

Download Successful Football Betting Geoff Harvey

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Successful Football Betting

'From a punter's point of view, there has never been a better time to get into football betting.' So says Geoff Harvey, backing his assertion with numerable examples and all the while describing many different methods of making the game pay handsomely. Packed full of good sense, detailed research and unique insights, Successful Football Betting also debunks many betting strategies that appear to be common sense yet consistently lose. Also author of Successful Spread Betting, Harvey brings his expertise to bear in this sphere as well as comprehensive analysis of fixed odds betting opportunities and pitfalls. This remarkable book focuses on changing the mind-set of the football punter and lucidly describes areas of bookmaker vulnerability, which, although constantly changing, are always there for the shrewd punter.

Successful Matched Betting

Matched betting has been the quiet phenomena (although now highly publicised) of betting. It now accounts for an incredible £45m a week and is rising inexorably. Geoff Harvey, author of Successful Spread Betting and Successful Football Betting, has compiled the first-ever guide to describe the opportunities and pitfalls of electronic one-to-one gambling. Successful Matched Betting is a clear, concise yet comprehensive guide to the most modern, low-margin form of betting available. The author succinctly explains why anyone who bets simply has to discover the potential of matched betting. He details the basics and then goes on to explore the many areas where strategies can be applied to maximise returns. As the bookmaker is acting much more transparently as a broker there is no 'us and them' mentality much prevalent with ordinary fixed-odds bookmakers, so the angle is quite different from other books of this nature. The contents are arranged under key principles of matched betting. While it features examples from all sports, they are presented so that the reader gains a clear grasp of the principles underlying this most modern form of betting - and, most importantly, how to do it well. The emphasis is always towards the potential of matched betting over fixed-odds in whichever sphere is chosen.

Following on from his previous work *Successful spread betting*, the author divulges his expertise in the area of fixed-odds football coupons. High street bookmakers tend to be associated with horse racing where the theoretical payback is between 75 and 80%. But with football the payback is a theoretical 89%. Moreover, through reading the information and formulae that the author provides and taking the best prices offered by different companies, the backer can increase this to over 95%. Whether you are only interested in waging a speculative one pound a week in the hope of a huge payout or intend to commit considerable time and energy in a quest to beat the bookmaker, it makes good sense to put your money on a football coupon.

Successful Spread Betting

A collection of the most challenging, spectacular, and unusual golf holes hidden amongst Britain's 4,000 courses--this book will inspire, amuse, and captivate the imagination of golfers everywhere. Complete with more than 300 high-quality photographs, every hole in this gorgeously illustrated sporting guide also comes with an outlined "perfect trajectory," a commentary on each hole's remarkable attributes, and other shots to enhance the readers' perspective. By compiling a number of submissions from both individuals and golf clubs, the guide produces a resulting "short list" of 800 holes that were put to an independent panel of golfers--to arrive at a ranking of the very best 100. Each hole has then been meticulously photographed in order to bring the hole vividly to life. Many holes were originally simply part of the lay of the land over which local enthusiasts would enjoy a round, evolving over the years to become recognizable golf courses. From the country's most dreaded bunker to the lesser-known gems, the book features examples of Britain's immaculate modern courses as well as those whose terrain possesses qualities that no current day designer would possibly consider incorporating into a new layout.

Britain's 100 Extraordinary Golf Holes

"DLP, Developmental Leadership Program; Australian Aid; Oxfam."

How Change Happens

An introduction to the science of neuroplasticity recounts the case stories of patients with mental limitations or brain damage whose seemingly unalterable conditions were improved through treatments that involved the thought re-alteration of brain structure.

The Brain That Changes Itself

Few people manage to make money from gambling, and fewer still make a living from it. Written for hardened and novice bettors alike, Joseph Buchdahl's essential guide examines, through various numerical techniques, how fixed odds punters may learn to beat the bookmaker, protect profits through a sensible approach to risk management, and turn high-risk gambling into a form of low-risk investment.

Fixed Odds Sports Betting

Here is the bestselling guide that created a new game plan for marketing in high-tech industries. *Crossing the Chasm* has become the bible for bringing cutting-edge products to progressively larger markets. This edition provides new insights into the realities of high-tech marketing, with special emphasis on the Internet. It's essential reading for anyone with a stake in the world's most exciting marketplace.

Crossing the Chasm

This revised and updated edition of the only book on "homing" the ex-racer tells prospective adopters everything they need to know to make adoption a success. In addition to practical information, such as care and feeding, readers learn the latest about the activities and competitions that are just for ex-racers and their owners. The Appendix lists all the agencies nationwide that adopt out Greyhounds, so an agency is sure to be nearby. For thousands of years Greyhounds have been bred to hunt and run at top speed. Because they are used to being with other dogs and people, they make perfect pets. Adopters can be assured their ex-racer will get along with adults and children and other household pets.

Adopting the Racing Greyhound

Talking the Talk provides a comprehensive introduction to the psychology of language, written for the reader with no background in the field or any prior knowledge of psychology. Written in an accessible and friendly style, the book answers the questions people actually have about language; how do we speak, listen, read, and learn language? The book advocates an experimental approach, explaining how psychologists can use experiments to build models of language processing. Considering the full breadth of psycholinguistics, the book covers core topics including how children acquire language, how language is related to the brain, and what can go wrong with it. Fully updated throughout, this edition also includes: Additional coverage on the genetics of language Insight into potential cognitive advantages of bilingualism New content on brain imaging and neuroscience Increased emphasis on recursion and what is special about language Talking the Talk is written in an engaging style which does not hesitate to explain complex concepts. It is essential reading for all undergraduate students and those new to the topic, as well as the interested lay reader.

Talking the Talk

More than 100,000 entrepreneurs rely on this book. The National Science Foundation pays hundreds of startup teams each year to follow the process outlined in the book, and it's taught at Stanford, Berkeley, Columbia and more than 100 other leading universities worldwide. Why? The Startup Owner's Manual guides you, step-by-step, as you put the Customer Development process to work. This method was created by renowned Silicon Valley startup expert Steve Blank, co-creator with Eric Ries of the "Lean Startup" movement and tested and refined by him for more than a decade. This 608-page how-to guide includes over 100 charts, graphs, and diagrams, plus 77 valuable checklists that guide you as you drive your company toward profitability. It will help you: Avoid the 9 deadly sins that destroy startups' chances for success Use the Customer Development method to bring your business idea to life Incorporate the Business Model Canvas as the organizing principle for startup hypotheses Identify your customers and determine how to "get, keep and grow" customers profitably Compute how you'll drive your startup to repeatable, scalable profits. The Startup Owners Manual was originally published by K&S Ranch Publishing Inc. and is now available from Wiley. The cover, design, and content are the same as the prior release and should not be considered a new or updated product.

Sport, Peace, and Development

Get into the minds of the greatest gamblers of all time. Read in-depth interviews with eight masters of the games. Learn how they think, how they play, and what made them successful. The interview subjects include: Billy Walters (sports betting), Chip Reese (poker), Doyle Brunson (poker), Mike Svobodny (backgammon), Stan Tomchin (backgammon and sports betting), Cathy Hulbert (blackjack and poker), Alan Woods (blackjack and horse racing), and Tommy Hyland (blackjack).

The Startup Owner's Manual

An updated paperback edition with a new 03/04 season preview and fifteen system studies, this book shows where to bet and find valuable information, how to bet and how a profit can be made, plus a 2001/2002 season diary that shows how the author put his methods into operation to profitable effect.

Gambling Wizards

The fully revised and updated version of this classic text examines the link between three key obsessions of the 21st century: the media, sport and popular culture. Gathering new material from around the 2007 Rugby World Cup, the Beijing Olympics and the rise of new sports stars such as boxing's Amir Khan and cycling's Victoria Pendleton, the authors explore a wide range of sports, as well as issues including nationalism, gender, race, political economy and the changing patterns of media sport consumption. For those interested in media and sport the second edition combines new and original material with an overview of the developing field of media sport, and examines the way in which the media has increasingly come to dominate how sport is played, organized and thought about in society. It traces the historical evolution of the relationship between sport and the media and examines the complex business relationships that have grown up around television, sponsors and sport. Covers the following topics: the history of media in sport; television, sport and sponsorship; why sport matters to television; sports stars; sports journalism; fans and the audience; sport in the digital media economy.

Profitable Football Betting

What's it like to start a revolution? How do you build the biggest tech company in the world? And why do you walk away from it all? Paul Allen co-founded Microsoft. Together he and Bill Gates turned an idea writing software into a company and then an entire industry. This is the story of how it came about: two young mavericks who turned technology on its head; the bitter battles as each tried to stamp his vision on the future; and, the ruthless brilliance and fierce commitment. And finally, Allen's extraordinary step in walking away from it all to discover what it is you do after you've already changed the world.

Power Play

'Talent. You've either got it or you haven't.' Not true, actually. In *The Talent Code*, award-winning journalist Daniel Coyle draws on cutting-edge research to reveal that, far from being some abstract mystical power fixed at birth, ability really can be created and nurtured. In the process, he considers talent at work in venues as diverse as a music school in Dallas and a tennis academy near Moscow to demonstrate how the wiring of our brains can be transformed by the way we approach particular tasks. He explains what is really going on when apparently unremarkable people suddenly make a major leap forward. He reveals why some teaching methods are so much more effective than others. Above all, he shows how all of us can achieve our full potential if we set about training our brains in the right way.

Idea Man

Since 1995, more than 150,000 students and researchers have turned to *The Craft of Research* for clear and helpful guidance on how to conduct research and report it effectively. Now, master teachers Wayne C. Booth, Gregory G. Colomb, and Joseph M. Williams present a completely revised and updated version of their classic handbook. Like its predecessor, this new edition reflects the way researchers actually work: in a complex circuit of thinking, writing, revising, and rethinking. It shows how each part of this process influences the others and how a successful research report is an orchestrated conversation between a researcher and a reader. Along with many other topics, *The Craft of Research* explains how to build an argument that motivates readers to accept a claim; how to anticipate the reservations of thoughtful yet critical readers and to respond to them appropriately; and how to create introductions and conclusions that answer that most demanding question, "So what?" Celebrated by reviewers for its logic and clarity, this popular book retains its five-part structure. Part 1 provides an orientation to the research process and begins the discussion of what motivates researchers and their readers. Part 2 focuses on finding a topic, planning the project, and locating appropriate sources. This section is brought up to date with new information on the role of the Internet in research, including how to find and evaluate sources, avoid their misuse, and test their reliability. Part 3 explains the art of making an argument and supporting it. The authors have extensively revised this section to present the structure of an argument in clearer and more accessible terms than in the first edition. New distinctions are made among reasons, evidence, and reports of evidence. The concepts of qualifications and rebuttals are recast as acknowledgment and response. Part 4 covers drafting and revising, and offers new information on the visual representation of data. Part 5 concludes the book with an updated discussion of the ethics of research, as well as an expanded bibliography that includes many electronic sources. The new edition retains the accessibility, insights, and directness that have made *The Craft of Research* an indispensable guide for anyone doing research, from students in high school through advanced graduate study to businesspeople and government employees. The authors demonstrate convincingly that researching and reporting skills can be learned and used by all who undertake research projects. New to this edition: Extensive coverage of how to do research on the internet, including how to evaluate and test the reliability of sources New information on the visual representation of data Expanded bibliography with many electronic sources

The Talent Code

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The Craft of Research, 2nd edition

The hope and hype about African digital entrepreneurship, contrasted with the reality on the ground in local ecosystems. In recent years, Africa has seen a digital entrepreneurship boom, with hundreds of millions of dollars poured into tech cities, entrepreneurship trainings, coworking spaces, innovation prizes, and investment funds. Politicians and technologists have offered Silicon Valley–influenced nar-

ratives of boundless opportunity and exponential growth, in which internet-enabled entrepreneurship allows Africa to “leapfrog” developmental stages to take a leading role in the digital revolution. This book contrasts these aspirations with empirical research about what is actually happening on the ground. The authors find that although the digital revolution has empowered local entrepreneurs, it does not untether local economies from the continent's structural legacies. Drawing on a five-year research project, the authors show how entrepreneurs creatively and productively adapt digital technologies to local markets rather than dreaming of global dominance, achieving sustainable businesses by scaling based on relationships and customizing digital platform business models for African infrastructure challenge. The authors examine African entrepreneurial ecosystems; show that African digital entrepreneurs have begun to form a new professional class, becoming part of a relatively exclusive cultural and economic elite; and discuss the impact of Silicon Valley's mythologies and expectations. Finally, they consider the implications of their findings and offer recommendations to policymakers and others.

A First Course in Probability

"Stott finds that male behavior could be strikingly similar in diverse locales, from taverns and boarding-houses to college campuses and sporting events. He explores the permissive attitudes that thrived in such male domains as the streets of New York City, California during the gold rush, and the Pennsylvania oil fields, arguing that such places had an important influence on American society and culture. Stott recounts how the cattle and mining towns of the American West emerged as centers of resistance to Victorian propriety. It was here that unrestrained male behavior lasted the longest, before being replaced with a new convention that equated manliness with sobriety and self-control."

Digital Entrepreneurship in Africa

The digital revolution is interwoven with the promise to empower the user. Yet, the rise of centralized, commercial platforms for crowdsourced work questions the validity of this narrative. In *Crowd-Design*, Florian Alexander Schmidt analyses the workings and the rhetoric of crowdsourced work platforms by comparing the way they address the masses today with historic notions of the crowd. The utopian concepts of early online collaboration are taken as a vantage point from which to view and critique current and, at times, dystopian applications of crowdsourced work. The study is focused on the crowdsourcing of design tasks, but these specific applications are used to examine the design of the more general mechanisms employed by the platform providers to motivate and control the crowds. *Crowd-Design* is as much about the crowdsourcing of design as it is about the design of crowdsourcing.

Jolly Fellows

This introductory but innovative textbook on the economics of cities is aimed at students of urban and regional policy as well as of undergraduate economics. It deals with standard topics, including automobiles, mass transit, pollution, housing, and education but it also discusses non-standard topics such as segregation, water supply, sewers, garbage, fire prevention, housing codes, homelessness, crime, illicit drugs, and economic development. Its methods of analysis are primarily verbal, geometric, and arithmetic. The author achieves coherence by showing how the analysis of various topics reinforces one another. Thus, buses can tell us something about schools and optimal tolls about land prices. Brendan O'Flaherty looks at almost everything through the lens of Pareto optimality and potential Pareto optimality--how policies affect people and their well-being, not abstract entities such as cities or the economy or growth or the environment. Such traditionalism leads to radical questions, however: Should cities have police and fire departments? Should tax preferences for home ownership be repealed? Should public schools charge for their services? O'Flaherty also gives serious consideration to such heterodox policies as pay-at-the-pump auto insurance, curb rights for buses, land taxes, marginal cost water pricing, and sidewalk zoning.

Crowd Design

From the author of *How We Die*, the extraordinary story of the development of modern medicine, told through the lives of the physician-scientists who paved the way. How does medical science advance? Popular historians would have us believe that a few heroic individuals, possessing superhuman talents, lead an unselfish quest to better the human condition. But as renowned Yale surgeon and medical historian Sherwin B. Nuland shows in this brilliant collection of linked life portraits, the theory bears little resemblance to the truth. Through the centuries, the men and women who have shaped the world of medicine have been not only very human, but also very much the products of their own times and

places. Presenting compelling studies of great medical innovators and pioneers, *Doctors* gives us a fascinating history of modern medicine. Ranging from the legendary Father of Medicine, Hippocrates, to Andreas Vesalius, whose Renaissance masterwork on anatomy offered invaluable new insight into the human body, to Helen Taussig, founder of pediatric cardiology and co-inventor of the original "blue baby" operation, here is a volume filled with the spirit of ideas and the thrill of discovery.

City Economics

This is a book for the age of resistance, for the occupiers of the squares, for the generation of Occupy Wall Street. The premier radical political philosopher of our time offers a devastating critique of the way neoliberalism has hollowed out democracy.

Doctors

Learn to: Increase your reading speed and comprehension Use speed techniques for any type of reading material Improve your silent reading skills Recall more of what you read The fun and easy way® to become a more efficient, effective reader! Want to read faster — and recall more of what you read? This practical, hands-on guide gives you the techniques you need to increase your reading speed and retention, whether you're reading books, e-mails, magazines, or even technical journals! You'll find reading aids and plenty of exercises to help you read faster and better comprehend the text. Yes, you can speed read — discover the skills you need to read quickly and effectively, break your bad reading habits, and take in more text at a glance Focus on the fundamentals — widen your vision span and see how to increase your comprehension, retention, and recall Advance your speed-reading skills — read blocks of text, heighten your concentration, and follow an author's thought patterns Zero in on key points — skim, scan, and preread to quickly locate the information you want Expand your vocabulary — recognize the most common words and phrases to help you move through the text more quickly Open the book and find: Tried-and-true techniques from The Reader's Edge® program How to assess your current reading level Tools and exercises to improve your reading skills Speed-reading fundamentals you must know Helpful lists of prefixes, suffixes, roots, and prime words A speed-reading progress worksheet Exercises for eye health and expanded reading vision Tips for making your speed-reading skills permanent

Undoing the Demos

This open access monograph argues established democratic norms for freedom of expression should be implemented on the internet. Moderating policies of tech companies as Facebook, Twitter and Google have resulted in posts being removed on an industrial scale. While this moderation is often encouraged by governments - on the pretext that terrorism, bullying, pornography, "hate speech" and "fake news" will slowly disappear from the internet - it enables tech companies to censor our society. It is the social media companies who define what is blacklisted in their community standards. And given the dominance of social media in our information society, we run the risk of outsourcing the definition of our principles for discussion in the public domain to private companies. Instead of leaving it to social media companies only to take action, the authors argue democratic institutions should take an active role in moderating criminal content on the internet. To make this possible, tech companies should be analyzed whether they are approaching a monopoly. Antitrust legislation should be applied to bring those monopolies within democratic governmental oversight. Despite being in different stages in their lives, Anne Mette is in the startup phase of her research career, while Frederik is one of the most prolific philosophers in Denmark, the authors found each other in their concern about Free Speech on the internet. The book was originally published in Danish as *Dit opslag er blevet fjernet - techgiganter & ytringsfrihed*. Praise for 'Your Post has been Removed' "From my perspective both as a politician and as private book collector, this is the most important non-fiction book of the 21st Century. It should be disseminated to all European citizens. The learnings of this book and the use we make of them today are crucial for every man, woman and child on earth. Now and in the future." Jens Rohde, member of the European Parliament for the Alliance of Liberals and Democrats for Europe "This timely book compellingly presents an impressive array of information and analysis about the urgent threats the tech giants pose to the robust freedom of speech and access to information that are essential for individual liberty and democratic self-government. It constructively explores potential strategies for restoring individual control over information flows to and about us. Policymakers worldwide should take heed!" Nadine Strossen, Professor, New York Law School. Author, *HATE: Why We Should Resist It with Free Speech, Not Censorship*.

Speed Reading For Dummies

Language is a crucial component of national identity, and the acceptance of diverse languages within a society can contribute to social equality. In Australia, a society of immigrants, a continuing tension has existed since the nineteenth century between a desire for monolingualism, often a result of xenophobic policies of enforced assimilation, and an acceptance of multilingualism reflecting increased tolerance. At the present time, without even considering the 150 Aboriginal languages still spoken, Australia has an unparalleled mix of languages other than English in common usage. These are often described by the term "community languages". Drawing on census data and other statistics, this book addresses the current situation of community languages in Australia, analysing which are spoken, by whom and where. Community languages: The Australian experience focusses on three main issues: . how languages other than English are maintained in a predominantly English speaking environment; . how the structure of the languages themselves has changed over the years; . how the government has responded to such ethnolinguistic diversity, with particular emphasis on Australia's unique National Language Policy. At a time of unprecedented awareness of these languages within society and realisation of the importance of multilingualism in the commercial world, this book makes a significant contribution to understanding the role of community languages in both the shaping and the future of Australian society.

Your Post Has Been Removed

Employing a lively and accessible writing style, author Daniel W. Barrett integrates up-to-date coverage of social psychology's core theories, concepts, and research with a discussion of emerging developments in the field—including social neuroscience and the social psychology of happiness, religion, and sustainability. Social Psychology: Core Concepts and Emerging Trends presents engaging examples, Applying Social Psychology sections, and a wealth of pedagogical features to help readers cultivate a deep understanding of the causes of social behavior.

Community Languages

From the contestable politics of emoji modifier mechanisms and micro-temporalities of computational processes to genomic exploitation and the curating of digital content, Executing Practices highlights a range of ways in which execution emerges and how it participates within networked forms of liveliness.

Social Psychology

This is the first book to introduce the new statistics - effect sizes, confidence intervals, and meta-analysis - in an accessible way. It is chock full of practical examples and tips on how to analyze and report research results using these techniques. The book is invaluable to readers interested in meeting the new APA Publication Manual guidelines by adopting the new statistics - which are more informative than null hypothesis significance testing, and becoming widely used in many disciplines. Accompanying the book is the Exploratory Software for Confidence Intervals (ESCI) package, free software that runs under Excel and is accessible at www.thenewstatistics.com. The book's exercises use ESCI's simulations, which are highly visual and interactive, to engage users and encourage exploration. Working with the simulations strengthens understanding of key statistical ideas. There are also many examples, and detailed guidance to show readers how to analyze their own data using the new statistics, and practical strategies for interpreting the results. A particular strength of the book is its explanation of meta-analysis, using simple diagrams and examples. Understanding meta-analysis is increasingly important, even at undergraduate levels, because medicine, psychology and many other disciplines now use meta-analysis to assemble the evidence needed for evidence-based practice. The book's pedagogical program, built on cognitive science principles, reinforces learning: Boxes provide "evidence-based" advice on the most effective statistical techniques. Numerous examples reinforce learning, and show that many disciplines are using the new statistics. Graphs are tied in with ESCI to make important concepts vividly clear and memorable. Opening overviews and end of chapter take-home messages summarize key points. Exercises encourage exploration, deep understanding, and practical applications. This highly accessible book is intended as the core text for any course that emphasizes the new statistics, or as a supplementary text for graduate and/or advanced undergraduate courses in statistics and research methods in departments of psychology, education, human development, nursing, and natural, social, and life sciences. Researchers and practitioners interested in understanding the new statistics, and future published research, will also appreciate this book. A basic familiarity with introductory statistics is assumed.

Executing Practices

Today our societies face great challenges with water, in terms of both quantity and quality, but many of these challenges have already existed in the past. Focusing on Asia, *Water Societies and Technologies from the Past and Present* seeks to highlight the issues that emerge or re-emerge across different societies and periods, and asks what they can tell us about water sustainability. Incorporating cutting-edge research and pioneering field surveys on past and present water management practices, the interdisciplinary contributors together identify how societies managed water resource challenges and utilised water in ways that allowed them to evolve, persist, or drastically alter their environment. The case studies, from different periods, ancient and modern, and from different regions, including Egypt, Sri Lanka, Cambodia, Southwest United States, the Indus Basin, the Yangtze River, the Mesopotamian floodplain, the early Islamic city of Sultan Kala in Turkmenistan, and ancient Korea, offer crucial empirical data to readers interested in comparing the dynamics of water management practices across time and space, and to those who wish to understand water-related issues through conceptual and quantitative models of water use. The case studies also challenge classical theories on water management and social evolution, examine and establish the deep historical roots and ecological foundations of water sustainability issues, and contribute new grounds for innovations in sustainable urban planning and ecological resilience.

Understanding The New Statistics

'A powerfully disruptive book for disrupted times ... If you're looking for transformative ideas, this book is for you.' KATE RAWORTH, economist and author of *Doughnut Economics* *A Financial Times Book of the Year* Our planet is in trouble. But how can we reverse the current crisis and create a sustainable future? The answer is: *DEGROWTH*. Less is More is the wake-up call we need. By shining a light on ecological breakdown and the system that's causing it, Hickel shows how we can bring our economy back into balance with the living world and build a thriving society for all. This is our chance to change course, but we must act now.

'A masterpiece... Less is More covers centuries and continents, spans academic disciplines, and connects contemporary and ancient events in a way which cannot be put down until it's finished.' DANNY DORLING, Professor of Geography, University of Oxford

'Jason is able to personalise the global and swarm the mind in the way that insects used to in abundance but soon shan't unless we are able to heed his beautifully rendered warning.' RUSSELL BRAND

'Jason Hickel shows that recovering the commons and decolonizing nature, cultures, and humanity are necessary conditions for hope of a common future in our common home.' VANDANA SHIVA, author of *Making Peace With the Earth*

'This is a book we have all been waiting for. Jason Hickel dispels ecomodernist fantasies of "green growth". Only degrowth can avoid climate breakdown. The facts are indisputable and they are in this book.' GIORGIS KALLIS, author of *Degrowth*

'Capitalism has robbed us of our ability to even imagine something different; Less is More gives us the ability to not only dream of another world, but also the tools by which we can make that vision real.' ASAD REHMAN, director of *War on Want*

'One of the most important books I have read ... does something extremely rare: it outlines a clear path to a sustainable future for all.' RAOUL MARTINEZ, author of *Creating Freedom*

'Jason Hickel takes us on a profound journey through the last 500 years of capitalism and into the current crisis of ecological collapse. Less is More is required reading for anyone interested in what it means to live in the Anthropocene, and what we can do about it.' ALNOOR LADHA, co-founder of *The Rules*

'Excellent analysis... This book explores not only the systemic flaws but the deeply cultural beliefs that need to be uprooted and replaced.' ADELE WALTON

Water Societies and Technologies from the Past and Present

Dieting Makes You Fat is the explosive, authoritative answer to the multibillion-dollar dieting industry. The dieting industry is booming. So is obesity, in children as well as adults. Obesity causes diabetes, heart disease and cancers, as well as misery for those who suffer. The experts are baffled and the dieting industry is no use - because dieting makes you fat. Geoffrey Cannon explains the science and the global politics that are making the world fat. Including seven golden rules for achieving life-long good health and wellbeing - as well as to shed body fat - *Dieting Makes You Fat* is also a handbook for anyone committed to good quality, delicious food and drink, fairly traded and socially, economically and environmentally sustainable. If you want to lose body fat, if you or anyone you know is or has been on a diet, if you care about the obesity crisis, then this is the book for you.

Less is More

Updated in its 13th edition, Joseph Devito's *The Interpersonal Communication Book* provides a highly interactive presentation of the theory, research, and skills of interpersonal communication with integrated discussions of diversity, ethics, workplace issues, face-to-face and computer-mediated communication and a new focus on the concept of choice in communication. This thirteenth edition presents a comprehensive view of the theory and research in interpersonal communication and, at the same time, guides readers to improve a wide range of interpersonal skills. The text emphasizes how to choose among those skills and make effective communication choices in a variety of personal, social, and workplace relationships

Dieting Makes You Fat

Gambling in Everyday Life aims to produce the first cultural study of gambling in everyday life, to develop critical and empirical methods, and to make cultural studies of gambling accessible to an interdisciplinary and transnational readership by applying Nicoll's original concept of 'finopower.'

Interpersonal Communication Book

Tocqueville and Democracy in the Internet Age is an introduction to Alexis de Tocqueville (1805-1859) and his monumental two-volume study *Democracy in America* (1835, 1840) that pays particular attention to the critical conversation around Tocqueville and contemporary democracy. It attempts to help us think better about democracy, and also perhaps to live better, in the Internet Age. This work was published by Saint Philip Street Press pursuant to a Creative Commons license permitting commercial use. All rights not granted by the work's license are retained by the author or authors.

Gambling in Everyday Life

The book focuses on the underrepresentation of women in engineering and computing and provides practical ideas for educators and employers seeking to foster gender diversity. From new ways of conceptualizing the fields for beginning students to good management practices, the report recommends large and small actions that can add up to real change.

Tocqueville and Democracy in the Internet Age

The Improv Handbook is the most comprehensive, smart, helpful and inspiring guide to improv available today. Applicable to comedians, actors, public speakers and anyone who needs to think on their toes, it features a range of games, interviews, descriptions and exercises that illuminate and illustrate the exciting world of improvised performance. First published in 2008, this second edition features a new foreword by comedian Mike McShane, as well as new exercises on endings, managing blind offers and master-servant games, plus new and expanded interviews with Keith Johnstone, Neil Mullarkey, Jeffrey Sweet and Paul Rogan. *The Improv Handbook* is a one-stop guide to the exciting world of improvisation. Whether you're a beginner, an expert, or would just love to try it if you weren't too scared, *The Improv Handbook* will guide you every step of the way.

Solving the Equation

The Improv Handbook

Successful Football Betting: Geoff Harvey and David Ikerrin

The author is a fundamentalist! Rather than rely on technical analysis (power ratings, models etc) to reduce a match to the 'average', he recognises the reality ...

Successful Football Betting by Geoff Harvey and David Ikerrin

An informing and easy to read book, which focus on looking at the way to make football betting profitable. Must-read for football punters. gambling.

Successful Football Betting By Geoff Harvey

Successful Football Betting By Geoff Harvey. Be the first to write a ... Download the free eBay app · Download the free eBay app · Sign out · eCI Licenses ...

Successful Spread Betting: Completely Independent

In Successful Spread Betting, author Geoff Harvey examines spread betting markets in greater detail than any other publication. Discover how to: spot value in ...

Successful Football Betting Quotes

Successful Football Betting by Geoff Harvey and David Ikerrin · Successful ... Download app for iOS Download app for Android. © 2024 Goodreads, Inc ...

Successful Football Betting - Geoff Harvey

This remarkable book focuses on changing the mind-set of the football punter and lucidly describes areas of bookmaker vulnerability, which, although constantly ...

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Successful Football Betting by Geoff Harvey

Comments: Great book with all the information you need to successfully betting on football. Country: UK Pages: 149. Reviews. There are no reviews yet.