

Holidays In Soviet Sanatoriums

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Explore the unique world of holidays in Soviet sanatoriums, offering a fascinating glimpse into health, wellness, and leisure during the USSR era. Discover the distinctive architecture and treatment traditions of these historical Eastern Bloc resorts, a truly unique vintage Soviet travel experience.

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Holidays in Soviet Sanatoriums

A fascinating photographic study of the previously overlooked Soviet Sanatoriums and their treatments - stunning eastern bloc architecture meets crude-oil baths and radon water douches. Visiting a Soviet sanatorium is like stepping back in time. Originally conceived in the 1920s, they afforded workers a place to holiday, courtesy of a state-funded voucher system. At their peak they were visited by millions of citizens across the USSR every year. A combination of medical institution and spa, the era's sanatoriums are among the most innovative buildings of their time. Although aesthetically diverse, Soviet utopian values permeated every aspect: western holidays were perceived as decadent. By contrast, sanatorium breaks were intended to edify and strengthen visitors - health professionals carefully monitored guests throughout their stay, so they could return to work with renewed vigour. Certain sanatoriums became known for their specialist treatments, such as crude oil baths, radon water douches and stints in underground salt caves. While today some sanatoriums are in critical states of decline, many are still fully operational and continue to offer their Soviet-era treatments to visitors. Using specially commissioned photographs by leading photographers of the post-Soviet territories, and texts by sanatorium expert Maryam Omid, this book documents over forty-five sanatoriums and their unconventional treatments. From Armenia to Uzbekistan, it represents the most comprehensive survey to date of this fascinating and previously overlooked Soviet institution.

Soviet Asia

A fantastic collection of Soviet Asian architecture, many photographed here for the first time Soviet Asia explores the Soviet modernist architecture of Central Asia. Italian photographers Roberto Conte and Stefano Perego crossed the former Soviet republics of Kazakhstan, Kyrgyzstan, Uzbekistan and Tajikistan, documenting buildings constructed from the 1950s until the fall of the USSR. The resulting images showcase the majestic, largely unknown, modernist buildings of the region. Museums, housing complexes, universities, circuses, ritual palaces - all were constructed using a composite aesthetic. Influenced by Persian and Islamic architecture, pattern and mosaic motifs articulated a connection with Central Asia. Grey concrete slabs were juxtaposed with colourful tiling and rectilinear shapes broken by ornate curved forms: the brutal designs normally associated with Soviet-era architecture were reconstructed with Eastern characteristics. Many of the buildings shown in Soviet Asia are recorded here for the first time, making this book an important document, as despite the recent revival of interest in Brutalist and Modernist architecture, a number of them remain under threat of demolition. The publication includes two contextual essays, one by Alessandro De Magistris (architect and History of Architecture professor, University of Milan, contributor to the book Vertical Moscow) and the other by

Marco Buttino (Modern and Urban History professor, University of Turin, specializing in the history of social change in the USSR).

Brutal Bloc Postcards

Brutalist hotels, avant-garde monuments and futurist TV towers: rare and previously unpublished vintage postcards from the Eastern Bloc Brutal concrete hotels, futurist TV towers, heroic statues of workers--this collection of Soviet-era postcards documents the uncompromising landscape of the Eastern Bloc through its buildings and monuments. These are interspersed with quotes from prominent figures of the time, which both support and confound the ideologies presented in the images. In contrast to the photographs of a ruined and abandoned Soviet empire we are accustomed to seeing today, the scenes depicted here publicize the bright future of communism: social housing blocks, palaces of culture and monuments to comradeship. Dating from the 1960s to the 1980s, they offer a nostalgic yet revealing insight into social and architectural values of the time, acting as a window through which we can examine cars, people and, of course, buildings. These postcards, sanctioned by the authorities, were intended to show the world what living in communism looked like. Instead, this postcard propaganda inadvertently communicates other messages: outside the House of Political Enlightenment in Yerevan, the flowerbed reads "Glory to the Communist Party of the Soviet Union"; in Novopolotsk, art-school pupils paint plein air, their subject a housing estate; at the Irkutsk Polytechnic Institute students stroll past a 16-foot-tall concrete hammer and sickle. These postcards are at once sinister, funny, poignant and surreal.

Spomenik Monument Database

Spomenik - the Serbo-Croat/Slovenian word for monument - refers to the pioneering abstract memorials built in Josip Tito's Yugoslavia between the 1960s and the 1990s, marking the horror of occupation by Axis forces and the triumph of their defeat during World War II. Through these imaginative creations, a forward-looking socialist society, free of ethnic tensions, was envisaged. This publication brings together more than 80 examples of these stunning brutalist monuments. Each has been extensively photographed and researched by the author to make this book the most comprehensive survey available of this obscure and fascinating architectural phenomenon. A fold-out map on the reverse of the dust jacket shows the exact location of each spomenik using GPS coordinates.

Soviet Cities: Labour, Life and Leisure

The Soviet dream of modernist architecture for all, portrayed on the brink of its erasure In recent years Russian cities have visibly changed. The architectural heritage of the Soviet period has not been fully acknowledged. As a result many unique modernist buildings have been destroyed or changed beyond recognition. Russian photographer Arseniy Kotov intends to document these buildings and their surroundings before they are lost forever. He likes to take pictures in winter, during the "blue hour," which occurs immediately after sunset or just before sunrise. At this time, the warm yellow colors inside apartment-block windows contrast with the twilight gloom outside. To Kotov, this atmosphere reflects the Soviet period of his imagination. His impression of this time is unashamedly idealistic: he envisages a great civilization, built on a fair society, which hopes to explore nature and conquer space. From the Baikonur Cosmodrome in the desert steppes of Kazakhstan to the grim monolithic high-rise dormitory blocks of inner-city Volgograd, Kotov captures the essence of the post-Soviet world. "The USSR no longer exists and in these photographs we can see what remains--the most outstanding buildings and constructions, where Soviet people lived and how Soviet cities once looked: no decoration, no bright colors and no luxury, only bare concrete and powerful forms." This superbly designed volume is the latest in Fuel's revelatory and inspiring series on Soviet-era architecture.

Designed in the USSR: 1950-1989

A fascinating glimpse into design behind the Iron Curtain, revealed through the products and graphics of everyday Soviet life This captivating survey of Soviet design from 1950 to 1989 features more than 350 items from the Moscow Design Museum's unique collection. From children's toys, homewares, and fashion to posters, electronics, and space-race ephemera, each object reveals something of life in a planned economy during a fascinating time in Russia's history. Organized into three chapters - Citizen, State, and World - the book is a micro-to-macro tour of the functional, kitsch, politicized, and often avant-garde designs from this largely undocumented period.

Soviet Metro Stations

Following his bestselling quest for Soviet Bus Stops, Canadian photographer Christopher Herwig has completed a subterranean expedition photographing the stations of each Metro network of the former USSR. From extreme marble and chandelier opulence to brutal futuristic minimalist glory, Soviet Metro Stations documents this wealth of diverse architecture.

Looking for Lenin

The eerie beauty of Ukraine's Lenin statues, toppled in the name of decommunization.

Home-made

Edited by Vladmir Arkhipov. Foreword by Susan B. Glasser.

This Brutal World

A curated collection of some of the most powerful and awe-inspiring Brutalist architecture ever built This Brutal World is a global survey of this compelling and much-admired style of architecture. It brings to light virtually unknown Brutalist architectural treasures from across the former eastern bloc and other far flung parts of the world. It includes works by some of the best contemporary architects including Zaha Hadid and David Chipperfield as well as by some of the master architects of the 20th century including Le Corbusier, Mies van der Rohe, Frank Lloyd Wright, Louis Kahn, Paul Rudolph and Marcel Breuer.

Soviet Signs and Street Relics

Russia's forgotten world of avant-garde public signage--the latest in Fuel's collectible Soviet series For this volume, French photographer Jason Guilbeau has used Google Street View to virtually navigate Russia and the former USSR, searching for examples of a forgotten Soviet empire. The subjects of these unlikely photographs are incidental to the purpose of Google Street View--captured by serendipity, rather than design, they are accorded a common vernacular. Once found, Guilbeau strips the images of their practical use by removing the navigational markers, transforming them according to his own vision. From remote rural roadsides to densely populated cities, the photographs reveal traces of history in plain sight: a brutalist hammer and sickle stands in a remote field; a jet fighter is anchored to the ground by its concrete exhaust plume; a skeletal tractor sits on a cast-iron platform; a village sign resembles a constructivist sculpture. Passersby seem oblivious to these objects. Relinquished by the present they have become part of the composition of everyday life, too distant in time and too ubiquitous in nature to be recorded by anything other than an indiscriminate automaton. This collection of photographs portrays a surreal reality: it is a document of a vanishing era, captured by an omniscient technology that is continually deleting and replenishing itself--an inadvertent definition of Russia today.

Soviet Bus Stops

Photographer Christopher Herwig has covered more than 30,000 km by car, bike, bus and taxi in 13 former Soviet countries discovering and documenting these unexpected treasures of modern art. From the shores of the Black Sea to the endless Kazakh steppe, these bus stops show the range of public art from the Soviet era and give a rare glimpse into the creative minds of the time. These books represent the most comprehensive and diverse collection of Soviet bus stop design ever assembled from: Kazakhstan, Turkmenistan, Uzbekistan, Kyrgyzstan, Tajikistan, Ukraine, Moldova, Armenia, Abkhazia, Georgia, Lithuania, Latvia and Estonia. With a foreword by writer, critic and television presenter Jonathan Meades. --Volume 1.

Made in North Korea

North Korea uncensored and unfiltered – ordinary life in the world's most secretive nation, captured in never-before-seen ephemera. Made in North Korea uncovers the fascinating and surprisingly beautiful graphic culture of North Korea - from packaging to hotel brochures, luggage tags to tickets for the world-famous mass games. From his base in Beijing, Bonner has been running tours into North Korea for over twenty years, and along the way collecting graphic ephemera. He has amassed thousands of items that, as a collection, provide an extraordinary and rare insight into North Korea's state-controlled graphic output, and the lives of ordinary North Koreans.

Tourism in Russia

This book addresses tourism as a system, provides essentials of tourism management and marketing, discusses planning and impact management, and proposes strategies and recommendations to improve Russia as an international destination.

The History of Loot and Stolen Art

The author of this enthralling book aims to present a well-illustrated and documented alternative history of the Western World through graphic accounts of looting and art theft from the time of Sargon, ruler of Syria in 721 BC, to the present day. Almost all the principal players included appear on the stage of World history and many of them are known as conquerors, confiscators (the old-fashioned word for looters) and ruthless administrators of the regions they created as a result of their conquests. Featured here are emperors, kings, queens, popes, adventurers, explorers and those whose energies and expertise supported the greed and acquisitive ambitions of their masters. The different motivation of the greatest looters in history is a recurrent theme which is examined throughout.

Stalin's Agent

This is the history of an unprecedented deception operation - the biggest KGB deception of all time. It has never been told in full until now. There are almost certainly people who would like it never to be told. It is the story of General Alexander Orlov. Stalin's most loyal and trusted henchman during the Spanish Civil War, Orlov was also the Soviet handler controlling Kim Philby, the British spy, defector, and member of the notorious 'Cambridge Five'. Escaping Stalin's purges, Orlov fled to America in the late 1930s and lived underground. He only dared reveal his identity to the world after Stalin's death, in his 1953 best-seller *The Secret History of Stalin's Crimes*, after which he became perhaps the best known of all Soviet defectors, much written about, highly praised, and commemorated by the US Congress on his death in 1973. But there is a twist in the Orlov story beyond the dreams of even the most ingenious spy novelist: 'General Alexander Orlov' never actually existed. The man known as 'Orlov' was in fact born Leiba Feldbin. And while he was a loyal servant of Stalin and the controller of Philby, he was never a General in the KGB, never truly defected to the West after his 'flight' from the USSR, and remained a loyal Soviet agent until his death. The 'Orlov' story as it has been accepted until now was largely the invention of the KGB - and one perpetuated long after the end of the Cold War. In this meticulous new biography, Boris Volodarsky, himself a former Soviet intelligence officer, now tells the true story behind 'Orlov' for the first time. An intriguing tale of Russian espionage and deception, stretching from the time of Lenin to the Putin era, it is a story that many people in the world's intelligence agencies would almost definitely prefer you not to know about.

Strategize: Product Strategy and Product Roadmap Practices for the Digital Age

Create a winning game plan for your digital products with *Strategize: Product Strategy and Product Roadmap Practices for the Digital Age*, 2nd edition. Using a wide range of proven techniques and tools, product management expert Roman Pichler explains how to create a winning product strategy and actionable roadmap. Comprehensive and insightful, the book will enable you to make the right strategic decisions in today's dynamic digital age. If you work as a product manager, Scrum product owner, product portfolio manager, head of product, or product coach, then this book is for you. What you will learn:

- * Create an inspiring vision for your product.
- * Develop a product strategy that maximises the chances of launching a winning product.
- * Successfully adapt the strategy across the product life cycle to achieve sustained product success.
- * Measure the value your product creates using the right key performance indicators (KPIs).
- * Build an actionable outcome-based product roadmap that aligns stakeholders and directs the product backlog.
- * Regularly review the product strategy and roadmap

and keep them up-to-date. Written in an engaging and easily accessible style, Strategize offers practical advice and valuable examples so that you can apply the practices directly to your products. This second, revised, and extended edition offers new concepts, more tools, and additional tips and examples. Praise for Strategize: "Strategize offers a comprehensive approach to product strategy using the latest practices geared specifically to digital products. Not just theory, the book is chock-full of real-world examples, making it easier to apply the principles to your company and products. Strategize is essential reading for everyone in charge of products: product executives, product managers, and product owners." Steve Johnson, Founder at Under10 Consulting. "Whether you are new to product management or an experienced practitioner, Strategize is a must read. You are guaranteed to get new ideas about how to develop or improve your product strategy and how to execute it successfully. It's an essential addition to every product manager's reading list." Marc Abraham, Senior Group Product Manager at Intercom.

Health and Wellness Tourism

Health and wellness tourism is a rapidly growing sector of today's thriving tourism industry. This book will examine the range of motivations that drive this diverse sector of tourists, the products that are being developed to meet their needs and the management implications of these developments. Health and Wellness Tourism looks at the motivations and profiles of the tourists for this sector and provides valuable guidance and a basis for discussion regarding the marketing, managing and operations in this sector. * Introduces the reader to this topic by looking at the history, origins and scope of this sector and how it fits with today's international tourism and leisure industry. * Uses international case studies to illustrate the multiple aspects of the industry and new and emerging trends including spas, life-coaching, meditation, festivals, pilgrimage and yoga retreats. * Evaluates marketing and promotional strategies and assesses operational and management issues in the context of health and wellness tourism. Melanie Smith is a Senior Lecturer in Cultural Tourism Management from the University of Greenwich in London, UK. She is also Chair of ATLAS (The Association for Tourism and Leisure Education). She has recently co-edited a special edition of the journal Tourism Recreation Research on Wellness Tourism, as well as undertaking a large research project on holistic tourism. She is currently teaching BA courses in Wellness Tourism in Budapest, Hungary and is working on consultancy projects related to the development of spas and holistic tourism centres. László Puczkó is a Tourism Academic and Consultant specialising in Wellness Tourism. He is currently a managing director and head of tourism section at Xellum management consulting company in Budapest, Hungary. Xellum Ltd. is a professional services firm that has 3 major lines of business: tourism, financial analysis and EU and governmental advisory. He currently advises on several projects relating to wellness tourism, including spa development, management and marketing. Former positions include: researcher, consultant and lecturer at the Tourism Research Centre of Budapest University of Economics and Public Administration (1993-2001) and manager at KPMG Advisory Travel, Leisure and Tourism Group (2001-2004). * A pioneering text which looks at the development and management of health and wellness tourism, a rapidly growing area of the contemporary tourism industry. * Uses a variety of international case studies to illustrate the nature and scope of the health and wellness tourism product, from hotel spas in the Caribbean and Asia, to day spas in the United States and the New Age Festival in New Zealand * Discusses the motivations and profiles of wellness tourist and how to market and manage this specific product type.

The New Disability History

A glimpse into the struggle of the disabled for identity and society's perception of the disabled traces the disabled's fight for rights from the antebellum era to present controversies over access.

The Crimean War and Its Afterlife

The mid-nineteenth century's Crimean War is frequently dismissed as an embarrassment, an event marred by blunders and an occasion better forgotten. In *The Crimean War and its Afterlife* Lara Kriegel sets out to rescue the Crimean War from the shadows. Kriegel offers a fresh account of the conflict and its afterlife: revisiting beloved figures like Florence Nightingale and hallowed events like the Charge of the Light Brigade, while also turning attention to newer worthies, including Mary Seacole. In this book a series of six case studies transport us from the mid-Victorian moment to the current day, focusing on the heroes, institutions, and values wrought out of the crucible of the war. Time and again, ordinary Britons looked to the war as a template for social formation and a lodestone for national belonging. With

lucid prose and rich illustrations, this book vividly demonstrates the uncanny persistence of a Victorian war in the making of modern Britain.

Soviet Seasons

The post-Soviet republics seen over four different seasons, by acclaimed Russian photographer, Instagram sensation and Soviet Cities author Arseniy Kotov. In *Soviet Seasons*, Arseniy Kotov reveals unfamiliar aspects of the post-Soviet terrain in sublime photographs. From snow-blanketed Siberia in winter to the mountains of the Caucasus in summer, these images show how a once powerful, utopian landscape has been affected by the weight of nature itself. This uniquely broad perspective could only be achieved by a photographer such as Kotov. Singularly dedicated to exploring every corner of his country, Kotov often hitchhikes across vast distances. On these journeys he chronicles not only the architectural achievements of the Soviet empire, but also its overlooked or simply undocumented constructions. He writes: "In this book I want to show how beautiful and diverse the cities and nature of this vast region are at different times of the year. I have traveled widely across Russia and its neighboring countries, where I captured the landscape of post-Soviet cities and witnessed the seasonal changes."

Resilient Russian Women in the 1920s & 1930s

The stories of Russian educated women, peasants, prisoners, workers, wives, and mothers of the 1920s and 1930s show how work, marriage, family, religion, and even patriotism helped sustain them during harsh times. The Russian Revolution launched an economic and social upheaval that released peasant women from the control of traditional extended families. It promised urban women equality and created opportunities for employment and higher education. Yet, the revolution did little to eliminate Russian patriarchal culture, which continued to undermine women's social, sexual, economic, and political conditions. Divorce and abortion became more widespread, but birth control remained limited, and sexual liberation meant greater freedom for men than for women. The transformations that women needed to gain true equality were postponed by the poverty of the new state and the political agendas of leaders like Lenin, Trotsky, and Stalin.

And Now My Soul Is Hardened

Warfare, epidemics, and famine left millions of Soviet children homeless during the 1920s. Many became beggars, prostitutes, and thieves, and were denizens of both secluded underworld haunts and bustling train stations. Alan Ball's study of these abandoned children examines their lives and the strategies the government used to remove them from the streets lest they threaten plans to mold a new socialist generation. The "rehabilitation" of these youths and the results years later are an important lesson in Soviet history.

The Road to Zero

This book is one of a selection of titles by British photographers, supported by the Arts Council, showing the most outstanding work produced in this country. Since 1982 when Marlow went from *The Sunday Times* to Liverpool, he became obsessed both with the poverty and the vitality of the city and its people. He has returned frequently to the city to record the decline of a great maritime tradition and has created one of the most harrowing social documents of Britain during the last ten years.

Liverpool

The gardens of the Italian Lakes are a favourite destination for garden lovers and groups. The gardens around Lake Como and Lake Maggiore, in the far north of Italy, are admired throughout the world for their beauty and variety in a magnificent natural location. This book sets out to become the standard work on these gardens as there is nothing of this kind on the market at the moment. It will appeal both to the specialist and enthusiast preparing for a visit. The common factor for all these gardens is their setting in this landscape of exceptional scenery. Lake Como is a deep lake hemmed in like a fjord by towering mountains. Lake Maggiore has more the character of an inland sea, with ferries crossing to the famous island gardens for an afternoon in another world. Both lakes are lined with the towers, villas and grand hotels that speak of a complex history including key events in Italy's struggle to achieve nationhood, inspiration for a string of illustrious writers and composers, and a long line of distinguished visitors. The gardens include: Villa Melzi, Bellagio: an early 19th-century romantic park on the lake

shore Villa Carlotta, Cadenabbia: a terraced 17th-century property with woodland Villa del Balbianello, Lenno: a famously picturesque loggia Villa D'Este, Cernobbio: a 16th-century cascade garden with royal connections Villa Cicogna Mozzoni, Bisuschio: an intact 16th-century villa garden Villa Della Porta Bozzolo, Casalzuigno: a rural baroque garden Isola Bella, Stresa: a well-known island garden Isola Madre, Stresa: an island retreat of flowers and birds Villa San Remigio, Pallanza: an Edwardian garden made by two lovers Villa Taranto, Pallanza: one of the world's great woodland gardens

Gardens of the Italian Lakes

On the 100th anniversary of the Russian Revolution, the epic story of an enormous apartment building where Communist true believers lived before their destruction *The House of Government* is unlike any other book about the Russian Revolution and the Soviet experiment. Written in the tradition of Tolstoy's *War and Peace*, Grossman's *Life and Fate*, and Solzhenitsyn's *The Gulag Archipelago*, Yuri Slezkine's gripping narrative tells the true story of the residents of an enormous Moscow apartment building where top Communist officials and their families lived before they were destroyed in Stalin's purges. A vivid account of the personal and public lives of Bolshevik true believers, the book begins with their conversion to Communism and ends with their children's loss of faith and the fall of the Soviet Union. Completed in 1931, the House of Government, later known as the House on the Embankment, was located across the Moscow River from the Kremlin. The largest residential building in Europe, it combined 505 furnished apartments with public spaces that included everything from a movie theater and a library to a tennis court and a shooting range. Slezkine tells the chilling story of how the building's residents lived in their apartments and ruled the Soviet state until some eight hundred of them were evicted from the House and led, one by one, to prison or their deaths. Drawing on letters, diaries, and interviews, and featuring hundreds of rare photographs, *The House of Government* weaves together biography, literary criticism, architectural history, and fascinating new theories of revolutions, millennial prophecies, and reigns of terror. The result is an unforgettable human saga of a building that, like the Soviet Union itself, became a haunted house, forever disturbed by the ghosts of the disappeared.

The House of Government

The Bolsheviks took power in Russia 1917 armed with an ideology centered on the power of the worker. From the beginning, however, Soviet leaders also realized the need for rest and leisure within the new proletarian society and over subsequent decades struggled to reconcile the concept of leisure with the doctrine of communism, addressing such fundamental concerns as what the purpose of leisure should be in a workers' state and how socialist vacations should differ from those enjoyed by the capitalist bourgeoisie. In *Club Red*, Diane P. Koenker offers a sweeping and insightful history of Soviet vacationing and tourism from the Revolution through perestroika. She shows that from the outset, the regime insisted that the value of tourism and vacation time was strictly utilitarian. Throughout the 1920s and '30s, the emphasis was on providing the workers access to the "repair shops" of the nation's sanatoria or to the invigorating journeys by foot, bicycle, skis, or horseback that were the stuff of "proletarian tourism." Both the sedentary vacation and tourism were part of the regime's effort to transform the poor and often illiterate citizenry into new Soviet men and women. Koenker emphasizes a distinctive blend of purpose and pleasure in Soviet vacation policy and practice and explores a fundamental paradox: a state committed to the idea of the collective found itself promoting a vacation policy that increasingly encouraged and then had to respond to individual autonomy and selfhood. The history of Soviet tourism and vacations tells a story of freely chosen mobility that was enabled and subsidized by the state. While Koenker focuses primarily on Soviet domestic vacation travel, she also notes the decisive impact of travel abroad (mostly to other socialist countries), which shaped new worldviews, created new consumer desires, and transformed Soviet vacation practices.

Club Red

A personal interpretation of the impact of the Chernobyl disaster both in the Soviet Union and the West, examining the environmental consequences, Soviet media coverage, reconstruction of life in the disaster zone (including the city built for Chernobyl workers) and safety changes in the industry.

The Social Impact of the Chernobyl Disaster

Every summer season, the sun-drenched coasts of Bulgaria and Croatia turn into densely inhabited, intensively exploited tourism industry hotspots. This book traces the various architectural and urban planning strategies pursued there since the mid 1950s, in order first to create then to further develop

modern holiday destinations. It focusses on individual resorts and outstanding buildings have been economically and physically restructured, in a myriad of ways, leaving a legacy of deserted ruins, cautious renovations, exorbitant conversions and on-going public protest.

Holidays After the Fall

The revolution of 1905 in the Russian-ruled Kingdom of Poland marked the consolidation of major new influences on the political scene. As he examines the emergence of a mass political culture in Poland, Robert E. Blobaum offers the first history in any Western language of this watershed period. Drawing on extensive archival research to explore the history of Poland's revolutionary upheavals, Blobaum departs from traditional interpretations of these events as peripheral to an essentially Russian movement that reached a climax in the Russian Revolution of 1917. He demonstrates that, although Polish independence was not formally recognized until after World War I, the social and political conditions necessary for nationhood were established in the years around 1905.

Rewolucja

Includes two essays by Alexei Plutser-Sarno.

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"Describes and analyzes the economic, national security, political, and social systems and institutions of Cuba."--Amazon.com viewed Jan. 4, 2021.

Cuba

A study of the history, culture, and government of the Central Asian countries of Kazakstan, Kyrgyzstan, Tajikistan, Turkmenistan, and Uzbekistan.

Kazakstan, Kyrgyzstan, Tajikistan, Turkmenistan, and Uzbekistan

Central Asia remains one of the least known parts of the former Soviet Union. The five central Asian republics gained their unexpected independence in 1991. They have faced enormous challenges over the last decade in reforming their health care systems, including adverse macro-economic conditions and political instability. To varying extents, each country is diverging from a hierarchical and unsustainable Soviet model health care system. Common strategies have involved devolving the ownership of health services, seeking sources of revenue additional to shrinking state taxes, 'down-sizing' their excessive hospital systems, introducing general practitioners into primary care services, and enhancing the training of health professionals. This book draws on a decade of experience of what has worked and what has not. It is an invaluable source for those working in the region and for others interested in the experiences of countries in political and economic transition.

V.I. Lenin

The first book of its kind - a car book like no other - offering a deeply nostalgic look at beautiful vintage cars through the superb literature, leaflets and pamphlets that sold them to us. Auto Erotica covers the gamut of motoring in Britain during the 1960s, 1970s and 1980s. These rare ephemeral booklets are full of unusual graphic ideas and concepts. Their fabulous photography, dazzling colour charts, daring typography, strange fold outs and inspiring styles symbolise the automobile aspirations of generations of Britons. The book is also packed full of era-defining classic cars, from those we love to those you can't remember. Expect fast Fords, the XJS, the TR8, MGs, minis, Maxis, Renaults, Beemers, VWs, Vivas, Citroens, DeLoreans and a whole lot more - amazing motors from the past and even some from the future - as you've never seen them before.

Health Care In Central Asia

"Robert Robinson (1907?1994) was a Jamaican-born toolmaker who worked in the auto industry in the United States. At the age of 23, he was recruited to work in the Soviet Union, where he spent 44 years after the government refused to give him an exit visa for return. Starting with a one-year contract by Russians to work in the Soviet Union, he twice renewed his contract. He became trapped by the German invasion of the Soviet Union during World War II and the government's refusal to give him an exit visa. He earned a degree in mechanical engineering during the war. He finally left the Soviet

Union in 1974 on an approved trip to Uganda, where he asked for and was given asylum. He married an African-American professor working there. He finally gained re-entry to the United States in 1976, and gained attention for his accounts of his 44 years in the Soviet Union."--Wikipedia.

Auto Erotica

From award-winning historian Mark Mazower, *Dark Continent: Europe's Twentieth Century* retells the story of a century of division, charting the struggles of rival ideologies to create a new world order for mankind. The end of the First World War saw old empires swept away and the opportunity to build a better society from the ruins. Yet the result was division and bloodshed on an unprecedented scale, as liberal democracy, communism and fascism struggled against one another for mastery of the world. *Dark Continent* radically overturns the myth of Europe as a safe haven of democracy to redefine our view of the twentieth century. 'Original, thought-provoking, iconoclastic' Frank McLynn, *Irish Times* 'Fascinating and forceful' Martin Gilbert, *Literary Review* 'Mazower leaves us, in this wonderful book, with an account of our century that anyone who takes an interest in Europe's present and future will enlarge their mind by reading' John Keegan, *Daily Telegraph* 'There are few who can walk with A.J.P. Taylor. One is Mark Mazower ... a tour de force' Alex Danchev, *TLS* 'Combines narrative verve with wise and humane analysis. For anyone who wants to know how Europe came to be the way it is in the years since 1900, this is the work to provide the answers' David Cannadine, *Observer* Books of the Year Mark Mazower is the author of *Inside Hitler's Greece*, *The Balkans*, which won the Wolfson Prize for History, *Salonika: City of Ghosts*, which won both the Runciman Prize and the Duff Cooper Prize and *Hitler's Empire*.

Black on Red

Soviet Democracy