

Emotionally Healthy Church Updated And Expanded Edition A Strategy For Discipleship That Actually Changes Lives

[#emotionally healthy church](#) [#discipleship strategy](#) [#church growth and health](#) [#christian life transformation](#) [#spiritual growth plan](#)

Explore the updated and expanded edition of 'Emotionally Healthy Church,' a powerful guide offering a practical strategy for discipleship that genuinely changes lives. This resource is essential for congregations seeking to foster deep spiritual maturity and create a thriving, emotionally healthy community.

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We provide you with the full version of Emotionally Healthy Church completely free of charge.

The Emotionally Healthy Church, Updated and Expanded Edition

True Discipleship Integrates Emotional and Spiritual Health. New Life Fellowship in Queens, New York, had it all: powerful teaching, dynamic ministries, an impressive growth rate, and a vision to do great works for God. Things looked good---but beneath the surface, circumstances were more than just brewing. They were about to boil over, forcing Peter Scazzero to confront needs in his church and himself that went deeper than he'd ever imagined. What he learned about the vital link between emotional health, relational depth, and spiritual maturity can shed new light on painful problems in your own church. Here are refreshing new insights, and a different and challenging slant on what it takes to lead your congregation to wholeness and maturity in Christ. Our churches are in trouble, says Scazzero. They are filled with people who are ·unsure how to biblically integrate anger, sadness, and other emotions ·defensive, incapable of revealing their weaknesses ·threatened by or intolerant of different viewpoints ·zealous about ministering at church but blind to their spouses' loneliness at home ·so involved in "serving" that they fail to take care of themselves ·prone to withdraw from conflict rather than resolve it Sharing from New Life Fellowship's painful but liberating journey, Scazzero reveals exactly how the truth can and does make people free---not just superficially, but deep down. After offering a new vision of discipleship and a revealing, guided self-assessment of your own spiritual and emotional maturity, The Emotionally Healthy Church takes you through six principles that can make a profound difference in your church. You'll acquire knowledge and tools that can help you and others · look beneath the surface of problems · break the power of past wounds, failures, sins, and circumstances · live a life of brokenness and vulnerability · recognize and honor personal limitations and boundaries · embrace grief and loss · make incarnation your model to love others. Written in a

personal and passionate style, *The Emotionally Healthy Church* includes hands-on tools, discussion questions, spotlights on key points, and story after story of people at New Life whose lives have been changed by the concepts in this book. Open these pages, and find out how your church can turn a new corner on the road to spiritual maturity.

The Emotionally Healthy Church, Updated and Expanded Edition

"In this new edition of his Gold Medallion Award-winning book, Peter Scazzero shares powerful insights on how contemplative spirituality can help pastors and individual church member slow down—an integral key to spiritual and emotional health. Sharing from the painful but liberating journey of his own church, Scazzero reveals exactly how the truth can and does make people free—not just superficially, but deep down. This expanded edition of *The Emotionally Healthy Church* not only takes the six principles described in the original book further and deeper, but adds a crucial seventh principle. • Principle 1: Look Beneath the Surface • Principle 2: Break the Power of the Past • Principle 3: Live in Brokenness and Vulnerability • Principle 4: Receive the Gift of Limits • Principle 5: Embrace Grieving and Loss • Principle 6: Make Incarnation Your Model for Loving Well • Principle 7: Slow Down to Lead with Integrity "

Emotionally Healthy Spirituality Expanded Edition Workbook plus Streaming Video

Peter Scazzero learned the hard way: you can't be spiritually mature while remaining emotionally immature. In the *Emotionally Healthy Spirituality Workbook Expanded Edition* (DVD/digital downloads sold separately), Peter outlines a roadmap for discipleship with Jesus that is powerfully transformative. He unveils what's wrong with our current definition of "spiritual growth" and offers not only a model of spirituality that actually works, but seven steps to change that will help you experience authentic faith and hunger for God. Though Peter was an experienced pastor of a growing church, his life and faith remained emotionally unhealthy. Like so many in the church, he routinely: avoided healthy conflict in the name of keeping the peace ignored and suppressed emotions used work for God as an excuse to run from God lived without limits In this updated and expanded workbook, Peter helps you unpack core biblical principles to guide you into an experience of lasting, beneath-the-surface transformation in your relationship with Christ. The workbook includes session introductions, group discussion questions, application, and between-sessions personal study. This workbook is Part One of the *Emotionally Healthy Discipleship Course* that also includes the bestselling books, *Emotionally Healthy Spirituality* and *Emotionally Healthy Spirituality Day by Day*. Join us for a powerful journey that will walk you through a door that will change forever the way you love God, others, and yourself. Designed for use with the *Emotionally Healthy Spirituality Video Expanded Edition* (sold separately). Streaming video access code included. Access code subject to expiration after 12/31/2027. Code may be redeemed only by the recipient of this package. Code may not be transferred or sold separately from this package. Internet connection required. Void where prohibited, taxed, or restricted by law. Additional offer details inside.

Emotionally Healthy Discipleship

The global church is facing a discipleship crisis. Here's how we move forward into transformative discipleship... Pastors and church leaders want to see lives changed by the gospel. They work tirelessly to care for people, initiate new ministries, preach creatively, and keep up with trends. Sadly, much of this effort does not result in deeply changed disciples. Traditional discipleship strategies fail because they only address surface issues and do not go deep enough into the emotional health of individuals. But transformative, emotionally healthy discipleship is a methods-based biblical theology that, when fully implemented, informs every area of a church, ministry, or organization. It is a discipleship structure built from the center that: Slows down our lives so we can cultivate a deep, personal relationship with Jesus. Challenges the values of Western culture that have compromised the radical call to follow the crucified Jesus. Integrates sadness, loss, and vulnerability, that, when left out, leave people defensive and easily triggered. Acknowledges God's gift of limits in our lives. Connects how our family and personal history influence our discipleship in the present. Measures our spiritual maturity by how we are growing in our ability to love others. In *Emotionally Healthy Discipleship*, bestselling author Pete Scazzero takes leaders step-by-step through how to create an emotionally healthy culture and multiply deeply-changed people in every aspect of church life, including: Leadership and team development Marriage and single ministry Small groups and youth and children's ministry Preaching, worship, and administration Outreach Complete with assessments and practical strategies, *Emotionally Healthy Discipleship* will

help you move people to the beneath-the-surface discipleship that actually has the power to change the world. **Winner of the 2022 ECPA Christian Book Award for Ministry Resources**

Emotionally Healthy Spirituality

What Are You Missing? Peter Scazzero learned the hard way: you can't be spiritually mature while remaining emotionally immature. Even though Pete was pastor of a rapidly growing church, he did what most people do: avoid conflict in the name of Christianity ignore his anger, sadness, and fear use God to run from God live without boundaries Eventually God awakened him to a biblical integration of emotional health, a profound relationship with Jesus, and the historical practices of contemplative spirituality. It created nothing short of a spiritual revolution, utterly transforming him and his church. In this best-selling book Pete outlines his journey and the signs of emotionally unhealthy spirituality. Then he provides seven biblical, reality-tested ways to break through to the revolutionary life Christ meant for you. Emotionally Healthy Spirituality is presently used in more than twenty-six countries to equip churches in a deep, beneath-the-surface spiritual formation paradigm that truly transforms lives.

Emotionally Healthy Relationships Expanded Edition: Audio Bible Studies

Emotionally Healthy Relationships Expanded Edition is Part 2 of the Emotionally Healthy Discipleship Course. Pete and Geri Scazzero developed Emotionally Healthy (EH) Relationships over a 28-year period to directly address core biblical principles to guide you and others into an experience of discipleship that will deeply change your life. In the EH Relationships Course, everyone will learn 8 practical relationship skills to develop mature, loving relationships with others such as: Stop Mind Reading and Clarify Expectations Incarnational Listening Climb the Ladder of Integrity Clean Fighting And since loving others and loving God cannot be separated, each person will also grow in their personal, first-hand relationship with Jesus by incorporating stillness, silence, and Scripture as daily life rhythms. This Workbook includes Streaming Video (DVD format sold separately) and is to be used with the companion book, the Emotionally Healthy Relationships Day by Day devotional (sold separately). This workbook includes: Individual access to eight streaming video sessions (newly filmed) Session introductions, group discussion questions, and personal action steps Between-sessions personal study Leader's Guide and valuable appendices Join us for a powerful journey that will walk you through a door that will change forever the way you love God, others, and yourself. SESSIONS INCLUDE: Take Your Community Temperature Reading Stop Mind Reading and Clarify Expectations Genogram Your Family Explore the Iceberg Listen Incarnationally Climb the Ladder of Integrity Fight Cleanly Develop a "Rule of Life" to Implement Emotionally Healthy Skills *Streaming video access code included. Access code subject to expiration after 12/31/2028. Code may be redeemed only by the recipient of this package. Code may not be transferred or sold separately from this package. Internet connection required. Void where prohibited, taxed, or restricted by law. Additional offer details inside.

Emotionally Healthy Relationships Expanded Edition Workbook plus Streaming Video

Discipleship that Deeply Changes Your Relationship with Others As Part 2 of the Emotionally Healthy Discipleship Course, Pete and Geri Scazzero developed Emotionally Healthy (EH) Relationships over a 27-year period to directly address core biblical principles to guide you and others into an experience of discipleship that will deeply change your life. In EH Relationships Expanded Edition, everyone will learn eight practical relationship skills to develop mature, loving relationships with others, such as: Stop Mind Reading and Clarify Expectations Climb the Ladder of Integrity Incarnational Listening Clean Fighting And since loving others and loving God cannot be separated, each person will also grow in their personal, first-hand relationship with Jesus by incorporating stillness, silence, and Scripture as daily life rhythms. Part 2 of the Emotionally Healthy Discipleship Course also includes the newly-filmed Emotionally Healthy Relationships video and the Emotionally Healthy Relationships Day by Day devotional (sold separately). Join us for a powerful journey that will walk you through a door that will change forever the way you love God, others, and yourself. This workbook includes: Individual access to eight streaming video sessions Between-sessions personal study Session introductions, group discussion questions, and personal action steps Leader's Guide and valuable appendices Sessions and video run times: Take Your Community Temperature Reading (31:00) Stop Mind Reading and Clarify Expectations (29:00) Genogram Your Family (29:30) Explore the Iceberg (23:00) Incarnational Listening (24:00) Climb the Ladder of Integrity (22:00) Clean Fighting (18:00) Develop a "Rule of Life" to Implement Emotionally Healthy Skills (8:00) This study guide has everything you need for a full Bible study experience, including: The study guide itself—with discussion and reflection questions, video

notes, and a leader's guide. An individual access code to stream all video sessions online. (You don't need to buy a DVD!) Streaming video access code included. Access code subject to expiration after 12/31/2028. Code may be redeemed only by the recipient of this package. Code may not be transferred or sold separately from this package. Internet connection required. Void where prohibited, taxed, or restricted by law. Additional offer details inside.

Emotionally Healthy Discipleship Course Leader's Kit

The Emotionally Healthy Discipleship Courses Leader's Kit provides you with all the materials you need to implement Emotionally Healthy Spirituality as the core discipleship strategy for your church. The kit also contains all the resources to preach, promote, and implement Emotionally Healthy Spirituality as an 8-week campaign in your church. The Leader's Kit includes one copy of each of the following products: Emotionally Healthy Spirituality trade book Emotionally Healthy Spirituality Day by Day book Emotionally Healthy Spirituality Course Workbook Emotionally Healthy Spirituality Course DVD and the Emotionally Healthy Spirituality Course Ministry Resource DVD (includes helpful videos and sermon, implementation, and promotional resources) Emotionally Healthy Relationships Workbook Emotionally Healthy Relationships DVD Emotionally Healthy Relationships Day-by-Day book

The Emotionally Healthy Church Workbook

Emotional health and spiritual maturity are inseparable: that is the premise of the award-winning book *The Emotionally Healthy Church*. This stand-alone workbook helps leaders and lay persons alike apply the biblical truths in Peter Scazzero's revolutionary book to their personal lives, small groups, and churches. Eight studies take you beyond merely reading about emotional health to actually cultivating it as a disciple of Jesus. Step by step, you'll discover what it means to have Christ transform the deep places hidden beneath the surface so that you might become more authentic and loving toward God, others, and yourself.

Emotionally Healthy Spirituality

MORE THAN 1 MILLION COPIES SOLD! A road map for discipleship with Jesus that is powerfully transformative. Peter Scazzero learned the hard way: you can't be spiritually mature while remaining emotionally immature. Even though he was the pastor of a growing church, he did what most people do--avoid conflict in the name of Christianity; ignore his anger, sadness, and fear; use God to run from God; and live without boundaries. Eventually God awakened him to a biblical integration of emotional health and the spiritual practice of slowing down and quieting your life for to experience a firsthand relationship with Jesus. It created nothing short of a spiritual revolution in Scazzero, in his church, and now in thousands of other churches. In this updated edition, Scazzero shares new stories and principles as he outlines his journey and the signs of emotionally unhealthy spirituality. Then he provides seven biblical, reality-tested steps to become emotionally mature: Become your authentic self Break the power of the past Let go of power and control Surrender to your limits Stop to breathe by practicing rest and Sabbath Learn new skills to love well Love Christ above all else Plus, check out the full line of Emotionally Healthy Spirituality books dedicated to many different key areas of life. Workbooks, study guides, curriculum, and Spanish editions are also available.

Emotionally Healthy Spirituality Workbook Expanded Edition

Peter Scazzero learned the hard way: you can't be spiritually mature while remaining emotionally immature. In the *Emotionally Healthy Spirituality Workbook*, Peter outlines a roadmap for discipleship with Jesus that is powerfully transformative.

Emotionally Healthy Spirituality Day by Day

Based on his bestselling book *Emotionally Healthy Spirituality*, this 40-day devotional by Peter Scazzero is your guide to more intentional, meaningful, life-changing communion with God. We all struggle to find daily time to be with God for the nourishment of our souls. This groundbreaking devotional is your key to resting fully in the awareness of his presence, increasing your self-knowledge, and growing deeper, closer to God. Each day, Peter Scazzero invites you to the ancient and yet powerful spiritual discipline of the Daily Office, the practice of pausing morning and evening to reflect on God's work in your life. In the midst of the hustle, we have to create interludes to re-center our hearts on the presence of God. For eight weeks, each morning and evening devotional will help you create that much-needed space

for silence and reflection. You will be encouraged with thoughtful readings and questions to consider. And after each a closing prayer, you'll return to your day with a renewed sense of purpose and peace. This devotional is drawn from the bestselling book Emotionally Healthy Spirituality and can be read as a companion book or enjoyed on its own. Emotionally Healthy Spirituality Day by Day will anchor your life on the invitation to love God with all your heart, mind, and strength. In this guided journey, you'll discover the spiritual nourishment, joy, and peace that comes from meeting with God every day. Emotionally Healthy Spirituality Day by Day is also available in Spanish, *Espiritualidad emocionalmente sana Día a día*.

The Emotionally Healthy Leader

Becoming a Better Leader Starts with a Transformed Inner Life Do you feel too overwhelmed to enjoy life, unable to sort out the demands on your time? Are you doing your best work as a leader, yet not making an impact? Have you ever felt stuck, powerless to change your environment? In *The Emotionally Healthy Leader*, bestselling author Peter Scazzero shows leaders how to develop a deep, inner life with Christ, examining its profound implications for surviving stress, planning and decision making, building teams, creating healthy culture, influencing others, and much more. *The Emotionally Healthy Leader* contains: Concise assessments for leaders and teams to measure their leadership health Practical, proven strategies that have been developed over a 28-year period spent both in the local church and in equipping leaders around the world Helpful applications of how to face your shadow, lead out of your marriage or singleness, slow down, and embrace endings for new beginnings Going beyond simply offering a quick fix or new technique, *The Emotionally Healthy Leader* gets to the core, beneath-the-surface issues of uniquely Christian leadership. This book is more than just a book you will read; it is a resource you will come back to over and over again.

Emotionally Healthy Relationships Workbook

Have you ever wondered why we recycle the same problems in the church year after year? Broken relationships, unresolved conflicts, inability to speak the truth, pretending things are fine because we're concerned about being nice. Week after week we hear sermons about loving better, but little changes in people's lives. We spend a lot of money to learn, and become competent in, our careers, but few of us have learned the skills or gained the competency to love well. It's been rightly said that 85 percent of Christians are stuck, stagnant in their spiritual lives. Most discipleship approaches do not include the necessary tools to mature us as followers of Jesus Christ who love God, ourselves, and others well. Pete and Geri Scazzero developed *The Emotionally Healthy (EH) Relationships Course* over a 21-year period to directly address core biblical principles to guide you and others into an experience of discipleship that will deeply change your life. In the *EH Relationships Course*, you will learn 8 practical relationship skills to develop mature, loving relationships with others. Take Your Community Temperature Reading Stop Mind Reading and Clarify Expectations Genogram Your Family Explore the Iceberg Listen Incarnationally Climb the Ladder of Integrity Fight Cleanly Develop a "Rule of Life" to Implement Emotionally Healthy Skills And since loving others and loving God cannot be separated, you will also grow in your personal, first-hand relationships with Jesus by incorporating stillness, silence, and Scripture as daily life rhythms. This workbook includes sessions introductions, group discussion questions, personal action steps, and between the sessions personal study. This powerful journey that will walk you through a door that will change forever the way you love God, others, and yourself. Designed for use with the *Emotionally Healthy Relationships Video Study* (9780310081937), sold separately. It is part of the *Emotionally Healthy (EH) Relationships Course* that also includes the *Emotionally Healthy Relationships Day by Day* devotional (9780310349594).

Emotionally Healthy Spirituality Course Participant's Pack Expanded Edition

You can't be spiritually mature while remaining emotionally immature. In this eight-session video Bible study, author and pastor Pete Scazzero awakens participants to a biblical integration of emotional health and the classic practices of contemplative spirituality, leading to a relational revolution with Jesus.

Emotionally Healthy Relationships Course Workbook with DVD

In this eight-session video Bible study, Pete and Geri Scazzero provide you with the necessary practical skills for your spiritual formation journey so that you can grow into an emotionally and spiritually mature follower of Jesus.

The Emotionally Healthy Woman

Part of the bestselling Emotionally Healthy Spirituality book collection, *The Emotionally Healthy Woman* provides women a way out of surface-level spirituality to genuine freedom in Christ. Geri Scazzero knew there was something desperately wrong with her life. She felt like a single parent raising her four young daughters alone. She finally told her husband, "I quit," and left the thriving church he pastored, beginning a journey that transformed her and her marriage for the better. This book is for every woman who thinks, "I can't keep pretending everything is fine!" Geri speaks like a friend as she uses personal stories and biblical principles to help you find your way out of superficial spirituality and move to a deep, meaningful, lifechanging relationship with God. And the journey begins by quitting. Geri quit being afraid of what others think. She quit lying. She quit denying her anger and sadness. She quit living someone else's life. When you quit those things that are damaging to your soul or the souls of others, you are freed up to choose other ways of being and relating that are rooted in love and lead to life. When you quit for the right reasons, at the right time, and in the right way, you're on the path not only to emotional health, but also to the true purpose of your life. Check out the full line of Emotionally Healthy Spirituality books dedicated to many different key areas of life. Workbooks, study guides, curriculum, and Spanish editions are also available.

Emotionally Healthy Discipleship Course Leader's Kit

In this comprehensive leader's kit, author and pastor Pete Scazzero awakens participants to a biblical integration of emotional health and the classic practices of contemplative spirituality, leading to a relational revolution with Jesus.

Emotionally Healthy Spirituality Course Workbook

For those desiring to take steps in their Christian life and discipleship, to break free from bondage to the past and experience healing, *Emotionally Healthy Spirituality* is an eight-session video-based Bible study on the integration of emotional health and contemplative spirituality. Many sincere followers of Christ, followers who are really passionate for God, join a church, participate weekly in a small group, serve with their gifts, and who are considered "mature," remain stuck at a level of spiritual immaturity—especially when faced with interpersonal conflicts and crises.??The *Emotionally Healthy Spirituality* video study and companion study guide offer a strategy for discipleship that address this void, offering powerful pathways to transformation that will help people mature into a faith filled with authenticity and a profound love for God.? The eight sessions include: The Problem of Emotionally Unhealthy Spirituality Know Yourself that You May Know God Going Back in Order to Go Forward Journey through the Wall Enlarge Your Soul through Grief and Loss Discover the Rhythms of the Daily Office and Sabbath Grow into an Emotionally Healthy Adult Go to the Next Step to Develop a "Rule of Life"

Emotionally Healthy Relationships Day by Day

Part of the bestselling *Emotionally Healthy Spirituality* book collection, this 40-day devotional by Peter Scazzero will help you nurture the kind of healthy relationships you long for. *Emotionally Healthy Relationships Day by Day*--just like its sister devotional, *Emotionally Healthy Spirituality Day by Day*--is your invitation into the ancient yet powerful discipline of the Daily Office, the practice of pausing morning and evening to reflect on God's work in your life. Each devotional will reflect on emotionally healthy relational themes, such as: Clarifying expectations Deep listening Clean fighting And more You'll will be ushered into a transformational practice that will deepen your daily walk with Jesus, and along the way, you'll discover the spiritual nourishment, joy, and peace that comes from meeting with him every day. *Emotionally Healthy Relationships Day by Day* is also available in Spanish, *Relaciones emocionalmente sanas Día a día*.

The Emotionally Healthy Church

It is impossible to be spiritually mature while remaining emotionally immature. That premise, unpacked for church leaders in Peter Scazzero's award-winning book *The Emotionally Healthy Church*, is translated into practical application for everyone in this stand-alone workbook. Eight sessions help individuals, small groups, and churches put principles of emotional transformation into step-by-step practical application.

The Emotionally Healthy Leader

Do you feel too overwhelmed to enjoy life, unable to sort out the demands on your time? Are you doing your best work as a leader, yet not making an impact? Have you ever felt stuck, powerless to change your environment? In *The Emotionally Healthy Leader*, bestselling author Peter Scazzero shows leaders how to develop a deep, inner life with Christ, examining its profound implications for surviving stress, planning and decision making, building teams, creating healthy culture, influencing others, and much more. Going beyond simply offering a quick fix or new technique, *The Emotionally Healthy Leader* gets to the core, beneath-the-surface issues of uniquely Christian leadership. This book is more than a book you will read; it is a resource you will come back to over and over again.

Emotionally Healthy Relationships Participant's Pack, Updated Edition

In this eight-session video Bible study, Pete and Geri Scazzero provide you with the necessary practical skills for your spiritual formation journey in relationship to others so that you can grow into an emotionally and spiritually mature follower of Jesus. This is Part 2 of the Emotionally Healthy Discipleship Course.

How Healthy is Your Spirituality?

After almost three decades of pastoring New Life Fellowship Church in the bustle of New York City, Peter Scazzero discovered that most people are missing the deep emotional change that can happen in their walk with Jesus. Scazzero found two truths to be true: you can't be spiritually mature while remaining emotionally immature, and unless you slow and quiet your life down for a direct relationship with Jesus Christ, little change is possible. The integration of these two truths unleashed a spiritual revolution in Scazzero, in his church, and now in thousands of other churches. In this booklet based on his bestselling book *Emotionally Healthy Spirituality*, Scazzero helps readers identify the top ten symptoms of emotionally unhealthy spirituality and what they can do about them. He includes an assessment for readers to take to find out how emotionally healthy they really are and seven devotions to lead them on the journey to health.

Simple Church

Now in paperback, this multi-awarded national best seller shares a clear message from case studies of 400 North American congregations: church is done best when it's kept simple.

Emotionally Healthy Spirituality Course Participant's Pack

You can't be spiritually mature while remaining emotionally immature. In this eight-session video Bible study, author and pastor Pete Scazzero awakens participants to a biblical integration of emotional health and the classic practices of contemplative spirituality, leading to a relational revolution with Jesus.

Imagine Church

How can an ordinary church grow disciples who live their whole lives as followers of Jesus? Disciples whose faith shapes their attitudes as neighbours, colleagues and family members? Our time in church needs to equip us to be salt and light in our time out there. Drawn from the hard-won lessons of the Imagine project, this book offers help and hope from churches which have begun to do just that: * Lessons from three years' work with pilot churches * Practical ideas for your church * Real-life stories of churches and individuals It doesn't offer quick fixes. There aren't any. Instead, it offers new hope and little changes which change everything.

The Conviction to Lead

Change the Way You Think about Leadership At the age of thirty-three, Dr. Albert Mohler became the youngest president in the 164-year history of Southern Baptist Theological Seminary. He was the driving force behind the school's transformation into a thriving institution with an international reputation characterized by a passionate conviction for truth. In the process he became one of the most important and prominent Christian voices in contemporary culture. What will it take to transform your leadership? Effective leaders need more than administrative skills and vision. They need to be able to change the hearts and minds of those they lead. Leadership like this requires passionate beliefs that can stand up to pressure from without and within. In this updated edition Dr. Mohler has added a new

introduction and conclusion based on an additional 10 years of leadership. He has also completely rewritten the chapter "The Digital Leader." The Conviction to Lead will crystallize your convictions while revolutionizing your thinking, your decision-making, your communication, and ultimately, those you lead. "Dr. Al Mohler has written a book that shakes us up and challenges our thinking. The Conviction to Lead is poised to become one of the all-time classic works on Christian leadership."--JIM DALY, President - Focus on the Family "Having rarely thought about leadership, I was hooked from the first chapter--to my complete surprise. This is a powerful book and gracefully written."--FRED BARNES, Executive Editor--The Weekly Standard

Emotionally Healthy Relationships Workbook Plus Streaming Video, Updated Edition

In this eight-session video Bible study, Pete and Geri Scazzero provide you with the necessary practical skills for your spiritual formation journey in relationship to others so that you can grow into an emotionally and spiritually mature follower of Jesus. This is Part 2 of the Emotionally Healthy Discipleship Course.

Strategic Pastoral Counseling

Therapeutic counseling in a Christian context can be highly effective when it maintains narrowly focused goals in a time-limited setting. The details of this proven model of pastoral counseling are described in this practical guide. This second edition of Strategic Pastoral Counseling has been thoroughly revised and includes two new chapters. Benner includes helpful case studies, a new appendix on contemporary ethical issues, and updated chapter bibliographies. His study will continue to serve clergy and students well as a valued practical handbook on pastoral care and counseling.

Strengthening the Soul of Your Leadership

"I'm tired of helping others enjoy God—I just want to enjoy God for myself." With this painful admission, Ruth Haley Barton invites us to an honest exploration of what happens when spiritual leaders lose track of their souls. Weaving together contemporary illustrations with penetrating insight from the life of Moses, Strengthening the Soul of Your Leadership explores topics such as responding to the dynamics of calling facing the loneliness of leadership leading from your authentic self cultivating spiritual community reenvisioning the promised land discerning God's will together Each chapter includes a spiritual practice to ensure your soul gets the nourishment it needs. Forging and maintaining a life-giving connection with God is the best choice you can make for yourself and for those you lead. This expanded edition includes the popular "How Is It with Your Soul?" assessment for leaders and a flexible six- or twelve-week guided experience for groups.

Discipleship that Fits

For far too long, the church has tried to make disciples using a one-size-fits-all approach. Some churches advocate 1-on-1 discipling, others try getting everyone into a small group, while still others training through mission trips or service projects. Yet others focus all their efforts on attracting people to a large group gathering to hear biblical teaching and preaching. But does one size really fit everyone? Based on careful biblical study and years of experience making disciples in the local church, Bobby Harrington and Alex Absalom have identified five key relationships where discipleship happens in our lives. In each relational context we need to understand how discipleship occurs and we need to set appropriate expectations for each context. Discipleship That Fits shows you the five key ways discipleship occurs. It looks at how Jesus made disciples and how disciples were formed in the early church. Each of the contexts is necessary at different times and in different ways as a person grows toward maturity in Christ: Public Relationships: The church gathering corporately for worship Social Relationships: Networks of smaller relationships where we engage in mission and live out our faith in community Personal Relationships: Small groups of six to sixteen people where we challenge and encourage one another on a regular basis Transparent Relationships: Close relationships of three to four where we share intimate details of our lives for accountability The Divine Relationship: Our relationship with Jesus Christ where we grow through the empowering presence of the Holy Spirit Filled with examples and stories, Alex and Bobby show you how to develop discipleship practices in each relational context by sharing how Jesus did it, how the early church practiced it, and how churches are discipling people today.

Emotionally Healthy Relationships Course Workbook

In this eight-session video Bible study, Pete and Geri Scazzero provide you with the necessary practical skills for your spiritual formation journey so that you can grow into an emotionally and spiritually mature follower of Jesus.

I Quit

Geri Scazzero discovered real life and joy with Christ really began when she stopped pretending everything was fine. Summoning the courage to quit that which does not belong to Jesus' kingdom launched her on a powerful journey that changed her and everyone around her. (Practical Life)

Set the Captives Free

Set the Captives Free: Experiencing Healing Through Holistic Restoration is a ministry whose foundation is intercessory prayer. Based on his twenty-five years of lay and pastoral ministry, Victor D. Marshall has discovered that congregations which are difficult to lead, tend to be unhealthy. Furthermore, such congregations become weak because of at least four reasons, thus leading to inactivity in ministry. Marshall believes firmly that it is essential for leaders to provide a conducive worship environment out of which their congregants can be led to find meaningful experiences with Christ. In this holistically-focused ministry, Marshall shares a few cases where the ministry has made an effective impact. Moreover, this theologically- and psychologically-grounded ministry features a hierarchy based on four phases namely disequilibrium, deliverance, harmony and optimal through which individuals and congregations must go through in order to experience holistic healing. Additionally, individuals must begin at the two foundational processes, then travel along the three journeys which can be painful and finally move on to the two steps, all of which have the potential to assist with holistic healing. As you turn the pages of Set the Captives Free: Experiencing Healing Through Holistic Restoration, you will encounter resources to assist your congregation, be it difficult to lead, stagnant or riddle with unstable interpersonal relationships.

Transforming Discipleship

Many church leaders, yearning for church growth, look to the latest evangelistic strategies or seeker-targeted worship services. But lack of growth might not be due to lack of concern for new people—it may be because we are not effectively discipling the people we already have. Greg Ogden address the need for discipleship in the local church and recovers Jesus' method of accomplishing life change by investing in just a few people at a time. Ogden sets forth his vision for transforming both the individual disciple and discipleship itself, showing how discipleship can become a self-replicating process with ongoing impact from generation to generation. This revised and updated edition includes a new chapter on discipleship and preaching.

Enemies of the Heart

CBA BESTSELLER • Break free from the destructive power of guilt, anger, greed, and jealousy. Includes a six-week discussion guide. “Andy Stanley touches the right nerve at the right time.”—Shaunti Feldhahn, bestselling author of *For Women Only* and *For Men Only* Divorce. Job loss. Estrangement from family members. Broken friendships. The difficult circumstances you are dealing with today are likely being fed by one of four emotional forces that compels you to act in undesirable ways, sometimes even against your will. Andy Stanley explores each of these destructive forces—guilt, anger, greed, and jealousy—and how they infiltrate your life and damage your relationships. He says that, left unchallenged they have the power to destroy your home, your career, and your friendships. In *Enemies of the Heart*, Andy offers practical, biblical direction to help you fight back, to take charge of those feelings that mysteriously control you, and to restore your broken relationships. Previously released as *It Came from Within*

Organic Discipleship

The Gentle and Lowly Journal is an ideal companion for anyone desiring to reflect on the biblical truths found in Gentle and Lowly and record their thoughts and prayers as they go.

Gentle and Lowly Journal

This thorough, lucid, solidly researched book, the first of two volumes, charts the history of global Christianity.

History of the World Christian Movement