

eight mindful steps to happiness walking the buddhas path henepola gunaratana

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Gunaratana, Henepola ; Eight Mindful Steps to Happiness: Walking the Path of the Buddha · (Paperback - English - 9780861711765) · 331.000 ; Loving-Kindness in Plain ...

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Bhante Henepola Gunaratana became a monk at age eleven, and Eight Mindful Steps to Happiness displays the depth of his more than sixty years of practice.

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Gunaratana, Henepola - OpenTrolley Bookstore Indonesia

15 Jun 2001 — Eight Mindful Steps to Happiness: Walking the Path of the Buddha. By Gunaratana, Henepola. Paperback - English. The sequel to "Mindfulness in ...

Eight Mindful Steps to Happiness: Following the Buddha's ...

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Language:English Topic:Buddhism / Theravada, Mindfulness ...

Eight Mindful Steps to Happiness | Book by Henepola ...

18 Oct 2021 — Eight mindful steps to happiness : walking the path of the Buddha. by: Gunaratana, Henepola, 1927-. Publication date: 2001. Topics: Eightfold ...

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