light the pages on fire. Sensual, angsty, exquisite. Don't miss it." Jana Aston, New York Times Bestselling Author There were rules in the cash-for-beauty game. The money held the power. The beauty followed the rules and jumped through the hoops. THE BRIDE I knew what everyone would think if they knew the truth about my marriage. They'd be shocked and appalled. And rightly so. I was a young, modern, independent woman, and I'd done the unthinkable. I'd sold my virginity to a spoiled, rich boy. To a stranger who didn't love me. And yes, I'd done it all for money. THE GROOM My bride was as gorgeous as she was unwelcome. As desirable as she was unwanted. I wanted nothing to do with her, but that didn't seem to matter exactly the second she got close enough to touch. I wanted her to hate me more than she loved the millions she'd sold herself for. I wanted to spurn her, but unfortunately, I wanted to f*ck her more. ARRANGED is a standalone erotic romance.

The Elements of Teaching Writing

An American Childhood is the electrifying memoir of the wide-eyed and unconventional upbringing that influenced the lifetime love of nature and the stunning writing career of Pulitzer Prize winner Annie Dillard. From her mother's boundless energy to her father's low-budget horror movies, jokes and lonesome river trips down to New Orleans to get away, the events of Dillard's 1950s Pittsburgh childhood loom larger than life. An American Childhood fizzes with the playful observations and sparkling prose of this American master, illuminating the seemingly ordinary and yet always thrilling, dizzying moments of a childhood and adolescence lived fearlessly.

The Wal-Mart Effect

Zania and her familiar, Fluki, are weathering a snowstorm when a bang on the porch alerts them. Upon opening the door, instead of the expected fallen branch, Zania finds a man who is near death. Aidan wakes in front of a fireplace to find a beautiful young woman tending him. Zania heals her unexpected guest, her manuwhiri, only for them to be led into the adventure of a lifetime. And to discover a love that spans the universe.

The Writing Life

I took her innocence as payment. She was far too young and naïve to be betrothed to a monster like me. I would bring only pain and darkness into her sheltered world. That's why she ran. I should've just let her go... She never asked to marry into a powerful Russian mafia family. None of this was her choice.

Unfortunately for her, I don't care. I own her... and after three years of searching... I've found her. My runaway bride was about to learn disobedience has consequences... punishing ones. Having her in my arms and under my control had become an obsession. Nothing was going to keep me from claiming her before the eyes of God and man. She's finally mine now... and I'm never letting her go.

Arranged

The world's leading expert on habit formation shows how you can have a happier, healthier life: by starting small. Myth: Change is hard. Reality: Change can be easy if you know the simple steps of Behavior Design. Myth: It's all about willpower. Reality: Willpower is fickle and finite, and exactly the wrong way to create habits. Myth: You have to make a plan and stick to it. Reality: You transform your life by starting small and being flexible. BJ FOGG is here to change your life--and revolutionize how we think about human behavior. Based on twenty years of research and Fogg's experience coaching more than 40,000 people, Tiny Habits cracks the code of habit formation. With breakthrough discoveries in every chapter, you'll learn the simplest proven ways to transform your life. Fogg shows you how to feel good about your successes instead of bad about your failures. Already the habit guru to companies around the world, Fogg brings his proven method to a global audience for the first time. Whether you want to lose weight, de-stress, sleep better, or be more productive each day, Tiny Habits makes it easy to achieve.

An American Childhood

This match is no game. When a rogue wave strips Tess Dunn of her bikini top, desperate, half-naked times call for desperate, please-cover-me-kids-are-coming-closer measures. Enter Lucas Karlsson, AKA that flirty Swede in the water nearby. When he prevents her bare buoys from being exposed to fellow vacationers, even an ocean can't drown the sparks that fly. Lucas, a former top-level tennis pro now giving lessons at the resort, fled there after the abrupt, painful end to his injury-plagued career. But he's finally ready to move on with his life-and after a few late-night, hands-on sessions with Tess, he's eager to prove he's the ace she wants. But this match comes with challenges: She's forty, and at twenty-six, he's barely old enough to rent a car. Worse, they only have two weeks together before Tess returns to her assistant-principal life in Virginia. During that brief time, they'll have to play hard, take a few risks, and find out whether their chemistry is a one-shot wonder...or whether they're meant to be doubles partners for life.

Manuwhiri

Graf's stuck in a town where no-one enters. . . and no-one leaves.

Savage Vow

New York Times bestselling author Nicole Lapin is back with a sassy and actionable guide empowering women to be the boss of their own lives and careers. You don't need dozens or hundreds of employees to be a boss, says financial expert and serial entrepreneur Nicole Lapin. Hell, you don't even need one. You just need to be confident, savvy, and ready to get out there and make your success happen. You need to find your inner Boss Bitch — your most confident, savvy, ambitious self—and own it. A Boss Bitch is the she-ro of her own story. She is someone who takes charge of herself and her future and embraces being a "boss" in all senses of the word: whether as the boss of her own life, a boss at work, or the literal boss of her own company (or all three). Whichever she chooses, being a Boss Bitch isn't something to apologize for—it's something to be proud of! We all have what it takes to be a boss bitch, says Lapin. The problem is: we don't learn how to do it in school. Even if we study business, we're not getting enough real-deal business education. Until now. Here, Lapin draws on raw and often hilariously real stories from her own career and experiences starting businesses—the good, the bad, and the ugly—to show what it means to be a "boss" in twelve easy steps. In her refreshingly honest and relatable style, she first shows how to embrace the boss-of-you mentality by seizing the power that comes from believing in yourself and expanding your personal skillset. Then she offers candid no-nonsense advice on how to kill it as the boss at work whether you have a high-up role or not. And finally, for those who want to take the plunge as an entrepreneur, she lays out the nuts and bolts of how to be the boss of your own business—from raising money and getting it off the ground to hiring a kickass staff and dealing office drama to turning a profit. Being a rock star in your career is something that should be worn as a badge of honor. Here Lapin shows how to crush it in our careers like like a Boss Bitch!

Tiny Habits

The second edition of The Concise Guide to Writing helps students through all phases of the writing process. With new chapters on justifying an evaluation, reading critically, conducting research in the library and on the internet, and citing sources, this flexible rhetoric offers valuable information for first-year composition courses.

40-Love

Looks at how numbers actually work, and teaches addition, subtraction, multiplication, and division in a new way that makes everyday math simple to understand

American Vampire

True crime, desperation, fraud, and adventure: From the impoverished young woman who enchanted nineteenth-century British society as a faux Asian princess, to the sixteen-year-old boy who "stole" a subway train in 1993, to the lonely but clever Frank Abagnale of Catch Me if You Can fame, these ten vignettes offer riveting insight into mind-blowing masquerades. Graphic panels draw you into the exploits of these pretenders, and meticulously researched details keep you on the edge of your seat. Each scene is presented in the second person, a unique point of view that literally places you inside the faker's mind. With motivations that include survival, delusion, and plain, old-fashioned greed, the psychology of deception has never been so fascinating or so close at hand.

Boss Bitch

Code Name Verity meets I Am the Messenger in this riveting YA novel from Morris Award finalist Stephanie Oakes, in which three points of view are woven together in a story that's part Cold War mystery, part contemporary coming-of-age, and completely unputdownable. Molly Mavity is not a normal teenage girl. For one thing, her father is a convicted murderer, and his execution date is fast approaching. For another, Molly refuses to believe that her mother is dead, and she waits for the day when they'll be reunited . . . despite all evidence that this will never happen. Pepper Al-Yusef is not your average teenage boy. A Kuwaiti immigrant with epilepsy, serious girl problems, and the most useless seizure dog in existence, he has to write a series of essays over the summer . . . or fail out of school. And Ava Dreyman—the brave and beautiful East German resistance fighter whose murder at seventeen led to the destruction of the Berlin Wall—is unlike anyone you've met before. When Molly gets a package leading her to Pepper, they're tasked with solving a decades-old mystery: find out who killed Ava, back in 1989. Using Ava's diary for clues, Molly and Pepper realize there's more to her life—and death—than

meets the eye. Someone is lying to them. And someone out there is guiding them along, desperate for answers. At turns heart-racing, hilarious, and heartbreaking, The Arsonist is an intricate tapestry—of love, loss, and the mysterious connections between us all.

The Concise Guide to Writing

In this heartwarming, feel-good holiday novel, one woman needs to find a little inspiration in the 25 days leading up to Christmas to help her remember the magic of the season and the magic of falling in love—perfect for fans of Jenny Colgan and Josie Silver. Kate Potter used to love Christmas. A few years ago, she would have been wrapping her presents in September and baking mince pies on Halloween, counting down the days and hours to Christmas. But that was before Kate's husband left for the army and never came home. Now she can hardly stand December at all. Kate can't deny she's lonely, yet she doesn't think she's ready for romance. She knows that her son, Jack, needs a Christmas to remember—just like Kate needs a miracle to help her finally move forward with her life. So she's decided if there isn't a miracle on its way, she'll just have to make her own. As Kate's advent countdown to the best Christmas ever begins, she soon realizes that even with the best laid plans, you can't plan for the unexpected. For when the path of the loneliest woman in town crosses with that of the loneliest man, these two destined hearts might find a way to save the holiday for both of them.

Math Magic

Publisher Description

Can I See Your I.D.?: True Stories of False Identities

A Seventeen Best Book of the Year A New York Public Library Top Ten Best Book of the Year A Kirkus Best Book of the Year For fans of All the Bright Places and Looking for Alaska comes "a daring, inventive story about love and loss and longing, reminding us that every choice can be a new chance. A dazzling, not-to-be-missed debut." --Kathleen Glasgow, author of Girl in Pieces In one impulsive moment the summer before they leave for college, Scarlett and David plunge into a brief and irresistible swirl of romance, particle physics, and questionable decisions. Scarlett and David have known each other all their lives in small-town Graceville, Colorado, where David is just another mountain in the background, until, one day, he is suddenly so much more than part of the scenery. Magnetic, spontaneous, David is a gravitational force. And Scarlett, pragmatic, wry, eye on the future, welcomes the pull he has on her even as she resists it. Moving between the present and the past, this is the story of a seemingly grounded girl who's pulled into a lightning-strike romance with an electric-charged boy, and the enormity of the aftermath. Smart, bold, and emotionally deep, Shana Youngdahl's debut explores grief, guilt, and reconciling who you think you need to be with the person you've been all along. It's an aching, transporting reminder that between the past that shapes us and the unknowable future, we have only the present to forgive ourselves and forge ahead. "A story you won't forget." -- Huntley Fitzpatrick, author of My Life Next Door "Mystery...Heartbreak...Hope...Readers will not be able to put this one down."--SLJ "Vivid" --Seventeen.com "You'll speed read through [it]" --PopSugar "John Green-like, intelligent and peppered with witty repartee" --Booklist "Heartbreaking, exquisitely crafted" --Estelle Laure, author of This Raging Light "Deeply authentic...Marvelously complex...Readers shouldn't miss [it]" --Kirkus, starred review "A complex, compassionately written love story" -- PW "A definite purchase and must read."--VOYA "Perfect." --Book Page

The Arsonist

From the USA Today bestselling author of West Side Love Story comes a second chance romance set on the beautiful sandy shores of Key West, the perfect beach read! Fans of Abby Jimenez, Jasmine Guillory, and Jen DeLuca, won't want to miss this gorgeous and stirring love story that will touch your heart and make you believe in happily ever afters... A PopSugar Best Romance of April "A big-hearted, beautiful book about first love, second chances, and finding one's place in the world. An exceptional getaway of a book!" —Emily Henry, New York Times bestselling author of Beach Read "Anchored Hearts has it all: undeniable chemistry, believable roadblocks, a heartwarming world, and a lush Key West setting that leaps off the page. Alejandro and Anamaría's love story is not to be missed!" —Mia Sosa, USA Today bestselling author of The Worst Best Man A PopSugar Best Romance of April Award-winning photographer Alejandro Miranda hasn't been home to Key West in years—not since he left to explore broader horizons with his papi's warning "never to come back" echoing in his ears. He wouldn't be heading there now if it wasn't for an injury requiring months of recuperation. The drama of

a prodigal son returning to his familia and their beloved Cuban restaurant is bad enough, but coming home to the island paradise also means coming face to face with the girl he left behind—the one who was supposed to be by his side all along . . . Anamaría Navarro was shattered when Alejandro took off without her. Traveling the world was their plan, not just his. But after her father's heart attack, there was no way she could leave—not even for the man she loved. Now ensconced in the family trade as a firefighter and paramedic, with a side hustle as a personal trainer, Anamaría is dismayed that just the sight of Alejandro is enough to rekindle the flame she's worked years to put out. And as famillia meddling pushes them together, the heat of their attraction only climbs higher. Can they learn to trust again, before the Key West sun sets on their chance at happiness? "Vibrant...A stunning romance of first love found again." —KirkusReviews STARRED REVIEW "Oliveras' portrayal of family and social media ties are reminiscent of Alisha Rai's romances." —Booklist STARRED REVIEW "Priscilla Oliveras sweeps you away to summer in Key West! Anchored Hearts is a delightful and heartwarming second chance romance full of fun and family, laughter and love. You'll swoon for these childhood sweethearts!" —Alexis Daria, bestselling author of You Had Me at Hola

25 Days 'Til Christmas

"A fiercely imagined world!" —Mary E. Pearson, New York Times bestselling author of the Remnant Chronicles From the New York Times bestselling co-author of My Plain Jane comes the second book in a smoldering fantasy trilogy about a girl who must embrace her latent power or lose the dragons she loves. Perfect for fans of Julie Kagawa and Kendare Blake. Mira the Dragonhearted is on the run with her friends following a fiery escape from the prison where she'd been condemned for speaking out against dragon trafficking. And she wants answers. Has the treaty she's been defending her whole life truly sold out the Fallen Isles to their enemies? Did her own parents lie to her? Will she lose control of her power and hurt the ones she loves? The only way to find the truth is to go home again, to face the people who betrayed her and the parents she's not sure she can trust. Home, where she must learn to rise above her fears. Or be consumed.

The Ghosts of Kashmir

Change is the only constant. Learn to be a change-maker. In Imagine It Forward, Beth Comstock, the former vice chair of GE, describes her twenty-five year efforts to be an instigator of change at every level of business. When she first moved from NBC to parent company GE in 1998, she was ignored as a woman in a man's world, treated as an outsider because she didn't have a business background, and ignored as a mere PR person. But CEO Jeff Immelt realized even then that the industrial giant, like so many businesses, had to change fast in order to stay relevant in a world where Google, Facebook, and an explosion of internet companies were transforming how goods and services were marketed, made, and sold. In a deeply personal journey filled with practical takeaways from two plus decades of initiating change at the top levels of one of the largest corporations in the world, Comstock lays out the challenges, opportunities, tools, and practices needed to embrace change, whatever industry you are in, and make it part of every management decision.

As Many Nows as I Can Get

With shades of Game of Thrones and Romeo and Juliet, this richly imagined fantasy from debut author Sarah Ahiers is a tale of love, lies, and vengeance. Fans of Kristin Cashore and Rae Carson will devour the flawlessly crafted action and inventive world building. Seventeen-year-old Lea Saldana is a trained assassin. She was born into one of the nine clipper Families in the kingdom of Lovero who lawfully take lives for a price. As a member of the highest-ranking clan, loyalty to Family is valued above all, but that doesn't stop Lea from getting into a secret relationship with Val Da Via, a boy from a rival clan. Despite her better judgment, Lea has fallen in love with him; but she's confident she can anticipate any threat a mile away. Then she awakens one night to a house full of smoke. Although she narrowly escapes, she isn't able to save her Family as their home is consumed by flames. With horror, she realizes that Val and his Family are the only ones who could be responsible. Devastated over his betrayal and the loss of her clan, there's just one thing on her mind: making the Da Vias pay. The heart of this assassin craves revenge.

Anchored Hearts

From the #1 New York Times- and USA Today-bestselling author of the Rosemary Beach and The Vincent Boys series, Abbi Glines delivers another smoldering, compulsively readable YA romance with

As She Fades. On the night of her high school graduation, Vale McKinley and her boyfriend Crawford are in a terrible car accident that leaves Crawford in a coma. They were supposed to spend the summer planning for college, for a bright future full of possibility. Together. Instead, Vale spends long days in the hospital, hoping Crawford will awaken. Slate Allen, a college friend of Vale's brother, has been visiting his dying uncle at the same hospital. When he and Vale meet, she can't deny the flutter of an illicit attraction. She tries to ignore her feelings, but she's not immune to Slate's charm. Slowly, they form a cautious friendship. Then, Crawford wakes up . . . with no memory of Vale or their relationship. Heartbroken, Vale opts to leave for college and move on with her life. Except now, she's in Slate's territory, and their story is about to take a very strange turn. Glines' millions of fans will adore As She Fades, a novel as romantic as it is full of twists and unexpected turns.

500 Words Or Less

"There is always a special feeling I get when I read a book written by a Maori about being Maori, where the world is described through eyes that are my eyes - the people, the humour, the sadness and the occasions are familiar parts of my life - and Tahuri is such a book." -Books for Secondary School Libraries

As She Ascends

Imagine It Forward

https://mint.outcastdroids.ai | Page 10 of 10