

## Why Cant My Child Behave

[#child behavior problems](#) [#why kids misbehave](#) [#parenting challenging behavior](#) [#child discipline tips](#) [#causes of bad behavior in children](#)

Are you constantly asking, 'Why can't my child behave?' This essential guide unpacks common child behavior problems, exploring the various reasons why kids misbehave. Discover expert insights and practical parenting challenging behavior strategies, offering effective child discipline tips to understand and address the root causes of bad behavior in children for a more peaceful family life.

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### Why Can't My Child Behave?

Parenting a child who doesn't know how to be parented is the most difficult job in the world.' Why Can't My Child Behave? provides friendly expert advice on how to respond to difficult behaviours and emotions for parents of children with developmental trauma. Each chapter focusses on the common difficulties faced by carers or parents and features quick, applicable ideas with exercises and illustrations. How do you react to a child's difficult behaviour? How do you deal with your own negative emotions? How do you know when to be empathic? The book looks beyond the traditional punishment/reward strategies and aims to provide an explanation for such questions whilst helping the child in the process. This book will prove to be an invaluable resource for parents, foster carers, social workers and professionals working with children who are adopted or fostered.

### Why Can't My Child Behave? Why Can't She Cope? Why Can't He Learn?

Do you want to know how you can get your kids to do their chores? Do you want to stop lecturing, reminding and nagging your kids? Are you wondering if it is worth it to discipline your kids when they won't stay in a chair for a time-out? Joey and Carla Link reach beyond typical parenting advice to give you honest understanding, encouragement and practical steps that work to get obedient children. They share: Why parents can't get their kids to behave What obedience is What obedience is not How to get your kids to obey Help for single parents "Have you ever wanted an instruction manual for parenting? Look no further; this is the book you've been waiting for. With refreshing honesty and practical instruction, Joey and Carla Link have put together a great resource for parents. If you have kids, you need this book." - Jill Savage, founder and CEO of Hearts at Home and author of Real Moms ... Real Jesus "The biblical and practical teaching Joey and Carla Link share is something every parent should read. It has given us clear expectations—what we as parents can require of our kids and what our kids know is expected of them. People are happy to be around our kids instead of being happy

when we leave! We are confident this book will be a good beginning for parents, no matter the ages of their children." - US Representative Bill and Natalie Huizenga, Michigan

### Why Can't I Get My Kids to Behave?

If children seem to be getting more difficult than ever, there may be a good explanation and it could be located right under your child's nose. Consider that marshmallow breakfast cereal she consumed, or the fluorescent vitamins he enjoys? Do you know what gives these things their pretty colors? How about the fruity flavorings? In our home 'candy' means raisins, and we grow our own tomatoes, you say? These are wonderful foods, but if your child is sensitive to salicylates, they can trigger world-class tantrums too. This book is about who have faced the issues are dealing with and have found solutions. An eminent physician discovered many of the puzzle pieces, and others have followed, so there now is documentation in the scientific literature.

### Why Can't My Child Behave? Why Can't She Cope? Why Can't He Learn?

Do you want to know how you can get your kids to do their chores? Do you want to stop lecturing, reminding and nagging your kids? Are you wondering if it is worth it to discipline your kids when they won't stay in a chair for a time-out? Joey and Carla Link reach beyond typical parenting advice to give you honest understanding, encouragement and practical steps that work to get obedient children. They share: Why parents can't get their kids to behave What obedience is What obedience is not How to get your kids to obey Help for single parents "Have you ever wanted an instruction manual for parenting? Look no further; this is the book you've been waiting for. With refreshing honesty and practical instruction, Joey and Carla Link have put together a great resource for parents. If you have kids, you need this book." - Jill Savage, founder and CEO of Hearts at Home and author of Real Moms ... Real Jesus "The biblical and practical teaching Joey and Carla Link share is something every parent should read. It has given us clear expectations-what we as parents can require of our kids and what our kids know is expected of them. People are happy to be around our kids instead of being happy when we leave! We are confident this book will be a good beginning for parents, no matter the ages of their children." - US Representative Bill and Natalie Huizenga, Michigan

### Why Can't I Get My Kids to Behave?

A modern parenting classic—a guide to a new and gentle way of understanding the care and nurture of infants, by the internationally renowned childcare expert, podcaster, and author of No Bad Kids Trained in the Resources for Infant Educators (RIE) philosophy, Janet Lansbury helps parents look at the world through the eyes of their infants and relate to them as whole people who have natural abilities to learn without being taught. Once we are able to view our children in this light, even the most common daily parenting experiences become stimulating opportunities to learn, discover, and connect with our child. A collection of the most-read articles from Janet's popular and long-running blog, Elevating Child Care focuses on common infant issues, including: Nourishing our babies' healthy eating habits Calming your clingy, fearful child How to build your child's focus and attention span Developing routines that promote restful sleep Eschewing the quick-fix tips and tricks of popular parenting culture, Lansbury's gentle, insightful guidance lays the foundation for a closer, more fulfilling parent-child relationship, and children who grow up to be authentic, confident, successful adults.

### Elevating Child Care

The bestselling guide that has already helped hundreds of thousands of children behave--and their parents relax . . . FINALLY in paperback A New York Times Bestseller In this eye-opening resource, Dr. Sal Severe taps his twenty-five years of experience as a school psychologist and parenting workshop leader to show that a child's behavior is often a reflection of the parent's behavior, and by making changes themselves, parents can achieve dramatic results in their children. Instead of focusing on what children do wrong, Dr. Severe teaches parents to emphasize the positive, to be consistent, and to be more patient. He shows parents how to teach their children to behave, listen, and be more cooperative, and how moms and dads can manage their own anger and prevent arguments and power struggles. Packed with concrete strategies for dealing with homework hassles, ending tantrums, and other common problems, Dr. Severe's empathetic, common-sense book will be welcome everywhere.

### How to Behave So Your Children Will, Too

Troubled children need special parenting to build attachments and heal from trauma. This book provides a parenting model that parents and carers can follow to incorporate love, play, acceptance, curiosity and empathy into their parenting. These elements are vital to a child's development and will help children to feel confident, secure and happy.

### Creating Loving Attachments

Caroline Archer sets out to provide adoptive and foster parents with an understanding of the complex range of difficulties with which their children may struggle as a result of their early experience of adversity. She presents strategies to help parents deal with their youngsters' troubling behaviour, in what seems to them a hostile world.

### Next Steps in Parenting the Child who Hurts

This is an explanation of why babies, toddlers and pre-school children behave the way they do and how to deal with them. It examines issues such as why toddlers act in a self-centred way. The author discusses the five key stages of a child's development and the key to behaviour at each.

### How to Read Your Child Like a Book

Solve typical toddler challenges with eight key mindshifts that will help you parent with clarity, calmness and self-control. Through stories from her practice, Claire Lerner shows parents how making critical mindshifts—seeing their children's behaviors through a new lens —empowers parents to solve their most vexing childrearing challenges. This process puts parents back in the driver's seat, where they belong and where their children need them to be. These real life stories provide a roadmap for how to tune into the root causes of children's behavior and how to create and implement strategies that are tailored to the unique needs of each child and family. Through these stories, Claire provides a treasure trove of practical solutions that are based in science and which work in real life. *Why Is My Child In Charge?* picks up where other books have left parents hanging. Most parenting books offer solutions that sound good on paper but don't work in practice. They are aspirational rather than achievable, or they offer one-size-fits-all approaches that don't meet the needs of an individual child. They can compound parents' feelings of frustration and thus, can be counterproductive. Case by case, Claire unpacks the individualized process she guides parents through to solve the most common challenges such as throwing tantrums in public; delaying bedtime for hours; refusing to participate in family mealtimes; and resisting potty training. Employing a relatable story-telling approach, Claire elucidates: The faulty mindsets that pose obstacles to parents seeing the situation more objectively The essential mindshifts that enable parents to quickly identify the root causes of the problem The development of an action plan tailored to each unique child and family *Why is My Child in Charge?* is like having a child development specialist in your home. It shows how you can develop "win-win" strategies that translate into adaptable, happy kids and calm, connected and in-control parents. It will help you be the parent you want to be.

### Why Is My Child in Charge?

In a time when all the rules for raising children have been redefined dozens of times, here is a book for bewildered parents from a simpler time when we all agreed on what was right and what was wrong. First published in 1946, Munro Leaf's *How To Behave And Why* gives touchingly sincere yet gently funny lessons in Honesty, Fairness, Strength, and Wisdom. Originally intended for the very young, but with meaning for us all, *How To Behave and Why* is a true classic, charmingly illustrated with childlike drawings, and with a timeless message. It is a sure guide for teaching children (and adults) how to behave.

### How to Behave and Why

A fresh and practical guide to successfully managing children's behaviour – from babies to young adults.

### Happy Kids: The Secrets to Raising Well-Behaved, Contented Children

In this easy-to-read, science-based book, parents, caregivers, and adults of all kinds discover how discipline affects children's development, why intervention should reinforce connection not separation, and why the disciplinary strategies that may have been used on us as children are not the ones that children really need. As a practicing child and family psychologist and advisor to the British Columbia

ministry of children and families, Dr. Vanessa has seen it all, and she has navigated hundreds of tough situations with families. Drawing on scientific research and a wealth of clinical experience, she shows you how to put out the fire without dampening your child's spirits; how to correct their behavior while emphasizing connection; and how to discipline without damage.

### Discipline Without Damage

The children at school learn from each other good habits including behaving, sharing, listening, waiting, and helping each other.

### Mind Your Manners in School

Therapeutic parenting is a deeply nurturing parenting style, and is especially effective for children with attachment difficulties, or who experienced childhood trauma. This book provides everything you need to know in order to be able to effectively therapeutically parent. Providing a model of intervention, The A-Z of Therapeutic Parenting gives parents or caregivers an easy to follow process to use when responding to issues with their children. The following A-Z covers 60 common problems parents face, from acting aggressively to difficulties with sleep, with advice on what might trigger these issues, and how to respond. Easy to navigate and written in a straightforward style, this book is a 'must have' for all therapeutic parents.

### The A-Z of Therapeutic Parenting

Behavior is a result of more than actions. Are you frustrated by your child's behavior? Is your child hard to discipline? Are you disappointed by your child's lack of motivation in life? Ever wonder why the parenting techniques you've tried don't work? Does your family need a healthier lifestyle, but aren't sure where to start? Does any of this sound familiar? You are not alone, and YES, this book is for you! This book will help you: -Understand your child's behavior no matter their age -Learn how to parent the whole child -Create a unique family blueprint -Set your child up for success for the rest of their life -Begin a journey for a healthier, more loving lifestyle for the entire family Watching my son struggle with physical and behavioral issues, only to completely transform after changing the way I parented and nourished his body, was inspiring and life-changing. It was at this point; I developed a passion for helping other children. My approach to parenting isn't focused on behaviors alone, but giving the body what it needs to function correctly. Parenting the whole child is crucial to the development and health of your family. All parents and children deserve the right tools to help them grow and be successful in life!

## Why Can't You Just Behave?

Decades of research have demonstrated that the parent-child dyad and the environment of the family—which includes all primary caregivers—are at the foundation of children's well-being and healthy development. From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be greater than during the earliest years of life, when a child's brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment. Parents help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood and beyond. The experience of parenting also impacts parents themselves. For instance, parenting can enrich and give focus to parents' lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness, fulfillment, and anger. Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and services for families, changing demographics of the U.S. population, and greater diversity of family structure. Additionally, parenting is increasingly being shaped by technology and increased access to information about parenting. Parenting Matters identifies parenting knowledge, attitudes, and practices associated with positive developmental outcomes in children ages 0-8; universal/preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge, attitudes, and practices; and barriers to and facilitators for parents' use of practices that lead to healthy child outcomes as well as their participation in effective programs and services. This report makes recommendations directed at an array of stakeholders, for promoting the wide-scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice. It is meant to serve as a roadmap for the future of parenting policy, research, and practice in the United States.

## Parenting Matters

Nurturing Attachments combines the experience and wisdom of parents and carers with that of professionals to provide support and practical guidance for foster and adoptive parents looking after children with insecure attachment relationships. It gives an overview of attachment theory and a step-by-step model of parenting which provides the reader with a tried-and-tested framework for developing resilience and emotional growth. Featuring throughout are the stories of Catherine, Zoe, Marcus and Luke, four fictional children in foster care or adoptive homes, who are used to illustrate the ideas and strategies described. The book offers sound advice and provides exercises for parents and their children, as well as useful tools that supervising social workers can use both in individual support of carers as well as in training exercises. This is an essential guide for adoptive and foster parents, professionals including health and social care practitioners, clinical psychologists, child care professionals, and lecturers and students in this field.

## Nurturing Attachments

Kids driving you nuts? Don't hide in the closet with a box full of cookies. TEACH Your Children How to Behave! Have you ever wondered how teachers can get a class of 20 to 30 little ones to sit still, listen carefully and follow directions while you sometimes struggle to manage with only two or three? It's not magic. The truth is teachers spend years in the classroom learning strategies that get kids to listen—strategies that will work for you too! In “TEACH Your Children How to Behave,” you'll learn how to: \* Set reasonable expectations for your children's unique ages, personalities and ability levels. \* Prevent your children's bad behavior BEFORE it starts. \* Choose consequences that really work! \* Respond to 25 of the most common behavior problems parents deal with today—problems including arguing, hitting, lying, attitude problems, whining and more! \* Teach your child how to make better choices in the future, so you aren't repeating yourself again and again. Your children want to behave; they just don't always know how. You have to teach them. And it's a lot easier than you might think. Say goodbye to endless arguments and constant power struggles. TEACH your children how to behave and enjoy spending time as a family once again! This book will show you how.

## TEACH Your Children How to Behave

Behave My Child is the hype you need throughout the day. Behave My Child is inspirational to your 4 year old well as your 13 year old teenager. Children and adults need to hear words of encouragement.

Adults can appreciate good manners from children. Behave My Child have concentrated principals to match. Its the go to for spotlight behavior and manners with everlasting principals to follow. Behave My Child, great read for any classroom, home, or nursery.

## Behave My Child

Have You Tried Everything Else and Yet Your Toddler Still Do not Obey Or Respect You? Start Your Journey Towards Disciplining Your Child/Toddler The Right Way To Get Real Results! Are you dealing with a child who has a lot of tantrums? Does it feel like you can't take them anywhere because the tantrums are just getting too bad? Do you feel hopeless and like everyone is judging you about the way that your child behaves? Many children have tantrums and it is a part of their normal development. But being able to handle these tantrums in a safe and effective manner can prevent the headaches and can make life easier with a toddler. This guidebook is going to take some time to talk about effective ways to set boundaries and discipline your child when they try to push those boundaries, without having to deal with the tantrums. We will discuss the basics of tantrums, how they occur, and even some ways that you are able to avoid tantrums. We will then move on to discussing some of the ways that you can discipline your child without making them feel singled out or being punished. You want what is best for your child. You want to be there for them and have fun with them, but there are times when discipline is important to help them grow up knowing acceptable behaviors. No parent wants to be the one who has to discipline their child, but if your child throws tantrums or has trouble learning how to behave properly, then it is your job to step in. Here Are Some of the Chapters and Things Covered In this Book:- •Why Does My Child Have Tantrums? •Understanding the Developmental Milestones of Your Child •The Importance of Creating a Consistent and Orderly Environment •What causes the tantrums? •Psychological development milestones •Your Child Needs Clear Rules – Doesn't Mean They Will Always Follow Them Though •Speak the language of your toddler •Arrest the Tantrum Triggers Before They Start •How to Always Keep Your Composure and much more Take Action and Buy Your Book Copy Today! I have worked with many parents and trust me you are not a bad parent. You just need some guidance and that's what you are going to get with my book. Some of the techniques in this book are quick and easy to apply to get you started! So what are you waiting for? Go up the page and Get this book today!

## Toddler Discipline

Bringing up a defiant child is hard work. And when your child behaves badly most of the time, it is easy to feel like you're the only one facing the challenges of raising a kid, and if not, then you are the one with the worst case. A lot of parents end up berating themselves, "why can't I raise my own child?" You are not alone. You are amongst the parents of about 5-8% of children in America who are defiant, oppositional, aggressive and noncompliant. Within these figures are children whose cases are a disorder. Defiant children drive their parents mad. By being overtly rebellious and disobedient to constituted authority, defiant children are considered "difficult". Most parents will ahead and to term them "impossible" While other parents are bonding and developing a normal relationship with their children, you are left to contend with a child who doesn't just listen. This situation can be heart-breaking to every parent, and most times, they will need counselling to cope. This book consists of effective methods for dealing with difficult kids and putting them under control. You will learn both direct and indirect strategies for raising hyperactive and rebellious teens. With the simple methods for establishing good character revealed in this book, you will raise a kid without headache even as a single parent. Good luck!

## Parenting A Defiant Child

A step-by-step approach to teaching your child appropriate behavior while remaining calm.

## What to Do When Your Child Won't Behave

This title draws on the experience and skills of Britain's top three teachers to provide practical tools that all parents can use immediately. The guide explains why your child behaves as he/she does and offers sensible strategies for ensuring a happy home-life and well-balanced children.

## How to be a Better Parent

Challenging kids don't behave badly on purpose, they are simply struggling with the demands on their psychological development. This clear compassionate guide gives ways to help kids follow rules get

along better with family members and peers express their feelings productively and succeed in the classroom.

### Skills Training for Struggling Kids

Addressing frequently encountered emotional, behavioral, and academic difficulties, this essential guide shows how to help parents implement proven skills-building strategies with their kids (ages 5-17). The author draws on over 25 years of research and clinical practice to provide a flexible program for individual families or parent groups. The focus is on teaching kids the skills they need to get their development back on track and teaching parents to cope with and manage challenging behavior. Featuring vignettes and troubleshooting tips, the Practitioner Guide is packed with ideas for engaging clients and tailoring the interventions. In a large-size format for easy photocopying, it contains more than 60 reproducible handouts and forms. The related book *Skills Training for Struggling Kids*, an invaluable client recommendation, guides parents to implement the strategies and includes all of the handouts and forms they need. Note: The original *Skills Training for Children with Behavior Problems* was designed for practitioners and parents to use together. It has now been split into two volumes that serve each audience better with tailored information, more detailed instructions, and resources.

### The Practitioner Guide to Skills Training for Struggling Kids

Part of the hit 'Getting...' series: Sue Cowley's bestselling behaviour guide is essential reading for all teachers in all schools. 'Show the students the can of dog food, open it up and then eat from it. Offer it round the class to see if anyone else will have a taste...'\* This is just one of Sue Cowley's infamous ways of captivating your students, seizing control and getting that unruly class to behave! \*(WARNING: Make sure you read the crucial preparation advice before putting this idea into practice!) Now in its fifth edition, *Getting the Buggers to Behave* remains a firm favourite with trainees, newly qualified teachers and experienced staff alike. The advice ranges from the basics of behaviour management to how to deal with the class from hell and is applicable whether you are working in the early years, primary, secondary or further education, with level-specific examples in every chapter. The book covers preparing for your first meeting with a new group of students, developing your individual teaching style, creating a positive learning environment and working in really challenging schools. Sue is famed for the practical, honest and realistic nature of her advice, and all her ideas include case studies and anecdotes based on her years of experience working as a teacher and the stories and problems she has advised on 'agony aunt' style. In this brand new edition, Sue takes a detailed look at the use of incentives for managing behaviour, considers how to implement a restorative justice approach in order to change children's behaviour and also identifies the ten most common forms of misbehaviour and how to deal with them. So, if your two-year-olds are ignoring you, your Year 11s are unmanageable, your tutor group is running riot or that unmentionable nine-year-old is driving you round the bend then this is the book for you!

### Getting the Buggers to Behave

Children who are cared for in an out of home placement are in need of support and stability. This classic text offers information and advice for professionals and carers on how to help these children, who will often have attachment difficulties. Vera I. Fahlberg, M.D. shares her experience and expertise, outlining the significance of attachment and separation, the developmental stages specific to adoptive children and providing guidance on minimizing the trauma of moves. The book also features practical advice on case planning, managing behavior and direct work with children, and throughout are case studies and exercises which provide opportunities for further learning. A readable, compassionate and practical text, *A Child's Journey Through Placement* provides the foundation, the resources, and the tools to help students, professionals, parents and others who care to support children on their journey through placement to adulthood.

### A Child's Journey Through Placement

Nineteen Eighty-Four (1949) was George Orwell's final novel and was completed in difficult conditions shortly before his early death. It is one of the most influential and widely-read novels of the post-war period.

### Nineteen Eighty-Four

Be the parent you want to be with Parenting Made Easy. Parenting coach Sue Atkins has helped thousands of parents build stronger relationships with their children using her straightforward strategies. In this practical guide she shares her positive methods to help you parent with confidence and raise motivated, well-behaved and happy kids. - Develop your children's self-esteem - Turn conflicts into conversations - Encourage independence and good behaviour - Be confident and positive in your abilities as a parent

### Parenting Made Easy

Two clinical experts offer a straightforward approach to behavior modification in children, creating a seven-level program designed to empower parents to motivate and strengthen children through measured discipline. Reprint. 30,000 first printing.

### Try and Make Me!

"You will learn how to reinforce positive behaviors and promote a safe, cooperative classroom community while solving perennial problems including maintaining fruitful whole-class discussions and mediating disputes between children. You'll see firsthand how simple, smart techniques like complimenting, role-playing, and using examples from children's literature encourage students to become fully absorbed by the curriculum and less intrigued by the allure of acting out. And if you are uneasy with parent participation, you'll find out how to successfully involve families in your classroom, forging strong home-school alliances that support your curricular activities."--BOOK JACKET.

### Why Can't You Behave?

As a parent, there are certain things that are guaranteed to push your buttons. You behave in ways you later regret, and your child learns to manipulate you. Rather than focusing on how you can change your child's behaviour, this deeply insightful and wonderfully wise book focuses on you, the parent. When Your Kids Push Your Buttons shows that it is your own attitudes and perceptions rather than your child's behaviour that spark your anger - and these are often based on your own relationship with your parents. Discover how to:· End the cycle of action and reaction between you and your child· See the hidden messages of both children and parents' anger· Understand why your own hidden agendas and standards as parents might push your child to act out· Address behaviour problems, not with anger, but with new solutions· Break free of the past and connect with your children. Filled with anecdotes from real parents and based on hundreds of real-life situations, this book is destined to become a parenting classic.

### When Your Kids Push Your Buttons

Written in a realistic, down-to-earth way, this book offers practical and realistic advice for parents about how to manage their children's behaviour.

### Getting Your Little Darlings to Behave

Does your child keep pressing the button on the bus even though you've told them to stop? Do you have the same battle getting your child's coat and shoes on, day in and day out? Are you tired of constantly repeating yourself? Claire Potter is back with another book packed full of tips, techniques and example scenarios to encourage good behaviour in children. It includes 30 practical and accessible strategies to help your child behave better and feel happier, as well as ideas on how to improve your relationship with them.

### Getting the Little Blighters to Behave

Why do we do the things we do? Over a decade in the making, this game-changing book is Robert Sapolsky's genre-shattering attempt to answer that question as fully as perhaps only he could, looking at it from every angle. Sapolsky's storytelling concept is delightful but it also has a powerful intrinsic logic: he starts by looking at the factors that bear on a person's reaction in the precise moment a behavior occurs, and then hops back in time from there, in stages, ultimately ending up at the deep history of our species and its genetic inheritance. And so the first category of explanation is the neurobiological one. What goes on in a person's brain a second before the behavior happens? Then he pulls out to a slightly larger field of vision, a little earlier in time: What sight, sound, or smell triggers the nervous system to produce that behavior? And then, what hormones act hours to days earlier to



change how responsive that individual is to the stimuli which trigger the nervous system? By now, he has increased our field of vision so that we are thinking about neurobiology and the sensory world of our environment and endocrinology in trying to explain what happened. Sapolsky keeps going--next to what features of the environment affected that person's brain, and then back to the childhood of the individual, and then to their genetic makeup. Finally, he expands the view to encompass factors larger than that one individual. How culture has shaped that individual's group, what ecological factors helped shape that culture, and on and on, back to evolutionary factors thousands and even millions of years old. The result is one of the most dazzling tours de horizon of the science of human behavior ever attempted, a majestic synthesis that harvests cutting-edge research across a range of disciplines to provide a subtle and nuanced perspective on why we ultimately do the things we do...for good and for ill. Sapolsky builds on this understanding to wrestle with some of our deepest and thorniest questions relating to tribalism and xenophobia, hierarchy and competition, morality and free will, and war and peace. Wise, humane, often very funny, Behave is a towering achievement, powerfully humanizing, and downright heroic in its own right.

## Behave

"Behavior is dependent on a child's age, personality, physical and emotional development. Knowing what to expect and how to react...will help parents and caregivers set the foundation for a healthier child." --p. [4] of cover.

## Is My Child Behaving Ok?

The tenets of Nonviolent Communication are applied to a variety of settings, including the classroom and the home, in these booklets on how to resolve conflict peacefully. Illustrative exercises, sample stories, and role-playing activities offer the opportunity for self-evaluation, discovery, and application. The skills and perspectives of the Nonviolent Communication (NVC) process are applied to parenting in this resource for parents and teachers. NVC stresses the importance of putting compassionate connection first to create a mutually respectful, enriching family dynamic filled with clear, heartfelt communication.

## Raising Children Compassionately

For twenty-five years, Positive Discipline has been the gold standard reference for grown-ups working with children. Now Jane Nelsen, distinguished psychologist, educator, and mother of seven, has written a revised and expanded edition. The key to positive discipline is not punishment, she tells us, but mutual respect. Nelsen coaches parents and teachers to be both firm and kind, so that any child—from a three-year-old toddler to a rebellious teenager—can learn creative cooperation and self-discipline with no loss of dignity. Inside you'll discover how to • bridge communication gaps • defuse power struggles • avoid the dangers of praise • enforce your message of love • build on strengths, not weaknesses • hold children accountable with their self-respect intact • teach children not what to think but how to think • win cooperation at home and at school • meet the special challenge of teen misbehavior "It is not easy to improve a classic book, but Jane Nelsen has done so in this revised edition. Packed with updated examples that are clear and specific, Positive Discipline shows parents exactly how to focus on solutions while being kind and firm. If you want to enrich your relationship with your children, this is the book for you." —Sal Severe, author of How to Behave So Your Children Will, Too! Millions of children have already benefited from the counsel in this wise and warmhearted book, which features dozens of true stories of positive discipline in action. Give your child the tools he or she needs for a well-adjusted life with this proven treasure trove of practical advice.

## Positive Discipline