

Handbook Of Counseling And Psychotherapy With Older Adults 1st Edition

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This essential 1st edition handbook offers comprehensive insights and practical strategies for mental health professionals engaging in counseling and psychotherapy with older adults. It explores unique challenges, effective therapeutic approaches, and evidence-based interventions tailored to the specific needs of the aging population, making it an invaluable resource for enhancing geriatric mental healthcare.

Students benefit from organized study guides aligned with academic syllabi.

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Handbook of Counseling and Psychotherapy with Older Adults

With the graying of society, therapists are seeing more and more older clients. In this book, editor Michael Duffy brings together leading experts to explain the unique problems of older adults and describe effective treatment techniques.

Handbook of Behavioral and Cognitive Therapies with Older Adults

The purpose of this book is to disseminate "best practice" models of treatment for the common mental health problems of late life, so that evidence-based practice will become the norm (rather than the exception) when working clinically with older adults. Each chapter contains reviews of the empirical literature focusing on studies conducted with elders; then they emphasize how CBT can be applied most effectively to that specific patient population. Case studies illuminate practice recommendations, and issues of diversity are likewise highlighted whenever possible.

Talking Over the Years

How can we work effectively with older people? What contribution can be made by the field of psychodynamics? It is now recognised that older adults can benefit from psychodynamic therapy and that psychodynamic concepts can help to illuminate the thorny issues of aging and the complications of later life. Talking Over the Years begins by examining how ideas of old age are represented by the key psychodynamic theorists of the twentieth century including Freud, Jung, Klein and Winnicott. Contributors go on to draw on their own experiences in a range of settings to demonstrate the value of psychodynamic concepts in clinical practice, covering subjects such as: brief and long-term

work with individuals, couples and groups the expressive therapies: art, music, dance and movement ethical considerations training, supervision and support sexuality. Illustrated by a wealth of clinical material, *Talking Over the Years* increases psychodynamic awareness, helping practitioners become more sensitive to their patients' needs to the benefit of both the patient and the professional.

Handbook of the Clinical Psychology of Ageing

The first authoritative reference on clinical psychology and aging, the *Handbook of the Clinical Psychology of Ageing* was universally regarded as a landmark publication when it was first published in 1996. Fully revised and updated, the Second Edition retains the breadth of coverage of the original, providing a complete and balanced picture of all areas of clinical research and practice with older people. Contributions from the UK, North America, Scandinavia and Australia provide a broad overview of the psychology of aging, psychological problems (including depression, anxiety, psychosis, and dementia), the current social service context, and assessment and intervention techniques.

CBT for Older People

Going beyond simple procedural modifications, this is the first book to address how the application of gerontology to CBT practice can augment CBT's effectiveness and appropriateness with older people. Taking you step-by-step through the CBT process and supported by clinical case examples, therapeutic dialogue, points for reflection and hints and tips, the book examines: - basic theoretical models in CBT and how to relate them to work with older people - main behavioural interventions and their practical application - social context and relevant theories of aging - implications of assessment, diagnosis and treatment - issues of anxiety, worry and depression, and more specialist applications of CBT for chronic illnesses - latest developments, thinking and empirical evidence. This is an invaluable companion for any clinical psychology, counselling, CBT/IAPT, and social care trainee or professional new to working with older people, especially those who are keen to understand how the application of CBT may be different. Professor Ken Laidlaw is Head of the Department of Clinical Psychology, University of East Anglia.

The Oxford Handbook of Clinical Geropsychology

"The Oxford Handbook of Geropsychology provides students and experienced clinicians and clinical researchers alike with a comprehensive and contemporary overview of developments in the field of geropsychology. Informed by an international perspective, the introductory section covers demographics, meta-analyses in geropsychology, social capital and gender, cognitive development, and ageing. Sections on assessment and formulation include chapters on interviewing older people, psychological assessment strategies, capacity and suicidal ideation, and understanding long term care environments. Psychological distress and their causes are reviewed with chapters focusing upon late-life depression and anxiety, psychosis, and personality disorders. In this section, neuropsychiatric approaches to working with older people and risk factors relating to cognitive health are reviewed. Intervention strategies covered include cognitive-behavioural therapy (CBT), interpersonal psychotherapy (IPT), acceptance and commitment therapy (ACT), and family therapy. Interprofessional teamwork and aspects of work with persons with dementia (PwD), caregivers, and care staff, are also covered. Chapters on interventions address specific populations such as lesbian, gay, bisexual and transgender older persons, people with physical and psychological comorbidities, and those experiencing grief and bereavement. Finally, this Handbook explores new horizons, including positive ageing, exercise and health promotion, and the use of new media such as online and virtual reality interactive technologies in clinical research and practice with older adults." -- From the Amazon

The First Session with Seniors

The First Session with Seniors is an essential resource for clinicians who work with the growing population of senior citizens. Filled with illustrative real-life case examples, the book offers practical clinical guidelines for diagnosing, obtaining background information, uncovering hidden issues, and collaborating on goals-all within the first (and often only) fifty-minute session. Author Forrest Scogin, an expert in geropsychology, addresses the myriad and complex issues common to older clients including chronic dependency, medically-related substance abuse, and the problems of loss and grief.

Counselling and Psychotherapy with Older People in Care

The global population is ageing rapidly yet there is a shortage of skilled professionals able to support the wellbeing of older people in care. Older people can be more vulnerable to mental health issues such as loneliness, anxiety, grief, loss, and cognitive changes, and need therapeutic support that addresses their specific needs and conditions. This supportive guide for psychotherapists, counsellors and other professionals working with older people, addresses the growing demand for mental health services for older adults. It covers a range of issues that arise within this demographic including residential living, the referral process, assessment and engagement, and attitudes towards ageing, while contextualising these issues within larger social and political frameworks. The author describes specific interventions such as Narrative Therapy, Reminiscence Therapy, Acceptance and Commitment Therapy and Cognitive Behavioural Therapy with practical case studies woven in throughout the book.

Handbook of Clinical Behavior Therapy with the Elderly Client

Although we speak of "the elderly" as if there were one body of people with common characteristics, older adults are more heterogeneous than any other population. People over the age of 65 are also the fastest-growing segment of the population in the United States, currently numbering 25 million. The majority of older adults reside in their communities; a small fraction of them are cared for in institutions. Most may expect to experience some kind of physical impairment. Approximately a quarter of the population may expect to suffer a mental health impairment. While traditional therapies have not been especially effective for older adults, behavior therapy has shown exceptional promise as a treatment modality. This book presents a comprehensive explication of the relatively new field of behavioral gerontology. It was written for the clinician interested in the interaction of medical, environmental, and psychological variables and their effects on treatment of elderly clients and for the researcher who will be looking to extend knowledge about interventions with this population. It will be useful for the graduate student in clinical psychology, as well as the experienced clinician, who will want to include the elderly in his or her therapeutic population.

Counselling Older Adults

Presents an approach derived from the author's use of gestalt therapy

Handbook of Emotional Disorders in Later Life

Although perceptions of ageing have changed over the last few decades, for practitioners working with older people, emotional problems remain a major factor of health and happiness in later life. This handbook provides a concise guide to best practice in therapy with older people, for a wide range of mental health professionals.

Clinical Gerontology

Here is a major text in psychogeriatrics for all professionals in the field of aging and mental health. Leading authorities provide valuable insights into assessment and intervention techniques for use with the mentally impaired elderly. Topics include a depression scale for use in later life, family therapy, therapy in later life, and various issues concerning mental health care for the aged.

Counseling the Older Adult

An invaluable, step-by-step guide for understanding the basic problems and concerns of the growing population of adults over the age of 65. Based on years of clinical research and testing, this book provides a thorough review of critical information on older adults, the aging process, and mental health issues. Organized into a useful workbook format, the book is filled with brief lectures, quizzes, exercises, and sample forms. These training materials are designed to help counselors build the interpersonal skills needed to provide aid and comfort for senior citizens requiring psychological services.

Psychotherapy for Depression in Older Adults

The first book in the new Wiley Series on Geropsychology, *Psychotherapy for Depression in Older Adults* is a practical resource created by a team of international luminaries in the field. Developed in conjunction with the Gerontology Center of the University of Colorado, this expert guide provides evidence-based treatment approaches for alleviating depression in older adults.

A Guide to Psychotherapy and Aging

Includes an English translation of the report on world, regional, and national economic conditions submitted to the Romanian Parliament, with a summary of the Bank's monetary and foreign exchange policies and a report of its activities for the year covered.

The Praeger Handbook of Mental Health and the Aging Community

A comprehensive book written by experienced practitioners, this single-volume work describes clinical competencies, specific challenges, and applications in providing services to the elderly and their caregivers. More people are living past age 65 than ever before in the United States, largely due to medical care advances and increased attention to preventive care. The number of people aged 65 and older has increased from 35 million in 2000 to 40 million in 2010, and the elderly population is expected to reach 72 million by 2030. Additionally, the American Psychological Association estimates at least 20 percent of all people aged 65 and older have a diagnosable mental disorder. There is a clear need to provide additional training support to those in the field of elder care as well as those who are friends or family members of older adults. Written by a team of experts each specializing in an aspect of elder care, *The Praeger Handbook of Mental Health and the Aging Community* is a single-volume text that addresses the training needs of mental health care providers serving the aging population. It offers holistic and integrated models of care after presenting an in-depth explanation of the brain, body, social, and emotional changes across aging that can trigger psychological disorders. The chapters pay attention to issues of diversity and culture in America's aging population; present an integrated care model to serve all of the needs of mentally ill elders; include numerous case studies to demonstrate how approaches can be utilized; and discuss topics such as disability, poverty, and the legal and ethical ramifications of elder care.

Handbook of Clinical Psychology of Ageing

This handbook focuses on the key areas in the psychology of ageing: Problems associated with later life development and change Emotional problems and depression associated with loss of physical health and with losses and changes in the areas of social relationship and personal identity The important clinical context of service delivery, including community care, family care-giving and institutional aspects A broad range of therapeutic orientations, including cognitive-behavioural, psychodynamic, and family therapy approaches. "It is hard to do justice to the breadth of material in this book...I have found the reading of it both stimulating and enlightening, despite believing that I was familiar with most of the topics, and have no doubt that I will be using it for reaching and reference purposes into the next millennium... if there is one book a Clinical Psychologist working with older people needs...this is it!" Steve Boddington, *International Journal of Social Psychiatry*

Ageing and Older Adult Mental Health

This book examines the issues and implications that mental health professionals face when dealing with ageing and older adults. The book focuses on the biological, psychological and cultural influences that impact on the work of mental health practitioners who work with this client group. Based on current empirical research and evidence-based practical issues this book explores topics including: ageing and dementia elder abuse caring for older adults depression and ageing the paradox of ageing how older adults are key to the success of future generations. Throughout the book the contributors emphasise.

Providing Home Care for Older Adults

A practical guide to providing home-based mental health services, *Providing Home Care for Older Adults* teaches readers how to handle the unique aspects of home-based care and apply and adapt evidence-based assessment and treatment within the home-based setting. Featuring contributions from experienced, board-certified home care psychologists, social workers, and psychiatrists, the book explains the multifaceted role of a home-based provider, offers concrete and practical considerations for working within the home, and highlights adaptations to specific evidence-based methods used in treating homebound older adults. Also covered are special topics related to hoarding, safety, capacity evaluations, caregivers, case management, and use of technology. Each chapter includes engaging case examples with practical tips that illustrate what it is like to work in this new and exciting frontier. Psychologists, counselors, and other mental health practitioners in home settings will be able to use this guide to provide effective home-based care to older adults.

Handbook of Psychosocial Interventions with Older Adults

In the past decade, evidence based practice (EBP) has emerged as one of the most important movements to improve the effectiveness of clinical care. As the number of older adults continues to grow, it is essential that practitioners have knowledge of effective strategies to improve both the medical and the psychosocial aspects of older persons' lives. The purpose of this work is to present systematic reviews of research-based psychosocial interventions for older adults and their caregivers. The interventions presented focus on a variety of critical issues facing older adults today including medical illnesses (cardiac disease, diabetes, arthritis/pain, cancer, and HIV/AIDS), mental health/cognitive disorders (depression/anxiety, dementia, substance abuse), and social functioning (developmental disabilities, end-of-life, dementia caregivers, grandparent caregivers). For each of these areas the prevalence of the problem, the demographics of those affected, and the nature and consequences of the problem are discussed. The empirical literature is then reviewed. A treatment summary highlights the type and nature of research supporting the interventions reviewed and is followed by a conclusion section that summarizes the status of intervention research for the specified issue. A Treatment Resource Appendix for each area is included. These appendices highlight manuals, books, articles and web resources that detail the treatment approaches and methodologies discussed. This book was previously published as a special issue of the Journal of Gerontological Social Work.

Handbook of the Psychology of Aging

The Handbook of the Psychology of Aging has become the definitive reference source for information on the psychology of adult development and aging. The Fifth Edition provides comprehensive reviews of research on biological and social influences on behavior and age-related changes in psychological function. In addition to covering environmental influences on behavior and aging and gender differences in aging, new chapters in the Fifth Edition discuss wisdom, creativity, and technological change and the older worker. This handbook is an essential reference for researchers in adult development and gerontology and suitable as an advanced textbook for courses on the psychology of aging.

Psychotherapy with Older Adults

The third edition of this practical guide for experienced therapists and students in clinical training brings together contemporary gerontological theory, research and clinical experience with the elderly.

Counselling Older Clients

‘This is a warm, compassionate, wise book, the crystallization of Anne Orbach’s many years experience of psychotherapy and counselling with the elderly people. It opens up many vistas, questions and creative possibilities for work in this field’ - British Journal of Psychotherapy
‘Counselling Older Clients is a handbook for practitioners, trainers and student counsellors who are interested in the experience of ageing and old age. The book offers a good beginning and a functional training tool for practitioners new to the field’ - Ageing and Society
‘This book is wise for its years! Offers so much to all of us - not just those of us working with the ‘elderly’ There is something to delight, inform and challenge everyone’ - Quality in Ageing
‘.... invaluable to those in counselling training, for carers working with the older age group and for experienced counsellors who maybe interested in working with older clients’ - Healthcare Counselling and Psychotherapy Journal
Counselling Older Clients is a much-needed guide for practitioners working with older clients in a range of settings. Highlighting the stereotypes and prejudices which frequently exist around ageing, Ann Orbach gives practical advice on how to develop an approach to counselling which is both age-affirmative and thoroughly in tune with the needs of older clients. The book explores the difficulties which people commonly experience as they get older and through examples, shows how clients can be helped in areas such as: -adjusting to retirement -the loss of a partner -coming to terms with ageing. Examining different methods of working with older clients, including brief and open-ended contracts and the use of stories to facilitate the therapeutic process, Counselling Older Clients is invaluable reading for counsellors and other professionals working with older people.

Cognitive Behaviour Therapy with Older People

Cognitive Behaviour Therapy (CBT) is now well established as an effective treatment for a range of mental health problems, but for clinicians working with older clients, there are particular issues that need to be addressed. Topics covered include the need to build a therapeutic relationship, dealing

with stereotypical thinking about ageing, setting realistic expectations in the face of deteriorating medical conditions, maintaining hope when faced with difficult life events such as the loss of a spouse, disability, etc., and dealing with the therapist's own fears about ageing. Illustrated throughout with case studies, practical solutions and with a troubleshooting section, this is essential reading for all clinical psychologists, psychiatrists and related health professionals who work with older people. * Authors are world authorities on depression and psychotherapy with older people * First book to be published on CBT with older people * Case studies and examples used throughout to illustrate the method and the problems of older people

Clinician's Guide to Interpersonal Psychotherapy in Late Life

Interpersonal Psychotherapy for Cognitive Impairment (IPT-ci) aims to improve coping skills of older adults. It builds on traditional Interpersonal Psychotherapy, an evidence-based treatment that has been found useful in treating depressed elders. Cognitive impairment, a common occurrence in the older population due to disease or age-related causes of changes in brain function, calls for additional strategies to optimize functioning. IPT-ci seeks to help older patients and their caregivers manage the effects of cognitive impairment, particularly in the early phase when behavior changes are often misunderstood, as well as to plan for potential future declines in cognitive functioning. Part I offers an overview of IPT principles and the development of IPT-ci, as well as essential background information for those new to the field of clinical geriatrics. Chapters on late-life depression, cognitive impairment/dementia, and executive function provide key points of reference for working with this population. Part II demonstrates the IPT-ci approach from the initial interview through long-term follow up. Special attention is paid to the role of concerned family members or caregivers and the role transition they are going through becoming caregivers. This guide is replete with case examples, numbered for easy reference and representing a range of patients and issues. Detailed analysis clarifies the application of IPT-ci elements. Clinicians will find this guide a practical resource for treating older patients and assisting their caregivers from the first visit to lifelong management.

Counseling Older Persons

Recognized experts in theory, research, and practice review and analyze historical achievements in research and practice from counseling psychology as well as outline exciting agendas for the near-future for the newest domains of proficiencies and expertise.

The Oxford Handbook of Counseling Psychology

Social class is a pervasive facet of all lives, regardless of one's own social class and status. One would think its ubiquity would make it necessary for all helping professionals to understand social class and discuss it in therapy and research. Yet social class and classism are one of the most confusing and difficult concepts to understand and integrate into research and counseling practice--mostly due to the relative lack of psychological theories, research, and quantitative data. Fulfilling this need, this handbook summarizes and synthesizes available research on social class and classism in counseling practice and research areas. The 32 chapters included offer up-to-date, fascinating, and provocative applications of social class and classism, as seasoned chapter authors provide an overview of theories related to social class and classism and its application toward research, education, training, and practice. Chapters include comprehensive coverage of: - lifespan issues related to social class, such as unique aspects of social class and classism in the lives of children, adolescents, and older adults - how social class is studied and empirically understood through research, assessment, and practice - implications of social class in career counseling, psychological assessment and diagnosis, and the therapy relationship - how social class is implicated in positive psychology, career and work psychology, and health psychology - social class and classism and its connection to whiteness, racism, sexual orientation, religion and spirituality, and social justice This book offers the first compendium of counseling related resources on social class and classism and will be a comprehensive, must-have reference for professionals and academics in counseling psychology and related fields for years to come.

Handbook of Clinical Behavior Therapy with the Elderly Client

Focusing on the broad but practical notions of how to care for the patient, The Encyclopedia of Elder Care, a state-of-the-art resource features nearly 300 articles, written by experts in the field. Multidisciplinary by nature, all aspects of clinical care of the elderly are addressed. Coverage includes

acute and chronic disease, home care including family-based care provisions, nursing home care, rehabilitation, health promotion, disease prevention, education, case management, social services, assisted living, advance directives, palliative care, and much more! Each article concludes with specialty web site listings to help direct the reader to further resources. Features new to this second edition: More extensive use of on-line resources for further information on topics Thoroughly updated entries and references Inclusion of current research in geriatrics reflecting evidence-based practice New topics, including Assisted Living, Nursing Home Managed Care, Self-Neglect, Environmental Modifications (Home & Institution), Technology, Neuropsychological Assessment, Psychoactive Medications, Pain--Acute and Chronic Still the only reference of its kind, The Encyclopedia of Elder Care will prove to be an indispensable tool for all professionals in the field of aging, such as nurses, physicians, social workers, counselors, health administrators, and more.

The Oxford Handbook of Social Class in Counseling

A Handbook of Geriatric Neuropsychology: Practice Essentials (Second Edition) brings together experts in the field to integrate the knowledge and skills needed to understand and treat older adults who are experiencing problems with memory and other thinking skills. With three new sections, including coverage of other conditions beyond neuropsychological disorders, special assessment contexts, and more on interventions and ethics, as well as multiple new chapters, and significant updates from the first edition, this book provides a strong foundation for clinicians, educators, and researchers invested in the wellbeing of older adults. The impact and experience of aging, like the practice of neuropsychology, evolves over time. Similarly, through advances in science and professional techniques, neuropsychological practice has continued to evolve. Neuropsychological evaluation remains the most effective method of diagnosing age-related cognitive decline, cognitive difficulties that result from psychological factors, and other related disorders, as well as determining how the various disorders impact functioning and quality of life. This book explores these areas and offers state-of-the-art assessment techniques to assess changes in cognition and behavior and to distinguish normal changes from neuropathology. This book is a go-to resource and key reference for psychologists who serve older adults with known or suspected cognitive problems, as well as those who are invested in promoting brain wellness. It provides much of the information needed to establish and improve foundational and functional competencies in geriatric neuropsychology and establish practices that are personally and professionally rewarding, all aimed at promoting the understanding and wellbeing of older adults.

The Encyclopedia of Elder Care

At a time when the mental health difficulties/disorders of the elderly are coming to the fore of many practitioners' patient rosters, naming and treating those problems is still too often handled as an art as much as a science. Inconsistent practices based on clinical experience and intuition rather than hard scientific evidence of efficacy have for too long been the basis of much treatment. Evidence-based practices help to alleviate some of the confusion, allowing the practitioner to develop quality practice guidelines that can be applied to the client, identify appropriate literature that can be shared with the client, communicate with other professionals from a knowledge-guided frame of reference, and continue a process of self-learning that results in the best possible treatment for clients. The proposed volume will provide practitioners with a state-of-the-art compilation of evidence-based practices in the assessment and treatment of elderly clients. As such it will be more clinically useful than anything currently on the market and will better enable practitioners to meet the demands faced in private and institutional practice. Focusing on the most current research and best evidence regarding assessment, diagnosis, and treatment, the volume covers difficulties including, but not limited to: social isolation/loneliness, elder abuse/neglect, depression and suicidal inclinations, anxiety disorders, substance abuse, dementias, prolonged bereavement, patients with terminal illnesses. Because concrete research evidence is so often not used as the basis for practice, this book provides a timely guide for clinicians, social workers, and advanced students to a research-oriented approach to serving the mental health needs of elderly adults. Fully covers assessment, diagnosis & treatment of the elderly, focusing on evidence-based practices Consolidates broadly distributed literature into single source and specifically relates evidence-based tools to practical treatment, saving clinicians time in obtaining and translating information and improving the level of care they can provide Detailed how-to explanation of practical evidence-based treatment techniques Gives reader firm grasp of how to more effectively treat patients Chapters directly address the range of conditions and disorders most common for this patient population - i.e. social isolation, elder abuse/neglect, depression, anxiety disorders,

terminal illnesses/disabilities, bereavement, substance abuse, and dementias Prepares readers for the conditions they will encounter in real world treatment of an elderly patient population Cites numerous case studies and provides integrative questions at the end of each chapter Exposes reader to real-world application of each treatment discussed Offers reader easy base for further study of subject, saving clinicians time

A Handbook of Geriatric Neuropsychology

Rehabilitation psychology is one of the fastest growing fields in applied psychology. In this book the editor has successfully brought together a range of well established international and experienced researchers and practitioners to provide a guide to best practice, clinical management, and the wider professional themes and issues.

Evidence-Based Counseling and Psychotherapy for an Aging Population

Building on the success of the first edition, this substantially revised and extended new edition is set to remain the most in-depth and wide-ranging book available on person-centred psychotherapy and counselling. The book is thoroughly updated to reflect the latest trends in theory and practice:

- It extends its coverage of professional settings and applications, including brand new chapters on children, older people, arts-based therapies, addiction and bereavement.
- It engages systematically with urgent contemporary issues, such as evidence-based practice, political and medical discourses, and theoretical integration.
- It uses case illustrations, therapist-client dialogues, points of reflection and further resources to bring person-centred therapy to life for the reader, in a user-friendly way.
- It includes contributions by an increasingly extensive group of writers, thinkers, teachers and practitioners.

Readings in Psychotherapy with Older People

As demographic trends shift toward an aging population, there is a growing need for improved mental health treatment for older adults. With depression as the leading mental health concern in later life, one of the greatest challenges for treatment providers is the wide variability of life circumstances that accompany depressive symptoms for clients across outpatient mental health, integrated primary care, and inpatient psychiatric settings. *Treating Later-Life Depression: Clinician Guide* outlines culturally responsive practices that target the contexts and drivers/antecedents of depression in middle-aged and older adults. Clinicians can choose research-supported modules from the accompanying Workbook that fit the needs of their clients (i.e. chronic pain, sleep problems, anxiety, experiences of loss). This practical guide reflects continuing international scientific and clinical advances in applying CBT to age-related problems using individual and group formats, with clinician-tested recommendations for telehealth practice. With the flexible clinical tools provided in this guide, practitioners can personalize the application of change strategies, including behavioral activation, relaxation training, self-compassion, cognitive reappraisal, and communication skills training among others. Case examples are also provided from a range of disciplines (e.g., clinical psychology, psychiatry, social work, counseling, marriage and family therapy, nursing, occupational therapy and recreational specialists) to illustrate application in busy clinical practices. The guide closes with aging-friendly assessment tools and other resources to support ongoing professional development. *Treating Later-Life Depression, Clinician Guide* is an indispensable resource for all behavioral health providers who wish to help diverse aging clients thrive effectively and efficiently in a daily life that is true to their values and personal strengths.

The Oxford Handbook of Rehabilitation Psychology

This comprehensive resource responds to a growing need for theory and multidisciplinary integrative research in adult and gerontological health. *Handbook of Aging and Mental Health* brings together, for the first time, diverse strategies and methodologies as well as theoretical formulations involving psychodynamic, behavioral, psychosocial, and biological systems as they relate to aging and health. Forward-thinking in his approach, Lomranz provides the mental health, adult developmental, and geriatric professions with a single reference source that covers theory construction, empirical research, treatment, and multidisciplinary program development.

The Handbook of Person-Centred Psychotherapy and Counselling

This comprehensive resource responds to a growing need for theory and multidisciplinary integrative research in adult and gerontological health. *Handbook of Aging and Mental Health* brings together,

for the first time, diverse strategies and methodologies as well as theoretical formulations involving psychodynamic, behavioral, psychosocial, and biological systems as they relate to aging and health. Forward-thinking in his approach, Lomranz provides the mental health, adult developmental, and geriatric professions with a single reference source that covers theory construction, empirical research, treatment, and multidisciplinary program development.

Treating Later-Life Depression

Building on the success of *Working with the Elderly and their Carers*, this new edition pursues an in depth understanding of therapy with older people. A wide range of clinical material and 3 new chapters draw on developments in psychodynamic theory and the author's experience to offer valuable insights for trainees and experienced practitioners.

Handbook of Aging and Mental Health

Counseling the Older Adult