

Using Literature To Help Troubled Teenagers Cope With Societal Issues

[#literature for troubled teens](#) [#teen mental health literature](#) [#coping with societal issues teens](#) [#youth literature therapy](#) [#adolescent coping mechanisms](#)

Discover how the power of literature can be a profound tool in assisting troubled teenagers to navigate and cope with complex societal issues. This comprehensive guide explores various literary approaches that foster resilience, empathy, and critical thinking, offering adolescents effective strategies to understand and address the challenges they face in today's world.

All research content is formatted for clarity, reference, and citation.

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These experts then explore literature in which issues such as body image, sexuality, and leaving home are addressed in ways likely to interest teens. By examining fictional characters, these experts provide guidance to those working with teenagers, so they can encourage adolescents to deal with the conflicts and issues imposed upon them by our society while improving their reading and writing skills."--BOOK JACKET.

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Teachers, media specialists, parents, and other adults who work with adolescents must recognize that our society influences who teenagers are and how they develop as language users. This unique resource provides guidance to these professionals by pairing literacy specialists with counselors who introduce information about social issues important to today's adolescents. These experts then explore literature in which issues such as: body image, sexuality, and leaving home are addressed in ways likely to interest teens. By examining fictional characters, these experts provide guidance to those working with teenagers, so they can encourage adolescents to deal with the conflicts and issues imposed upon them by our society while improving their reading and writing skills. Eight important social issues are explored each in a separate chapter. While providing in-depth exploration of fictional characters grappling with these societal issues, each chapter also provides a question and answer section in which specialists answer questions many adults have raised regarding social influences on teenagers. Readers are given insight into how they can help teenagers with similar problems, and extensive annotated bibliographies recommend appropriate books to get teenagers reading and addressing these problems. This collaboration across academic specialties provides an innovative approach to attaining the goal of helping adults and adolescents in gaining a better understanding of each other.

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Using Literature to Help Troubled Teenagers Cope with End-of-Life Issues

Literacy experts and counseling professionals are innovatively paired in each chapter to explore specific types of loss and ways in which professionals can help students understand their feelings by reading about those in similar situations. This original approach encourages young people to cope with their losses while improving their literacy skills."--BOOK JACKET.

Using Literature to Help Troubled Teenagers Cope with Identity Issues

The search for one's identity is an ancient quest reflected throughout history in stories where human glory and conquest are often layered with great pain and self doubt, meant to help people discover themselves and who they are. Today, this quest is found prevalently in young adult novels, where characters wrestle with modern dilemmas in order to find themselves. This reference resource provides a link for teachers, media specialists, parents, and other adults to those novels and how to use them effectively. Educators and therapists explore the literature where common identity issues are addressed in ways intriguing to teens. Using fictional characters, these experts provide guidance on how to encourage adolescents to cope while improving their reading and writing skills. Twelve novels are examined from both a literary and psychological perspective, allowing the readers to meet the central figures as if they were living human beings. Each chapter is written by a literature specialist who has teamed up with a therapist and confronts a different identity issue, examining such dilemmas as body image, the father/son relationship, bigotry, and peer relations. This pair of experts tries to define the central character's struggle in each novel to discover who they are and to become self-actualized individuals. Each chapter also provides an annotated bibliography of other works, both fiction and nonfiction, that explore these same issues to give readers not only the insight into helping teenagers with similar problems, but also the tools with which to get teenagers reading and addressing these problems. This innovative approach is meant to provide the opportunity for adults and adolescents to better understand each other.

Using Literature to Help Troubled Teenagers Cope with Family Issues

This unique resource for teachers, librarians, counselors and parents combines the expertise of literacy experts and therapists. Together, these professionals provide guidance, through the examination and analysis of characters in young adult literature, to those working with troubled teens. Thereby helping professionals and parents gain insight into the inner workings of teenagers and encourage them to deal with their family issues and emotional problems while improving their reading and writing skills.

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problems. This innovative approach is meant to provide the opportunity for adults and adolescents to better understand each other.

Using Literature to Help Troubled Teenagers Cope with Health Issues

Today, traditional illnesses and high risk behaviors of adolescents have become interrelated through the multitude of physical, social and emotional changes young people experience. Good literature which gives adolescents the truth has incredible power to heal and to renew. This reference resource provides a link for teachers, media specialists, parents, and other adults to those novels that can help adolescents struggling with health issues. Educators and therapists explore novels where common health issues are addressed in ways to captivate teens. Using fictional characters, these experts provide guidance on encouraging adolescents to cope while improving their reading and writing skills. With the advancement in medicine, traditional types of health issues such as birth defects, cancer, and sensory impairment have shifted to more behavior related problems such as depression, alcoholism, and eating disorders. All of these issues and others are examined from both a literary and psychological perspective in thirteen chapters that explore health issues through fiction. Each chapter confronts a different health issue and is written by a literature specialist who has teamed up with a therapist. In each novel, these experts define the central character's struggle in coming to terms with an issue and growing in response to their difficulties. Annotated bibliographies of other works, both fiction and nonfiction, explore these same issues give readers insight into helping teenagers with similar problems, and provide the tools with which to get teenagers reading and addressing these problems.

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Innovative Interventions in Child and Adolescent Mental Health

Innovative Interventions in Child and Adolescent Mental Health is a unique composite of the literature on various innovative interventions for children and adolescents, and provides a developmental and neurobiological rationale for utilizing innovative interventions with this population. Based on the latest research, this book emphasizes that children and adolescents need more than just talk therapy. These innovative interventions can be applied in a variety of practice settings including schools, juvenile justice, community-based counseling centers, and residential treatment. This book bridges the gap between theory and practice, and provides a historical, theoretical, and research-based rationale, as well as a helpful case study, for each type of intervention being discussed.

Using Literature to Help Troubled Teenagers Cope with Abuse Issues

This book deals with four types of abuse: neglect, emotional abuse, physical abuse, and sexual abuse. For each type of abuse, selected works of fiction, literary, and professional perspectives are juxtaposed along with applications for utilizing the stories in a hypothetical therapy setting. In addition, reports of mental health workers, organizations, agencies, statistics, cases studies, and important research findings regarding each type of abuse are summarized. Web links are provided as well as information on finding the professional print resources cited. Suggestions for additional fiction suitable for bibliotherapy are provided. This is an invaluable resource for teachers, parents, and any adults interested in helping teens battling with the damage of abuse.

Sharon Creech

Sharon Creech is a best-selling author for young adult readers, and her books are enjoyed in both classroom settings and for leisure reading for three important reasons: -She shows great respect for teens through giving attention to the voices of teen protagonists, creating adventures in which teens grown socially and emotionally as a result of a journey. She captures the language of her characters, including dialects from the hollers of West Virginia and the mountains of Switzerland, and introduces figurative language and vocabulary to enrich her readers' experience during and after their time with her books. With humor and gentleness, she provides readers with a sense of hope. After an introductory chapter and biographical sketch, there is one chapter per volume that examines the characters, plot,

setting, and themes in each work. This volume will be useful to young adults wanting to delve deeper into the worlds of Creech's characters, or literature professionals studying Creech's works.

Journal of Youth Services in Libraries

Readers will be delighted to find that this one resource contains extensive "how to do" guidelines for setting up and planning multiple family groups. A group practice model is outlined in the text which provides a clear delineation of goals for each treatment phase of these groups. The latter guide provides a practical framework for planning sessions, guiding the facilitation approach utilized, and designing a program evaluation. The heart of this book contains 80 different techniques for building trust among group members, providing psych-education, assisting in problem solving, and allowing for a healthy closure of the group experience. Over half of these techniques include a task sheet which can be duplicated for use with treatment groups. Over 50 bibliotherapy references are also provided along with material related to building resilient families and youth. In addition, readers are given a sample of a multiple family group contract, documentation notes, and a session by session planning sheet. Professionals will be amazed at how much time this text will save them. The book will quickly become a daily resource manual which will assist in more easily planning and facilitating these treatment groups.

A Multiple Family Group Therapy Program for at Risk Adolescents and Their Families

Well-known authors, W. Bernard Lukenbill and Barbara Froling Immroth, provide an introduction to a difficult topic. This book covers the general status of youth healthcare, the issues and concerns providing a model of health delivery, and their relationship to the school and public library. Public and school librarians and their clientele will appreciate this straightforward approach to finding and selecting consumer information on health related topics. School librarians will find resources to help teachers who are being asked to teach consumer health classes. Students, librarians, teachers, parents, and caregivers in need of information that addresses health issues encountered by youth will find it in this inclusive book on the topic. Public and school librarians will appreciate discussions of issues related to the general status of healthcare for youth, delivery systems, and locations of consumer information and methods to select and manage the collection of health information materials.

English Journal

Effectively engage clients in working for personal change Social Work Practice with Children and Families presents the framework for family health social work and its applications in various practice environments. This vital textbook provides a unique blend of academic deliberations and practical service guidelines. Case examples or discussion questions are included at the end of each chapter to facilitate more in-depth understanding and discussion among graduate and undergraduate students, professors, and educators in health and human service areas. Social Work Practice with Children and Families is organized into two major sections entitled "Practice Interventions" and "Policy, Programs, and Emerging Families." This book will supply you with intervention and change strategies for promoting the physical, mental, emotional, social, economic, cultural, and spiritual growth and development of the family unit and each of its members, resulting in its holistic well-being. The book covers a wide variety of family dynamics that you will encounter, including gay/lesbian parents, single parents, and grandparents as caregivers. In this resource, you will also find case studies, adaptive strategies, and intervention models for working with families dealing with: abuse and violence disability loss and grief HIV/AIDS migrating and seasonal farm work and more! Social Work Practice with Children and Families will show you how to adopt and use family health social work practice methodology and models in your casework. As a supplemental text, it will help you harness the resources of the household, the government, and the community to develop interventions and services that promote the interests and welfare of your clients and their loved ones.

Health Information for Youth

This series provides the information needed for secondary teachers to use young adult literature along with the classics in the secondary classroom. Within each complete unit, selected classics are paired with contemporary works.

Social Work Practice with Children and Families

Contemporary and practice, this edition remains comprehensive enough to ensure that teachers understand today's adolescents and the literature that engages them, while still remaining brief enough to give teachers the opportunity to read the books discussed.

Adolescent Literature as a Complement to the Classics

Showcasing cutting-edge findings on adolescent literacy teaching and learning, this unique handbook is grounded in the realities of students' daily lives. It highlights research methods and instructional approaches that capitalize on adolescents' interests, knowledge, and new literacies. Attention is given to how race, gender, language, and other dimensions of identity--along with curriculum and teaching methods--shape youths' literacy development and engagement. The volume explores innovative ways that educators are using a variety of multimodal texts, from textbooks to graphic novels and digital productions. It reviews a range of pedagogical approaches; key topics include collaborative inquiry, argumentation, close reading, and composition.

Young Adult Literature

This unique resource for teachers, librarians, counselors and parents combines the expertise of literacy experts and therapists. Together, these professionals provide guidance, through the examination and analysis of characters in young adult literature, to those working with troubled teens. Thereby helping professionals and parents gain insight into the inner workings of teenagers and encourage them to deal with their family issues and emotional problems while improving their reading and writing skills.

Adolescent Literacies

Living Recovery provides critical information for practitioners and educators in mental health services about the self-described needs of young people diagnosed with mental illness. It portrays the stages of living with mental illness through the recovery model ELAR—emergence, loss, adaptation, and recovery. The author interviewed youth aged sixteen to twenty-seven in Canada, Australia, and the US, and her book relates the price of the stigma surrounding mental illness, especially for young people who are already challenged with the developmental tasks of adolescence. The text examines the youth-described “social illness” of stigma and the resulting self-marginalization they say is necessary to survive stigma and social isolation. When youth feel isolated, ignored, or shunned, the resulting shame and stress they may feel has the potential to exacerbate such illnesses as obsessive compulsive disorder, psychosis, anxiety, and/or various mood disorders. The findings from this research anticipate and identify interventions that are useful for youth with mental illness. If programs and systems of care take into account youth stories such as those presented here, interventions will become more meaningful and more likely to address problems related to social and emotional distresses. In charting journeys through the emergence of illness, to loss, adaptation, and recovery, the book reports on how mental illness disrupted these youths' lives on every level, especially in the transition from late adolescence to young adulthood. But youth also describe ways in which they adapted and recovered and how they came to “own the illness” with a greater sense of agency and self-direction.

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As is painfully evident from the reports of school shootings, gang violence, dysfunctional family life, and from statistics on adolescent suicide, many teens live troubled lives. Even those who live a normal life still face the challenges adults face, but teens are also engaged in establishing independence and finding their identity. However, few adolescents have the same resources as adults for surviving life challenges. Building from the idea that story is a powerful source of meaning, particularly those stories that resonate with our own lives, this book suggests that the stories of other young adults offer a resource yet to be fully tapped. Adolescents in the Search for Meaning begins from the perspective of young adults by sharing the results of a survey of over 1400 teens and also includes the insights of authors of Young Adult Literature. The book presents over 120 novels that teens have identified as meaningful as well as books recommended by YA authors and experts in the field of YA literature. For any teacher, librarian, parent or counselor wanting to reach young adults, this book is ideal.

Living Recovery

Every 3rd issue is a quarterly cumulation.

Adolescents in the Search for Meaning

Textbook

Instructors Manual

This book provides a much-needed analysis of the current research in the global epidemic of electronic bullying. Scholars and professionals from the Americas, Europe, and Asia offer data, insights, and solutions, acknowledging both the social psychology and technological contexts underlying cyberbullying phenomena. Contributors address questions that are just beginning to emerge as well as longstanding issues concerning family and gender dynamics, and provide evidence-based prevention and intervention strategies for school and home. The global nature of the book reflects not only the scope and severity of cyberbullying, but also the tenacity of efforts to control and eradicate the problem. Included in the coverage: • Gender issues and cyberbullying in children and adolescents: from gender differences to gender identity measures. • Family relationships and cyberbullying. • Examining the incremental impact of cyberbullying on outcomes over and above traditional bullying in North America. • A review of cyberbullying and education issues in Latin America. • Cyberbullying prevention from child and youth literature. • Cyberbullying and restorative justice. Cyberbullying across the Globe is an essential resource for researchers, graduate students, and other professionals in child and school psychology, public health, social work and counseling, educational policy, and family advocacy.

Book Review Index

Each vol. is divided into 2 parts 1st-7th ed.: Dictionary catalog and Classified catalog; 8th-9th ed. have 3rd. part: Directory of publishers.

Six Lenses for Anti-oppressive Education

Discusses young adults and what they read, the history of adolescent literature, literary genre, using and evaluating literature for the library and classroom, and censorship. Numerous bibliographies are included.

Cyberbullying Across the Globe

The broad perspective, multidisciplinary approach of the second edition makes it invaluable in the counselling context at any level. It is comprehensive enough for full-time counsellors and students but it is also a resource for health care professionals for whom counselling is an intrinsic component of their practice.

Standard Catalog for High School Libraries

By examining the novels of critically and commercially successful authors such as Sarah Dessen (*Someone Like You*), Stephenie Meyer (the *Twilight* series), and Laurie R. King (*Speak*), *Reading Like a Girl: Narrative Intimacy in Contemporary American Young Adult Literature* explores the use of narrative intimacy as a means of reflecting and reinforcing larger, often contradictory, cultural expectations regarding adolescent women, interpersonal relationships, and intimacy. *Reading Like a Girl* explains the construction of narrator-reader relationships in recent American novels written about adolescent women and marketed to adolescent women. Sara K. Day explains, though, that such levels of imagined friendship lead to contradictory cultural expectations for the young women so deeply obsessed with reading these novels. Day coins the term “narrative intimacy” to refer to the implicit relationship between narrator and reader that depends on an imaginary disclosure and trust between the story’s narrator and the reader. Through critical examination, the inherent contradictions between this enclosed, imagined relationship and the real expectations for adolescent women’s relations prove to be problematic. In many novels for young women, adolescent female narrators construct conceptions of the adolescent woman reader, constructions that allow the narrator to understand the reader as a confidant, a safe and appropriate location for disclosure. At the same time, such novels offer frequent warnings against the sort of unfettered confession the narrators perform. Friendships are marked as potential sites of betrayal and rejection. Romantic relationships are presented as inherently threatening to physical and emotional health. And so, the narrator turns to the reader for an ally who cannot judge. The reader, in turn, may come to depend upon narrative intimacy in order to vicariously explore her own understanding of human expression and bonds.

Library Developments

Introduction to young adult literature to help motivate teenagers become life-long readers. Reader friendly and comprehensive.

Literature for Today's Young Adults

This book presents both a theoretical framework and classroom-tested ideas for literacy instruction in middle schools. Equally suitable for middle school courses as well as for in-service training, this concise yet comprehensive text is divided into two parts--Part I introduces students to 8 principles/concerns that are at the forefront of middle school students' minds and Part II includes applications for Literacy Instruction and Learning in the Middle Grades Reading/LA classes, providing teaching ideas, instructional strategies, and suggestions for assessment, evaluation and grading. This text gives one new insight for the potential for literacy instruction in today's middle schools and the need to understand the many questions and concerns that pre-service and practicing teachers have as they teach in those schools. This text is loaded with theoretically-sound ideas for building student-sensitive literacy curricula.

An A-Z of Counselling Theory and Practice

In this fully updated second edition of *Response and Analysis*, Robert Probst leads you to fresh methods that build lifelong lovers of reading by opening your literature classroom to the power of student-driven interpretation and analysis. The second edition is chocked full of everything you need to plan and build a curriculum that initiates interpretative and critical conversations with and among your students while exposing them to a variety of genres-conversations that encourage students to be active, enthusiastic readers. Probst's updates and revisions speak directly to today's busy teacher, offering: a clear, coherent rationale for a more humane approach to literature teaching workshop activities that encourage adolescents to formulate articulate responses to texts, and that fit neatly into your existing curriculum extensive new suggestions for testing and evaluation in a standards-based education environment, complete with a variety of assessment rubrics and tools fresh ideas for utilizing television and film to bolster print literacy and make students more critically astute viewers a fully revised and updated discussion of contemporary young adult literature, including new examples, a compendium of online and print YAL resources, and a bibliography of the latest research and professional writing on the subject. Teachers who have long trusted Probst's techniques for engaging student readers will be excited to find that *Response and Analysis, Second Edition* invites them into a new dialogue about teaching literature, while new readers will discover how this comprehensive guide uses best-practice literature instruction to help teens make the most of the magical moments they share with authors.

Reading Like a Girl

In *Laurie Halse Anderson: Speaking in Tongues*, Wendy J. Glenn examines the life and works of one of the most popular authors for teens. Drawing from both primary sources (Anderson's writings, published interviews and speeches, the author's blog and other online sources, as well as a live interview with the author) and secondary sources (reviews of and scholarly articles on her work), Glenn explores the themes and impact of Anderson's novels. This richly researched work includes in-depth analyses of each of Anderson's young adult titles, chapters on Anderson's lesser-known writings for children, short stories, and poems, and a synthesis of reviews for each title Anderson has published.

Reference & User Services Quarterly

Literature for Today's Young Adults