

The Happy Pear Recipes For Happiness Lingua Ingle

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Discover a delightful collection of Happy Pear recipes, crafted to bring joy and wellness to your kitchen. Explore easy-to-follow English language guides for creating nourishing meals that truly inspire happiness, suitable for every home cook.

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The Happy Pear: Recipes for Happiness

The No 1 bestsellers' new book - packed with quick and easy veggie options, clever meat-free versions of popular favourites and inspiring advice on how to be healthier! 'These lovely boys always create incredibly tasty food' Jamie Oliver Though they have written two No 1 bestselling vegetarian cookbooks, David and Stephen Flynn, the twins behind the Happy Pear cafés and food business, know it can be challenging to juggle everything and still feel inspired! And being busy dads themselves they also know the pressure of getting delicious healthy meals on the table every day. So Recipes for Happiness is very close to their hearts. And it does what it says on the cover: it is crammed with recipes to make you happier - including a huge section of economical easy dinners that can be rustled up in 15 minutes (chickpea tikka masala, thai golden curry, one-pot creamy mushroom pasta); gorgeous hearty dishes (goulash, Greek summer stew, an ingenious one-pot lasagne that's cooked the hob); a selection of plant-based alternatives to family favourites (burgers, hotdogs, nuggets, kebabs), and irresistible treats (summer fruit bakewell tart, double choc brownie cake). For nearly 15 years David and Stephen's mantra has been Eat More Veg!. They have seen fads come and go and they know that what works - for themselves, their families and the thousands of people who eat the Happy Pear way. Cook from Recipes for Happiness and you too will definitely be well on the way to making your life healthier and happier! 'The poster boys for a healthy way of life!' Sunday Times 'A healthy eating phenomenon' Mail on Sunday 'These twins are on a roll' Time Out '[They] couldn't look healthier or happier ... poster boys for vegetarianism' The Times 'Crammed with great recipes to make you healthier and happier' Take a Break 'The boys are helping to make the world a healthier, happier place ... what's not to love?' Vegan Food and Living 'Enjoy these indulgent-but-healthy dishes indoors or out - you won't even notice it's raining' Vegan Living 'Substantial ... just right for someone interested in exploring the world of "plant-power"' The Vegetarian 'Inspired' Choice Magazine

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The Happy Pear

The No 1 bestselling cookery book in Ireland - for two years running! 'These lovely boys always create incredibly tasty food.' Jamie Oliver Let's face it: while we want to eat more fruit and veg and things we know are good for us, we sometimes fall short because we're not sure how to turn all that great produce into great food. Well, welcome to the Happy Pear way of eating - healthy but never worthy, easy but never dull, and packed with mind-blowing flavour, exciting texture and vibrant colour. The Happy Pear opened ten years ago when twins David and Stephen Flynn, passionate about starting a food revolution in their home town, took over their local fruit and veg shop and later opened a café. Their revolution has not only succeeded, but it is spreading, and The Happy Pear's fans range from young parents to pensioners, ladies-who-lunch to teens-on-the-run, hipsters to Hollywood stars. David and Stephen's first cookbook is full of irresistible recipes for everything from everyday breakfasts, lunches and dinners, to scrumptious - and yes, still wholesome! - cakes and sweet treats, to special occasion splurges. David and Stephen also tell their story (how they transformed from jocks to hippies before finally finding their groove), share their top tips for maximizing taste and goodness in food, and explain how they've succeeded in building a food business based on flavour, health and community. 'The poster boys for a healthy way of life' Sunday Times 'I love The Happy Pear ... genuinely good food that brings healthy eating in from the cold' Irish Times 'My favourite [vegetarian cookbook] ... packed with recipes, health advice and inspirational stories.' Huffington Post 'A beautifully presented book with mouthwatering photography' Woman's Way 'A healthy eating phenomenon' Mail on Sunday 'These Irish twins are on a roll' Time Out '[They] couldn't look healthier or happier ... the poster boys for vegetarianism in Ireland' The Times

The Happy Pear: Vegan Cooking for Everyone

The ultimate vegan cooking bible! From the plant-based newbie to the experienced vegan, this cookbook will inspire you to become the best plant-based cook you can possibly be. David and Stephen (a.k.a the No. 1 Bestselling Happy Pear twins) are here to teach you just how many different meat-free meals you can make using the same key ingredients and methods. Using their simple recipe grid method, you'll learn how to adapt each dish to your taste, to your budget or to whatever you have in the cupboard. You'll also discover over 200 versions of healthy and delicious recipes anyone can make, including: - Fluffy coconut granola for breakfast - Home-made vegan pizza for lunch - Creamy broccoli pie for dinner - Carrot cake with vegan cream cheese frosting for dessert Teaching you the fundamentals of taste and texture, soon you'll have the confidence to swap ingredients in and out and even come up with vegan recipes of your own. 'These lovely boys always create incredibly tasty food' Jamie Oliver 'Proper good food . . . hearty, decent and delicious' Russell Brand 'The poster boys for a healthy way of life!' Sunday Times 'Great people, unbelievable food' Joe Wick

Navajo-English Dictionary

In response to a recent surge of interest in Native American history, culture, and lore, Hippocrene brings you a concise and straightforward dictionary of the Navajo tongue. The dictionary is designed to aid Navajos learning English as well as English speakers interested in acquiring knowledge of Navajo.

The largest of all the Native American tribes, the Navajo number about 125,000 and live mostly on reservations in Arizona, New Mexico, and Utah. Over 9,000 entries; A detailed section on Navajo pronunciation; A comprehensive, modern vocabulary; Useful, everyday expressions.

The Waves

WITH INTRODUCTIONS BY JEANETTE WINTERSON AND GILLIAN BEER The Waves is an astonishingly beautiful and poetic novel. It begins with six children playing in a garden by the sea and follows their lives as they grow up and experience friendship, love and grief at the death of their beloved friend Percival. Regarded by many as her greatest work, The Waves is also seen as Virginia Woolf's response to the loss of her brother Thoby, who died when he was twenty-six. The Vintage Classics Virginia Woolf series has been curated by Jeanette Winterson, and the texts used are based on the original Hogarth Press editions published by Leonard and Virginia Woolf.

A Thousand Splendid Suns

Mariam is only fifteen when she is sent to Kabul to marry Rasheed. Nearly two decades later, a friendship grows between Mariam and a local teenager, Laila, as strong as the ties between mother and daughter. When the Taliban take over, life becomes a desperate struggle against starvation, brutality and fear. Yet love can move a person to act in unexpected ways, and lead them to overcome the most daunting obstacles with a startling heroism.

Fahrenheit 451

Set in the future when "firemen" burn books forbidden by the totalitarian "brave new world" regime.

Pinocchio

Though one of the best-known books in the world, Pinocchio at the same time remains unknown—linked in many minds to the Walt Disney movie that bears little relation to Carlo Collodi's splendid original. That story is of course about a puppet who, after many trials, succeeds in becoming a "real boy." Yet it is hardly a sentimental or morally improving tale. To the contrary, Pinocchio is one of the great subversives of the written page, a madcap genius hurtled along at the pleasure and mercy of his desires, a renegade who in many ways resembles his near contemporary Huck Finn. Pinocchio the novel, no less than Pinocchio the character, is one of the great inventions of modern literature. A sublime anomaly, the book merges the traditions of the picaresque, of street theater, and of folk and fairy tales into a work that is at once adventure, satire, and a powerful enchantment that anticipates surrealism and magical realism. Thronged with memorable characters and composed with the fluid but inevitable logic of a dream, Pinocchio is an endlessly fascinating work that is essential equipment for life.

To the Lighthouse

To the Lighthouse (5 May 1927) is a novel by Virginia Woolf. A landmark novel of high modernism, the text, centering on the Ramsay family and their visits to the Isle of Skye in Scotland between 1910 and 1920, skillfully manipulates temporality and psychological exploration. To the Lighthouse follows and extends the tradition of modernist novelists like Marcel Proust and James Joyce, where the plot is secondary to philosophical introspection, and the prose can be winding and hard to follow. The novel includes little dialogue and almost no action; most of it is written as thoughts and observations. The novel recalls the power of childhood emotions and highlights the impermanence of adult relationships. One of the book's several themes is the ubiquity of transience.

Jane Eyre

The LitJoy Classics edition of Jane Eyre features a fully illustrated cover and interior end pages, five full-page illustrations, gold-color ribbon, custom slip cover, gilded gold page edges, and artwork by Felix Abel Klaer.

The Secret Diary of Adrian Mole, Aged 13 3/4

Adrian Mole's first love, Pandora, has left him; a neighbor, Mr. Lucas, appears to be seducing his mother (and what does that mean for his father?); the BBC refuses to publish his poetry; and his dog swallowed the tree off the Christmas cake. "Why" indeed.

Bowls of Goodness: Vibrant Vegetarian Recipes Full of Nourishment

'Good food comes from a good source and is made from scratch at home with love.' Nina's recipes are always vegetarian and often vegan. Her food philosophy is all about balance and fun. This is wholesome vegetarian food at its best, inspired by cooking from around the world. It captures many of the ongoing culinary trends today - home-cooked comfort meals, plant-based recipes, power bowls, sharing dishes, salads, smoothies and porridges - foods that can all be served in a bowl. The chapters include Morning Bowls, Comforting and Energising Soups, Fresh and Delicious Salads, Grain Bowls, Noodles, Zoodles and Pasta, Hearty Bowls, Gatherings and Sweets. With recipes including a Cosmic Green Smoothie; a Buddha Bowl; Creamy Avocado and Crispy Kale Soba Noodles; a Laksa Luxe Bowl; and Chai Poached Pears with Coconut Ice Cream, this book gives you easy recipes brimming with vitality and health.

Adventures of Sherlock Holmes

Award-winning P.D. James, one of the masters of British crime fiction, plots this atmospheric and disturbing novel in the year 2021. *Children of Men* is a brilliant mystery possessing all of the qualities which distinguish P.D. James as a novelist. Under the despotic rule of Xan Lyppiatt, the Warden of England, the old are despairing and the young cruel. Theo Faren, a cousin of the Warden, lives a solitary life in this ominous atmosphere. That is, until a chance encounter with a young woman leads him into contact with a group of dissenters. Suddenly his life is changed irrevocably, as he faces agonising choices which could affect the future of mankind. PD James is the world's pre-eminent crime writer, most famous for her Adam Dalgliesh mysteries and for her bestselling titles *Death Comes to Pemberley* and *The Murder Room*. *Children of Men* was adapted into a hit film in 2006, directed by Alfonso Cuarón the film starred Clive Owen, Michael Caine and Julianne Moore.

The Children of Men

A brilliant probe into the political and psychological effects of our changing relationship with social media. Former social media executives tell us that the system is an addiction-machine. We are users, waiting for our next hit as we like, comment and share. We write to the machine as individuals, but it responds by aggregating our fantasies, desires and frailties into data, and returning them to us as a commodity experience. *The Twittering Machine* is an unflinching view into the calamities of digital life: the circus of online trolling, flourishing alt-right subcultures, pervasive corporate surveillance, and the virtual data mines of Facebook and Google where we spend considerable portions of our free time. In this polemical tour de force, Richard Seymour shows how the digital world is changing the ways we speak, write, and think. Through journalism, psychoanalytic reflection and insights from users, developers, security experts and others, Seymour probes the human side of the machine, asking what we're getting out of it, and what we're getting into. Social media held out the promise that we could make our own history—to what extent did we choose the nightmare that it has become?

The Twittering Machine

Language and food are universal to humankind. Language accomplishes more than a pure exchange of information, and food caters for more than mere subsistence. Both represent crucial sites for socialization, identity construction, and the everyday fabrication and perception of the world as a meaningful, orderly place. This volume on Culinary Linguistics contains an introduction to the study of food and an extensive overview of the literature focusing on its role in interplay with language. It is the only publication fathoming the field of food and food-related studies from a linguistic perspective. The research articles assembled here encompass a number of linguistic fields, ranging from historical and ethnographic approaches to literary studies, the teaching of English as a foreign language, psycholinguistics, and the study of computer-mediated communication, making this volume compulsory reading for anyone interested in genres of food discourse and the linguistic connection between food and culture. Now Open Access as part of the Knowledge Unlatched 2017 Backlist Collection.

Queen Lucia

The Hound of the Baskervilles is the third of the four crime novels written by Sir Arthur Conan Doyle featuring the detective Sherlock Holmes. Originally serialised in *The Strand Magazine* from August 1901 to April 1902, it is set largely on Dartmoor in Devon in England's West Country and tells the story of an attempted murder inspired by the legend of a fearsome, diabolical hound of supernatural origin. Sherlock Holmes and his companion Dr. Watson investigate the case. This was the first appearance of Holmes since his apparent death in "The Final Problem".

Culinary Linguistics

This work contains interviews with performance artists who talk about how certain childhood experiences have influenced and resurfaced in their work as an adult. The discussions focus on the relationship between art and life.

The Hound of the Baskervilles Illustrated

"Seekers in Sicily" by Elizabeth Bisland, Anne Hoyt. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten or yet undiscovered gems of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

Okashi Treats

An illuminating account of how history shapes our diets—now in a new revised and updated Third Edition Why did the ancient Romans believe cinnamon grew in swamps guarded by giant killer bats? How did African cultures imported by slavery influence cooking in the American South? What does the 700-seat McDonald's in Beijing serve in the age of globalization? With the answers to these and many more such questions, *Cuisine and Culture*, Third Edition presents an engaging, entertaining, and informative exploration of the interactions among history, culture, and food. From prehistory and the earliest societies in the Fertile Crescent to today's celebrity chefs, *Cuisine and Culture*, Third Edition presents a multicultural and multiethnic approach to understanding how and why major historical events have affected and defined the culinary traditions in different societies. Now revised and updated, this Third Edition is more comprehensive and insightful than ever before. Covers prehistory through the present day—from the discovery of fire to the emergence of television cooking shows Explores how history, culture, politics, sociology, and religion have determined how and what people have eaten through the ages Includes a sampling of recipes and menus from different historical periods and cultures Features French and Italian pronunciation guides, a chronology of food books and cookbooks of historical importance, and an extensive bibliography Includes all-new content on technology, food marketing, celebrity chefs and cooking television shows, and Canadian cuisine. Complete with revealing historical photographs and illustrations, *Cuisine and Culture* is an essential introduction to food history for students, history buffs, and food lovers.

Gulliver's Travels

Now a film on Disney+, *STARGIRL* is a classic of our time that celebrates being true to ourselves and the thrill of first love. A life-changing read that touches souls of all ages. She's as magical as the desert sky. As mysterious as her own name. Nobody knows who she is or where she's from. But everyone loves her for being different. And she captures Leo's heart with just one smile. *STARGIRL* is a classic of our time that celebrates being true to ourselves and the thrill of first love. A life-changing read that touches souls of all ages.

Performance Artists Talking in the Eighties

The Book of the Thousand Nights and a Night, vol 1 A Plain and Literal Translation of the Arabian Nights Entertainments Sir Richard Francis Burton Introduction: Story Of King Shahryar and His Brother - a. Tale of the Bull and the Ass 1. Tale of the Trader and the Jinni a. The First Shaykh's Story - b. The Second Shaykh's Story c. The Third Shaykh's Story - 2. The Fisherman and the Jinni - a. Tale of the Wazir and the Sage Duban ab. Story of King Sindibad and His Falcon ac. Tale of the Husband and the Parrot ad. Tale of the Prince and the Ogress b. Tale of the Ensorcelled Prince 3. The Porter and the Three Ladies of Baghdad a. The First Kalandar's Tale - b. The Second Kalandar's Tale - ba. Tale of the Envier and the Envied - c. The Third Kalandar's Tale d. The Eldest Lady's Tale - e. Tale of the Portress Conclusion of the Story of the Porter and the Three Ladies - 4. Tale of the Three Apples - 5. Tale of Nur Al-din Ali and his Son - 6. The Hunchback's Tale - a. The Nazarene Broker's Story b. The Reeve's Tale - c. Tale of the Jewish Doctor d. Tale of the Tailor - e. The Barber's Tale of Himself - ea. The Barber's Tale of his First Brother eb. The Barber's Tale of his Second Brother - ec. The Barber's Tale of his Third Brother ed. The Barber's Tale of his Fourth Brother - ee. The Barber's Tale of his Fifth Brother - ef. The Barber's Tale of his Sixth Brother - The End of the Tailor's Tale. We are delighted to publish this classic

book as part of our extensive Classic Library collection. Many of the books in our collection have been out of print for decades, and therefore have not been accessible to the general public. The aim of our publishing program is to facilitate rapid access to this vast reservoir of literature, and our view is that this is a significant literary work, which deserves to be brought back into print after many decades. The contents of the vast majority of titles in the Classic Library have been scanned from the original works. To ensure a high quality product, each title has been meticulously hand curated by our staff. Our philosophy has been guided by a desire to provide the reader with a book that is as close as possible to ownership of the original work. We hope that you will enjoy this wonderful classic work, and that for you it becomes an enriching experience

Travels in Abyssinia and the Galla Country

This Seventh Edition of the best-selling intermediate Italian text, DA CAPO, International Edition, reviews and expands upon all aspects of Italian grammar while providing authentic learning experiences (including new song and video activities) that provide students with engaging ways to connect with Italians and Italian culture. Following the guidelines established by the National Standards for Foreign Language Learning, DA CAPO develops Italian language proficiency through varied features that accommodate a variety of teaching styles and goals. The Seventh Edition emphasizes a well-rounded approach to intermediate Italian, focusing on balanced acquisition of the four language skills within an updated cultural framework.

Seekers in Sicily

THE HUGE INTERNATIONAL BESTSELLER A former FBI hostage negotiator offers a new, field-tested approach to negotiating - effective in any situation. 'Riveting' Adam Grant 'Stupendous' The Week 'Brilliant' Guardian _____ After a stint policing the rough streets of Kansas City, Missouri, Chris Voss joined the FBI, where his career as a kidnapping negotiator brought him face-to-face with bank robbers, gang leaders and terrorists. Never Split the Difference takes you inside his world of high-stakes negotiations, revealing the nine key principles that helped Voss and his colleagues succeed when it mattered the most - when people's lives were at stake. Rooted in the real-life experiences of an intelligence professional at the top of his game, Never Split the Difference will give you the competitive edge in any discussion. _____ PRAISE FOR NEVER SPLIT THE DIFFERENCE 'My pick for book of the year.' Forbes 'Who better to learn [negotiation] from than Chris Voss, whose skills have saved lives and averted disaster?' Daily Mail 'Filled with insights that apply to everyday negotiations.' Business Insider 'It's rare that a book is so gripping and entertaining while still being actionable and applicable.' Inc. 'A business book you won't be able to put down.' Fortune

Cuisine and Culture

Discover the innermost thoughts and reflections of Samuel Butler, a prominent figure in English literature, through his personal notebooks. Edited by Henry Festing Jones, this collection offers a rare glimpse into Butler's creative process, musings, and observations on life. From philosophical ponderings to candid insights, these pages reveal the mind of a literary genius, making it an invaluable resource for scholars and fans of Butler's work.

A Polyglot of Foreign Proverbs

Authentic Turkish cuisine and food culture from the well-loved, Turkish-born Australian restaurateur, Somer Sivrioglu. Every dish tastes better when it comes with a good story. Anatolia, Adventures in Turkish eating is much more than a cookbook. It's a travel guide, narrative journey and richly illustrated exploration of a 4,000 year old cooking culture. Istanbul-born chef Somer Sivrioglu and food scholar David Dale reveal the fascinating tales, tricks and rituals that enliven the Turkish table. Here they profile the superstars of modern Turkish hospitality and reimagine recipes ranging from the grand banquets of the Ottoman empire to the spicy snacks of Istanbul's street stalls, from epic breakfasts on the eastern border to seafood mezes on the Aegean coastline. With more than 100 stories and recipes, including many suitable for vegetarians or vegans, this is the what, the where, the how and the why of eating the Turkish way.

Stargirl

CLOUD ATLAS, David Mitchell's bestselling Man Booker Prize-shortlisted novel which was also one of Richard & Judy's 100 Books of the Decade, has now been adapted for film. In this enhanced edition you can read the original novel along with a new essay by David Mitchell about the transformation of his novel into a film, and watch four exclusive videos about the book and film. The major motion picture, directed by Lana Wachowski, Tom Tykwer, and Andy Wachowski, stars Tom Hanks, Halle Berry, Susan Sarandon, Jim Sturgess, Ben Whishaw, Jim Broadbent, Hugo Weaving, Doona Bae, James D'Arcy, Zhou Xun, Keith David and Hugh Grant. The novel features six characters in interlocking stories, each interrupting the one before it: a reluctant voyager crossing the Pacific in 1850; a disinherited composer blagging a precarious livelihood in between-the-wars Belgium; a high-minded journalist in Governor Reagan's California; a vanity publisher fleeing his gangland creditors; a genetically modified diner server on death-row; and Zachry, a young Pacific islander witnessing the nightfall of science and civilisation. The narrators of CLOUD ATLAS hear each other's echoes down the corridor of history and their destinies are changed in ways great and small. Mitchell's other novels are GHOSTWRITTEN, NUMBER9DREAM, BLACK SWAN GREEN and A THOUSAND AUTUMNS OF JACOB DE ZOET, all published by Sceptre. www.sceptrebooks.com Facebook: Sceptre Books Twitter: SceptreBooks

The Book of the Thousand Nights and a Night, Vol 1

Most of us have been wowed by the delights of French patisserie. Now Edd Kimber shows you how to recreate these recipes at home. With step-by-step photographs for basic pastry and icings, Edd guides you through the techniques, taking the fear out of a Genoise sponge and simplifying a croissant dough. Chapters include: * Sweet Treats featuring Classic Financiers, Canneles and Eclairs * Desserts & Cakes such as Cherry Clafoutis and Buche de Noel * Pastry including basic recipes for pate sablee and pate sucee and recipes to use them in * Basics - the essential icings and creams, such as Mousseline and Creme Chantilly Edd's mouthwatering recipes use bakeware found in home kitchens (no need for expensive or complex equipment) so you too can create perfect patisserie.

Da Capo

Fifty-five fictional cities, each described in beautiful detail - each with a woman's name... In Invisible Cities Marco Polo conjures up cities of magical times for his host, the Chinese ruler Kublai Khan, but gradually it becomes clear that he is actually describing one city: Venice. As Gore Vidal wrote 'Of all tasks, describing the contents of a book is the most difficult and in the case of a marvellous invention like Invisible Cities, perfectly irrelevant.' This is a captivating meditation on culture, language, time, memory and the nature of human experience. 'Invisible Cities changed the way we read and what is possible in the balance between poetry and prose... The book I would choose as pillow and plate, alone on a desert island' Jeanette Winterson 'Touches inexhaustibly on the essence of the human urge to create cities, be in cities, speak of cities' Guardian 'A subtle and beautiful meditation' Sunday Times

Never Split the Difference

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The Magic and Science of Jewels and Stones

Four-skills American English course with a communicative methodology, engaging texts, and a strong pronunciation syllabus - designed to get students speaking. With texts and topics that make learners want to speak, American English File is the course that gets students talking. It gives you full skills coverage with a clear focus on pronunciation, plus wide-ranging support and resources too. Resources include Test Generator CD-ROMs, DVDs, Multi-ROMs, and websites. The highly popular teacher's site has extra lesson ideas and resources for you to download.

Anthony Adverse

There is a half-galley kitchen in New York with just a single counter, a tiny stove, pans stacked high in the corner - yet it has conjured up stews and slaws, salsas and pestos, tatin and cheesecakes. All to-die-for. This is Deb Perelman's kitchen. Deb is an ordinary home cook who believes food should be a pleasure and deliciousness a guarantee. So she founded her award-winning blog, where she concocts, tweaks and obsessively tests the best imaginable recipes for the everyday cook.

The Note-Books of Samuel Butler

Anatolia