

Seven Secrets To The Spontaneous Fulfillment Of Your Desires Spontaneous Healing

[#Spontaneous Fulfillment](#) [#Manifest Desires](#) [#Seven Secrets](#) [#Spontaneous Healing](#) [#Self-Healing Techniques](#)

Uncover the seven powerful secrets to effortlessly achieve the spontaneous fulfillment of your desires. This guide also reveals pathways to harness your body's innate ability for spontaneous healing, transforming your well-being and life outlook.

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Seven Secrets to the Spontaneous Fulfillment of Your Desires

What is it your heart yearns for most? Can you name it? Manifest it out of thin air? Isis believes we certainly can. Out of a wellspring of pure potential Isis takes us on another journey where we become deliberate creators of everything we've ever desired most. There are secrets to mastering the spontaneous fulfillment of your heart's desires. Isis explains manifesting your desires is as effortless as connecting to a Hidden Universal Law that the wisest sages in human history only ever hinted at, yet never fully revealed. In this small, yet concise volume, Isis explains how every day people are learning about this secret law of the Universe to effortlessly tune into receiving their Heart's Desires. A few of the things you'll learn in this book... The Secret Law that activates and automatically reorders the Universe to manifest your heart's desires The hidden truth about why the overtaught Law of Attraction hasn't succeeded in your life. The single greatest addiction that prevents you from encountering a wellspring of abundance, peace and joy in your life. The one piece of advice that is certain to transform your life, now. How to handle it when things don't go the way we expect. The most powerful action you can take to begin co-creating your new reality, right now.

The Spontaneous Fulfillment of Desire

As elegant as his bestselling *How to Know God* and as practical as his phenomenal *The Seven Spiritual Laws of Success*, this groundbreaking new book from Deepak Chopra contains a dramatic premise: Not only are everyday coincidences meaningful, they actually provide us with glimpses of the field of infinite possibilities that lies at the heart of all things. By gaining access to this wellspring of creation, we can literally rewrite our destinies in any way we wish. From this realm of pure potential we are connected to everything that exists and everything that is yet to come. "Coincidences" can then be recognized as containing precious clues about particular facets of our lives that require our attention. As you become more aware of coincidences and their meanings, you begin to connect more and more with the underlying field of infinite possibilities. This is when the magic begins. This is when you achieve the spontaneous fulfillment of desire. At a time when world events may leave us feeling especially insignificant and vulnerable, Deepak Chopra restores our awareness of the awesome powers within us. And through specific principles and exercises he provides the tools with which to create the magnificent, miraculous life that is our birthright.

Synchrodestiny

Dr Deepak Chopra, the bestselling pioneer in mind/body medicine, shows how coincidences are messages about the miraculous potential of each moment. He reveals how, through understanding the forces that shape coincidences, you can learn to live at a deeper level and access the flow of synchronicity that lies at the heart of existence. You can start to transform your life through full-contact living, in which all things will be within your reach. Discover: - That there's no such thing as a meaningless coincidence - The seven principles of synchrodestiny - Practical techniques for applying those principles The seeds of a perfect destiny lie within you. This remarkable book will show you how to release their potential and live a life more wondrous than dreams.

Vegetarian Times

To do what no other magazine does: Deliver simple, delicious food, plus expert health and lifestyle information, that's exclusively vegetarian but wrapped in a fresh, stylish mainstream package that's inviting to all. Because while vegetarians are a great, vital, passionate niche, their healthy way of eating and the earth-friendly values it inspires appeals to an increasingly large group of Americans. VT's goal: To embrace both.

Yoga Journal

For more than 30 years, Yoga Journal has been helping readers achieve the balance and well-being they seek in their everyday lives. With every issue, Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds. We are dedicated to providing in-depth, thoughtful editorial on topics such as yoga, food, nutrition, fitness, wellness, travel, and fashion and beauty.

Daughter of the Yellow River

When Diana Lu was three years old, her world turned upside down. China's Cultural Revolution was under way, and Diana's family was forced to leave their comfortable, educated, middle-class life in the city. They relocated to an impoverished coal-mining village at the edge of the Gobi Desert, where they were to be "re-educated." Life in that remote place was a constant struggle against hunger, cold, and fear.

Diet for a New Life Anthology

For thousands of years, people have tried to tap into the stillness and silence that rests within to discover their deeper selves. In *Secrets of Meditation*, davidji takes you there, demystifying the practice along the way and guiding you on an epic journey into your own consciousness. Whether you are new to meditation, a "crisis meditator", or someone who has been meditating for years, this book will take your practice, and your life, to the next level. In this insightful book, davidji shares his own journey along his path to awakening and examines the positive impact that meditation can have on your physical health, relationships, emotional well-being, and spiritual life. As the secrets to an effortless meditation practice are revealed, you will unlock the door to your own personal journey and discover what is actually supposed to happen when you close your eyes. davidji shares the wisdom of the ages in an accessible and entertaining style —loosening rigid commandments, revealing the five greatest myths of meditation, and illuminating the most powerful rituals to weave a regular practice into your day. *Secrets of Meditation* will have you meditating in minutes and living a happier, easier, and more fulfilling life.

Secrets of Meditation

In *The Ultimate Happiness Prescription*, bestselling author Deepak Chopra shows how to be happy in spite of living in difficult or trying times. By looking through the lens of our contemporary understanding of consciousness, combined with Eastern philosophy, he has created a set of principles for living with ease. The result is an inspiring and instructive journey that leads to a prescription for living life mindfully, with a light heart and with effortless spontaneity - a prescription only Dr Deepak Chopra could write. With words like 'depression' and 'recession' in the air, he underlines the importance of keeping an eye on the positive aspects of life and finding ways to experience joy no matter what is happening to you. This remarkably clear and helpful book explains how to maintain an optimistic outlook and experience the benefits of having a happy heart and soul, no matter what the circumstances.

The Ultimate Happiness Prescription

Understanding the secret code of illness and health Many doctors overlook the seemingly inexplicable tragedies and recoveries that happen in hospitals every day, opting to view them simply as aberrations from the medical norm. In this book, Dr. Marc Siegel draws from his decades of experience treating patients and explores the sometimes miraculous effects that the spirit and emotion can have on disease and healing. The inner pulse is the essence that links the soul to the mind and body, the marker that predicts whether a person's life force is fading or strengthening. This book shows you how to tap into your inner pulse and even how to influence it. Explores how your inner pulse can alert you to what is going on in your body Offers a new perspective on the positive and negative effects of the mind on illness and healing Includes dramatic case stories of Dr. Siegel's work with his own patients—those who have healed and those who have not Exploring the uncanny world where expectation and outcome are driven by a patient's personal intuition, this book will give you a deeper understanding of how the mind relates to disease and how the mind and the body working in sync can help heal.

The Inner Pulse

Build Optimal Energy and Health in Body, Mind, and Spirit Ever wondered why you're feeling out of balance, stressed-out, sick, and exhausted but still can't sleep? Western medicine often ignores the underlying issues that can lead to fatigue, illness, and disease, but there is a way to revitalize your body and mind without drugs or dangerous side effects. Ayurveda, the "science of life," is a complete wellness system that includes all that we associate with medical care — prevention of disease, observation, diagnosis, and treatment — as well as self-care practices that are generally absent from Western medicine. This truly holistic approach considers not just diet, exercise, and genetics but also relationships, life purpose, finances, environment, and past experiences. In this thorough and practical book, Michelle Fondin guides you gently through self-assessment questions designed to zero in on your needs and the best practices for addressing them, such as eating plans, addiction treatment, detoxification, and techniques for improving relationships. She outlines easy steps you can take, with minimal cost, to heal common ailments such as high blood pressure, heart disease, diabetes, excess weight, anxiety, and depression. These time-tested methods for body, mind, and spirit wellness offer benefits to anyone at any age.

The Wheel of Healing with Ayurveda

The body can heal itself. Spontaneous healing is not a miracle but a fact of biology--the result of the natural healing system that each one of us is born with. Drawing on fascinating case histories as well as medical techniques from around the world, Dr. Andrew Weil shows how spontaneous healing has worked to resolve life-threatening diseases, severe trauma, and chronic pain. Weil then outlines an eight-week program in which you'll discover: - The truth about spontaneous healing and how it interacts with the mind - The foods, vitamins, supplements, and tonic herbs that will help you enhance your innate healing powers - Advice on how to avoid environmental toxins and reduce stress - The strengths and weaknesses of conventional and alternative treatments - Natural methods to ameliorate common kinds of illnesses And much more!

It's Not about Putting Your Foot Behind Your Ear

In the fifth edition of his classic work, Sire offers additional student-friendly features to his introductions to theism, deism, naturalism, Marxism, nihilism, existentialism, Eastern monism, New Age philosophy, and postmodernism.

Spontaneous Healing

Self-leadership is about realizing the power and potential that is in you and everyone you meet. The world needs you now—in your imperfection and in the midst of your formative processes. You do make a difference. The important question is, "What kind of difference do you make?" You are about to set out on an exciting exploration of your inner world. The 12 Steps of Self-Leadership is designed to help you: - identify and overcome the beliefs and behaviours that are holding you back - clarify and leverage your strengths and natural giftings - increase your Difference Making Quotient - live and lead on purpose This transformational guide is relevant at any stage of your life or leadership journey, and will help you increase your awareness and effectiveness in life, work, and relationships. By fully engaging in the 12 Steps of Self-Leadership you will dramatically increase your Difference Making Quotient and your ability to lead Self and others.

The Universe Next Door

Contributed articles presented at conference organized by Punarnava Ayurveda during January 18-22, 2006 at Mahablipuram, India.

Books Out Loud

An initiatic journey into the Mysteries of the Goddess and humanity's return to an age of peace and celestial light • Details the ceremonies and rituals of initiation into the Fellowship of Isis • Reveals the lost teachings of Jesus about the Divine Mother and Father and how the goddess Sophia is connected to Mary Magdalene as the Female Christ • Explores the many archetypes of the Goddess, including Isis, Brigit, and the Black Madonna, and how we can transform into Homo luminous, spiritual beings of light Called through her dreams by the Priestesses of Isis, Tricia McCannon set out on a spiritual journey into the Mysteries of the Goddess. After a fateful encounter with a high initiate of the ancient Fellowship of Isis, she began researching the history of Judaism and Christianity to find out how and when the Divine Feminine became lost. She discovered a forgotten age when the Creator was honored as female and humanity lived in peaceful societies completely free of war. She shows how we can return to an age of peace and celestial light if we work to bring the masculine and feminine energies of the world back into balance. Sharing her journey into the heart of the Divine Mother, McCannon details her initiation into the Fellowship of Isis, a process rich with ceremony, ritual, and myths of the Goddess from ancient Egyptian, Celtic, Greek, Hebrew, and Native American traditions. She reveals how the many archetypes of the Goddess, including Isis, Ishtar, Brigit, and the Black Madonna, can become our allies for self-transformation. She explores Mysteries at the heart of Christianity that have remained hidden for nearly 2,000 years and how the Gnostic goddess Sophia is tied to the Second Coming, Mary Magdalene, and the Female Christ. She reveals the lost teachings of Jesus about the Divine Mother and Father and about the Divine Daughter and Son. Through her story and her in-depth research, McCannon takes us on a journey to awaken the creative power of the Divine Feminine within each of us. Equipped with the teachings of the Goddess, we gain the mastery to overcome the deeply rooted masculine-feminine imbalance of the patriarchy and to embark into the future as Homo luminous, beings of light.

12 Steps of Self-Leadership

THE DIVINE MATRIX Are the miracles that we see in the quantum world actually showing us our greatest possibilities rather than our scientific limits? Could the spontaneous healing of disease, an instant connection with everyone and everything, and even time travel, be our true heritage in the universe? There is a place where all things begin, the place of pure energy that simply "is." In this quantum incubator for reality, everything is possible. In 1944, Max Planck, the father of quantum theory, shocked the world by saying that this "matrix" is where the birth of stars, the DNA of life, and everything between originates. Recent discoveries reveal dramatic evidence that Planck's matrix - The Divine Matrix - is real. It is this missing link in our understanding that provides the container for the universe, the bridge between our imagination and our reality, and the mirror in our world for what we create in our beliefs. To unleash the power of this matrix in our lives, we must understand how it works and speak the language that it recognizes. For more than 20 years, Gregg Braden, a former senior aerospace computer systems designer, has searched for the understanding to do just that. From the remote monasteries of Egypt, Peru, and Tibet to the forgotten texts that were edited by the early Christian church, the secret of the Divine Matrix was left in the coded language of our most cherished traditions. It is verified in today's science. In this paradigm-shattering book, Gregg shares what he's found. Through 20 keys of conscious creation, we're shown how to translate the miracles of our imagination into what is real in our lives. With easy-to-understand science and real-life stories, Gregg shows us that we're limited only by our beliefs, and what we once believed is about to change!

International Conference on Ayurveda, where Science Meets Consciousness

Discover the keys to a life of success, fulfillment, wholeness and plenty We live in a time of fear and insecurity, wrapped up in a mindset of lack, scarcity and limitation. Too often we focus on the things we don't have and allow our egos to drive our thoughts, actions and reactions, preventing us from reaching something greater. Now is the time for change, to reset our focus and strive for life's unbounded possibilities. In Abundance, master of modern meditation Deepak Chopra illuminates the path to abundance, helping readers become agents of change in their own lives. Demonstrating how to work past self-generated feelings of limitation and fear and providing meditations to help you focus

and direct your attention and intuition, this is your guide to a life of stability, prosperity, insight, creativity, love and true power.

The Writers Directory

Monthly current affairs magazine from a Christian perspective with a focus on politics, society, economics and culture.

Return of the Divine Sophia

Deida explores the most important issues in men's lives--from career and family to women and intimacy to love and spirituality--to offer a practical guidebook for living a masculine life of integrity, authenticity, and freedom.

The Divine Matrix

The healer introduced to readers in Andrew Weil's landmark bestseller "Spontaneous Healing\

Abundance

What would it mean to discover that everything from the DNA of life, to the future of our world, is based upon a simple Reality Code—one that we can change and upgrade by choice? New revelations in physics and biology suggest that we're about to find out! A growing body of scientific evidence suggests that our universe works like a Consciousness Computer. Rather than the number codes of typical software, our Consciousness Computer uses a language that we all have, yet are only beginning to understand. Life's reality code is based in the language of human emotion and focused belief. Knowing that belief is our reality-maker, the way we think of ourselves and our world is now more important than ever! For us to change the beliefs that have led to war, disease, and the failed careers and relationships of our past we need a reason to see things differently. Our ancestors used miracles to change what they believed. Today we use science. The Spontaneous Healing of Belief offers us both: the miracles that open the door to a powerful new way of seeing the world, and the science that tells us why the miracles are possible, revealing: why we are not limited by the "laws" of physics and biology as we know them today. Once we become aware of the paradigm-shattering discoveries and true-life miracles, we must think of ourselves differently. And that difference is where the spontaneous healing of belief begins.

ThirdWay

"The Book of Secrets is the finest and most profound of Deepak Chopra's books to date. Want the answers to the secrets of life? Let me recommend that you start right here." —Ken Wilber, author of A Brief History of Everything We all want to know how to find a soul mate, what career would be most fulfilling, how to live a life with meaning, and how to teach our children well. We are looking for a personal breakthrough, a turning point, a revelation that brings with it new meaning. The Book of Secrets—a crystalline distillation of insights and wisdom accumulated over the lifetime of one of the great spiritual thinkers of our time—provides an exquisite new tool for achieving just that. Every life is a book of secrets, ready to be opened. The secret of perfect love is found there, along with the secrets of healing, compassion, faith, and the most elusive one of all: who we really are. We are still mysteries to ourselves, despite the proximity of these answers, and what we most long to know remains lodged deep inside. Because answers to the questions at the center of life are counterintuitive, they are often hidden from view, sequestered from our everyday gaze. In his ongoing quest to elevate our experience, bestselling author Deepak Chopra has isolated fifteen secrets that drive the narrative of this inspiring book—and of our lives. From "The World Is in You" and "What You Seek, You Already Are" to "Evil Is Not Your Enemy" and "You Are Truly Free When You Are Not a Person," The Book of Secrets is rich with insights. It is a priceless treasure that can transport us beyond change to transformation, and from there to a sacred place where we can savor the nectar of enlightenment.

The Way of the Superior Man

A pioneering Harvard psychiatrist uncovers the lost connections between the mind, body and immune system When it comes to understanding the connection between our mental and physical health, we should be looking at the exceptions, not the rules. Dr Jeff Rediger, a world-leading Harvard psychiatrist, has spent the last fifteen years studying thousands of individuals from around the world, examining the stories behind extraordinary cases of recovery from terminal illness. Observing the common

denominators of people who have beaten the odds, Dr Rediger reveals the immense power of our immune system and unlocks the secrets of the mind-body connection. In *Cured*, he explains the vital role that nutrition plays in boosting our immunity and fighting off disease, and he also outlines how stress, trauma and identity affect our physical health. In analysing the remarkable science of recovery, Dr Rediger reveals the power of our mind to heal our body and shows us the keys to good health.

Dr. Fulford's Touch of Life

This is a book you will cherish for a lifetime, for within its pages are the secrets to making all your dreams come true. Based on natural laws that govern all of creation, this book shatters the myth that success is the result of hard work, exacting plans, or driving ambition. Instead, Deepak Chopra offers a life-altering perspective on the attainment of success: When we understand our true nature and learn to live in harmony with natural law, a sense of well-being, good health, fulfilling relationships, and material abundance spring forth easily and effortlessly. Filled with timeless wisdom and practical steps you can apply right away, this pocketbook edition of Chopra's classic bestselling book makes it easy for you to read and refer to again and again. Carry it with you in your purse or your pocket, and in less than one hour, learn the seven powerful principles that can easily be applied to create success in all areas of your life.

Media Review Digest

A practical guide to unlocking the powers of our DNA to manifest health, wealth, and happiness • Shows how our DNA communicates with those around us and attracts resonant energy--whether positive or negative--to us • Reveals groundbreaking scientific research on the influence of DNA on photons as well as the interactions between DNA and emotions • Provides practical exercises to remove negative influences, build positive visualizations of your desires, and accelerate the manifestation of your wishes Taking the law of attraction to an entirely new level, Pierre Franckh reveals how human DNA has a direct effect on the physical world around us--an effect we can consciously focus to manifest our desires. Sharing groundbreaking experiments on the influence of DNA on photons and on the interactions between emotions and DNA, Franckh explains how our thoughts, emotions, and beliefs, whether positive or negative, build a field of resonance around us. Through this quantum field our DNA is continuously communicating our unique vibration to those around us and receiving their unique oscillations in return. By focusing our intentions and removing negativity from our beliefs about ourselves, our past, and our future, we can use our DNA to communicate our thoughts and desires to the universe. Through focused thoughts and intentions we draw the same resonant energy to us, thus bringing our intentions and desires into manifestation. The author shares success stories from the thousands who have taken his seminars and were then able to attract a soul mate, heal themselves or loved ones, or build wealth, sometimes remarkably quickly. He also describes how he discovered the law of resonance through his own self-healing from a degenerative spinal condition. Franckh provides practical exercises to remove inner and outer negative influences that could be blocking your desires, build a positive visualization of your goals, and increase the power of your field of resonance for quicker manifestation. In this inspiring guide to the law of resonance, the author shows how the power to manifest health, wealth, and happiness is within each of us, waiting to be unlocked within our DNA.

The Spontaneous Healing of Belief

Have you ever wondered what it takes to find the love of your life? Is it your dream to find a life partner who will love, cherish, and adore you? The *Soulmate Secret* will show you how to take control of your romantic destiny by using the Law of Attraction. Translated into more than twenty languages, *The Soulmate Secret* has become an international phenomenon. Now with a new preface and a new chapter filled with book-inspired success stories, this book shows finding true love is possible for anyone at any age if you are willing to prepare yourself, on all levels, to become a magnet for love. Arielle Ford knows this from experience. She used the techniques in this book to bring her soulmate into her life at age forty-four. They were engaged three weeks later. This ancient formula reveals that our universe is set up to deliver the people and things into our lives that are consistent with our personal belief system. If you don't believe you will ever find the One, then guess what? You probably won't. If, however, you learn to believe that the One is not only out there but is also looking for you, then true love can be yours. Using a series of processes called feelingizations—feeling in every cell of your being the outcome you want to create—Ford reveals how to manifest the man or woman of your dreams. The techniques, rituals,

and projects found within these pages will allow you to prepare your home, body, mind, and spirit for the lover your heart truly desires.

The Book of Secrets

Everyone wants to be rich, but do you know that there is a SCIENCE OF GETTING RICH. This book explains in simple steps how you can first ready yourself to earn more, without hassles or worries. From the simplest question of who all can actually get rich, to the small steps taken – like developing a will power, showing gratitude, getting into the right business – have been explained in detail, in everyday terms. Read on, and find out the secret behind changing your life and the way you earn.

Cured

How to Master Your Energy so You Can Have What You Desire Christy Whitman, transformational leader, founder of the Quantum Success Coaching Academy, and channel for The Divine Council unfolds the precise steps for bringing about the manifestation of any desire. The book is built around 7 Universal Principles for tapping into the divine energy stream that is the source of all things so that you can have more peace, prosperity, and joy. The Desire Factor shows you how to master your energy so you can create a life that you love despite what's going on around you. When you harness the energy of The Desire Factor, you'll understand: How to transform longing into joyful expectancy What alignment feels like and how to achieve it How to use the power of focus to manifest your desires The role that surrender plays in the manifestation process How to cultivate the energy of having, even before your desire has manifested The secret to infusing your external actions with spiritual power How to attract your desires through the power of love Christy Whitman's philosophy is that YOU are the energy master of your own life; you embody healing energy and have the power to improve your circumstances; you direct this unlimited flow of energy wherever you want, allowing you to manifest; it is your Divine Nature to create—and this creation is invigorating! Whitman has applied her principles of energy mastery to train over three thousand life coaches to take their innate gifts and skills and turn them into profitable fulfilling businesses. And now in The Desire Factor she provides one of the most current, comprehensive, and easy to apply explorations into the realm of energy, and shows you how, by mastering your energy, you can bring any desire into physical form. Order your copy today.

The Seven Spiritual Laws of Success

Includes, beginning Sept. 15, 1954 (and on the 15th of each month, Sept.-May) a special section: School library journal, ISSN 0000-0035, (called Junior libraries, 1954-May 1961). Also issued separately.

The DNA Field and the Law of Resonance

Psychic Self-Defense Dion Fortune - "Psychic Self-Defense" is one of the best guides to detection and defence against psychic attack from one of the leading occult writers of the 20th century. After finding herself the subject of a powerful psychic attack in the 1930's, famed British occultist Dion Fortune wrote this detailed instruction manual on protecting oneself from paranormal attack. This classic psychic self-defence guide explains how to understand the signs of a psychic attack, vampirism, hauntings, and methods of defence. Everything you need to know about the methods, motives, and physical aspects of a psychic attack and how to overcome it is here, along with a look at the role psychic elements play in mental illness and how to recognise them.

The Soulmate Secret

Heal yourself from the inside out Our immune systems can no longer be taken for granted. Current trends in public healthcare are disturbing: our increased air travel allows newly mutated bacteria and viruses to spread across the globe, antibiotic-resistant strains of bacteria outstrip the new drugs that are meant to fight them, deaths due to hospital-acquired infections are increasing, and the childhood vaccinations of our aging population are losing their effectiveness. Now more than ever, our well-being is at a dangerous crossroad. But there is hope, and the solution lies within ourselves. The Healing Self is the new breakthrough book in self-care by bestselling author and leader in integrative medicine Deepak Chopra and Harvard neuroscientist Rudolph E Tanzi. They argue that the brain possesses its own lymphatic system, meaning it is also tied into the body's general immune system. Based on this brand new discovery, they offer new ways of increasing the body's immune system by stimulating the

brain and our genes, and through this they help us fight off illness and disease. Combined with new facts about the gut microbiome and lifestyle changes, diet and stress reduction, there is no doubt that this ground-breaking work will have an important effect on your immune system.

The Science of Getting Rich

What would happen with your life if you discover that you have power over your thoughts? That your reality is influenced by your thoughts. That what you are living is a result of your belief system. How does this knowledge change your daily routine? How would you think after proving that your mind has power over matter and your spirit has power over your mind? This book is about how our beliefs determine our lives. In a general sense, many people understand that. In this book, we will go beyond and develop the idea of how our beliefs actually create our life circumstances. We will leave the subject or thought that we were thrown into this world, and we pick up the thought that we are the ones who create the world we live in and our own reality. The thought that we are able to create our lives just as we want it to be.

The Desire Factor

This antiquarian volume contains a comprehensive treatise on democracy and education, being an introduction to the 'philosophy of education'. Written in clear, concise language and full of interesting expositions and thought-provoking assertions, this volume will appeal to those with an interest in the role of education in society, and it would make for a great addition to collections of allied literature. The chapters of this book include: 'Education as a Necessity of Life'; 'Education as a Social Function'; 'Education as Direction'; 'Education as Growth'; 'Preparation, Unfolding, and Formal Discipline'; 'Education as Conservative and Progressive'; 'The Democratic Conception in Education'; 'Aims in Education', etcetera. We are republishing this vintage book now complete with a new prefatory biography of the author.

Library Journal

Activate the raw power of your subconscious to create the life you've always wanted, using six essential lessons from one of the world's most renowned hypnotherapists in this "nourishing and healing book" (Michael Bernard Beckwith, author of *Spiritual Liberation*). Unsatisfying careers. Volatile, unhealthy relationships. Unfulfilled dreams. Too many of us are living lives that fall short of what we truly desire. But as celebrity hypnotist Kimberly Friedmutter explains in this life-changing book, not only is it possible to design the life of your dreams, but the power to do so already lies within you, in your subconscious mind. The subconscious is the root of your true power and desire; it's your inner child, your authentic self. It is the honest compass that will lead you to a life of happiness, so long as you are able to follow its direction. We all have the power to access it but as we grow up we're taught to stop daydreaming and to follow society's rules, which makes us disconnect from our subconscious, often with tragic results. In *Subconscious Power*, Kimberly guides you through six principles that bring your conscious mind in line with your subconscious desires. She shares practical, three-minute exercises that will help you transform your relationships, find true love, lose weight after years of struggling with the scale, overcome addictions, and achieve new career successes and heights. Featuring inspiring success stories and the practical tools you need to make meaningful change, *Subconscious Power* gives "you a pathway to achieve your goals and dreams in an effective and easily understandable manner. This book will improve your life in ways you never thought of" (David Zelon, producer of *Soul Surfer*).

Psychic Self-Defense

The Healing Self