

## the reality of esp a physicists proof of psychic abilities

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Delve into the compelling scientific proof presented by a physicist, meticulously validating the reality of ESP and psychic abilities. This article explores groundbreaking research and empirical evidence that challenges skepticism, offering a new perspective on what many consider supernatural phenomena.

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### The Reality of ESP

On February 4, 1974, members of the Symbionese Liberation Army kidnapped nineteen-year-old newspaper heiress Patricia Hearst from her Berkeley, California apartment. Desperate to find her, the police called physicist Russell Targ and Pat Price, a psychic retired police commissioner. As Price turned the pages of the police mug book filled with hundreds of photos, suddenly he pointed to one of them and announced, "That's the ringleader." The man was Donald DeFreeze, who was indeed subsequently so identified. Price also described the type and location of the kidnap car, enabling the police to find it within minutes. That remarkable event is one reason Targ believes in ESP. Another occurred when his group made \$120,000 by forecasting for nine weeks in a row the changes in the silver-commodity futures market. As a scientist, Targ demands proof. His experience is based on two decades of investigations at the Stanford Research Institute (SRI), which he cofounded with physicist Harold Puthoff in 1972. This twenty-million dollar program launched during the Cold War was supported by the CIA, NASA, the Defense Intelligence Agency, and Army and Air Force Intelligence. The experiments they conducted routinely presented results could have happened by chance less than once in a million. Targ describes four types of experiments: Remote Viewing, in which a person describes places and events independent of space and time. For example, while in California Price drew to scale a Soviet weapons factory at Semipalitinsk with great accuracy later confirmed by Satellite photography. In another remote viewing, Targ accurately sketched an airport in San Andreas, Columbia himself. Distant Mental Influence, where the thoughts of the experimenter can positively or negatively affect the physiology (heart rate, skin resistance, etc.) of a distant person. Whole field isolation, where someone in a state of sensory isolation accurately describes the visual experiences of someone else in another place. Precognition and retrocausality, showing that the future can affect the past. That is, the elephant you see on television in the morning can be the cause of your having dreamed about elephants the previous night. Final chapters present evidence for survival after death; explain how ESP works based on the Buddhist/Hindu view of our selves as nonlocal, eternal awareness; discuss the ethics of exercising psychic abilities, and show us how to explore ESP ourselves. "I am convinced," Targ says, "that most people can learn to move from their ordinary mind to one not obstructed by conventional barriers of space and time. Who would not want to try that?"

## The Reality of ESP

Russell Targ, laser physicist and well-known author, cofounded Stanford Research Institute to explore psychic abilities in the 1970s and 1980s, is now teaching remote-viewing workshops worldwide. For decades Targ has produced some of the most significant scientific research ever conducted on the nature of consciousness. He has demonstrated beyond reasonable doubt that the mind can function without limitation in space and time and that this ability is teachable and practical. Here is the inside story of research that is shaking the foundations of Western thought about the human mind and its relationship to the physical world.

## The Reality of ESP

The co-founder of the 20-year government-supported ESP-research program at Stanford Research Institute delivers the evidence of psychic abilities that he has collected. Original.

## Limitless Mind

The psychic abilities of most humans are dampened by the clatter of our conscious minds. In this timely book, Russell Targ shows readers how to quiet this noise and see into the far reaches of time and space through remote viewing. He also illuminates the phenomena of intuitive medical diagnosis and distant healing in a groundbreaking synthesis of research and empirical data. Drawing on a broad range of spiritual traditions, Targ demonstrates that these psychic abilities offer a path of self-inquiry and self-realization and have the power to expand each person's limited awareness into the consciousness shared by all beings. Targ explores the scientific and spiritual implications of remote viewing, as well as offering practical techniques and exercises to nurture this universally available but often untapped skill.

## Do You See What I See?

Now in paperback, the droll memoir by a world-class physicist that includes recollections of his involvement with pioneering laser research, encounters with many of the most recognizable literary, cultural, and entertainment figures of the 20th century, and his role in teaching ESP techniques to the CIA--a real-life X-Files saga. Russell Targ is a Zelig-like character. His story is an idiosyncratic journey through the highways and byways of American intellectual, scientific, and cultural life in 20th century. His father (the long-time editor-in-chief at Putnam) acquired *The Godfather* on the basis of an outline scribbled on the back of a napkin. His mother was the first press agent of the fan dancer Sally Rand. His step-mother is the legendary literary agent Rosalind Targ. He was married for thirty years to the sister of the infamous chess master Bobby Fischer. He briefly dated Henny Youngman's cousin. He attended college with Alan Alda's wife, Arlene. He was part of Ayn Rand's study group in the 1950s--along with economist Alan Greenspan. He was a pioneer in laser research. He spent many years developing air-borne laser wind sensors for Lockheed and NASA. He co-founded the Stanford Research Institute remote viewing program--which was funded by the CIA--and was instrumental in tracking Soviet and Chinese weapon installations during the Cold War. And, he is a legally blind motorcyclist—who happens to be a Buddhist. This is a fascinating memoir by a first-class intellect; the story of a physicist who has pushed the boundaries of science to explore the realms of parapsychology, spirituality, and the unexplained.

## Mind-Reach

Originally published by Delacorte, *Mind-Reach* is the book that led to the U. S. Army's psychic spy program and the subsequent prominence of remote viewing. The protocols that physicists Targ and Puthoff developed at the Stanford Research Institute are still in use today and have proven again and again in laboratory settings that psychic ability is universal. Targ is the author of three recent books with New World Library: *Limitless Mind*, *The Heart of the Mind*, and *Miracles of Mind*. *Mind-Reach* is the eleventh title in Hampton Roads' *Studies in Consciousness* series.

## Science and Psychic Phenomena

A factual and conscientious argument against materialism's vehement denial of psi phenomena • Explores the scandalous history of parapsychology since the scientific revolution of the 17th century • Provides reproducible evidence from scientific research that telepathy, clairvoyance, precognition,

and psychokinesis are real • Shows that skepticism of psi phenomena is based more on a religion of materialism than on hard science Reports of psychic abilities, such as telepathy, clairvoyance, precognition, and psychokinesis, date back to the beginning of recorded human history in all cultures. Documented, reproducible evidence exists that these abilities are real, yet the mainstream scientific community has vehemently denied the existence of psi phenomena for centuries. The battle over the reality of psi has carried on in scientific academies, courtrooms, scholarly journals, newspapers, and radio stations and has included scandals, wild accusations, ruined reputations, as well as bizarre characters on both sides of the debate. If true evidence exists, why then is the study of psi phenomena--parapsychology--so controversial? And why has the controversy lasted for centuries? Exploring the scandalous history of parapsychology and citing decades of research, Chris Carter shows that, contrary to mainstream belief, replicable evidence of psi phenomena exists. The controversy over parapsychology continues not because ESP and other abilities cannot be verified but because their existence challenges deeply held worldviews more strongly rooted in religious and philosophical beliefs than in hard science. Carter reveals how the doctrine of materialism--in which nothing matters but matter--has become an infallible article of faith for many scientists and philosophers, much like the convictions of religious fundamentalists. Consequently, the possibility of psychic abilities cannot be tolerated because their existence would refute materialism and contradict a deeply ingrained ideology. By outlining the origin of this passionate debate, Carter calls on all open-minded individuals to disregard the church of skepticism and reach their own conclusions by looking at the vast body of evidence.

### The Conscious Universe

This myth-shattering book explains the evidence for the veracity of psychic phenomena, uniting the teachings of mystics, the theories of quantum physics, and the latest in high-tech experiments. With painstaking research and deft, engaging prose, Radin dispels the misinformation and superstition that have clouded the understanding of scientists and laypeople alike concerning a host of fascinating oddities. Psychokinesis, remote viewing, prayer, jinxes, and more--all are real, all have been scientifically proven, and the proof is in this book. Radin draws from his own work at Princeton, Stanford Research Institute, and Fortune 500 companies, as well as his research for the U.S. government, to demonstrate the surprising extent to which the truth of psi has already been tacitly acknowledged and exploited. The Conscious Universe also sifts the data for tantalizing hints of how mind and matter are linked. Finally, Radin takes a bold look ahead, to the inevitable social, economic, academic, and spiritual consequences of the mass realization that mind and matter can influence each other without having physical contact.

### Soviet and Czechoslovakian Parapsychology Research: The DIA Report from 1975 with New Addenda

The "men who stared at goats" in the U.S. Army in the 1970s were trying to pull ahead of Soviet psychic research initiatives, many of which are described in this unique volume. They involve telepathy, psychotronics, psychokinesis, and out-of-body experiences such as remote viewing. This is the widely cited and quoted report prepared by U.S. Army Medical Intelligence and Information Agency for the Defense Intelligence Agency in 1975. Recently released through the FOIA, it has only been available in nearly illegible PDF editions. This transcription presents the full report with four major new addenda: biographical trace data on the researchers and subjects named; relevant imagery; a complete study done by members of the Hungarian Academy of Sciences on the Pavlita (psychotronic) generator, with Pavlita's participation (in 1987); and a recent Pravda news article on weaponizing psychotronic research. An excellent set of bibliographic endnotes is provided for those interested in further information.

### The 7 Lost Senses™

Have you ever experienced an intuitive flash about a person or situation? Did you act on this feeling, or did you dismiss it because you felt it wasn't tied to reality? In this guide, author Alain Jean-Baptiste posits that this "knowing" likely came to your lost seven senses, which are hidden beyond the familiar five: sight, hearing, taste, touch and smell... Explaining how humans gather information using the basic five senses, Alain details how the cultivation of these lost senses will assist you in unlocking your intuitive abilities and how to discover your psychic abilities: • The Sense of Imagination links the physical and the nonphysical senses • Learn the 5 tricks for restoring the Sense of Balance to its state of equilibrium • Discover 3 ways in which The Sense of Life can help you attune yourself to someone's life

force • Recognize the 7 voices of your soul by using your Sense of Voice to better understand yourself • The sense of Movement can help you better distinguish patterns and trends more precisely • The Sense of Warmth can help you strengthen your relationships • The Sense of Substance enables your mind to access information about objects at a distance In this guide, author Alain Jean-Baptiste uses personal experience, case studies, examples, and exercises to help you not only see, but imagine and live in a world in which communicating with the other side, seeing the future, establishing rapport more spontaneously with others, predicting economic trends, and bringing medicine to a whole new level can be a reality.

### The Power of Premonitions

The doctor – and bestselling author – who first demonstrated the healing effects of prayer now offers an unprecedented look at the science of premonitions. The Power of Premonitions takes readers through documented cases of premonitions, including a remarkable instance when an entire Nebraska community skipped church the very day it exploded; an examination of recent scientific study of 'presentiment'; a discussion of what it all means to daily life; and practical field-tested techniques for inviting premonitions. In this compelling new book Dossey uses cutting-edge science to prove the value of what has long been considered spiritual mumbo-jumbo. This is a book for the sceptical mind, but it's also for the believer's heart – because its author possesses the rare gift of having both.

### Psychic Literacy & the Coming Psychic Renaissance

Exploring everything from visions, hunches, vibes, astrology, and the occult arts and sciences, to modern physics, geomagnetism and bio-electricity, Psychic Literacy is renowned artist and remote viewer Ingo Swann's grand overview of human psychic potentials.

### Entangled Minds

Is everything connected? Can we sense what's happening to loved ones thousands of miles away? Why are we sometimes certain of a caller's identity the instant the phone rings? Do intuitive hunches contain information about future events? Is it possible to perceive without the use of the ordinary senses? Many people believe that such "psychic phenomena" are rare talents or divine gifts. Others don't believe they exist at all. But the latest scientific research shows that these phenomena are both real and widespread, and are an unavoidable consequence of the interconnected, entangled physical reality we live in. Albert Einstein called entanglement "spooky action at a distance" -- the way two objects remain connected through time and space, without communicating in any conventional way, long after their initial interaction has taken place. Could a similar entanglement of minds explain our apparent psychic abilities? Dean Radin, senior scientist at the Institute of Noetic Sciences, believes it might. In this illuminating book, Radin shows how we know that psychic phenomena such as telepathy, clairvoyance, and psychokinesis are real, based on scientific evidence from thousands of controlled lab tests. Radin surveys the origins of this research and explores, among many topics, the collective premonitions of 9/11. He reveals the physical reality behind our uncanny telepathic experiences and intuitive hunches, and he debunks the skeptical myths surrounding them. Entangled Minds sets the stage for a rational, scientific understanding of psychic experience.

### The Science of Channeling

From the director of research at the Institute of Noetic Sciences (IONS)—a nonprofit parapsychological research institute cofounded by astronaut Edgar Mitchell—this groundbreaking guide explores the cutting-edge science behind channeling, and offers powerful tools to help you hone your own abilities. Do you have an event in your life that can't be explained? Perhaps it presented itself as a feeling of intuition, an image, a sense of knowing, or even a full-blown premonition. You may have felt judged when you told someone about it, or even wondered, "did that really happen, or did I just imagine it?" Chock-full of cutting-edge research, this guide will show you just how common this type of phenomenon is—and how you can fine-tune your unique abilities to add richness and depth to your life. In The Science of Channeling, scientist and author Helané Wahbeh will show you how to identify and target your own channeling skills, process the channeled information you receive, and use your unique gift to improve your life—and the world around you. You'll find detailed information about different channeling types, including mind-to-mind communication, your intention affecting matter, and sensing the future. And finally, you'll discover a wealth of physiological studies pertaining to the science of channeling, providing ample evidence that channeling is a real phenomena and insights into how it works. If you're

ready to explore the power of channeling, or are looking to strengthen the skills you already have, this guide has everything you need to get started today.

### Psychic Research and Modern Physics

This essay, chapter 22 of *Psychic Exploration*, describes the application of concepts of modern physics to the study of psychic functioning. Included are a discussion of an example of a theoretical model of precognition that is testable and is compatible with contemporary physics, and descriptions of recent experiments using instruments that have exceptional sensitivity. The full volume of *Psychic Exploration* can be purchased as an ebook or paperback version from all major online retailers and at [cosimobooks.com](http://cosimobooks.com).

### The Truth about Uri Geller

A professional magician exposes mystics, mediums, psychic surgeons, and others who claim to possess supernatural or paranormal powers, demonstrating how their feats are little more than well-planned tricks that any competent magician can duplicate.

### Extraordinary Psychic

Take Your Psychic Abilities from Ordinary to Extraordinary! Find out just how easy it is to use your innate psychic abilities to access insightful and helpful information about anything! Whether you're a beginner exploring your psychic abilities or a professional fine-tuning your skills, this warm and practical guide offers proven techniques, true personal stories, and a wealth of fun exercises so that you can quickly experience successful clairvoyant readings for yourself. Professional psychic Debra Lynne Katz, author of the popular introductory guide *You Are Psychic*, offers clear and engaging instruction on developing your natural intuitive gifts of clairvoyance, clairsentience, clairsaudience, and telepathy. She demonstrates how these skills can be used with clients on a professional level or in real-life settings, such as your home or workplace--even in your own relationships. Become the intuitive, extraordinary psychic you truly are Heal yourself and others View the past, present, and future\* Manifest goals for peace, prosperity, and love Understand the difference between clairvoyant reading and Remote Viewing Communicate with your spirit guides and loved ones in spirit Learn how to perform psychic readings professionally or just for fun "Extraordinary Psychic is written in great depth and detail through the author's many years of experience and training. All of Katz's techniques are clear as quartz--and the best thing is that they work!" --New Age Retailer, Holiday Issue 2008

### The Heart of the Mind

Targ and Katra show us how we are hard-wired for higher consciousness. At the core of *The Heart of the Mind* is the idea that by learning to direct intentional and selfless attention onto awareness itself, the transformative experience of radiating spiritual power and peace, may be realized by any sincere seeker without dogma, or religious belief.

### Extra Sensory

Examines whether ESP, telekinesis, and other seemingly supernatural abilities are actual talents or manifestations of fantasy, documenting the research of scientists while assessing the possible physical mechanisms for ESP.

### Miracles of Mind

The authors begin with compelling evidence of psychic abilities gathered in Targ's remote-viewing experiments for the Stanford Research Institute. Targ reveals how the experiments were conducted and how subjects were able to describe remote locations with precise detail. Targ also presents the results of recently declassified, covertly funded CIA experiments in remote spying during the Cold War, published here for the first time. After surveying the scientific evidence of the mind's nonlocal powers, Targ and Katra apply this evidence to the field of healing. Incorporating ancient Eastern teachings and modern scientific evidence published in the most prestigious scientific journals, Targ and Katra explain the process of spiritual healing, which they describe as a quieting of the mind to open it to the community of spirit. The book stays with you long after you put it down. It can change the way you view the world — and yourself.

## Physics and Psychics

Noakes' revelatory analysis of Victorian scientists' fascination with psychic phenomena connects science, the occult and religion in intriguing new ways.

## Debunked!

During the most scientifically advanced period in human history, belief in the paranormal and the supernatural is alarmingly common. Nobel Prize winner Georges Charpak and physics professor Henri Broch team up to show you the tricks of the trade and sleight of hand that keep astrologers, TV psychics, and spoon benders in business. Using only the simplest of science, the authors explore the effectiveness of horoscopes--the blander the better--and why, with a television audience in the millions, any strange, unlikely prediction is almost certain to come true. Not merely an exposé of magic tricks, this book demonstrates how pseudoscientists use science, statistics, and psychology to bamboozle an audience--sometimes for fun, sometimes for profit. Entertaining and enlightening, *Debunked!* is the antidote, vigorously asserting the virtues of doubt, skepticism, curiosity, and scientific knowledge.--From publisher description.

## Psychic Exploration

*Psychic Exploration, A Challenge for Science* is a primer on psychic research, life's purpose, and the meaning of the universe. Originally published in 1974, this landmark anthology of nearly thirty chapters on every area of psychic research is finally available again. Edgar D. Mitchell, Apollo 14 astronaut and moonwalker, as well as a distinguished researcher of the study of human consciousness, brought together eminent scientists to write about issues once considered too controversial to discuss. This book includes fascinating chapters on the history of parapsychology, telepathy, hauntings, psychic phenomena, and consciousness, along with an extensive glossary and index. This timeless anthology continues to be appealing as a reference work for those curious about the history of parapsychology, fans of the world of psi, and readers interested in the meaning of the universe. Contributors include: Willis W. Harman, Jean Houston, Stanley Krippner, Robert Masters, William G. Roll, Russell Targ, Charles T. Tart, Montague Ullman, and many more.

## Naked Awareness

In this classic seventeenth-century presentation of the union of Mahamudra and Dzogchen, Karma Chagmé, one of the great teachers of both these lineages of Tibetan Buddhism, begins with an overview of the spirit of awakening and the nature of actions and their ethical consequences. Next, drawing from his enormous erudition and profound experience, Chagmé gives exceptionally lucid instructions on the two phases of Dzogchen practice--the "breakthrough" and the "leap-over"--followed by an accessible introduction to the practice of the transference of consciousness at the time of death. The concluding chapters of this treatise present a detailed analysis of Mahamudra meditation in relation to Dzogchen practice. This tour de force of scholarly erudition and contemplative insight is made all the more accessible by the lively commentary of the contemporary Nyingma Lama Gyatrul Rinpoche. Although this book stands alone, it is the concluding section of a single body of teachings by Karma Chagmé, the earlier section published under the title *A Spacious Path to Freedom*. Karma Chagmé was a major teacher of the Karma Kagyu tradition of Tibetan Buddhism, and his writings have also become central to the Payul Nyingma order, making him an ideal figure to integrate these two great meditation systems.

## Immortal Remains

Do you believe in ghosts? Chances are you're either too willing, or not willing enough, to believe that personal consciousness survives after bodily death. Some underestimate the evidence for life after death, not realizing how impressive the most convincing cases are. Others overestimate it, rejecting alternative explanations too readily. In fact, several non-survivalist explanations--hidden or latent linguistic or artistic talents, extreme memory, even psychic abilities--are as interesting as the hypothesis of survival, and may be more plausible than their critics realize. *Immortal Remains* takes a fresh look at some of the most puzzling cases suggesting life after death, and considers how to tell evidence for an afterlife from evidence for exotic things (including psychic things) done by the living. Author Stephen E. Braude, who has done extensive research in parapsychology and dissociation,

explores previously ignored issues about dissociation, creativity, linguistic skills, and the nature and limits of human abilities. He concludes that we have some reason, finally, for believing in life after death.

### Randi's Prize

James 'The Amazing' Randi is a stage magician who says he has a million dollars for anyone who can convince him they have psychic powers. No one has even come close to winning, proof, say sceptical scientists, that there is no such thing as 'the paranormal'. But are they right? In this illuminating and often provocative analysis, Robert McLuhan examines the influence of Randi and other debunking sceptics in shaping scientific opinion about such things as telepathy, psychics, ghosts and near-death experiences. He points out that scientific researchers who investigate these things at first hand overwhelmingly consider them to be genuinely anomalous. But this has shocking implications, for science, for society and for even perhaps for ourselves as individuals. Hence the sceptics' insistence that they should rather be attributed to fraud, imagination and wishful thinking. However, this extraordinary and little understood aspect of consciousness has much to tell us about the human situation, McLuhan suggests. And at a time when militants are polarising the debate about religion, its mystical, spiritual element offers an optimistic and enlightened way forward. Randi's Prize is aimed at anyone interested in spirituality or those curious to know the truth about paranormal claims. It's an intelligent and readable analysis of scientific research into the paranormal which, uniquely, also closely examines the arguments of well-known sceptics.

### Penetration: Special Edition Updated

**\*\*UPDATED WITH NEW MATERIAL FOUND IN HAROLD SHERMAN'S ARCHIVES\*\*\*** Ingo Swann -- renowned psi researcher -- reveals a long-held secret series of experiences with a "deep black" agency whose apparent charter was simple: UFOs and extraterrestrials on the moon and worries about ET telepathic/mind control powers. The agency was so secret that it had no paper trail, and hence no written secrecy agreements. Only the verbal ones, which in Ingo's case expired several years ago. Now, in this era of burgeoning UFO "glasnost," he tells a story of meetings held in a secret underground facility not far from Washington DC, and of being taken to a remote location near the Arctic Circle to witness the expected arrival of a huge UFO over the surface of an Alaskan lake. This book discusses undeveloped human telepathy and contrasts it with the probable existence of fully developed alien telepathy, which may have many different forms. Ingo also explores the fact that we officially know far more than we're admitting about the Moon -- its origins, its atmosphere, its occupants and many other unusual features. Penetration is about one of the means by which we can learn more about those not of this earth (and vice-versa) -- telepathy. Do we have the means to answer some very important questions that many have been asking for quite a long time? Inside this book are the answers to some. PLUS...In a newly discovered missing chapter on his psychic probes of Mars ("9") to Penetration, Ingo asserts that there is a bigger question at play -- the question as to "why do mass-consciousness humans, as it were, mass-consciously almost 'conspire' to avoid certain issues, and consistently so?" This inquiry, deep within Ingo's own awareness, is one that he would ponder until his passing in 2013. He no doubt wished to share this interrogation with the world back in 1998. Thus, while Neptune goes direct in Pisces, removing the veils, and providing an awakening of sorts, we have decided put Ingo's question to the world by including "9" along with Introductions by Dr. Krippner and Dr. Mitchell, an Afterword by Thomas M. McNear, Lieutenant Colonel, U.S. Army (Ret.), and recently discovered documents from Harold Sherman's Archives in this Updated Special Edition, all within an aptly named section entitled Subscript.

### Why People Believe Weird Things

A survey of a range of irrationalisms, with explanations of their empirical and logical flaws, this book describes the differences between science and pseudo-science, and goes on to describe and critique popular contemporary irrationalisms. Why do smart people believe weird things? Why do so many people believe in mind reading, past-life regression therapy, extra-terrestrial abduction and ghosts? What is behind the rise of 'scientific creationism' and Holocaust denial? In an age of supposed scientific enlightenment why do we appear more impressionable than ever? Scientific historian, and director of the Skeptics Society, Michael Shermer debunks these extraordinary claims in a no-holds-barred assault on the popular superstitions and confused prejudices of our time. Exploring the very human reasons behind otherworldly phenomena, conspiracy theories and cults Shermer explains why are they are so appealing to so many. "Skepticism is the agent of reason against organized irrationalism

-and is therefore one of the keys to human social and civic decency."Stephen Jay Gould, from his forewordShermer reveals the darker side of wishful thinking, through the recovered memory movement, satanic rituals and other modern witch hunts, and ideologies of racial superiority. Confronting those who take advantage of the gullibility of other people to advance their own, self-serving agendas Why People Believe Weird Things is compelling and often disturbing. It is a perceptive portrait of the human capacity for self-delusion and a celebration of the scientific spirit.

### The End of Suffering

This spiritual inquiry into the nature of truth draws on Buddhism and quantum physics to liberate us from limited understandings of ourselves and others. The hopeful teaching of this book is that while everybody suffers, most of this suffering is unnecessary—it can be overcome. The belief that things must be either true or untrue leads us to think in terms of polarities: good or evil, right or wrong. This friend-or-foe approach may seem to make life easier, but in *The End of Suffering*, Russell Targ and J. J. Hurtak assert that this worldview only increases our experience of suffering. In an effort to overcome the polarity of opposites and the accompanying suffering, Targ and Hurtak combine the wisdom of the East with the findings of quantum physics, uncovering a middle ground that shows opposing sides are really the same. Buddha taught us to live a helpful and compassionate life and to surrender our ego to the peace of spaciousness. The middle path of Buddhism also shows that things may be neither true nor not true, or both true and untrue. *The End of Suffering* puts the perceived opposites of Buddhism and physics together, showing step-by-step how we can learn to surrender the story of who we think we are and experience an end to our suffering.

### Remote Viewing

It possible to see across space and time Even those who accept that humans can reach beyond the conventional five senses typically think of psychics as special or gifted with unusual abilities. But David Morehouse teaches other wise all human beings, including you, have the innate capacity for Remote Viewing. David Morehouse was trained by the U.S. government in Remote Viewing an exact scientific protocol for tapping the human power to gather information across space and time. In this comprehensive manual, he has taken his military training as an operational Remote Viewer and turned it into a step-by-step training system one that teaches any serious reader how to unlock their natural abilities and become more than the physical world allows. You have the ability to do this, Morehouse says. Something extraordinary is absolutely possible in your life. Remote Viewing is more than simply a method for gathering information. It is a transformational tool instilling within you the absolute and irrefutable evidence that you are more than human that you are extraordinarily human. As you gain experience and confidence as a Viewer, you will tap into the collective unconscious that connects you to everything and everyone in the universe. Through David More house's training, you will learn to touch the infinite source of life and knowledge that spiritual masters throughout human history have sought.

### Phenomena

The definitive history of the military's decades-long investigation into mental powers and phenomena, from the author of Pulitzer Prize finalist *The Pentagon's Brain* and international bestseller *Area 51*. This is a book about a team of scientists and psychics with top secret clearances. For more than forty years, the U.S. government has researched extrasensory perception, using it in attempts to locate hostages, fugitives, secret bases, and downed fighter jets, to divine other nations' secrets, and even to predict future threats to national security. The intelligence agencies and military services involved include CIA, DIA, NSA, DEA, the Navy, Air Force, and Army-and even the Joint Chiefs of Staff. Now, for the first time, New York Times bestselling author Annie Jacobsen tells the story of these radical, controversial programs, using never before seen declassified documents as well as exclusive interviews with, and unprecedented access to, more than fifty of the individuals involved. Speaking on the record, many for the first time, are former CIA and Defense Department scientists, analysts, and program managers, as well as the government psychics themselves. Who did the U.S. government hire for these top secret programs, and how do they explain their military and intelligence work? How do scientists approach such enigmatic subject matter? What interested the government in these supposed powers and does the research continue? *PHENOMENA* is a riveting investigation into how far governments will go in the name of national security.

### God Is Not Dead



A “pioneering” physicist “shows how quantum reasoning may resolve deep mysteries, including the nature of God [and] evolution” (Beverly Rubik, PhD, Biophysicist, Institute for Frontier Science, Adjunct Professor, Saybrook). Move over, Richard Dawkins and Christopher Hitchens—a highly regarded nuclear physicist enters the debate about the existence of God—and comes down on the side of the angels. Goswami’s hypothesis is that quantum physics holds the key to all the unsolved mysteries of biology—the nature and origin of life, fossil gaps of evolution, why evolution proceeds from simple to complex, and why biological beings have feeling and consciousness. In *God is Not Dead*, Goswami moves beyond theory and shows how a God-based science puts ethics and values where it belongs: at the center of our lives and societies. He provides a scientific model that steers between scientific materialism and religious fundamentalism; a model that has implications for how we live both individually and collectively. *God is Not Dead* is a fascinating tour of quantum physics, consciousness, and the existence and experience of God.

### CRV - Controlled Remote Viewing

This book is a compilation of papers, manuals & comments to help students of (CRV) or Controlled Remote Viewing, learn this amazing intuitive art. We present FOIA documents from the CIA Star Gate archives, from the public domain and from prominent practitioners of remote viewing for the first time together in one book. First, we include a paper from the father of Remote Viewing and the creator of CRV - Ingo Swann. The document is titled 'Co-ordinate Remote Viewing (CRV) technology 1981-1983, Three year project'. After this we present two differing CRV manuals. The first by Ingo Swann's top CRV student and the only person trained in all CRV stages by Ingo Swann (Tom McNear). This is titled: 'Coordinate Remote Viewing Stages I-VI and Beyond' - 1985. The second, a later manual was created primarily by Paul H. Smith with help from the 'then' team of military Controlled Remote Viewers, titled: 'The DIA CRV Manual' - 1986.

### The Synchronized Universe

First published in 1974, this groundbreaking volume relates field theory of altered states of consciousness and compares the surprisingly similar views of mediums, mystics, and physicists. When renowned psychologist Lawrence LeShan first explored clairvoyance and precognition it shook his belief in everyday reality. As a result, it led him to postulate other states of consciousness, which he calls “Clairvoyant Reality” and “Transpsychic Reality.” Although LeShan was trained in the traditional scientific method, he discovered that these altered realities—including the knowledge of future events, the ability to heal from great distances, and other paranormal phenomena—operated according to their own laws. Filled with mesmerizing case examples, quotations, and observations from LeShan’s own personal experience, *The Medium, the Mystic, and the Physicist* includes LeShan’s essay, “Human Survival on Biological Death,” where he brings a fresh perspective to the theory of the afterlife. A classic guide for the study of parapsychology, readers will be intrigued by this collection of unique ideas. • A classic in the field, often thought of as the author’s best work • Author is renowned as a psychologist and a leader in the modern study of mind-body interaction Allworth Press, an imprint of Skyhorse Publishing, publishes a broad range of books on the visual and performing arts, with emphasis on the business of art. Our titles cover subjects such as graphic design, theater, branding, fine art, photography, interior design, writing, acting, film, how to start careers, business and legal forms, business practices, and more. While we don’t aspire to publish a New York Times bestseller or a national bestseller, we are deeply committed to quality books that help creative professionals succeed and thrive. We often publish in areas overlooked by other publishers and welcome the author whose expertise can help our audience of readers.

### The Medium, the Mystic, and the Physicist

ESP. Divination. Psychometry. Telekinesis. Astral vision. You’ve heard of all these talents. The amazing truth is that you can have all of these abilities when you practice the simple, but powerfully effective, exercises in Melita Denning and Osborne Phillips’ *Practical Guide to Psychic Powers*. World-famous experts Denning and Phillips explain exactly what you need to develop your own innate abilities, including advice on diet, rest, and exercise. They advise you to meditate daily, and give instructions how you can bring this wonderful skill into your life. They also reveal how you can make your own tools for psychic development, such as a pendulum, ESP cards, and a Vision Mirror. *Practical Guide to Psychic Powers* explains that your attitude is important in establishing these abilities in your life. You’ll discover how to eliminate boredom and stress, practice mental concentration for long periods, and

have foreknowledge of the future. Many of the exercises to help you to develop psychic abilities are in the form of games, making them fun, preventing boredom, and creating faster success. For example, you'll learn a game of guessing dice, one with ESP cards, and another that uses the vision mirror to predict your future. The book teaches you how to become aware of the impressions a material object has gathered, the art of psychometry. You'll learn about contacting spiritual entities the way Spiritualists do. You'll also discover the secrets of dowsing and how to develop and use this ability. Denning and Phillips are known for their clarity of thought and for having effective techniques, as demonstrated in Practical Guide to Psychic Powers.

### Practical Guide to Psychic Powers

Many people have experienced such unusual phenomena as dreams that later seem to correspond with unforeseeable events, thinking of a long-lost friend just before he or she unexpectedly calls, or the ability to "feel" the presence of deceased loved ones. What many do not realize is that these types of experiences have been researched for more than a century by eminent scientists, including Nobel laureates. Most of these researchers have concluded that some of these phenomena do occur, although we are far from explaining them to everyone's satisfaction. This book is the first in almost 40 years to provide a comprehensive scientific overview of research in the field of parapsychology, explaining what we know and don't know about so-called psi phenomena, such as "telepathy," "precognition" or "psychokinesis." Contributors evaluate the evidence for these phenomena, accounting for factors such as selective memory, wish fulfillment and incorrect methods or analyses, in some cases offering psychological, physical and biological theories. Instructors considering this book for use in a course may request an examination copy here.

### Parapsychology

Considered the most brilliant map of one's inner reality.

### How to Develop Your ESP Power

Third edition. Telekinesis, also known as "mind over matter," is real. Defy Your Limits offers what aspiring telekinesis practitioners have long sought, a detailed, tested, step-by-step method to learn exactly how to do it. While many can demonstrate TK, only a few can teach it proficiently in a format like this book. Sean McNamara is a seasoned meditation teacher who learned TK first-hand and teaches others how to actualize it themselves. He has been featured in various shows and the movie "Superhuman: The Invisible Made Visible." This is not a theoretical book. It's a training manual for those who are willing to do what it takes to defy their own limits. When you progress through the final level of training, you will be able to move an object enclosed in glass from a distance of several feet - psychically. You will do so with your carefully and patiently trained mind-body-energy system. This text contains links to the companion website which is filled with video tutorials filmed specifically for practitioners of this training system. Moving matter with the mind is only the beginning. This book is on the cutting edge of personal development, mindfulness, self-help and human performance. The ability taught here makes immediately observable that which self-improvement and power-of-intention books like The Secret and The Law of Attraction have only described - that our mind affects our reality. Defy Your Limits teaches you how to apply this telekinesis method toward your Vision Board, Energy Healing, Meditation, Metaphysical applications, and toward achieving your personal goals. Learn the paranormal ability that sits at the crossroads of science and spirituality. Learn more at <http://www.MindPossible.com>.

## Defy Your Limits

“Psi” is the term used by researchers for a variety of demonstrable but elusive psychic phenomena. This collection of essays provides a detailed survey of the evidence for psi at the level of scientific examination. Key features of apparent psi phenomena are reviewed, including precognition and remote perception (knowledge of future or distant events that cannot be inferred from present information), presentiment (physiological responses to stimuli that have not yet occurred), the effects of human emotions on globally dispersed machines, the possible impact of local sidereal time on psi performance, and the familiar feeling of knowing who is calling on the phone. Special attention is given to those phenomena that make it difficult for scientists to get a clear understanding of psi. The body of psi research, while complex and frustrating, is shown to contain sufficiently compelling positive evidence to convince the rational open-minded observer that psi is real, and that one or more physical processes probably underlie observed psi phenomena.

## Evidence for Psi