

marijuana syndromes how to balance and optimize the effects of cannabis with traditional chinese medicine

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Explore how Traditional Chinese Medicine (TCM) provides a holistic framework to understand, balance, and optimize the physiological and psychological effects of cannabis, offering strategies to mitigate common marijuana syndromes and enhance overall well-being.

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marijuana syndromes how to balance and optimize the effects of cannabis with traditional chinese medicine

Introduction to Medical Cannabis by Dr. Stacy D'Andre - Introduction to Medical Cannabis by Dr. Stacy D'Andre by Mayo Clinic 41,158 views 2 years ago 58 minutes - Introduction to the basics of **cannabis medicine**,. Discusses the history of **cannabis**,, the endocannabinoid system, current uses for ...

Biology of Cannabis

Endocannabinoid system

Endocannabinoids

TERPENES

HOW DO YOU TAKE CANNABIS?

ROUTES OF ADMINISTRATION

INTERACTIONS: Cannabis can affect liver

DRUG INTERACTIONS

NAUSEA, APPETITE

Cancer treatment?

THC SIDE EFFECTS

PRECAUTIONS

SUMMARY

The Effects of Cannabis (Marijuana) on the Brain & Body | Huberman Lab Podcast #92 - The Effects of Cannabis (Marijuana) on the Brain & Body | Huberman Lab Podcast #92 by Andrew Huberman 2,908,242 views 1 year ago 2 hours, 47 minutes - In this episode, I discuss **cannabis**, (aka **marijuana**), including the biological mechanisms underlying its **effects**, on the mind and ... Cannabis (Marijuana)

New Huberman Lab Premium Membership

Tool: Non-Sleep Deep Rest (NSDR), Sleep & Anxiety Levels, Thesis, InsideTracker
Momentous Supplements
Cannabis Strains, Psychoactive Compounds: THC & CBD
Sativa vs. Indica, Stimulant vs. Relaxation Effects
Hybrid Cannabis Strains, Type 1, 2 & 3 Strains
AG1 (Athletic Greens)
Naturally Occurring Receptors: Nicotinic & Cannabinoid Receptors (CB1)
THC, CBD vs. Endogenous Cannabinoids, Dependence
Endogenous Cannabinoids, Cannabinoid Receptors & Nervous System Function
Biological Effects of Cannabis
Cannabis Sativa & Subjective Effects: Mood, Stress, Alertness, Paranoia
Cannabis Indica & Subjective Effects, Memory, Dosage
Brain Areas Affected by THC & CBD, Side Effects
Creativity: Convergent vs. Divergent Thinking & Dopamine
Does Cannabis Increase Creativity?
Chronic Cannabis Use & Changes in Speech Patterns
Cannabis & Libido, Dopamine & Prolactin
Cannabis & Hormones: Prolactin, Testosterone, Estrogen & Fertility
Smoking/Vaping Tobacco or Cannabis & Negative Health Consequences
Avoiding Cannabis During Pregnancy/Breastfeeding, Fetal Neural Development
Negative Health Consequences of Cannabis, Anxiety & Depression, Tolerance
Cannabis Use & Adolescence/Young Adulthood, Predisposition to Psychosis
Adolescent Cannabis Use: Brain Development & Mental Health Disorders
Cannabis & Pain Management, Divergent Effects of Cannabis
Zero-Cost Support, YouTube Feedback, Spotify & Apple Reviews, Sponsors, Premium Channel, Momentous Supplements, Neural Network Newsletter, Instagram, Twitter, Facebook, LinkedIn
Effects of Cannabis on your body. - Effects of Cannabis on your body. by Medical Centric 1,033,089 views 2 years ago 4 minutes, 6 seconds - Chapters 0:00 Introduction to **Cannabis**, 0:54 **Effects**, of **Cannabis**, on the Respiratory System 1:33 **Effects**, of **Cannabis**, on the ...
Introduction to Cannabis
Effects of Cannabis on the Respiratory System
Effects of Cannabis on the Circulatory System
Effects of Cannabis on the Central Nervous System
Effects of Cannabis on the Digestive System
Effects of Cannabis on the Immune System
Cannabis & Ancient Chinese Medicine - Pe258 - Cannabis & Ancient Chinese Medicine - Pe258 by Periodic Effects: Cannabis Science Podcast 161 views 1 year ago 54 minutes - Thousands of years and insights lost to **cannabis**, prohibition. What did ancient **Chinese medicine**, know about **cannabis**,? How did ...
Five Things Medical Marijuana Won't Tell You | Medical Marijuana - Five Things Medical Marijuana Won't Tell You | Medical Marijuana by The Wall Street Journal 280,980 views 10 years ago 4 minutes, 6 seconds - Americans may be able to legally smoke **marijuana**, for their **health**, in nearly half the country, but that doesn't mean they're safe ...
TCM Perspective on Marijuana - TCM Perspective on Marijuana by balancemarijuana 2,735 views 13 years ago 3 minutes, 37 seconds - John Mini, M.S.C.M./L.Ac., creator of **Balance**, the Herb, talks about **marijuana**, from the **traditional chinese medicine**, standpoint.
2-Minute Neuroscience: THC - 2-Minute Neuroscience: THC by Neuroscientifically Challenged 183,030 views 3 years ago 2 minutes, 1 second - THC, is the main psychoactive component of **cannabis**,. In this video, I discuss the **effects**, of **THC**, on the nervous system.
Is Marijuana Harmful to Health? Or Helpful? ER Doctor Explains Medical Marijuana & Cannabis - Is Marijuana Harmful to Health? Or Helpful? ER Doctor Explains Medical Marijuana & Cannabis by Doctor ER 79,337 views 4 years ago 8 minutes, 39 seconds - Is **marijuana**, harmful or helpful? A real doctor reacts to extreme **cannabis**, cases he sees in the ER. There are a lot of studies and ...
The Potential Benefits of Medical Marijuana | Dr. Alan Shackelford | TEDxCincinnati - The Potential Benefits of Medical Marijuana | Dr. Alan Shackelford | TEDxCincinnati by TEDx Talks 361,275 views 5 years ago 10 minutes, 22 seconds - Medical marijuana, isn't devil **weed**, or the cure for everything. Find out what it really is, and what it can really do. Dr.Alan ...
Your Body ĩ After Smoking Cannabis for a Month - Your Body ĩ After Smoking Cannabis for a Month

by Chris Notap 25,371,981 views 5 years ago 5 minutes, 28 seconds - This shows what comes out of smoking **Marijuana Weed Cannabis**, Cigarettes for a month and how it could harm your lungs. Sadhguru:This destroys your sperm cells but does something miraculous - Sadhguru:This destroys your sperm cells but does something miraculous by Manash Mishra 409,674 views 3 years ago 4 minutes, 15 seconds - thesadhguruse #motivation #success #happiness #enlightenment -This video was uploaded with the permission of the owner.

Intro

Different kinds of cells

The miracle

Ojas

Super Tuesday Fallout & Media Frenzy, State of the Union & Bernie's Left Turn on No Spin News - Super Tuesday Fallout & Media Frenzy, State of the Union & Bernie's Left Turn on No Spin News by Bill O'Reilly 34,862 views 3 hours ago 23 minutes - Super Tuesday Aftermath, the Absurd Media Reaction, State of the Union Preview, Bernie Sanders' Radical Left, Fighting Obesity, ...

I tried CBD OIL for one year for my ANXIETY - This is what happened. - I tried CBD OIL for one year for my ANXIETY - This is what happened. by Autumn Bates 169,285 views 4 years ago 8 minutes, 12 seconds - I tried **CBD**, oil for one year for my anxiety. Actually, it's definitely been longer than year... regardless, I used **CBD**, oil/hemp oil for ...

The surprising connection between cannabis and mind-body health | Elise Keller | TEDxWindsor -

The surprising connection between cannabis and mind-body health | Elise Keller | TEDxWindsor by TEDx Talks 513,598 views 4 years ago 14 minutes, 56 seconds - NOTE FROM TED: Please do not look to this talk for **medical**, advice. While **cannabis**, and **CBD**, are an emerging field of study, their ...

Mind Body Medicine

Endocannabinoid health factors

Psychoneuroimmunology

What Greening Out Feels Like - What Greening Out Feels Like by ChainsFR 3,771,605 views 1 year ago 6 minutes, 40 seconds - What Greening Out Feels Like Peep da instagram: <https://www.instagram.com/chainsforeal/> getting too high and greening out are ...

The 7 WARNING Signs of a B12 Deficiency - Dr. Berg - The 7 WARNING Signs of a B12 Deficiency - Dr. Berg by Dr. Eric Berg DC 1,852,001 views 2 years ago 10 minutes, 14 seconds - A vitamin B12 deficiency can cause irreversible damage to your nervous system. Find out the warning signs of a vitamin B12 ...

Introduction: Vitamin B12 deficiency

What does vitamin B12 do?

What kind of vitamin B12 to get

The top cause of a vitamin B12 deficiency

How much vitamin B12 do we need?

Symptoms of a vitamin B12 deficiency

Check out my video on vitamin B1!

Cannabis: Uses and Risks | Dr. Andrew Huberman | The Tim Ferriss Show - Cannabis: Uses and Risks | Dr. Andrew Huberman | The Tim Ferriss Show by Tim Ferriss 176,665 views 11 months ago 9 minutes, 39 seconds - cc: @hubermanlab Andrew Huberman, PhD (@hubermanlab), is a neuroscientist and tenured professor in the Department of ...

Cannabis and the Endocannabinoid System - Cannabis and the Endocannabinoid System by Carleton University 85,043 views 2 years ago 3 minutes, 12 seconds - How does **cannabis**, work in the brain? In this video, we will discuss how **cannabis**, products interact with the brains' ...

Intro

Endocannabinoid System

Nucleus Accumbens

Cannabis and the Heart- April 18 2019 - Cannabis and the Heart- April 18 2019 by Cardiac Rehab Alumni Channel 3,440,049 views 4 years ago 58 minutes - Cannabis, and the Heart- Getting into and out of the Weeds. Dr. Oh discusses the different components of **cannabis**, and what the ...

Outline

Cannabis Stories

Potential Effects of THC and CBD

Types of Products and Routes of Use

Stress Cardiomyopathy (Takotsubo)

Drug Metabolism in the Liver

The Effect of Cannabis/Marijuana on Mental Health and is it Addictive? - The Effect of Cannabis/Marijuana on Mental Health and is it Addictive? by UCLA Health 61,879 views 1 year ago 5 minutes, 15 seconds - In this clip of the UCLA BrainSPORT Podcast **Cannabis**, episode, Adel and Maddie Katz Professor and Vice-Chair of Clinical ...

How Marijuana Affects the Brain & Body | Dr. Andrew Huberman - How Marijuana Affects the Brain & Body | Dr. Andrew Huberman by Huberman Lab Clips 5,037,324 views 1 year ago 21 minutes - Dr. Andrew Huberman explains how **cannabis**, affects the brain and body. Dr. Andrew Huberman is a tenured professor of ...

Cannabis For Anxiety - Does CBD Work? - Dr Gill - Cannabis For Anxiety - Does CBD Work? - Dr Gill by Dr James Gill 48,607 views 9 months ago 15 minutes - Does **CBD**, Help Anxiety? Sponsored link to NaturCan <https://bit.ly/44QCXNO> 25% of people in the UK will experience anxiety ...

Reevaluating CBD's Potential in Medicine

Addiction, Anxiety, and the Impact of Cannabis

CBD for Anxiety Management

Review of Studies on CBD's Effect on Anxiety

How CBD Might Influence Anxiety

Using Anxiety Scores

Using CBD for Mild Anxiety

Comparing CBD with Other Over-the-Counter Anxiety Aids

Importance of Sleep Quality in Mental Health

Does CBD Affect Sleep Cycles?

Why Some People Don't React to CBD

Potential of CBD for Treating Anxiety at Its Core

Unknowns and Challenges of CBD Use

Closing Thoughts

This Is Your Body On Cannabis - This Is Your Body On Cannabis by Institute of Human Anatomy 9,246,186 views 1 year ago 16 minutes - ____ This Is Your Body On **Cannabis**, ____ In this video, Justin from the Institute of Human Anatomy discusses the ...

Intro

Cannabinoid Receptors

CB1

The Complexity of Biology

CB2

The Endocannabinoids

The Exocannabinoids

Where Does the High Come From?

Putting It All Together

Cannabis as a Natural Treatment for Autism - Cannabis as a Natural Treatment for Autism by Freethink 156,878 views 4 years ago 7 minutes, 7 seconds - When **typical medications**, simply aren't doing enough to manage their children's symptoms, mothers like Jenni Mai are turning to ...

CBD, Delta-8 and Delta-9 THC: What You Need To Know - CBD, Delta-8 and Delta-9 THC: What You Need To Know by Cordant Health Solutions 44,727 views 1 year ago 17 minutes - Presented by: Cynthia Whiteman MS, D-ABFT-FT, Scientific and Operations Development Director Join us for an educational ...

Intro

CBD

Delta8

Target Consumers

Safety

Farm Bill

Final Ruling

What Do We Know

Testing Considerations

Can Delta8 THC Cause a Positive Delta9 THC

Cannabis and its effect on mental health - Cannabis and its effect on mental health by Demystifying Medicine McMaster 339,500 views 3 years ago 8 minutes, 40 seconds - Cannabis, is a well known drug which is known to alter the mind and body. It is also known as "**pot**," "**weed**," "**ganja**", "**marijuana**," ...

Introduction

Effects

The body

Pros and cons

Dr. Amen: Marijuana Alters Our Brain Negatively and SPECT Scan Redefines Mental Illness - Dr. Amen: Marijuana Alters Our Brain Negatively and SPECT Scan Redefines Mental Illness by Dr. Yang Health Talks 13,989 views 1 year ago 43 minutes - In this week's video, Dr. Yang sits down with Dr. Amen, clinical neuroscientist, child, and adult psychiatrist, and founder of Amen ...

About Dr. Amen

Dr. Amen's take on Mental Health

How does marijuana affect the brain?

What is SPECT Scan?

How does SPECT Scan help doctors choose medications?

What are the differences among brain imaging technology?

Does insurance cover the SPECT Scan?

How does Marijuana injure the brain?

Risks of legalizing Marijuana and Medical Marijuana

The mental health challenges for doctors, patients, and society

Marijuana impacts people's health and society

help people quit Marijuana

help people's mental health after quitting Marijuana.

the Pandemic Impact on brain function

long-covid impact on people's mental health

Dr. Amen's new book - You, Happier (His point of view on being happy from biological, psychological, social, and spiritual contexts)

Cases of marijuana-related illness on the rise | GMA - Cases of marijuana-related illness on the rise | GMA by ABC News 3,022,502 views 8 months ago 3 minutes, 50 seconds - Experts believe that CHS, the mysterious and rare **marijuana**, -related illness, is caused by an overstimulation of certain ...

Stomach illness stemming from marijuana use on the rise - Stomach illness stemming from marijuana use on the rise by CBS Evening News 262,448 views 7 years ago 2 minutes, 27 seconds - In states where **marijuana**, is legal, doctors are seeing increase in a violent illness that causes severe abdominal pain and ...

How Medical Marijuana Works, and Which Conditions It Treats | Doctor ER - How Medical Marijuana Works, and Which Conditions It Treats | Doctor ER by Doctor ER 7,742 views 4 years ago 8 minutes, 26 seconds - A real **medical**, doctor, Jordan Wagner explains how **medical marijuana**, is used to treat chronic pain, illnesses, and the ...

Intro

What is the endocannabinoid system

The history of medical benefits

Hemp vs Cannabis

Medical Marijuana Research

Is Medical Marijuana Safe

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August 2021). "Marijuana and Breastfeeding". Centers for Disease Control and Prevention. Retrieved 14 November 2021. "Cannabis", Drugs and Lactation Database... 233 KB (25,363 words) - 02:21, 13 March 2024

and smoke traditional tobacco cigarettes less often, but are more likely to consume marijuana and electronic cigarettes. Americans who grew up in the... 254 KB (29,404 words) - 22:53, 22 February 2024