the bhagavad gita

#bhagavad gita #hindu scripture #krishna arjuna wisdom #yoga philosophy #indian spiritual text

The Bhagavad Gita is a profound ancient Hindu scripture, revered globally for its timeless spiritual wisdom. This epic dialogue between Lord Krishna and the warrior Arjuna explores dharma, duty, devotion, and the path of yoga, offering deep philosophical insights into human existence. It serves as a cornerstone of Indian spiritual teachings, guiding millions toward self-realization and inner peace.

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The Bhagavad Gita

In the Bhagavad Gita, Prince Arjuna asks direct, uncompromising questions of his spiritual guide on the eve of a great battle. In this expanded edition of the most famous —and popular — of Indian criptures, Eknath Easwaran contextualizes the book culturally and historically and explains the key concepts of Hindu religious thought and the technical vocabulary of yoga. Chapter introductions, notes, and a glossary help readers understand the book's message. Most importantly, this translation uses simple, clear language to impart the poetry, universality, and timelessness of the Gita's teachings.

Bhagavad Geeta

Commentary on 'The Bhagavad Geeta' by Swami Mukundananda

The Bhagavad Gita

This is a masterful translation of the "Bhagavad Gita\

Bhagavad Gita (in English)

If there is one book that can claim to provide the solution to all problems of humanity, it is the holy Bhagavad Gita. Simply reading this book and comprehending the life-changing, ageless, and profound wisdom contained in its 701 magnificent verses is enough to change the path of one's life and bring it to the peak of perfection. That is why, after hearing this transcendental discourse of Lord Krishna, Arjuna exclaims to Him, "O Achyuta (The Changeless One), my delusion is destroyed, and my memory (about one's true identity) has been regained by me through Your grace. I am firmly situated; my doubts are gone. I will now act according to Your word." [Bhagavad Gita 18.73] The Bhagavad Gita is not a religious book and is not intended to be read and acted upon by the adherents of a particular religion. It's a guidebook for life; a how-to manual. It is a medicine for the infected souls of the Kali-Yuga, the dark age.

And there is no religion in medicine. The Bhagavad Gita is the most sacred conversation ever between Lord Krishna and his friend Prince Ariuna just before the beginning of the great war of Mahabharata. on the holy battlefield of Kurukshetra, where the Lord enlightens a bewildered Arjuna about the biggest truths of the universe. This dialogue is considered to contain the nectar of all Vedic scriptures, the most ancient scriptures of the world. By reading the Bhagavad Gita, you will discover answers to the most important questions in life, such as: - Who are you? - What is your purpose in life and how to fulfill that purpose? - Is there a God? If yes, who is God, and how to know and reach Him? - Is God one or many? - What is your relationship with God? - What is death and why you do not need to fear death? - What happens after death? - Do heaven and hell exist? - Is reincarnation real? - What is Yoga? What are the different types of Yoga? How to be a Yogi? - How does the Law of Karma work? - Why are we all living life the wrong way? And how you can live your life the right way? - How to see yourself and your life from the right perspective? - How to master your mind and get rid of negative emotions like worry, fear, anger, jealousy, and sadness for good? - How to be always happy? - What is the most perfect method of meditation? Hari Chetan's translation of the Bhagavad Gita is the outcome of his two decades of experience in the field of Vedic philosophy. The following are some of the distinguishing aspects of this English translation: - All the verses of the Bhagavad Gita are accurately translated from the original Sanskrit texts. - The translations are presented in their authentic form, free from any sectarian bias. -The translations are kept simple without sacrificing accuracy, essence, and spirit. - The gaps arising while translating verses from Sanskrit to English have been taken care of to preserve the intended meaning of each verse. - Context has been given due importance while establishing the meaning of each word with the aim of providing correct interpretation. - To facilitate self-explanatory translations, additional explanations are given in parentheses in the verses. - Additional explanations are provided in the form of notes at appropriate places. - The historical background of Mahabharata is included for perfect understanding. - To help you test your understanding, a printable workbook is included. All of this adds up to a complete translation of the holy Bhagavad Gita in English. Read This Book to Uncover The Secret Wisdom of the Bhagavad Gita and Change Your Life Forever!

The Bhagavad Gita

The life and times of India's most famous spiritual and literary masterpiece The Bhagavad Gita, perhaps the most famous of all Indian scriptures, is universally regarded as one of the world's spiritual and literary masterpieces. Richard Davis tells the story of this venerable and enduring book, from its origins in ancient India to its reception today as a spiritual classic that has been translated into more than seventy-five languages. The Gita opens on the eve of a mighty battle, when the warrior Arjuna is overwhelmed by despair and refuses to fight. He turns to his charioteer, Krishna, who counsels him on why he must. In the dialogue that follows, Arjuna comes to realize that the true battle is for his own soul. Davis highlights the place of this legendary dialogue in classical Indian culture, and then examines how it has lived on in diverse settings and contexts. He looks at the medieval devotional traditions surrounding the divine character of Krishna and traces how the Gita traveled from India to the West, where it found admirers in such figures as Ralph Waldo Emerson, Henry David Thoreau, J. Robert Oppenheimer, and Aldous Huxley. Davis explores how Indian nationalists like Mahatma Gandhi and Swami Vivekananda used the Gita in their fight against colonial rule, and how contemporary interpreters reanimate and perform this classical work for audiences today. An essential biography of a timeless masterpiece, this book is an ideal introduction to the Gita and its insights into the struggle for self-mastery that we all must wage.

The Bhagavadg+t

For years, this edition of the Bhagavad G+t has allowed all those with a lively interest in this spiritual classic to come into direct contact with the richness and resonance of the original text. Winthrop Sargeant's interlinear edition provides a word-for-word English translation along with the devanagari characters and the transliterated Sanskrit. Detailed grammatical commentary and page-by-page vocabularies are included, and a complete translation of each section is printed at the bottom of each page, allowing readers to turn the pages and appreciate the work in Sargeant's translation as well. Discussions of the language and setting of the G+t are provided and, in this new edition, editor Christopher Key Chapple offers guidance on how to get the most out of this interlinear edition. Long a favorite of spiritual seekers and scholars, teachers and students, and lovers of world literature, Sargeant's edition endures as a great resource for twenty-first-century readers.

The Bhagavad G+t

In this companion to his best-selling translation of the Bhagavad Gita, Easwaran explores the essential themes of this much-loved Indian scripture. Placing the Gita in a modern context, Easwaran shows how this classic text sheds light on the nature of reality, the illusion of separateness, the search for identity, and the meaning of yoga. The key message of the Gita is how to resolve our conflicts and live in harmony with the deep unity of life, through the principles of yoga and the practice of meditation. Easwaran grew up in the Hindu tradition and learned Sanskrit from an early age. A foremost translator and interpreter of the Gita, he taught classes on it for forty years, while living out the principles of the Gita in the midst of a busy family and community life. In the Gita, Sri Krishna, the Lord, doesn't tell the warrior prince Arjuna what to do: he shows Arjuna his choices and then leaves it to Arjuna to decide. Easwaran, too, shows us clearly how these teachings still apply to us – and how, like Arjuna, we must take courage and act wisely if we want our world to thrive.

Essence of the Bhagavad Gita

The Bhagavad-Gita. With the commentary of Sri Sankaracharya.

Bhagavad-Gita as it is

The Bhagavadgita is one phase of the Tripod of Indian philosophy and culture, the other two phases being the Upanishads and the Brahmasutras. While the Upanishads lay the foundation of the loftiest reach possible for humanity and the Brahmasutras logically elucidate the intricate issues involved in the Upanishads, the Bhagavadgita blends together the Transcendent and the Immanent features of the Ultimate Reality, bringing together into an integrated whole knowledge and action, the inner and the outer, the individual and the society, man and God, all which are portrayed as facets of a universal Operation, presenting entire life and all life as a perfectly complete organic wholeness, leaving nothing unsaid and attempting to solve every problem of life.

The Bhagavad-Gita

A sloka-by-sloka interpretation of a great work by a great sage. The Bhagavad Gita is perhaps the greatest work of practical Indian philosophy. Among the various interpretations of the Bhagavad Gita, the one by Mahatma Gandhi holds a unique position. In his own words, his interpretation of the Bhagavad Gita is designed for the common man – "who has little or no literary equipment, who has neither the time nor the desire to read the Gita in the original, and yet who stands in need of its support." Gandhi interpreted the Bhagavad Gita, which he regarded as a gospel of selfless action, over a period of nine months from February 24th to November 27th, 1926 at Satyagrah Ashram, Ahmedabad. The morning prayer meetings were followed by his discourses and discussions on the Bhagavad Gita.

Classics of Indian Spirituality

This contemporary companion to the Bhagavad Gita addresses the heart of human yearning. T offers the possibility of transforming the battle of life into a path to Truth, a living process. Each chapter presents a road toward our inner, universal Self, bringing a deeper and wider perspective along the way. A psychological orientation invites the reader to move from abstract idea to individual insight. As the book proceeds, the relationship between the personal and the eternal gradually unfolds in an ever-expanding process of self-discovery. Quotes from the great teachers are included in the text to inspire, uplift and help us cross over the sea of illusion.

The Bhagavad Gita

This is a collection of careful, objective, historically sensitive studies of modern commentators on the Bhagavadgita, one of the basic scriptures of Hinduism, and one which has been widely read in the modern West. Experts on modern Indian religious thought show how Ghandi, Vivekananda, Radhakrishnan, Bhaktivedanta, Aurobindo, Tilak, Bhave, Sivananda, the Theosophists, and Bhankim read, used and interpreted the Gita. Collectively, the essays display the different backgrounds and orientations of the major Indian thinkers of our time. An Introduction and a Conclusion provide a perspective on the thinkers and identify common themes which are part of modern emphases.

The Bhagavad Gita

The Bhagavad Gita is an ancient Sanskrit scripture with universal appeal that has been read for centuries, but its full meaning is little understood by Western culture. Even those with an encyclopedic knowledge of the Bible find it difficult to apply the Gita's practical lessons to daily living. Vijay Kumar Saxena unveils the mysteries of the text, including what it says about human nature and the "supreme secret" behind everything animate and inanimate in the universe. Learn what the Gita says about questions such as: Why do negative emotions often dominate our nature? Why do we behave as we behave? How can we convert our existential living into living with substance, meaning, and purpose? What is the universal truth of all religions? The author also explores whether there is a way to live life as naturally as a boat floats on a calm sea--cruising ahead and enjoying time with friends--with ample time to be who we want to be. Discover the powerful truths hidden in an ancient, sacred text and appreciate what it means to be human when you Feel the Bhagavad Gita.

The Bhagavad Gita and Inner Transformation

Vimala Thakar gave a series of inspiring talks on the Bhagavad Gita in three separate seminars, during 1992 and 1993 in Italy. To her, Bhagavad Gita is sacred because it deals with the organic wholeness of life and the inbuilt complexity of life and affirms the interplay between the microcosm and macrocosm. Moreover, persuades us to remain united with the ultimate reality, not only to intellectual understanding but through everything that we do, at every moment.

The Bhagavad Gita Explained

The Bhagavad Gita has been called India's greatest contribution to the world. For more than five thousand years, this great scripture has shown millions in the East how to fill their lives with serenity and love. In these pages, Jack Hawley brings these ancient secrets to Western seekers in a beautiful prose version that makes the story of the Gita clear and exciting, and makes its truths understandable and easy to apply to our busy lives. The Gita is a universal love song sung by God to His friend man. It can't be confined by any creed. It is a statement of the truths at the core of what we all already believe, only it makes those truths clearer, so they become immediately useful in our daily lives. These truths are for our hearts, not just our heads. The Gita is more than just a book, more than mere words or concepts. There is an accumulated potency in it. To read the Gita is to be inspired in the true sense of the term: to be "inspirited," to inhale the ancient and ever-new breath of spiritual energy.

Modern Indian Interpreters of the Bhagavad Gita

This is a scriptural commentary of Lahiri Mahasaya on The Bhagavad Gita. 1. Bisad Yoga: Arjuna's (Seeker's) Melancholy 2. Sankhya Yoga: Knowledge of the Self 3. Karma Yoga: Action 4. Jnan Yoga: Knowledge and Wisdom 5. Karma-Sanyas Yoga: Action and Renunciation 6. Avyas Yoga: Practice 7. Jnan-Bijnan Yoga: Knowledge and Realization 8. Akshara-Brahma Yoga: The Eternal Self 9. Raja Vidya Raja Gujya Yoga: The Supreme Science and The Supreme Secret 10. Bibhuti Yoga: The Divine Glories 11. Biswarupa Darsan Yoga: The Universal Form of The Self 12. Bhakti Yoga: Devotion 13. Kshetra and Kshetrajna: The Prakriti-Purusha Yoga 14. Gunatraya Bibhag Yoga: Threefold Qualities 15. Purushottam Yoga: The Supreme Person 16. Daibasura Sampad Bibhag Yoga: The Divine and Demoniacal Properties 17. Shraddhatraya Bibhag Yoga: The Threefold Respect 18. Moksha Yoga: Liberation

Feel the Bhagavad Gita

The Bhagavad Gita is a unique literary creation but deciphering its meaning and philosophy is not easy or simple. This careful study of the Bhagavad Gita approaches the ancient text with a modern mind and offers a unifying structure which is of a universal relevance. Combining the philosophical-theoretical with the ethical-practical, Ithamar Theodor locates his study within comparative theology and identifies the various layers of meaning. The full text of the Bhagavad Gita is presented in new translation, divided into sections, and accompanied by in-depth commentary. This book makes the Bhagavad Gita accessible to a wide variety of readers, helping to make sense of this great spiritual classic which is one of the most important texts of religious Hinduism.

Insights into The Bhagavad Gita

Rarely in a lifetime does a new spiritual classic appear that has the power to change people's lives and transform future generations. This is such a book. The Essence of the Bhagavad Gita Explained by

Paramhansa Yogananda shares the profound insights of Paramhansa Yogananda, author of Autobiography of a Yogi, as remembered by one of his few remaining direct disciples, Swami Kriyananda. This revelation of India's best-loved scripture approaches it from an entirely fresh perspective, showing its deep allegorical meaning and also its down-to-earth practicality. The themes presented are universal: how to achieve victory in life in union with the divine; how to prepare for life's "final exam," death, and what happens afterward; how to triumph over all pain and suffering. This book is itself a triumph. Swami Kriyananda worked with Paramhansa Yogananda in 1950 while the Master completed his commentary. At that time Yogananda commissioned him to disseminate his teachings world-wide. Kriyananda has in his lifetime lectured, taught, and written eighty-five books based on Yogananda's teachings. The Essence of the Bhagavad Gita, Kriyananda's eighty-sixth book, is the crowning achievement of his highly productive life. In this, his masterpiece, he declares, "Yogananda's insights into the Gita are the most amazing, thrilling, and helpful of any I have ever read."

The Bhagwat Gita

Why does one face sorrow and problems in life? What can allay the anxiety and stress inherent in the materialistic modern society? How can one get in touch with higher consciousness and strike a balance between the spiritual and worldly goals? If you are looking for answers to questions like these and searching for ways to empower your life, begin the quest with this volume, which presents the essence of one of the world's most sacred texts in a simple and easy-to-understand manner. The Bhagavad Gita, a treasure trove of divine wisdom, was shared by Lord Krishna with Arjuna, the Pandava prince, at the battlefield of Kurukshetra, right before the Mahabharata or the 'Great War' began. It comprises 700 Sanskrit shlokas translated into English, which inspire one to seek and understand the profound truths of life through the ancient principles of Karma Yoga (the art of work), Gyan Yoga (the art of knowledge) and Bhakti Yoga (the art of devotion). These eternal principles help to live life to the fullest, so that one can work better, think better and live better by tapping into higher consciousness, accessing the spiritual dimension and nurturing the pure self. The Teachings of Bhagavad Gita is a perfect source to discover the art of self-empowerment by exploring the various facets of this most sacred text and imbibing its all-encompassing wisdom to attain unending joy, peace and success.

The Bhagavad Gita

A comprehensive summary of The Bhagavad Gita with references from Upanishads and other sources. The chapter summaries provide deep spiritual insights into the teachings of Lord Krishna. Important verses from the original text have been quoted both in Sanskrit and English.

The Bhagavad Gita

The Bhagavad Gita is a 700-verse Hindu scripture in Sanskrit that is part of the Hindu epic Mahabharata. The Bhagavad Gita's call for selfless action inspired many leaders of the Indian independence movement including Bal Gangadhar Tilak and Mohandas Karamchand Gandhi. Gandhi referred to the Gita as his "spiritual dictionary". The Gita is set in a narrative framework of a dialogue between Pandava prince Arjuna and his guide and charioteer Krishna. Facing the duty as a warrior to fight the Dharma Yudhha or righteous war between Pandavas and Kauravas, Arjuna is counselled by Krishna to "fulfill his Kshatriya (warrior) duty as a warrior and establishing Dharma." Inserted in this appeal to kshatriya dharma (chivalry) is "a dialogue [...] between diverging attitudes concerning and methods toward the attainment of liberation (moksha)". The Bhagavad Gita presents a synthesis of the Brahmanical concept of Dharma, theistic bhakti, the yogic ideals of moksha through jnana, bhakti, karma, Raja Yoga and Samkhya philosophy.

Exploring the Bhagavad Gita

At last, an edition of the Bhagavad Gita that speaks with unprecedented fidelity and clarity, letting the profound beauty and depth of this classic shine through. It contains an unusually informative introduction, the Sanskrit text of the Bhandarkar Oriental Research Institute's critical edition, an accurate and accessible English translation, a comprehensive glossary of names and epithets and a thorough index.

The Essence of the Bhagavad Gita

The Bhagavad Gita, also called The Song of the Lord, is a 700-line section of a much longer Sanskrit war epic, the Mahabharata, about the legendary conflict between two branches of an Indian ruling family. Framed as a conversation between Krishna, an incarnation of the god Vishnu, and a general of one of the armies, the Gita is written in powerful poetic language meant to be chanted. Equally treasured as a guide to action, a devotional scripture, a philosophical text, and inspirational reading, it remains one of the world's most influential, widely read spiritual books. The Bhagavad Gita According to Gandhi is based on talks given by Gandhi between February and November 1926 at the Satyagraha Ashram in Ahmedabad, India. During this time—a period when Gandhi had withdrawn from mass political activity—he devoted much of his time and energy to translating the Gita from Sanskrit into his native Gujarati. As a result, he met with his followers almost daily, after morning prayer sessions, to discuss the Gita's contents and meaning as it unfolded before him. This book is the transcription of those daily sessions. From the Trade Paperback edition.

The Teachings of Bhagavad Gita

My first acquaintance with the Gita began in 1888-89 with the verse translation by Sir Edwin Arnold known as the Song Celestial. On reading it, I felt a keen desire to read a Gujarati translation. And I read as many translations as I could lay hold of. But all such reading can give me no passport for presenting my own translation. Then again my knowledge of Sanskrit is limited, my knowledge of Gujarati too is in no way scholarly. How could I then dare present the public with my translation? It has been my endeavor, as also that of some companions, to reduce to practice the teaching of the Gita as I have understood it. The Gita has become for us a spiritual reference book. I am aware that we ever fail to act in perfect accord with the teaching. The failure is not due to want of effort, but is in spite of it. Even though the failures we seem to see rays of hope. The accompanying rendering contains the meaning of the Gita message which this little band is trying to enforce in its daily conduct. --Mahatma Gandhi Wilder Publications is a green publisher. All of our books are printed to order. This reduces waste and helps us keep prices low while greatly reducing our impact on the environment.

The Bhagavad Gita Sri Krishna Arjuna Samvaada: A Study

The Bhagavad-Gita has been an essential text of Hindu culture in India since the time of its composition in the first century A.D. One of the great classics of world literature, it has inspired such diverse thinkers as Henry David Thoreau, Mahatma Gandhi, and T.S. Eliot; most recently, it formed the core of Peter Brook's celebrated production of the Mahabharata.

The Bhagavad Gita

The Bhagavad Gita, the classic spiritual text more than five thousand years old, has often been called India's greatest contribution to the world. In these pages, Jack Hawley presents the essence of the Gita's teachings in a format accessible to modern readers. The book is organized into chapters that address five important questions spiritual seekers have been grappling with for millennia: Who am I? Why am I here? Who, or what, is the Divinity many call "God"? What is my relationship to that Divinity? Is it even possible to live a spiritual life, and if so, how? Each chapter begins with an introduction by Jack Hawley. The teachings from the Gita follow, arranged under headings relevant to today's seekers, such as "Being the Real You," "Seeing Divinity in Ordinary Humans," and "Finding Happiness." The ancient wisdom of the Bhagavad Gita lives on, helping us today as it has helped countless millions of people through the ages.

The Bhagavad Gita

The Bhagavad Gita is the Gospel of Hinduism. This important Hindu scripture dates back to 200 BC and its title directly translates to The Song of God. Part of the ancient Sanskrit epic, Mahabharata, this 700-verse Hindu scripture is a narrative between Arjuna, the Pandava prince, and his guide, Sri Krishna. Set on the Kurukshetra battlefield, Arjuna contemplates the ethics and morality of war. Often seen as an allegory for the philosophical struggles of life, the battlefield provides the perfect context for Krishna's advice regarding Karma, yoga, moksha, divine glory, and other fundamentals of Hinduism. The chapters featured in this volume include: - The Sorrow of Arjuna - The Yoga of Knowledge - The Way to Eternal Brahman - The Yoga of Mysticism - Divine Glory - The Vision of God in His Universal Form - Devotion to the Supreme Spirit - Three Kinds of Faith This ancient religious text holds a powerful contemporary message and is an important and respected Hindu scripture.

The Bhagavad Gita According to Gandhi

The Bhagavad Gita is one of the most influential spiritual texts of ancient India. In Perennial Psychology of the Bhagavad Gita, Swami Rama makes this classic scripture accessible to all students by vividly drawing out the psychological concepts found within. The teachings in this book are based on the understanding that the outside world can be mastered only when one's inner potentials are systematically explored and realized. With the guidance and commentary of Himalayan Master Swami Rama, you can explore the wisdom of the Bhagavad Gita, which allows one to be vibrant and creative in the external world while maintaining a state of inner tranquility. This commentary on the Bhagavad Gita is a unique opportunity to see the Gita through the perspective of a master yogi, and is an excellent version for practitioners of yoga meditation. Spiritual seekers, psychotherapists, and students of Eastern studies will all find a storehouse of wisdom in this volume.

The Bhagavad Gita According to Gandhi

This brilliant edition of Bhagavad Gita is both traditional and contemporary at once. Replete with original Devanagari script, word-for-word transliteration, and English translation of the text, Swami Tripurari's commentary brings to light the spiritual emotion of Krishna and Arjuna as they discuss the nature of enlightened life. This timeless text of inspired verse sheds light on the esoteric significance of the Gita by way of explaining it in the context of Krishna's entire divine life.

The Bhagavad-Gita

The Bhagavad Gita, the greatest devotional book of Hinduism, has long been recognized as one of the world's spiritual classics and a guide to all on the path of Truth. It is sometimes known as the Song of the Lord or the Gospel of the Lord Shri Krishna. According to Western scholarship, it was composed later than the Vedas and the Upanishads – probably between the fifth and second centuries before Christ. It is a fragment, part of the sixth book of the epic poem The Mahabaratha. The Mahabaratha tells of the Pandavas, Prince Arjuna and his four brothers, growing up in north India at the court of their uncle, the blind King Dhritarashtra, after the death of their father, the previous ruler. There is always great rivalry between the Pandavas or sons of Pandu and the Kauravas, the one hundred sons of Dhritarashtra. Eventually the old king gives his nephews some land of their own but his eldest son, Duryodhana, defeats Yudhisthira, the eldest Pandava, by cheating at dice, and forces him and his brothers to surrender their land and go into exile for thirteen years. On their return, the old king is unable to persuade his son Duryodhana to restore their heritage and, in spite of efforts at reconciliation by Sanjaya, Dhritarashtra's charioteer; by Bheeshma, his wise counsellor; and even by the Lord Krishna himself, war cannot be averted. The rival hosts face each other on the field of Kurukshetra. It is at this point that The Bhagavad Gita begins. When Prince Arjuna surveys the battlefield, he is overwhelmed with sorrow at the futility of war. The teachings of The Bhagavad Gita are spoken by the divine Lord Krishna, who is acting as the prince's charioteer. They are overheard by Sanjaya and reported back to King Dhritarashtra. When Krishna has finished speaking to Arjuna, the two armies engage. The battle lasts eighteen days and by the end of it nearly all of the warriors on both sides are dead save Krishna and the five sons of Pandu.

Essential Wisdom of the Bhagavad Gita

A comprehensive manual for living a spiritual life, based on a verse-by-verse commentary on India's timeless scripture – from the author of its best-selling translation. This ebook includes all three volumes in this series. The Bhagavad Gita is set on the battlefield of an apocalyptic war between good and evil. Faced with a dire moral dilemma, the warrior prince Arjuna turns in anguish to his spiritual guide, Sri Krishna, for answers to the fundamental questions of life. Easwaran points out that Arjuna's crisis is acutely modern. The Gita's battlefield is the struggle for self-mastery that every human being must wage. Arjuna represents each of us, and Sri Krishna is the Lord, instructing us in eighteen chapters of lofty wisdom as we face the social, environmental, and global challenges that threaten our world today. Easwaran is a spiritual teacher and author of deep insight and warmth. His verse-by-verse commentary interprets the Gita's teachings for modern readers, explaining the Sanskrit concepts and philosophy and applying them with practicality, wisdom, and humor to every aspect of our work, our relationships, and our lives. With everyday anecdotes, stories, and examples, he shows that the changes we long to see in the world start with the transformation of our own consciousness. The practical exercises recommended by Easwaran to achieve transformation are part of a spiritual program he developed for his own life. They are accessible to people from all backgrounds and cultures. Urging us to adopt a

higher image of the human being, he assures us that peace and unity are within reach. Each volume of this series covers six chapters of the Gita. Each may be read on its own, but all three volumes together form an in-depth, verse-by-verse explanation of this ancient scripture and its relevance today. Included are instructions in Easwaran's universal eight-point program of passage meditation. Volume 1: The first six chapters of the Gita explore the concept of the innermost Self and source of wisdom in each of us. Easwaran explains how we can begin to transform ourselves, even as householders engaged in busy lives. Volume 2: The next six chapters of the Gita go beyond the individual Self to explore the Supreme Reality underlying all creation. Easwaran builds a bridge across the seeming divide between scientific knowledge and spiritual wisdom, and explains how the concept of the unity of life can help us in all our relationships. Volume 3: The final six chapters put forth an urgent appeal for us to begin to see that all of us are one – to make the connection between the Self within and the Reality underlying all creation. Global in scope, the emphasis is on what we can do to make a difference to heal our environment and establish peace in the world. Easwaran's commentary is for all students of the Gita, whatever their background, and for anyone who is trying to find a path to wisdom, love, and kindness in themselves and our troubled world. Written as an authoritative, accessible guide to a much-loved scripture, it is a handbook for finding peace and clarity within. This second edition incorporates revisions made across all three volumes following the author's final instructions.

Bhagavad Gita - The Song of God

Among the several modern commentaries on the Gita, this one is unique in the sense it is both down to earth and fascinatingly erudite. In explaining every verse, the author, the 13th President of Ramakrishna Math and Ramakrishna Mission, relates its real connotation and significance to not only what Shankaracharya said in his introduction to the Gita, or how Sri Ramakrishna and Swami Vivekananda interpreted it in terms of practical Vedanta, but also how it conforms to the thinking of some of the greatest Greek philosophers like Socrates, Plato, and Aristotle. The author also takes the readers on an enlightening voyage of discovery, where they meet Buddha, Mahavir, Tao, Christ and most of the thinkers in the West and he relates their thought by an ingenious interaction with the message of Sri Krishna. Even scientists like Einstein, famous neurologists like Charles Sherrington and poets like Wordsworth and Shelley and philosophers like Julian Huxley and Bertrand Russell are brought in by the author to give the readers an in-depth understanding of this great scripture. The author weaves every verse into the requirements of modern life and throws light on how man should lead his life while involved in his daily chores and fulfil his duties in accordance with the philosophy of action as taught by Sri Krishna. The book contains the Sanskrit slokas in Devanagari script, their English transliteration, simple meaning in English followed by explanation in English.

Perennial Psychology of the Bhagavad Gita

The Bhagavad Gita, literally "The Song of God," is one of the most important spiritual and religious texts of the world, and is to Hindus what the Torah is to Jews, the Bible to Christians, and the Quran to Muslems. With text, translation, and Sri Aurobindo's commentary, this is probably the finest translation and commentary on the Bhagavad Gita that we have seen.

The Bhagavad Gita

The Bhagavad Gita is the single greatest theological and philosophical text to come out of ancient India. It addresses life's most difficult dilemmas, such as how to deal with adversity and how to find peace of mind while living in a tumultuous world. This brand new translation into English is unique in that it complements the text's ancient wisdom with inspirational illustrations. Translator Ranchor Prime has transformed an often obscure original text into language that retains the Bhagavad Gita's poetry, yet is clear and easy to understand for today's readers. His commentaries explain concepts of Hindu philosophy, for instance, karma and reincarnation, which are fundamental to the reader's overall understanding. The Bhagavad Gita is arranged as a conversation consisting of questions and answers between God--or Krishna--and the human soul, represented by Arjuna. This translation presents all 700 verses of the original text, divided into 18 chapters, and taking the form of 140 daily meditations. The book also includes a glossary of Hindu terms and an index. Approximately 120 beautiful color illustrations capture the spirit of this holy text.

The Bhagavad Gita

A finalist for the Publishers' Marketing Association Spiritual Book of the Year Award, this modern translation and commentary makes the deep spiritual truths of India's timeless classic available to the Western mind in a way never before thought possible. As it is said, The wisest man makes the difficult seem simple. The book includes every verse of the Bhagavad Gita and can also serve well as a lively, enjoyable textbook.

The Bhagavad Gita for Daily Living, Volume 1

Universal Message of the Bhagavad Gita

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